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Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine. Sold for over 60 years.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is absolutely essential to recovery. Keep your liver active and your bowels regular by taking laxative doses of Ayer's Pills.

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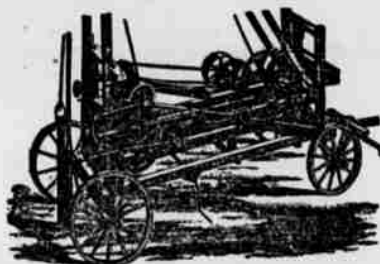


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THE HOUSEHOLD

Orange Marmalade.

Do not peel the oranges, but slice two dozen of them and take out the seeds. Slice and seed two large unpeeled lemons. Do this work with a sharp knife, as the slices must be very thin. Save all the juice and measure it, adding enough water to make three quarts of liquid. Put fruit and liquid into a stone crock, cover and set in the cellar all night. In the morning turn into a preserving kettle and bring slowly to a gentle boil. Simmer until the fruit-rind is very tender. Now allow a pound of sugar for each pint of liquid and add this to the fruit. Boil again until the rind looks clear and is very tender. Take from the fire and when cool turn into jelly glasses.

Corn Purée.

Drain the liquor from a can of corn, chop the corn very fine, add to it a quart of salted water and simmer at the side of the range for an hour. Rub through a colander, return to the fire, add a teaspoonful of sugar and when this melts stir in a tablespoonful of butter rubbed to a paste with a tablespoonful of flour. Stir until smooth, then add slowly to a pint of scalding milk into which a pinch of baking soda has been stirred. When near the boiling point remove from the fire and pour gradually, beating all the time, upon two well-whipped eggs. Season and serve immediately.

Soufflé Potatoes.

The cook who will not take great care in her preparation of soufflé potatoes should not undertake to make them. Pare and slice raw potatoes very thin over a bowl of ice-cold water, so that the slices will drop into the water before they have time to discolor. After all are cut, drain and dry in a towel. Fry in deep hot lard, skim out, lay in a colander for half a minute, drop again into hot fat, when the slices will swell or puff up; skim out and serve hot.

Chocolate eclairs.

Melt a half pound of butter in a pint of boiling water and stir in gradually three-quarters of a pound of flour. Stir until the flour ceases to stick to the sides of the pan. Take from the fire and when cool whip in one at a time eight eggs, well beaten. Set on the ice for an hour, then pour into greased eclair tins and bake to a golden brown. When cold cut a slit in the side of each puff and fill with a cream filling. Ice the top of the eclairs with chocolate icing.

Baked Spaghetti.

Boil a half package of spaghetti for half an hour in salted water. When tender and well done, drain; put in a buttered baking dish a layer of spaghetti, sprinkle with dried bread crumbs, cheese, grated, and bits of butter, put in more spaghetti, and proceed like this until the dish is full, having the top layer of crumbs. Pour in enough milk to fill all interstices, and bake to a good brown.

Celery and Nut Salad.

Shell and blanch a cupful of English walnut meats and set in a cold place until dry and crisp. Cut into bits of uniform size enough crisp celery to make a cupful. Mix the celery and nut meats together and stir into them enough mayonnaise to moisten well. Put into a chilled bowl lined with lettuce leaves, pour mayonnaise dressing over it and set in the icebox until wanted.

Frosting for Cake.

Excellent frosting for cake is made with milk instead of eggs. Allow four tablespoonfuls of milk to a cupful of sugar, and cook until the sirup spins a thread or forms a soft ball between the fingers when dropped in cold water. Then beat the sirup until it is thick and white. Maple sugar is delicious used in this way, or chocolate may be used, with granulated or light brown sugar.

Vegetarian Mince Pie.

Wash, core and chop twelve apples, add one cup of water, a little cinnamon and nutmeg, grated rind of a lemon, one cup of sweet elder, one cup of sugar, butter size of an egg, one cup of seeded raisins; cook till tender, let it cool, then fill the pies and bake till the crust is brown.

Corn Sponge Cake.

Sift together two cups of corn meal, one cup of flour and one level teaspoon each of salt and soda. Beat three eggs with one level tablespoon of sugar; add the egg mixture to the flour; pour in two cups of sour milk and mix well. Bake in one loaf.

Thin Sugar Cookies.

Mix four slightly rounding tablespoonfuls of sugar with three tablespoonfuls of melted butter, two tablespoonfuls of milk, one egg, two level teaspoons of baking powder and flour enough to roll out very thin. Cut in shape and bake.

Could Still Hear Some.
"Doctor, my wife says she is getting deaf."
"Tell her it's because she is getting old."
"Do you believe she is deaf enough for that to be safe?"—Houston Post.

Only One "BROMO QUININE"

That is LAXATIVE BROMO Quinine. Similarly named remedies sometimes deceive. The first and original Cold Tablet is a WHITE PACKAGE with black and red lettering, and bears the signature of E. W. GROVE, 25c.

In the Coming Days.

Husband—Maria, this is going to be a closely contested election, and we've got to get everybody out. You'll have to hurry, or you'll be too late.

Wife—Gracious, John! I can't vote to-day. There's no use in talking about it. I haven't a thing that's fit to wear to the polls.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Gets Back at Him.

Newed—When you say anything that makes your wife angry what does she do—threaten to return to her parents?

Oldwed—Worse than that. She repeats some of the fool things I said during our courtship.

Color Scheme in Soap.

A woman who wanted soap of a certain make asked for a blue cake. "It doesn't come in blue," said the clerk. "It is made in yellow, white and green."

The woman seemed disappointed and finally bought another brand of soap in the desired tint.

"That is a queer fad," said the clerk, when she had gone out. "Many women are carrying the color scheme to such extremes nowadays that they use soap that matches the furnishings of the room. In order to meet this demand manufacturers are turning out soaps of almost every known tint. The color they are most deficient in is blue."—New York Sun.

Stimulate the Blood.

Brandreth's Pills are the great blood purifier. They are a laxative and blood tonic, they act equally on the bowels, the kidneys and the skin, thus cleansing the system by the natural outlet of the body. They stimulate the blood so as to enable nature to throw off all morbid humors and cure all troubles arising from an impure state of the blood. One or two taken every night will prove an invaluable remedy.

Each pill contains one grain of solid extract of sarsaparilla, which, with other valuable vegetable products, make it a blood purifier of excellent character.

Brandreth's Pills have been in use for over a century and are sold in every drug and medicine store, either plain or sugar-coated.

A Pretty Experiment.

A very pretty effect may be produced by using some aniline dye in powdered form in alcohol. Fill a small glass with the alcohol and drop the smallest portion of the dye on its surface. It will shoot down through the liquid, like a strand of color, dividing into two branches, which will subdivide again and again until you have, apparently, an inverted plant in miniature growing before your eyes. An arrangement of mirrors may be made to throw the reflection of this on a screen or a wall, and the enlarged shadows will be very interesting to watch.

It Happens Every Night.

At the end of one of the sessions of the world's convention of the Woman's Christian Temperance Union in Boston, Mrs. L. M. N. Stevens condemned the habit which so many men have of going out between the acts at the theater.

"I am in hearty sympathy," said Mrs. Stevens, "with a woman whose husband said heartily to her, at the end of an interesting drama:

"Jove, what a play. I don't believe there was a dry eye in the house when the curtain went down on the third act."

"No," said the lady, bitterly, "but there seemed to be the usual number of dry throats."

TWICE-TOLD TESTIMONY.

A Woman Who Has Suffered Tells How to Find Relief.

The thousands of women who suffer backache, languor, urinary disorders and other kidney ills, will find comfort in the words of Mrs. Jane Farrell, of 606 Ocean ave., Jersey City, N. J., who says: "I reiterate all I have said before in praise of Doan's Kidney Pills. I had been having heavy backaches and my general health was affected when I began using them. My feet were swollen, my eyes puffed, and dizzy spells were frequent. Kidney action was irregular and the secretions highly colored. Today, however, I am a well woman, and I am confident that Doan's Kidney Pills have made me so, and are keeping me well."

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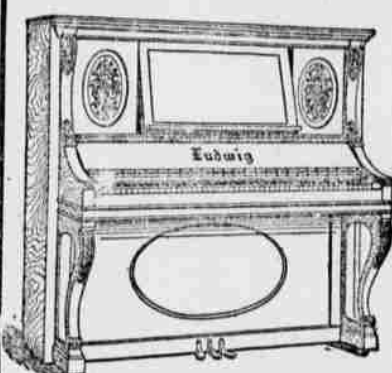
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