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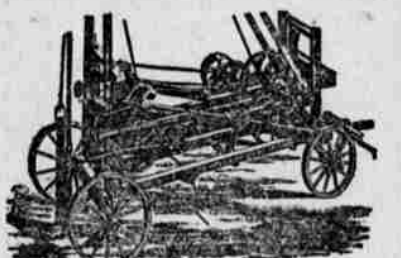
In every 1,000 marriages in Great Britain twenty-one are between first cousins. Among the nobility the rate is much higher, amounting to forty-five in 1,000.

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Yeast.

Peel four large potatoes, cut them up and put them with a double handful of hops (tied up in a coarse muslin bag) into a saucepan with two quarts of water; cover and cook until the potatoes break to bits. Take out the potatoes with a swimmer, leaving the water boiling, mash the potatoes smooth and add to them four tablespoonfuls of flour and two tablespoonfuls of granulated sugar. Moisten this with the boiling hop water and stir to a smooth paste. When all the liquid has been added set aside until lukewarm, then add four tablespoonfuls of good yeast, and turn into a deep bowl or crock to "work." Keep in a warm place until the bubbles cease to appear. When light, put in earthen jars with small necks, cork tightly and keep in a cool place.

Home-Made Cough Candy.

A simple home-made cough candy, which an old-fashioned house-mother offers, is as follows: Soak a gill of whole flaxseed in half a pint of boiling water. In another dish put a cupful of broken bits of slippery elm, and cover this also with boiling water. Let them stand for two hours, then strain them both through a muslin bag into a saucepan containing a pound and a half of granulated sugar. Extract all the liquor you can, stir the sugar until it is melted, then allow it to boil until it turns to candy. After the syrup has cooked ten minutes, before it candies, add the juice of two lemons. When it candies pour it immediately on greased papers.

Oyster Shortcake.

Sift two cups of pastry flour with four level teaspoonfuls of baking powder and one-quarter teaspoonful of salt. Rub in one-quarter cup of butter and mix with nearly one cup of milk. Add the last cautiously in order not to have the dough too soft to handle. Divide in halves and put each half on the floured molding board. Pat one to fit a round pan. Spread one part with soft butter, lay the other half on and bake until well browned. Tear the two portions apart, lay on a platter and pour one quart of creamed oysters over.

Hungarian Goulash.

Trim the fat from two pounds of round steak and cut the meat into strips or squares of uniform size. In a tablespoonful of oil in a saucepan fry a sliced onion brown, then stir in a tablespoonful of flour and when this is brown stir in a pint of clear stock and season to taste with salt and paprika. Stir until smooth and thick, put in the meat, cover closely and simmer gently for at least two hours. Serve with potatoes cut into rounds with a potato gouge and boiled.

Lepp Kuchen.

The yolks of six eggs and the whites of three, one pound of brown sugar, two cups of molasses, a dessert spoonful of cinnamon and allspice, mixed, a little citron and some blanched almonds, chopped fine; two even teaspoonfuls of baking powder sifted with enough flour to make a batter stiff enough to roll out. Cut into oblong shapes. Bake and when done cover with icing made of the three remaining whites of the eggs and powdered sugar.

Creamed Sweetbreads.

Blanch the sweetbreads and cut into small dice. Cook together in a saucepan two tablespoonfuls each of butter and flour and add a pint of cream to which has been added a pinch of baking soda. Stir to a smooth sauce, season with salt and pepper, add the sweetbreads, and, when these are thoroughly heated, serve, adding a tablespoonful of minced parsley just before dishing. This recipe is for two pairs of sweetbreads.

New England Indian Pudding.

Scald a quart of milk, mix together one cup of molasses, five tablespoonfuls of Indian meal, one tablespoonful of flour, one teaspoonful of salt, one teaspoonful of cinnamon, and stir all into the scalded milk. Boil for ten minutes, turn into a baking dish and bake in a slow oven for three hours. When half done, pour in a pint of cold milk.

Scalloped Oysters.

Use cracker crumbs for scalloped oysters. For a small dish drain one pint of oysters and mix one cup of fine cracker crumbs with one-third cup of melted butter. Butter a small baking dish and fill with three layers of cracker crumbs and two of oysters. Season each layer of oysters with salt and pepper and bake twenty minutes.

For the Children

To succeed these days you must have plenty of grit, courage, strength. How is it with the children? Are they thin, pale, delicate? Do not forget Ayer's Sarsaparilla. You know it makes the blood pure and rich, and builds up the general health in every way.

The children cannot possibly have good health unless the bowels are in proper condition. A sluggish liver gives a coated tongue, bad breath, constipated bowels. Correct all these by giving small laxative doses of Ayer's Pills. All vegetable, sugar coated.

Made by J. C. Ayer & Co., Lowell, Mass.
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Ayer's
HAIR VIGOR,
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Hotelkeepers in London complain that their guests stay a shorter time than they once did, and spend less for food and drink.

Imperceptible Speed.

"Do your street cars run on Sunday?" Inquired the girl from Boston. "Not so you'd notice it," replied the Philadelphia girl.—Cleveland Plain Dealer.

TIRED BACKS.

The kidneys have a great work to do in keeping the blood pure. When they get out of order, it causes backache, headaches, dizziness, languor and distressing urinary troubles. Keep the kidneys well and all these sufferings will be saved you. Mrs. S. A. Moore, proprietor of a restaurant at Waterville, Me., says: "Before using Doan's Kidney Pills I suffered everything from kidney trouble for a year and a half. I had pain in the back and head, and almost continuous in the loins and felt weary all the time. A few doses of Doan's Kidney Pills brought great relief, and I kept on taking them until in a short time I was cured. I think Doan's Kidney Pills are wonderful."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Gold from the Sea.

The electrolytic recovery of gold from sea water is still a dream of many European chemists. A. Noden proposes to use as electrodes sheets of copper and lead or lead and cast iron, each about one-twenty-fifth of an inch in thickness, and to surround these plates with porous canvas bags for collecting the gold that fails to adhere. The baths, within reach of the tide, would have a depth of two meters and a width of ten meters (about thirty-three feet). With cement partitions every forty fathoms, a battery of 100 such baths could be run together, and it is calculated that this would furnish 150 grams of gold per day of twelve hours. In this time, 3,000 cubic meters of water would be treated, a current of 5,000 amperes at 2.5 volts being required. The annual cost is estimated at \$12,000, and the profits are figured at \$20,000 on a capital of \$40,000.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

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Thirty years is the average age of an ostrich and the annual yield of a bird in captivity is from two to four pounds of plumes.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Those Imported Impeccables.

Eva—So you couldn't make up your mind about accepting the foreign nobleman? Why didn't you toss a coin? Katharine—I was afraid the foreign nobleman would keep the coin.

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 331 Arch St., Phila., Pa.

John Bright and Lord Manners.

In one of his speeches in the House of Commons John Bright quoted in a spirit of banter and ridicule the well-known lines written by Lord John Manners in his callow youth: "Let wealth and commerce, laws and learning die, But leave us still our old nobility."

Lord John, who was present, immediately got up and pulverized the great tribune by retorting: "I would rather be the foolish young man who wrote those lines than the malignant old man who quoted them."

He Silenced Him.

"The corporations must be cr-r-rushed!" roared the candidate.

"Hold on," shouted a man in the gallery, "you yourself are a stockholder in at least three corporations that I know about."

The candidate frowned darkly.

"Well," he cried, "if there were no stockholders there wouldn't be any corporations."

"I admit it," shouted the man in the gallery.

"And if there were no corporations they couldn't be crushed, could they?"

With a withering glance at the man in the gallery the candidate resumed his argument.—Cleveland Plain Dealer.

Good for a Cold.

Bishop Olmsted of Colorado was making a Christmas address to some Denver children.

"Eat heartily on Christmas day," the bishop said, smiling. "Do full justice to turkey, to cranberry sauce, to plum pudding, to all the good things. But don't give way to gluttony. Don't gloat over your Christmas dainties like a Balu boy I used to know. This boy said one Christmas morning: 'My, I wish I had a cold!' 'Why?' asked his brother. 'Cause mother says to feed a cold, and if I had one to-day, wouldn't I feed it, though!'"

Better than Dying.

When the drunken tramp tried to steal a valise from the Santa Fe train at Holliday a few nights ago he caused a panic among the passengers. In the quiet interval that followed the firing of the first shot a woman in the chair car threw her arms around her husband's neck and wailed:

"Oh, John, let's die together." "Oh, shucks!" responded the proxy husband, "let's get down behind the seat."—Kansas City Journal.

Not Impressed.

"What did that small boy say when you told him he might grow up to be President of the United States?" said one school trustee.

"It didn't seem to impress him," answered the other. "He said nearly everybody was being mentioned for that position nowadays."—Washington Star.

Poor Show for the Hat.

First Diner (to his friend)—What's the matter? You look worried.

Second Diner—Well, that fat man at the next table has sat down on my hat, and now both his fat boys are sitting on his knee.—Flegende Blaetter.

On a charge of insulting the memory of the late King George of Saxony a soldier had been sentenced in Dresden to twenty-one months' imprisonment.

The General Condemnation of So-Called Patent or Secret Medicines

of an injurious character, which indulge in extravagant and unfounded pretensions to cure all manner of ills, and the

National Legislation Enacted to Restrict Their Sale

have established more clearly than could have been accomplished in any other way

The Value and Importance of Ethical Remedies.

Remedies which physicians sanction for family use, as they act most beneficially and are gentle yet prompt in effect, and called ethical, because they are of

Known Excellence and Quality and of Known Component Parts.

To gain the full confidence of the Well-Informed of the world and the approval of the most eminent physicians, it is essential that the component parts be known to and approved by them, and, therefore, the California Fig Syrup Company has published for many years past in its advertisements and upon every package a full statement thereof. The perfect purity and uniformity of product which they demand in a laxative remedy of an ethical character are assured by the California Fig Syrup Company's original method of manufacture, known to the Company only.

There are other ethical remedies approved by physicians, but the product of the California Fig Syrup Company possesses the advantage over all other family laxatives that it cleanses, sweetens and relieves the internal organs on which it acts, without disturbing the natural functions or any debilitating after effects and without having to increase the quantity from time to time.

This valuable remedy has been long and favorably known under the name of Syrup of Figs, and has attained to world-wide acceptance as the most excellent of family laxatives, and as its pure laxative principles, obtained from Senna, are well known to physicians and the Well-Informed of the world to be the best of natural laxatives, we have adopted the more elaborate name of Syrup of Figs and Elixir of Senna, as more fully descriptive of the remedy, but doubtlessly it will always be called for by the shorter name of Syrup of Figs; and to get its beneficial effects, always note, when purchasing, the full name of the Company—California Fig Syrup Co.—plainly printed on the front of every package, whether you simply call for Syrup of Figs, or by the full name, Syrup of Figs and Elixir of Senna, as Syrup of Figs and Elixir of Senna is the one laxative remedy manufactured by the California Fig Syrup Company, and the same heretofore known by the name, Syrup of Figs, which has given satisfaction to millions. The genuine is for sale by all leading druggists throughout the United States in original packages of one size only, the regular price of which is fifty cents per bottle.

Every bottle is sold under the general guarantee of the Company, filed with the Secretary of Agriculture, at Washington, D. C., that the remedy is not adulterated or misbranded within the meaning of the Food and Drugs Act, June 30th, 1906.

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