

DYSPEPSIA

"Having taken your wonderful 'Cascarets' for three months and being entirely cured of stomach catarrh and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called remedies but without avail, and I find that Cascarets relieve more in a day than all the others I have taken would in a year."

James McGune,
108 Mercer St., Jersey City, N. J.
Pleasant, Palatable, Potent, Taste Good.
Do Good. Never Sickens, Weakens or Grips.
10c, 25c, 50c. Never sold in bulk. The genuine
tablet stamped C.C.C. Guaranteed to
cure or your money back. 219

FOR TEN DAYS ONLY

We will send you 5 Splendid Souvenirs of the
ALASKA-YUKON-PACIFIC EXPOSITION and
a Beautiful Map of the grounds for 50c. Enjoy
the principal features of an expensive trip for
this small sum, without leaving home. Good for
Ten Days Only.

YUKON NOVELTY COMPANY,
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The Wonder of the West; you'll like it. Fine Al-
bum of Plates of the buildings sent for 50c money
order, and another of the city of Seattle, the
"GEM OF THE COAST," very fine, for \$1.05,
postpaid. Live in Seattle and be happy.

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A pure phosphate
baking powder that
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high priced baking
powders will do and does
it better. It raises the
dough and makes light-
er, sweeter and better
risers. Sold by gro-
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you will send us your
name and address, we
will send you a book on health and baking powder.
CRESCENT MFG. CO. Seattle, Wn.

DAISY FLY KILLER

placed any-
where, attracts
and kills all flies,
beet, flies, mos-
quitoes, etc. Lasts
all season. Can
not kill or up-
over, will not soil
or injure any-
thing. Guaranteed
effective. Of all
dealers, or sent prepaid for 25c.
HAROLD SOMERS, 150 DeKalb Ave., B'klyn., N. Y.

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COFFEE
TEA SPICES
BAKING POWDER
EXTRACTS
JUST RIGHT
A TRIAL WILL CONVINCE
CLOSSET & DEVER
PORTLAND, ORE.

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W. L. DOUGLAS
\$3.00 SHOES \$3.50

W. L. DOUGLAS SHOES are Better
Value for the Price Than Ever Before.
The quality, workmanship and style cannot
be excelled. A trial is all that is needed to
convince anyone that W. L. Douglas shoes
hold their shape, fit better and wear longer
than other makes.
W. L. Douglas' reputation for the best shoes
that can be produced for the price is world-
wide. He stands back of every pair and
guarantees full value to the wearer.
CAUTION.—See that W. L. Douglas name and
the retail price is stamped on the bottom.
TAKE NO SUBSTITUTE.
Shoes for Every Member of the Family.
Men, Boys, Women, Misses and Children.
Wherever you live, W. L. Douglas shoes are within
your reach. If your dealer cannot fit you, write for
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Work in Portland.

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that WE CAN DO THEIR ENTIRE CROWN,
BRIDGE AND PLATE WORK IN A DAY if
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TRACTING FREE when plates or bridges are
ordered. WE REMOVE THE MOST SENSITIVE
TEETH AND ROOTS WITHOUT THE LEAST
PAIN. NO STUDENTS, no uncertainty.

For the Next Fifteen Days
We will give you a good 22k gold or porce-
lain crown for..... \$3.50
22k bridge teeth..... 3.50
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Gold or enamel fillings..... 1.00
Silver fillings..... .50
Good rubber plates..... 5.00
The best red rubber plates..... 7.00
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ALL WORK GUARANTEED 15 YEARS

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The Wise Dental Co.
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mention this paper.



THE HOUSEHOLD

Cottage Cheese.
Either fresh milk or milk ready to
turn may be used. To one pint of
warm milk add one rennet tablet,
bought for 10 cents a dozen at any
drug store. In an hour the milk will
have turned to clabber if kept in a
warm place. Across any dish stretch
a clean piece of cheesecloth and empty
clabber into it. The whey will run off.
(This whey is very healthy to drink,
if one likes it.) When the clabber is
drained dry add two pinches of salt,
two dashes of pepper and four table-
spoonfuls rich milk or cream.

Tea Biscuits.
One cup of warm sweet milk, in
which is melted one tablespoon of lard
and one tablespoon of butter. To this
add two tablespoons of sugar, one-half
teaspoon salt and one-half yeast cake
dissolved in a little lukewarm water.
Into this sift one and one-half pints
of bread flour; mix well and let rise
five or six hours. Cut down, form into
biscuits, place in pan, let rise one
hour in warm place, wipe over with
milk and bake fifteen or twenty min-
utes in hot oven.

Egg Coddles.
Boil six eggs hard and make a
white sauce as follows: Melt one
tablespoonful of butter and stir two
tablespoonfuls of flour in the melted
butter, then pour one pint of milk
and stir while cooking and cook until
it thickens. Then chop the eggs as
fine as peas. Pour the white sauce
over them, add a few cracker crumbs
and salt and pepper. Then mold in
the shape of an egg and roll in cracker
crumbs and fry in butter.

Sweet Corn Pickle.
Chop one head of cabbage, sprinkle
over it two tablespoonfuls of salt and
let stand overnight. Cut the
kernels from twelve ears of corn, chop
two peppers and mix these with the
cabbage. Bring two quarts of vinegar
to a boil, add one cup of sugar and
one-fourth pound mustard (rubbed
smooth in a little cold vinegar). Al-
ways get the light-colored, first grade
of mustard, as dark mustard spoils
the taste and appearance.

Dill Pickles.
Take small cucumbers, wash them
carefully and let them drain; then
pack them in a jar. Make a brine
of a pint of salt to a gallon and a
half of water; boil and skim it, and
when cool pour it over the cucumbers
and let them stand for twenty-four
hours. Then take them out of the
brine, wipe them dry, put back in
the jar and cover with good vinegar.
Add as much dill as you like.

Baked Quinces.
Core and pare eight ripe, juicy
quinces. Put them into a buttered
baking dish and fill the cavities with
sugar, sprinkle the remains of three-
quarters of a cupful of sugar over
them and add one and one-half cupfuls
of water. Cover and bake until soft
in a moderate oven, basting often.
Quinces require a long time for cook-
ing. Serve hot with butter and sugar.

Graham Mush.
Soak one cup of graham flour over
night. To one quart of boiling water
add the flour gradually, so as not to
let it lump. Beat in one-quarter tea-
spoonful salt and boil for three-quar-
ters of an hour. Keep it boiling hard
all the time. If it dries too much
add more water. Serve with hot or
cold milk.

Ham Salad.
Chop some ham very fine and slice
twice as much cold potatoes very thin.
Arrange the ham and potatoes in a
salad dish in layers and sprinkle each
double layer with chopped celery, then
pour French dressing over all. Gar-
nish with hard-boiled eggs, cut in
slices or in fancy shapes.

Hickory Nut Tapioca.
Two-thirds cup of hickory nut
meats, two-thirds cup of tapioca, one
and one-half cups brown sugar, three
cups water. Soak tapioca in water
overnight; in the morning add the
sugar, one saltspoon salt and nut
meats and steam one hour. Eat cold
with whipped or plain thin cream.

Unballed Currant Jelly.
Stem and wash currants, drain and
pat between folds of a towel until dry.
Crush the fruit and squeeze it through
a cheesecloth bag. Measure the juice
and to each pint of it add an equal
quantity of sugar. Beat until the
sugar is dissolved and the jelly begins
to thicken, then pour into glasses.

Strained Okra Soup.
Okra is well liked by most South-
erners, and is especially good in soup.
Cut the okra in half-inch pieces and
boil until tender in one quart of
stock. Okra may be employed with
chicken or veal broth, and may or
may not be strained from the soup
before serving.

900 DROPS
CASTORIA
ALCOHOL 3 PER CENT.
A Vegetable Preparation for As-
similating the Food and Regula-
ting the Stomach and Bowels of
INFANTS-CHILDREN
Promotes Digestion, Cheerful-
ness and Rest. Contains neither
Opium, Morphine nor Mineral.
NOT NARCOTIC.
Recipe of Old Dr. J. C. FLETCHER
Pumpkin Seed -
Aloe Sassa -
Rhubarb Sassa -
Aster Sassa -
Pineapple -
Dandelion Sassa -
Worm Seed -
Cinnamon Sassa -
Nutmeg Sassa -
A perfect Remedy for Constipa-
tion, Sour Stomach, Diarrhoea,
Worms, Convulsions, Feverish-
ness and LOSS OF SLEEP.
Facsimile Signature of
J. C. Fletcher
NEW YORK.
At 6 months old
35 Doses - 35 CENTS
Guaranteed under the Food and
Drug Act of 1906.
Exact Copy of Wrapper.

CASTORIA

The Kind You Have Always Bought, and which has been
in use for over 30 years, has borne the signature of
and has been made under his per-
sonal supervision since its infancy.
All Counterfeits, Imitations and "Just-as-good" are but
Experiments that trifle with and endanger the health of
Infants and Children—Experience against Experiment.

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Castoria is a harmless substitute for Castor Oil, Pare-
goric, Drops and Soothing Syrups. It is Pleasant. It
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substance. Its age is its guarantee. It destroys Worms
and allays Feverishness. It cures Diarrhoea and Wind
Colic. It relieves Teething Troubles, cures Constipation
and Flatulency. It assimilates the Food, regulates the
Stomach and Bowels, giving healthy and natural sleep.
The Children's Panacea—The Mother's Friend.

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Bears the Signature of

John H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Discordant Note.
"Mr. Meekun, don't you think a wom-
an should receive a man's pay when she
does a man's work?"
"Why—er—look at the other side of
the question a moment, will you? Think
how many men are doing women's work
and not getting a cent for it!"

One Distinction.
Stranger (at Crown Point)—What's
the difference between this sort of
thing, in principle, and a horse race?
Automobile Enthusiast—Great Scott,
look at the possibilities, man! You
can get a million more thrills out of
it.—Chicago Tribune.

Dressed as Scholars.
At the wedding lately of the head
master of Eastbourne College, Eng-
land, the three pages in the bridal
procession were garbed as scholars in
black satin knee breeches, buckled
shoes, scarlet silk gowns, with white
shirt fronts. Each carried a mortar-
board hat and a scarlet-bound prayer
book.

Early Showed Greatness.
Andrew Jackson was a marvel of
precocity. He carried a flintlock mus-
ket, as a soldier of the revolutionary
army, at the age of 14. At 23 he was
appointed by Washington district at-
torney of Tennessee. He was a United
States Senator at 30. He did not
reach the presidency until he was 62.
—Sunday Magazine.

Mothers will find Mrs. Winslow's Soothing
Syrup the best remedy to use for their children
during the teething period.

Due to Score Next Time.
"You refuse me, do you, proud girl?"
he howled. "Well, you're not doing
anything original! This is the third
time I've been turned down!"
"So I'm the third sacker, am I?"
merrily responded the girl, thrusting
her tongue in her cheek in a well
meant but only partially successful ef-
fort to look like Mr. Steinfeldt.

History Rewritten.
With much reluctance King George
III. had decided to let his American
colonies go.
"Mark my words, though," he said,
"they'll be governed some day by a
monarch ten times as absolute and
despotic as I am!"
If any doubt exists that his Britan-
nic majesty had the spirit of prophecy
upon him, look at Mr. Aldrich.—Chica-
go Tribune.

A Studied Explanation.
"Will you be able to explain your
attitude on the tariff?"
"Yes," answered Senator Sorghum.
"I'll have my explanation ready when
the time comes. But I'll wait till my
constituents are interested in other
things and will carefully make it a lit-
tle hard to understand."—Washington
Star.

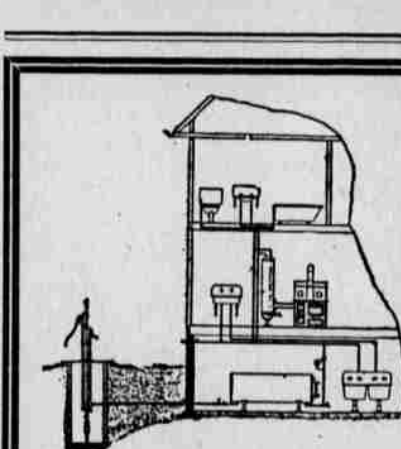
Getting Back.
"Captain, what time does the boat
start?"
"It starts, madam, when I give the
word."
"Then I've always had the wrong
idea. I thought it started when the
engineer pulled a lever, or did some-
thing. Thank you ever so much."—
Chicago Tribune.

The Old Adam.
"I wonder why three-fourths of the
stenographers in business offices are
women?" "I guess it is because men
like to feel that there is at least one
class of women whom they can dictate
to."

Touch and Go.
"Good morning, sir," said the tall
man in the suit of faded black, open-
ing his valise. "My name is Glasspy.
I am the inventor of a little device for—"
"I am glad to meet you, Mr. Glass-
py," interrupted the man in the door-
way. "My name is Washabaugh. I
have the sole right in this county to
take subscriptions for a new and co-
piously illustrated edition of the works
of—"
"Good day, sir."
"Good day."—Chicago Tribune.

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These lands of Canadian Pacific Railway
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to 100 bushels of oats, per acre. All near
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of moderate means. No crop failures.
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THE OIL THAT PENETRATES



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are especially adapted to pumping duty
and in fact any duty that requires a
strong, reliable power. They are econom-
ical, simple and easily understood. It is
an engine which anyone, no matter how
little he knows about such engines, can
operate as successfully as an expert. In
short, it is an ideal engine for any kind
of work. Send for STOVER Engine Cata-
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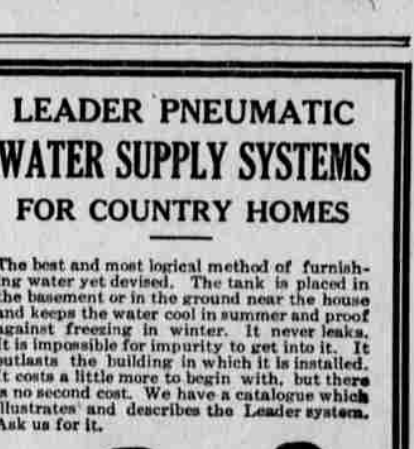
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Implements
and
Vehicles

Mitchell
LEWIS & SONS

Food Scarcie.
"This circular describing the Mount-
ingvue says you can sit at the dinner
table and see the beautiful mountain
peaks," said the man who contem-
plated going.
"That is true," replied the one who
had been; "and that's just about all
you can see."—Yonkers Statesman.

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operate as successfully as an expert. In
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