

Have One Doctor

No sense in running from one doctor to another. Select the best one, then stand by him. Do not delay, but consult him in time when you are sick. Ask his opinion of Ayer's Cherry Pectoral for coughs and colds. Then use it or not, just as he says.

Ayer's
We publish our formulas
We banish alcohol
from our medicines
We urge you to
consult your
doctor

Always keep a box of Ayer's Pills in the house. Just one pill at bedtime, now and then, will ward off many an attack of biliousness, indigestion, sick headache. How many years has your doctor known these pills? Ask him all about them.

Made by the J. C. Ayer Co., Lowell, Mass.

Characteristics.

"Those plums may be good," said the man with the slouch hat, stopping to argue with the grocer's boy, "but I'm from Missouri."

"Well, I'll take 'em," said the man just behind him, picking up the box; "I'm from Ohio."

PIMPLES

"I tried all kinds of blood remedies which failed to do me any good, but I have found the right thing at last. My face was full of pimples and black-heads. After taking Cascarets they all left. I am continuing the use of them and recommending them to my friends. I feel fine when I rise in the morning. Hope to have a chance to recommend Cascarets." Fred C. Witten, 76 Elm St., Newark, N. J.

Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sicken, Weaken or Gripes. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back. 922

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Handy Chopping Knife.

No, this is not a bird cage in the illustration. It is a chopping knife designed by a Colorado man and a strong and effective implement it is. The blades, as will be observed, are circular, and are attached to the handle by heavy arms. When this tool is brought down on a piece of meat or a head of cabbage it speedily converts the objects into shreds. In chopping knives, most cases chopping knives are made with single, or at best, double blades. It will be readily seen that a circular blade will do much more work than one or two straight ones. Another use for this cutter is in cutting the dough for doughnuts, cookies or other circular cakes, though in ordinary round cakes the inside ring will form the cake while the hoop of dough that is left can either be baked into a hoop of cake or the left-over dough can be rolled again and the cutting continued till all is used up, as is usually done.

CHOPPING KNIFE. most cases chopping knives are made with single, or at best, double blades. It will be readily seen that a circular blade will do much more work than one or two straight ones. Another use for this cutter is in cutting the dough for doughnuts, cookies or other circular cakes, though in ordinary round cakes the inside ring will form the cake while the hoop of dough that is left can either be baked into a hoop of cake or the left-over dough can be rolled again and the cutting continued till all is used up, as is usually done.

Apple Snow.

Peel and grate two large apples and put them aside. Whip stiff the whites of two eggs with a pinch of salt, then add gradually six tablespoonsful of sugar, beating it well into the egg, alternating with a tablespoonful of the apple till all the sugar and apple are used. Continue to whip until the snow has arisen to some height. If preferred the pulp of cooked apples may be used, and the snow may be quickly and lightly browned.

Almond Cheese Cakes.

One-quarter pound sweet almonds, 6 bitter almonds, one-quarter pound loaf sugar, 1 tablespoonful of cream, whites of 2 eggs, puff paste. Blanch and pound the sweet and bitter almonds with a tablespoon of water, then add the sugar, cream and whites of eggs. Mix as quickly as possible. Put in very small patty pans lined with puff paste. Bake in warm oven twenty minutes.

Apple Cheese.

Apple cheese makes a good tart or cake filling. Peel, core and quarter half of a pound of apples and grate the rind of a medium-sized lemon. Place a pound of sugar in an earthenware pan with a quarter of a pint of water, and add the apples and lemon. Simmer this for about an hour, then add the juice of two lemons and let it boil for ten minutes, stirring continually.

Stewed Prunes.

Wash the prunes well, put in a kettle, just cover with cold water and let stand all night. In the morning put on the stove in the same water. Let simmer gently until tender. Do not stir or mash them. Cook on the back of the stove until the juice is a thick sirup and very little of it. When cold eat with cream.

Caramel Cake.

Cream a half-cup of butter with one and one-half cups of powdered sugar. When this mixture is light, add three-quarters of a cup of milk, and when this is well beaten in, fold in the stiffened whites of three eggs alternately, with enough prepared flour to make a good batter. Bake in layers.

Apples with Bread and Milk.

A delicious luncheon dish is made by slicing perfectly ripe mellow sweet apples into a bowl of rich milk and bread. The more common way is to bake the apples, unpeeled, in a slow oven till tender, then slicing into the bread and milk; but many on trial prefer the uncooked fruit.

Onions and Apples.

Put one tablespoonful of butter in a frying pan, and when melted put in three sliced onions and three sliced apples; let fry slowly until browned, season with salt and pepper and serve on toast.

Onions in Potato Cradles.

Left-over potatoes of uniform size may be cut in half lengthwise, the centers scooped out, leaving a shell. This should be browned in butter, then filled with fried onions. Hot butter peas may substitute for onions.

Short Suggestions.

Allow mush to bake in the pot in which it is made, then scrape the rough edges out.

Cream cheese mixed with canned currants or jellied cranberries makes a good sandwich filling.

Coal soot is easily removed from tin articles or porcelain if they are first coated with kerosene.

Voice of the People.

"Colonel, what will be the overshadowing issues of the next campaign?" "Well, I can't tell you about that, of course, until a few of us have got together and had our little conference."

No matter how long your neck may be or how sore your throat, Hamlin's Wizard Oil will cure it surely and quickly. It drives out all soreness and inflammation.

A Secret Society.

Carrie—I've got a dandy idea for a girls' secret society. Belle—A secret society! Do you think it would be practical? Carrie—Surely. We wouldn't keep secrets; we'd swap them.—Puck.

One Distinction.

Irate Caller—Your paper accused me this morning of running over a man with my motorcycle. It isn't true. It was an automobile.

Editor—Well, what's the difference? Irate Caller—The difference? About \$850!

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relieves tired or overworked eyes, stops eye aches, congested, inflamed or sore eyes. All druggists or Howard Bros., Buffalo, N. Y.

Output.

Truth Seeker—What are the issues in the coming campaign?

Ward Heeler—Well, we haven't issued anything yet but a loud call for money.

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Go to any good prescription druggist and get the following and mix them. If he does not have these ingredients he will get them from his wholesale house.

"One ounce compound syrup of Sarsaparilla, and one ounce Toris compound. Add these to a half pint of first-class whiskey, and use a tablespoonful before each meal and at bed time. The bottle must be well shaken each time." This simple remedy is one of the most effective known. The restorative action will be felt after the first few doses.

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"Quit and give some other young man a chance, Mr. Slocum? Thanks; so do I. Don't stumble over the rug in the hall as you go, Mr. Slocum."—Chicago Tribune.

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Dressed Turkeys.....	20 to 22 1/2c	Live Chickens, hens and springs	14c
Dressed Geese.....	15 to 18c	Dressed hogs.....	9c
Dressed Ducks.....	20 to 22 1/2c	Dressed veal, up to 130 lbs.....	10c
Dressed Chickens, hens and springs,	15 to 16c	Large Veal Less.	

All produce must be good, fat quality; poultry dry-picked. We want small turkeys in preference to large ones. The smaller the turkey the better. We do not charge commission on anything. We will remit with check drawn on the First National Bank of Portland. Address all shipments to the

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"Yes."

"Did she just fade away and die because some man deserted her?"

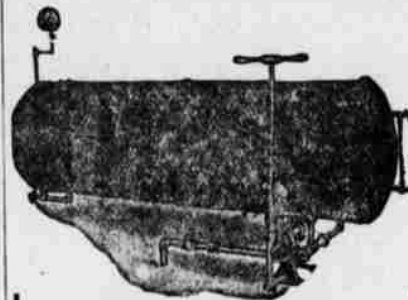
"No, she just took in washing and worked herself to death because the man she loved married her."—Houston Post.

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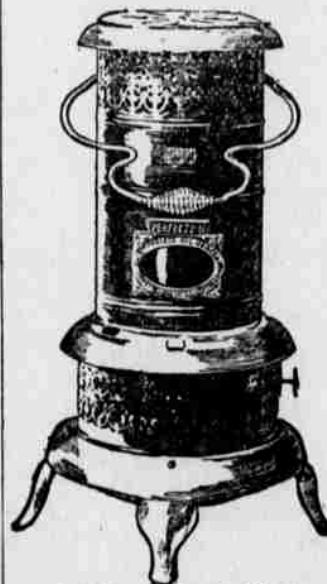
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