

Wake up, Here!

Something Doing at
Stewart's Store

Have you got a \$5 bill in your pocket? If so, make it do the work of \$6.60, as follows: For the next Two Weeks I will sell the following bill for strictly spot cash for \$5:

20 lbs. D. G. Cane Sugar.....	\$1.00
17 lbs. Best Head Rice (extra fine)	1.25
5 lbs. Best Roast Coffee.....	1.25
18 lbs. Best White Navy Beans...	1.00
1-lb. Can Good Baking Powder...	.50
4 Pkgs Sea Foam Washing Powd.	.40
2 Pkgs H O Presto.....	.30
12 Bars Diamond C Soap.....	.50
1 Can Pepper.....	.10
1 Can Allspice.....	.10
2 Boxes Parlor Matches.....	.10
Total Retail.....	\$6.60

The whole bill for the miserable sum of \$5. I will not break above bill. LOOK OUT for our Prize Proposition, beginning on the first of November. I am going to give you a trade-ruining proposition, sure

Yours for Stuff

STEWART'S STORE

Toledo - - Oregon

that churches die when they are content to discuss definitions of the Infinite, while those who are made in his likeness are stunted, dwarfed, and snuffed out by greed and shame.

Some Christians know more about the anatomy of an angel than they do about the pathology of the poor. Yet no living being ever saw an angel, while the poor we always have with us. The noblest divinity is simple humanity. The most glorious religious service is simply doing the things for one another that we believe the all loving God would do if he were one of us.

Church work may be as far from Christ's work as the east is from the west. It is easy to mistake fuss and feathers for faith. The master never worried over congregations, or choirs, or canonicals. He left those things to the people who opposed him and brought him to death. He simply did the good he could, never counting the cost to himself; he simply spoke the truth he knew, never calculating the consequences. The working creed wastes no energy on definitions while men are doing; it walks in the Teacher's way; it does his work.

The need of religion is not some comprehensive scheme of saving the world by machinery; it is not some automatic social propogandum which will wipe out the slum, clean up crime and make this world a highly desirable place of residence for respectable people. The preparation of such plans me be left to the unfortunates who lack the heart or the energy to engage in any definite work.

Neither does it need alone a mighty wave of indignation against modern pharasaism and hypocrisy, nor fasting over our own faults, nor feeding the hungry with the tears of our sympathy, copiously, generously poured out in the comfort of our reading chairs.

The need is simple; practical religion is the easiest of all. It is to do the good that lies nearest you; neither to lecture on it, nor to weep over it, nor even to pray over it until you have done it. Deeds of love, not dreams of beneficence, are recorded in heaven. It is a nobler thing by far to have put a clean, smooth pillow under a sick man's head than to be the author of the most elaborate Utopia, the defender of the most intricate doctrine, or the most rigid observer of exact ritual.

Intemperance in Sleep.

As for sleep, that is another prevailing form of intemperance. People sleep too much. They drug themselves with sleep. If a man will only try to get along with less sleep he will be surprised to discover how little he really needs. And he will find his faculties very much improved by the effort.

It is not so much the quantity as the quality of sleep that counts. The man who lies eight or ten hours in bed, tossing about from time to time, doesn't get anything like as much rest as the man who sleeps soundly for five or six hours.

We are slaves to sleep. Why, for instance, should we go to sleep at night? The only difference between night and day is that the sun goes down in one case and comes up in the other. What difference should that make? I suppose it is simply a habit acquired through thousands of years of ancestry. We have become like the chickens, who go to roost when it is dark.—Thomas A. Edison.

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THE WHITE HOUSE

Toledo, Oregon

WINTER RATES TO YAQUINA BAY

Oregon's Great Recreation and Health Resort at the Newport Beaches.

As a winter health and recreation resort Newport is the one par excellence. Recognizing this, and wishing to give the people an opportunity to breathe the fresh, pure ozone of the ocean, the Southern Pacific and Corvallis & Eastern railroads will resume the sale of tickets through to Yaquina bay on Saturday, October 21, and will sell same throughout the winter and spring on every

WEDNESDAY AND SATURDAY.

The rates will be the same as during the summer and will be good for return 30 days from date of sale.

DR. MINTON'S SANITARY SEA BATHS

will be in operation during the entire winter, and treatments will be given daily. Hot and cold salt water baths can be taken every day in the sanitarium, and for anyone desiring rest, recreation and health, no place on the Pacific Northwest can be found equal to Yaquina bay.

OTHER HEALTH RESORTS CLOSED.

During the winter nearly all other health resorts are closed or difficult to reach, and none of them have the advantages of Newport and vicinity as regards climate, points of interest, recreation and amusement. For parties desiring to enjoy fishing, hunting or seeing the ocean in sunshine and storm this famous resort is unequalled. The surroundings are ideal—beautiful scenery, climate mild, healthful and invigorating.

COTTAGE TO RENT CHEAP.

Neat, clean cottages, either furnished or partly so, can be rented in the immediate neighborhood of the sanitary baths at about \$5 per month. Plenty of fresh milk, vegetables, honey, fruit and all household necessities can be obtained at the lowest possible cost, while all kinds of fish and the famous rock oysters can be had in abundance for the trouble of securing them.

People troubled with loss of appetite, insomnia, rheumatism or run down from any cause will find Newport an ideal place to regain their health and vigor, or for rest and pleasure.

Full information as to rates, checking of baggage, etc., can be obtained from any S. P. or C. & E. agent, or from

A. L. Craig, general passenger agent S. P. Co., Portland; of J. C. Mayo, general passenger agent C. & E., Albany, Oregon.

Rate from Albany, Corvallis and Philomath, \$3.50.

A Working Creed.

By Henry F. Cope.

"Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and let the oppressed go free and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out into thy house?"—Isaiah 55, 6-7.

A working creed is a creed that works. The demand for a practical religion is not a modern discovery. It would be hard for the most sensational denunciators of mere sentimentalism in religion to use stronger language than did those old prophets of Israel. Religion always has been either practice or pretense. It has its deep tides of feeling, but it never ends in these; the deeper the emotion the more definite will be its expression. The danger is not that religion shall become emotional, as that the emotions shall not be so intense and deep striking as to issue in action.

Even the demand for a practical religion may be purely theoretical. It is not always the man who is denouncing a doctrinaire church who is doing most for the down-trodden. The preaching of ethics is often a refuge from their practice, and the writing of books and the delivery of lectures on sociology becomes often an excuse from service of one's neighbors.

Most men think that heaven is given us as a warehouse of unrealized ideals; the truth is earth is given us as a workshop for their actualization. The vital creed is the one that, with its force of conviction and its sway of heaven born aspiration, compels one to attempt to make real now all the good we hope heaven may hold.

The real services of a church are outside its walls. The inspiration and direction may be given within, but the work must be done without where the need is greatest. When a man's religion never gets beyond singing and sighing, he is stifling himself with unexpressed emotions. It is not strange

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TIME CARD.

No. 2. For Yaquina:
Train leaves Albany 12:45 p. m.
" " Corvallis 1:50 p. m.
" " Toledo 5:47 p. m.
Arrive Yaquina, 6:20p. m.

No. 1. Returning:
Leaves Yaquina 6:45 a. m.
" Toledo 7:15 a. m.
" Corvallis 11:30 a. m.
Arrive Albany 12:15 p. m.

No. 3. For Detroit:
Leaves Albany 7:00 a. m.
Arrive Detroit 12:20 p. m.

No. 4. Returning:
Leaves Detroit 1:00 p. m.
Arrives Albany 5:55 a. m.

Train No. 1 arrives in Albany in time to connect with the S. P. southbound train, as well as giving two or three hours in Albany before departure of S. P. northbound train for Portland.

Train No.2 connects with the S. P. trains at Corvallis and Albany, giving direct service to Newport and adjacent beaches.

Train 3 for Detroit, Breitenbush and other mountain resorts leaves Albany at 7:00 a. m., reaching Detroit about 6:00 p. m.

For further information apply to

J. C. MAYO,

General Passenger Agent.

J. E. FRANKLIN, Agent, Toledo,

B. H. BOLES, Yaquina.