

Help! Help! I'm Falling

Thus cried the hair. And a kind neighbor came to the rescue with a bottle of Ayer's Hair Vigor. The hair was saved! In gratitude, it grew long and heavy, and with all the deep, rich color of early life. Sold in all parts of the world for sixty years.

"About one year ago I lost nearly all of my hair following an attack of measles. I was advised by a friend to use Ayer's Hair Vigor. I did so, and as a result I now have a beautiful head of hair."—Mrs. W. J. Brown, Menomonee Falls, Wis.

Made by J. C. Ayer Co., Lowell, Mass.
Also manufacturers of
Ayer's
SARSAPARILLA,
PILLS,
CHERRY PECTORAL.

Now Objection to That.
"Go and take your bath, dear," said his mother, "like a little man."
"That's the way I want to do!" howled Johnny. "Little men never take a bath 'ceptin' they feel like it!"

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Up to Date.
"Well, well," remarked old Mr. Pastangon, "the young women of to-day are not what they were in my time."
"No?" replied Miss Huskie.
"No, indeed. Why, all you young women nowadays are muscular athletes."
"That's so. In the proud lexicon of feminine youth there is no such word as 'frail.'"—Philadelphia Press.

HOME MADE MIXTURE

SAID TO BE INEXPENSIVE AND EASILY PREPARED BY ANYONE.

Is Said to Promptly Relieve Backache and Overcome Kidney Trouble and Bladder Weakness Though Harmless and Pleasant to Take.

What will appear very interesting to many people here is the article taken from a New York daily paper, giving a simple prescription, as formulated by a noted authority, who claims that he has found a positive remedy to cure almost any case of backache or kidney or bladder derangement, in the following simple prescription, if taken before the stage of Bright's disease:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Shake well in a bottle and take in teaspoonful doses after each meal and again at bedtime.

A well known authority, when asked regarding this prescription, stated that the ingredients are all harmless, and can be obtained at a small cost from any good prescription pharmacy, or the mixture would be put up if asked to do so. He further stated that while this prescription is often prescribed in rheumatic afflictions with splendid results, he could see no reason why it would not be a splendid remedy for kidney and urinary troubles and backache, as it has a peculiar action upon the kidney structure, cleansing these most important organs and helping them to sift and filter from the blood the foul acids and waste matter which cause sickness and suffering. Those who suffer can make no mistake in giving it a trial.

The Old Man's Experience.
"He's the boy after your own heart, isn't he?"
"Not much!" replied the old man.
"He's the boy after my pocketbook!"—Atlanta Constitution.

Syrup of Figs and Elixir of Senna

Cleanses the System Effectually, Dispels Colds and Headaches due to Constipation; Acts naturally, acts truly as a Laxative.
Best for Men, Women and Children—Young and Old.
To get its Beneficial Effects Always buy the Genuine which has the full name of the Company

CALIFORNIA FIG SYRUP CO.
by whom it is manufactured, printed on the front of every package.
SOLD BY ALL LEADING DRUGGISTS, one size only, regular price 50¢ per bottle.



It is a fact of common observation that not all persons are alike in their power to resist disease. For example, when typhoid fever or pneumonia is prevalent, only a few, as compared with the total population, acquire the disease, although all may be living under the same conditions and be equally exposed to the infection. Physicians say, in general terms, that those who escape have greater resisting power, which means that they have some power within them to destroy the germs that get into the body, and so to prevent their multiplication and the manufacture by them of the poisons which cause the lesions and symptoms of the disease.

For a long time it was unknown how the system was enabled to destroy the microbes of disease or to neutralize their effects. A solution of the problem was, however, recognized as essential if physicians were ever going to be able to treat infectious diseases in the only rational way—that is to say, by destroying the cause; or to prevent with certainty their occurrence in those who have been exposed to the infection. Bacteriologists all over the world devoted themselves with great assiduity to the study of this problem, with the result that they are now beginning to understand the subject, although there are still obscure points which must be cleared up before the fulfillment of Pasteur's prophecy that the time will come when it will be possible to exterminate all infectious diseases.

There are two theories regarding the way in which the body resists an invasion of the bacteria of disease—the chemical, advanced by Ehrlich, a German bacteriologist, and the mechanical, discovered by the Russian scientist, Metchnikoff, now at the Pasteur Institute in Paris.

According to the first, when the special poison elaborated by the bacteria gets into the blood, this fluid at once begins to manufacture another substance which acts as an antidote, combining with the toxin and forming an inert, non-poisonous substance. The discovery of the antitoxin used in the treatment of diphtheria was the result of this theory.

The second theory is that certain cells, among which are some of the white blood-corpuscles, acts as an army of defense, seizing upon the bacteria and destroying them.

These two theories are not really contradictory, although they seem so, and both processes are probably at work in every case of successful resistance to an attack of infectious disease. Recently it has been found that the white blood-corpuscles, called phagocytes or "eating cells," need assistance to enable them to destroy the bacteria, and on this discovery is founded the opsonin theory, which will be discussed in a future article.—Youth's Companion.

Monotonous Scenery.

Mrs. Grimes, the landlady, was trying to find out the nature of her new boarder's occupation. First she asked him if he was in business. He told her that he was not. Then she suggested that possibly he was a salesman.

"No, I'm not a salesman, exactly."

"Traveling man?"

"Yes, I am a sort of traveling man."

"Make regular trips, I suppose?"

"Very regular."

"Well, I should think you'd like that. There's some variety about it."

"There isn't much variety about my trips. They're always through the same territory."

"That gets kind o' tiresome, does it?"

"Very."

"Still, if business is good, and you make plenty of sales—"

"But I don't make any sales. The fact is, Mrs. Grimes, I am a conductor."

"I'm the conductor of an elevator in a big department store."

"Oh!"—Youth's Companion.

Too Indulgent.

"I don't see why you sneer at Mr. Markley," she said, "because he's so shabby. Clothes don't make a man."

"No," replied her husband, "but his wife's clothes often break a man. I sneer at Markley because he's fool enough to be that sort of man."—Philadelphia Press.

A Frequent Lament.

Of all the words of tongue and pen, The maddest are these: "You'll pay me when?"

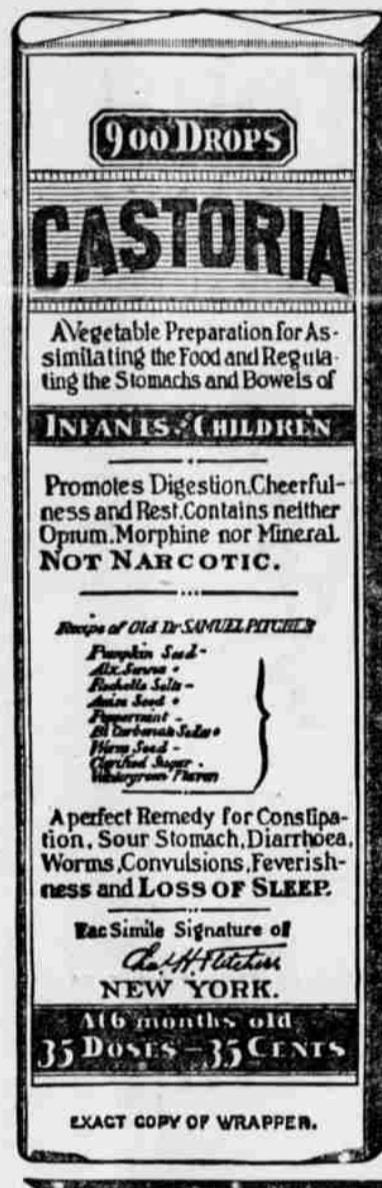
—Baltimore American.

How many opportunities there are to spend money! And how few opportunities to make it!

What is Castoria.

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The children's Panacea—The Mother's Friend.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. F. Gerald Blattner, of Buffalo, N. Y., says: "Your Castoria is good for children and I frequently prescribe it, always obtaining the desired results."

Dr. Gustave A. Elsengraeber, of St. Paul, Minn., says: "I have used your Castoria repeatedly in my practice with good results, and can recommend it as an excellent, mild and harmless remedy for children."

Dr. E. J. Dennis, of St. Louis, Mo., says: "I have used and prescribed your Castoria in my sanitarium and outside practice for a number of years and find it to be an excellent remedy for children."

Dr. S. A. Buchanan, of Philadelphia, Pa., says: "I have used your Castoria in the case of my own baby and find it pleasant to take, and have obtained excellent results from its use."

Dr. J. E. Simpson, of Chicago, Ill., says: "I have used your Castoria in cases of colic in children and have found it the best medicine of its kind on the market."

Dr. R. E. Eskildson, of Omaha, Neb., says: "I find your Castoria to be a standard family remedy. It is the best thing for infants and children I have ever known and I recommend it."

Dr. L. R. Robinson, of Kansas City, Mo., says: "Your Castoria certainly has merit. Is not its age, its continued use by mothers through all these years, and the many attempts to imitate it, sufficient recommendation? What can a physician add? Leave it to the mothers."

Dr. Edwin F. Pardee, of New York City, says: "For several years I have recommended your Castoria and shall always continue to do so, as it has invariably produced beneficial results."

Dr. N. B. Sizer, of Brooklyn, N. Y., says: "I object to what are called patent medicines, where maker alone knows what ingredients are put in them, but I know the formula of your Castoria and advise its use."

GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Quite the Contrary.
"Nasty medicine, is it? What are you taking it for? To help your cough?"
"To help it? Great Peter, no! To kill it!"

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O. Sold by all druggists, 75c. Take Hall's Family Pills for constipation.

The Natural Result.
"I saw Blinks this morning and he looks all gone to pieces."
"What's the matter with him?"
"He's broke."—Baltimore American.

Mortgages and other real estate securities purchased. LOANS made.

H. E. NOBLE
Commercial Block PORTLAND, OREGON

INSURE YOUR HEALTH AND COMFORT
on stormy days by wearing a
SLICKER
Clean - Light Durable
Guaranteed Waterproof
\$3.99 Everywhere



Of all the words of tongue and pen, The maddest are these: "You'll pay me when?"

How many opportunities there are to spend money! And how few opportunities to make it!

Impossible.
Miss Rinkles—Everything costs so much nowadays! I suppose I'll have to live plainer.
Miss Sharpung—Why, dear, you couldn't be any plainer, and live.

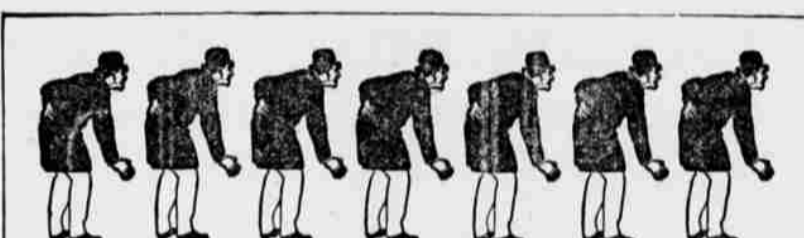
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permanently cured by Dr. King's Great Nerve Restorer. Send for FREE trial bottle and treatise. Dr. H. H. Kille, L.D., 901 Arch St., Phila., Pa.

Canada has enacted a law providing for the payment of a salary to the leader of the opposition in Parliament.

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NEURALGIA, STITCHES, LAMENESS, CRAMP TWINGES, TWITCHES FROM WET OR DAMP ALL BRUISES, SPRAINS, A WRENCH OR TWIST THIS SOVEREIGN REMEDY THEY CAN'T RESIST

ST. JACOBS OIL
PRICE 25c AND 50c

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and a luscious dessert—Preferred Stock Peaches, from the Highlands of California. These mountain peaches are universally conceded to be the finest peaches in the world.

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Packed Wherever the Best are Grown

In order to secure extra superior quality and flavor for Preferred Stock Yellow Dessert Peaches they are selected, when just ripe, juicy and spicy, plucked in the morning, then hand-peeled and canned right in this mountainous, peach-growing country.

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