

Insomnia

"I have been using Cascarets for Insomnia, with which I have been afflicted for twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all that they are represented."
Thos. Gillard, Elgin, Ill.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripes. 10c, 25c, 50c. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed cure or your money back. 254

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A pure phosphate baking powder that does all that the high priced baking powders will do and does it better. It raises the dough and makes lighter, sweeter and better risen foods. Sold by grocery stores 25c per pound. If you will send us your name and address, we will send you a book on health and baking powder. **CRESCENT MFG. CO. Seattle, Wn.**

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SHEAR NONSENSE

He—What did you discuss at your debating club this afternoon? She—Nothing. We just talked.

Magistrate—Are you a friend of the prisoner? Buxom Witness—No, I'm his mother-in-law.—New York World.

"Say something to the little boy," said Bobbie's mother. "Say, kid," said Bobbie, obediently, "kin you fight yet?"

"I hear you spent your vacation with friends." "We were friends during the first week."—Louisville Courier-Journal.

"Are you going to take the late train to Chicago?" "No, the engineer of the train is going to do that."—Baltimore American.

Customer—Give me a bottle of Dope's Stomach Bitters. Druggist—We haven't any in stock, madam, but here's something just as bad.

"There are two sides to every question," said the broad minded man. "Yes," answered Senator Sorghum; "a winning side and a losing side."

"Why did you leave your last place?" asked the boss. "I got six months off for good behavior," answered the job seeker.—Chicago Daily News.

Bess—So you're engaged? Well, well! As for me, I wouldn't marry the best man on earth. Jess—You couldn't—I've got him.—Cleveland Leader.

Scott—I remember reading of a very rich man who said he'd sooner be poor. Mott—Yes, and probably you remember reading somewhere that all men are liars.

"I can't understand why Brown should have failed." "Nor can I. I always thought he was doing finely. He often came to me for advice."—Detroit Free Press.

"Did you have a good time at the Sunday school picnic, Bobby?" "I should say so," answered Bobby, enthusiastically. "There was three fights."—Buffalo Express.

"Why, Ethel, what's the matter?" asked her mother, as the little one almost choked at the dinner table. "I got a piece of bread head first down my cough pipe," explained Ethel.

"I never have no luck." "Neither do I," responded the other citizen. "Therefore I keep out of enterprises requiring large gobs of luck to be a success."—Louisville Courier-Journal.

"We," remarked the young married woman, "try to see how few quarrels we can have in a year." "We," said the old married woman, "try to see how few cooks."—Louisville Courier-Journal.

Judge—How did the trouble begin? Witness—It began, yo' honab, when de chairman of de entertainment committee swatted de secretary over de hald wif de lovin' cup.—Boston Transcript.

Sillicus—We should all strive to bear each other's burdens. Cynicus—Yes, most of us seem to think we could bear each other's burdens more easily than we could our own.—Philadelphia Record.

Bessie—Oh, Mabel! I am in an awful dilemma! I've quarreled with Harry and he wants me to send his ring back. Mabel—That's too bad. Bessie—But that isn't the point. I've forgotten which is his ring.—Kansas City Journal.

"What was the date of the Union of the Crowns?" asked the school inspector and the answer was "1603."

"Right. And why was this date an important one for you to remember?" "Because you were sure to ask for it," returned the little victim of cramming.

De Quiz—Did he have any luck fishing? De Whiz—Well, he says he caught a number of fish, many of which would weigh three pounds. De Quiz—Yes, I guess it would take a great many of the fish he caught to weigh three pounds.—Chicago Daily News.

"You ran into this man at thirty miles an hour and knocked him forty feet," said the court. "That, or a little better, I suppose," answered the chauffeur. "Why didn't you slow down?" "Mere precaution, your honor. Once I shut off speed and hit a man so gently that he was able to climb into the machine and give me a licking."

"Your husband'll be all right now," said the doctor, rubbing his hands with evident self-satisfaction. "What yer mean?" demanded the weeping wife. "You told me he wouldn't live a fortnight." "Well, I'm going to cure him after all," said the doctor; "surely you're glad to hear such unexpected news?" The woman wrinkled her brows. "Put me in a bit of an 'ole," she said. "I've bin and sold all his clothes for his funeral!"

SOMETHING FOR EVERYBODY

Five books of fiction are published daily in this country.

The Salvation Army preaches the gospel in thirty-one different languages.

An investigation of the boy workers of London shows that the news boys are the healthiest and the bakers least so.

New York State has 15,000 uniformed and equipped citizen soldiers, yet Governor Hughes manages to get along with a staff of eighteen officers.

About 2,000,000 of the natives of Siam are kept busy cultivating rice. Several varieties are cultivated, some requiring only two months, while the others require up to six months to ripen.

M. Marcel Prevost has been elected to the Academie Francaise in succession to Victorian Sardou. There were four ballots, at each of which M. Prevost secured the largest number of votes.

Oil has been struck 150 miles south of Suez, on the Red Sea coast, the gusher giving increasing quantities daily, and indicating large reserves. The possibility of a cheap supply of fuel is a discovery of the greatest importance to Egypt.

An electric heater for thawing explosives is used at the Roosevelt drainage tunnel in Cripple Creek. It is in successful operation. The cost of this method of heating is about 10 cents for twenty-four hours, and is said to be far more economical than coal.

That valuable energy which should be conserved for thinking and doing is used by vegetarians in digestion. In the meat eater the steer does the drudgery of vegetable digestion for the man, while a vegetarian makes of himself and his faculties a kind of animal.—New York Press.

On its through trains one of the eastern railroads has installed a sanitary system of supplying water to passengers. In every car a slot machine is installed, which supplies paraffin drinking cups for 1 cent each. The passenger uses this paraffin vessel and throws it away after use.

Nathaniel Osborne, who used to blow the organ in the Brick church in Fairhaven, Conn., was once asked how much salary he received. "Twelve hundred dollars," he replied. "Twelve hundred dollars!" exclaimed the questioner in surprise. "Yes," replied Nat, "but that's for one hundred years."

It has been decided to remove the notice on the pier at Yarmouth, Isle of Wight, which runs as follows: "Any person going on the pier without first producing his railway ticket or paying the authorized toll or insulting or annoying the pier master or any other official is liable to a fine of £5."—London Evening Standard.

California is to try acclimating the Korean wild fig. The fig, growing on a hardy vine, on trees, trellises and hedge rows to a height of thirty feet, bears a delicious fruit. Some of the seed has been sent to the department of agriculture, California State university. The fig grows wild in Korea and has proved of great value there.

The sofa on which Dickens died at Gadshill has just been presented to the Dickens museum at Portsmouth. He was at work on "Edwin Drood" on the evening before his death, when he came in fatigued and after a few words to his sister-in-law, Miss Hogarth, fell to the floor, never to speak again. The couch is of rosewood and covered with green plush.

The old gentleman was not accustomed to having the new railway in his town; upon seeing a train approaching he whipped up his horse and tried to cross the track in front of it. He and his horse came out safely, but the wagon was badly broken. When he found that he was not injured he called to the engineer: "Why, I thought you saw me coming."

Bishop Samuel Fallows of the Reformed Episcopal church, preaching in St. Paul's church, Chicago, recently, on "The Race for Life," took occasion to warn his congregation against automobile speeding. "Let your moderation be known to all men" should be inscribed on every car," said the bishop. "The commercial, military and other uses of the automobile are endless. We therefore hail its advent with joy not untempered, however, with a wholesome fear."

A decision of the court of appeals of New York, in a case which grew out of a dispute over the right to a car seat, holds that placing a piece of baggage in a seat does not pre-empt the space. The court rules that passenger cars are to carry persons, not baggage, and that filling a seat with luggage confers no title to the seat on the owner of the grip. In other words, if a traveler wishes to make sure of sitting in an ordinary day coach he or she must take a seat and hang on to it.



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Clerk—Here is something new in chafing dishes.
Customer—What is its special feature?
Clerk—It produces only nightmares that are perfectly gentle.—Judge.

A little bottle of Hamlin's Wizard Oil is a medicine chest in itself. It can be applied in a larger number of painful ailments than any other remedy known.

Asking Too Much.
Letter Carrier—Rainy weather, farmer.
Farmer—Yes; our boarders are all kicking!
L. C.—They can't blame you for the weather.
F.—Can't, eh? Gosh, some of 'em seem to think I ought to furnish moonlight nights.—Boston Transcript.

It Cures While You Walk.
Allen's Foot-Ease is a certain cure for hot, sweating, callus, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

He Knew.
"My boy, here's the place for you. Hours from 10 to 2; Saturdays from 10 to 12; work genteel and light; experience unnecessary; salary, \$100 per week. How does that suit you?"
"G'wan! I ain't got no \$50,000 to invest in the business."—Houston Chronicle.

Could Not Tell Sooner.
"What, Suzanne, going to leave me?" exclaimed the lady to her French maid, who was "invaluable." "Going to get married? This is most unexpected."
"Oul, madame, but eet ees not my fault," responded the maid, apologetically. "Eet was only last night zat your son proposed to me!"—Philadelphia Inquirer.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

This is a Lieber.
"Why do so many women rest their chins on their hands when they are trying to think?"
"To hold their mouths shut so that they won't disturb themselves."—Cleveland Leader.

Pettit's Eye Salve for 25c.
Relieves tired eyes, quickly stops eye aches, congested, inflamed and common sore eyes. All druggists or Howard Bros., Buffalo, N. Y.

But Not in a Salon.
"You know the artist we met last summer who boasted so of his family connections? Were any of his pictures hung?"
"No, but his grandfather was."—Baltimore American.

Crotons for soup are most easily made by cutting stale bread about half an inch thick, buttering it thickly on both sides, cutting in half-inch squares and baking in the oven until brown.

THE CRY FOR CREAM

is constantly increasing. The big creamery companies are constantly on the lookout and are offering good prices. A great many dairymen are buying more cows instead of trying to get all the profits possible out of those they now have. They seem to think about all that they can do is to run the milk through a cream separator, never stopping to consider whether the cream separator is doing its duty as it should. If it is an old-fashioned, out-of-date or cheap machine it can't get all the butterfat—it was never intended to. Your dairy profits can be increased from 5 to 25 per cent by the use of



A NEW IOWA CREAM SEPARATOR

The Separator that has won recognition by the three last exhibitions, St. Louis, Portland and Jamestown, and has the endorsement of all the leading dairy experts. Its use actually means the saving of a great amount of cream. It also means that your cream makes better butter and never has that separator taste peculiar to cream skimmed by other machines. This is because the Iowa is so easily cleaned and never becomes choked up with filth and dirt. Among its many advantages are these—waist-low supply can, enclosed gearing, ease of operation, adjustable crank, neat appearance, interchangeable parts, etc. IT IS POSITIVELY THE CLOSEST SKIMMER ON THE MARKET. Send for catalogue.

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