

# Syrup of Figs and Elixir of Senna

Cleanses the System Effectually. Dispels Colds and Headaches due to Constipation; Acts naturally, acts truly as a Laxative.

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**CALIFORNIA FIG SYRUP CO.**  
by whom it is manufactured, printed on the front of every package.  
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on stormy days by wearing a



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Clean - Light Durable  
Guaranteed Waterproof  
\$3.00 Everywhere

**On to Her Calling.**  
Our Landlady—It's the strangest thing in the world! Do you know, our dear old pet cat disappeared very suddenly yesterday. Excuse me, Mr. Rudolph, will you have another piece of rabbit pie?  
Mr. Rudolph (promptly) — No, thank you!  
Our Landlady (an hour later)—That is three more pies saved. This season will be a profitable one, indeed.

**Disputed the Proposition.**  
"All that you are, my friend," said the lecturer, singling out an elderly man sitting in a front seat who appeared to be deeply interested—"all that you are, I repeat, you owe to heredity and environment."  
"Gosh," exclaimed the elderly man, turning red with indignation, "I never had no dealin's with that firm in my life, and I don't owe them or nobody else a blamed cent!"—Chicago Tribune.

**A Discouraged Digger.**  
"I see they say that when a diamond passes a certain size it is worth no more than a smaller one."  
"How's that?"  
"If it's too large it isn't marketable. Nobody wants to wear a diamond as bulky as a glass door knob."  
"Is that so? Then it must be awfully discouraging for a man to dig up a sparkler as big as a football."—Cleveland Plain Dealer.

**A Beauty Parlor.**  
There was a long silence.  
"Gerald," she said, breaking the monotony, "what is a 'beauty parlor'?"  
"A 'beauty parlor,' my dear," he whispered, moving closer. "Why, this is a 'beauty parlor.'"  
"The idea! Why so?"  
"Why, any parlor would be a beauty parlor if you were in it."  
And after that the rest was easy. She accepted him on the spot.

The data about the manufacture of steel cars in this country are not as definite as might be desired, but the Railway Age reports the number of all steel cars ordered in 1907 to be 27,800, and of cars with steel underframes, 44,500.

## Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine. Sold for over 60 years.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is absolutely essential to recovery. Keep your liver active and your bowels regular by taking laxative doses of Ayer's Pills.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of  
**Ayer's**  
HAIR VIGOR,  
AGUE CURE,  
CHERRY PECTORAL.



**Refrigerator Alarm.**  
Occasionally the busy housewife neglects to keep tab on the waste water from the ice in the refrigerator, with the result that the pan placed beneath the waste pipe to catch the drip water overflows. The drip pan being out of sight, she has no way of telling when it is almost full and needs emptying.

This overflowing of the waste water is neatly prevented by the contrivance shown in the accompanying illustration, which the inventor calls a "refrigerator alarm." Extending from a bracket attached to the refrigerator is a pivoted "float" which rests in the waste water basin. As the water in the basin increases the float gradually rises also. When the water reaches a predetermined height a small projecting arm comes in contact with a spring bell, causing the latter to ring until the basin is withdrawn. With this warning the housewife knows instantly when the refrigerator needs attention.

**Rice Sauté.**  
Pick over and wash one cup of rice. Add it gradually to vigorously boiling salted water and cook until tender. Allow much more water than the rice will absorb in order to keep the kernels separate. When done, drain, allowing cold water to run through it for a few seconds. Drain again. Melt a level tablespoon of butter in a frying pan and sauté a little of the rice at a time, browning slightly. Season with more salt, if necessary.

**Marshmallow Filling.**  
Dissolve five teaspoonfuls powdered gum arabic in half a cup of cold water, add half a cupful powdered sugar and boil until thick enough to form a soft ball between the fingers when dropped into ice water. Pour upon the white of an egg beaten stiff, flavor with a teaspoonful of vanilla and a few drops of lemon juice and spread on the cake with a knife dipped in hot water.

**Fruit Punch.**  
Put into a bowl the pulp and juice of eight good-sized oranges with the juice of two lemons, two sliced bananas and a small cup granulated sugar. When the sugar is melted put in a heaping tablespoonful minced pineapple. Let it stand a few minutes before pouring on a block of ice in a punch bowl. Just before serving add a quart of apollinaris or other charged water.

**Eggs and Chocolate Icing.**  
Melt half cake unsweetened chocolate, add three-quarters cup sugar, make a smooth paste of one teaspoonful cornstarch and a little cold water in a cup and then fill the cup with boiling water. Put this in chocolate and be sure it is perfectly smooth before taking from stove. Flavor with vanilla. It is best to make it in a double boiler.

**Baked Bananas.**  
Strip back one section of the skin, remove the fruit, scrape it and replace, covering it with the skin. Place in an agate pan, allowing one banana for each person. Bake in a moderate oven until the skins are dark and the pulp tender. Slip the pulp out to a serving dish and pour round.

**Waffles.**  
Sift a pint of flour twice with a teaspoonful each of baking powder and salt. Beat three eggs, yolks and white separate, and add to the yolks two cups of sweet milk, then stir this liquid into the sifted flour. Beat until smooth, add the stiffened whites of the eggs, and pour into heated and greased waffle irons.

**Milk Frosting for Cake.**  
One and a half cups sugar, half-cup milk, one teaspoon butter, half-teaspoon vanilla. Melt the butter in a saucepan, then add sugar and milk. Boil gently without stirring for thirteen minutes. Beat until stiff enough to spread, then add flavoring and spread over cake.

**Doughnuts.**  
Half a teacup thin sour cream or rich buttermilk, one teaspoon soda dissolved in a scant teacup of sweet milk, one teaspoon salt, one and one-half teacups sugar, made into a dough with flour a little stiffer than when eggs are used. Flavor with nutmeg.

**Honey Cake.**  
Half-cup honey, half-cup sugar, half-cup butter, one egg, two cups flour, one cup cold water, two teaspoonfuls baking powder. Flavor with lemon or vanilla.

**Griddle Cakes.**  
One cup flour, one cup apple, half cup sugar, half teaspoonful soda, pinch salt. Wet with water until as thick as honey and fry.

**Holding His Job.**  
Michael Callahan, a section boss for the Southern railroad, has a keen Gaelic wit. One warm afternoon while walking along the railroad tracks he found a section hand placidly sleeping beside the rails. Callahan looked disgustedly at the delinquent for a full minute and then remarked:  
"Slape on, ye lazy spalpeen, slape on, fur as long as you slape you've got a job, but when you wake up you ain't got none."—Lippincott's Magazine.

**Lightning as She Saw It.**  
While little Gertrude was looking out of a window during a thunderstorm she saw a flash of lightning play along a telegraph wire.  
"Oh, mamma," she exclaimed, "I just saw a piece of the sun fall down from the sky!"—New York Press.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

**Perfectly Plain.**  
With all the impartiality of the partisan, Prof. Price set forth the contentions of both political parties regarding the tariff.  
At the close of his talk he was surrounded by the fair members of the Woman's Current Events Club.  
"Oh, Prof. Price," cooed the fairest, "thank you so much for your perfectly lovely talk! I understand all about the tariff now. It's just like a lover's comparisons—the free traders are the other girls!"

**Not Disappointed.**  
Adam Zawfox—What's got you so much interested in that there paper?  
Job Sturkey—I'm looking over this list of a hundred men that owns all the money in the country. I thought mebbe my name would be there, but it ain't. Well, I didn't much expect to find it, no-how.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

**Makes a Difference.**  
"If a man loses his pocketbook," said the moralizer, "he thinks the chap who finds it is no better than a thief if he doesn't return it."  
"Yes," rejoined the demoralizer, "but if he finds some other fellow's pocketbook—well, it comes like pulling teeth to give it up."

**Her Grievance.**  
"Mr. Clugston," said the caller, "you may stop my paper."  
"It doesn't fit your pantry shelves, perhaps, ma'am," said the editor of the Spiketown Blizzard, sarcastically.  
"That hain't got nothing to do with it."  
"You've found that you can borrow it from a neighbor hereafter?"  
"That ain't the reason, neither."  
"Possibly you don't like the editorial policy of the paper."  
"No, sir; I don't. My nephew was arrested last week for stealin' a hog, and you didn't say a word about it!"

**He Aimed High.**  
To the uninitiated observer some of the gymnastics performed in a game of football are beyond explanation. The story is told of a half-back who complained to his family about the injustice of allowing football players to wear head protectors.  
"I should think it was most necessary," said his mother, who had witnessed one game with many tremors. "Look at the front teeth your poor cousin Frederick lost!"  
"That may be," said her son, stubbornly, "but look at me, laid up for two weeks with a lame foot just from kicking a fellow's nose-gear!"

**His Idea of One.**  
The teacher in the Darktown school was hearing the class in geography.  
"What is known as the Great Divide?" she asked.  
"Cuttin' a big watermelon!" answered little Rastus with a grin that showed all his ivories.—Chicago Tribune.

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Directly on the beach overlooking the ocean. Hot salt baths and sunbathing. Recreation pier for fishing. Sun parlors. Electric lights. Fire-places and steam heat. Fine walks and drives. Sea foods a specialty. Rates, \$2.50 and \$3.00 per day. Special rates by the week. DAN. J. MOORE, Proprietor.

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## NO ONE CAN ALWAYS AVOID Catching Cold on the Street Car



Many people persist in riding on the street cars, insufficiently protected by clothing. They start out perhaps in the heat of the day, and do not feel the need of wraps. The rapid moving of the car cools the body unduly. When they board the car perhaps they are slightly perspiring. When the body is in this condition it is easily chilled. This is especially true when a person is sitting. Beginning a street car ride in the middle of the day and ending it in the evening almost invariably requires extra wraps, but people do not observe these precautions, hence they catch cold. Colds are very frequent in the Spring on this account, and as the Summer advances they do not decrease. During the Spring months no one should think of riding on the car without being provided with a wrap. A cold caught in the Spring is liable to last through the entire Summer. Great caution should be observed at this season against exposure to cold. During the first few pleasant days of Spring, the liability of catching cold is great. No wonder so many people acquire muscular rheumatism and catarrhal diseases during this season. However, in spite of the greatest precautions, colds will be caught. At the appearance of the first symptom, Peruna should be taken according to directions on the bottle, and continued until every symptom disappears. Do not put it off. Do not waste time by taking other remedies. Begin at once to take Peruna and continue taking it until you are positive that the cold has entirely disappeared. This may save you a long and perhaps serious illness later on.

**Bad Effects From Cold.**  
Mr. M. J. Deutsch, Secretary Building Material Trades Council, 151 Washington St., Chicago, Ill., writes:  
"I have found your medicine to be unusually efficacious in getting rid of bad effects from cold, and more especially in driving away all symptoms of catarrh, with which I am frequently troubled.

**Spells of Coughing.**  
Mrs. C. E. Long, writes from Atwood, Colorado, as follows:  
"When I wrote you for advice my little three-year old girl had a cough that had been troubling her for four months. She took cold easily, and

**Giving Him a Pointer.**  
"Naggus," said Borus, "you've seen that story of mine that's running through one of the magazines. How would you advise me to wind it up? I want to give it a happy ending."  
"Put all the characters in the story," answered Naggus, "aboard an excursion steamer for a moonlight ride. Send the boat out to the middle of the lake."  
"Yes?"  
"And blow it up."

**Of Small Value.**  
The nose of the Egyptian sphinx had dropped off.  
"Let it go," said the sphinx, speaking for the first and only time. "It wasn't a Grecian nose, anyway."

would wheeze and have spells of coughing that would sometimes last for half an hour.  
"Now we can never thank you enough for the change you have made in our little one's health. Before she began taking your Peruna she suffered everything in the way of cough, colds and croup, but now she has taken not quite a bottle of Peruna, and is well and strong as she has ever been in her life."

**Per-u-na for Colds.**  
Mr. James Morrison, 68 East 16th St., Paterson, N. J., writes:  
"I have given Peruna a fair trial, and find it to be just what you claim to be. I cannot praise it too highly. I have used two bottles in my life. I have colds, and everything imaginable. I can safely say that your medicine is the best I have ever used."

**"OUCH, OH MY BACK"**  
NEURALGIA, STITCHES LAMENESS, CRAMP TWINGES, TWITCHES FROM WET OR DAMP ALL BRUISES, SPRAINS, A WRENCH OR TWIST THIS SOVEREIGN REMEDY THEY CAN'T RESIST

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\$3.00 \$3.50  
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MEN, BOYS, WOMEN, MISSES AND CHILDREN.  
W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.  
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