

# It Quiets the Cough

This is one reason why Ayer's Cherry Pectoral is so valuable in consumption. It stops the wear and tear of useless coughing. But it does more—it controls the inflammation, quiets the fever, soothes, and heals. Sold for 60 years.

"Ayer's Cherry Pectoral has been a regular life preserver to me. It brought me through a severe attack of pneumonia, and I feel that I owe my life to its wonderful curative properties."—WILLIAM H. TAUBERT, Wawa, Pa.

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**Ayer's**  
SARSAPARILLA,  
PILLS,  
HAIR VIGOR.

Hasten recovery by keeping the bowels regular with Ayer's Pills.

Ignorance, when it is voluntary, is criminal, and he may properly be charged with who refuses to learn how he might prevent it.—Johnson.

We want a man in every town to represent us. \$75 per month and expenses paid. Reliable men in outside towns. Address H. Henker, 127 1/2 7th St., Portland, Oregon. Stock of clothing wanted. All replies confidential. Address H. Henker, 127 1/2 7th St., Portland, Oregon.

**MALLEABLE IRON STUMP PULLERS**  
Fastest, lightest and strongest Stump Puller on the market. 119 Horse power on the sweep with two horses. Write for descriptive catalog and price.

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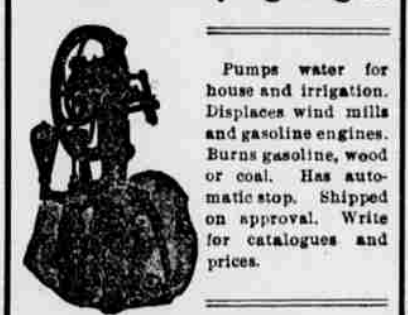
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P. M. U. No. 37-1905

WHEN writing to advertisers please mention this paper.

## PORTLAND AMUSEMENTS.

Excellent Attractions at the Theaters—A Busy Season.

The visitor to Portland now has a wide range of choice in the matter of amusements.

The 1905 Fair is, of course, the big attraction, with its immense regular exposition, and its seductive Trail. "Venice" is acknowledged to be the greatest success and best show on the Trail. The predominant word now passed around about the Fair is the congratulatory remark that the splendid exposition is an assured financial success.

The Marquam Grand Theater opened a brilliant season with Wilton Lackaye in "The Pit," and all the town turned out. Beginning Wednesday, Sept. 13, probably the most widely popular play of the year, "Mrs. Wiggs, of the Cabbage Patch," will open at the Marquam and remain through the rest of the week, playing special matinees Thursday and Saturday. "The Chaperons," (scintillating musical comedy) plays at this theater all week beginning Sept. 18, and the old favorite May Irwin occupies the Marquam stage Sept. 26 to 28. The fall season starts off with a boom—lots of interest and good productions.

The Belasco Stock Company continues drawing heavily and keeps up its high standard of productions. "Harriet's Honeymoon" running this week; "Judah" opens Monday, Sept. 11, and "Captain Jinks" takes up the week Sept. 18 to 24. The Belasco is one of the handsomest theaters on the Pacific coast, and no visitor should miss seeing it.

The Baker Theater is having a joyous run of musical burlesque. Manager Baker wears his broadest smile of approval as he sees the large audiences. "The Brigadiers" is on this week, and the "Kentucky Belles" opens for the week of Sept. 10-16. Pretty girls, lots of fun, attractive spectacle.

The Empire is giving quite the most startling melodrama that Portland has ever experienced. The critics agree that the thrills in the plays, put on with a change of bill each week at this theater, are veritably unique of their kind. Every other instant a pistol shot, and the intervening seconds filled with thrills at your heart strings.

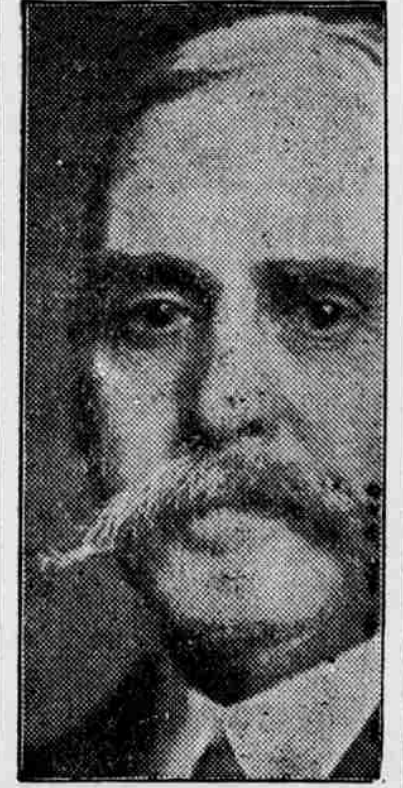
The Grand and the Star continue vaudeville entertainments with new people weekly.

If during the marriage ceremony the wedding ring should fall down, the bride's fate will not be an enviable one.

**FITS** Permanently Cured. No Recurrence after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

**A Welcome Change.** Colonel," said the sentinel, as he saluted the officer in command of the besieged town, "a horseless carriage approaches."  
"That's good," replied the Colonel. "We may now be able to get some horseless beef."

## LIEUT. F. S. DAVIDSON.



## PERUNA STRENGTHENS THE ENTIRE SYSTEM

F. S. Davidson, Ex-Lieut. U. S. Army, Washington, D. C., care U. S. Pension Office, writes:

"To my mind there is no remedy for catarrh comparable to Peruna. It not only strikes at the root of the malady, but it tones and strengthens the system in a truly wonderful way. That has been its history in my case. I cheerfully and unhesitatingly recommend it to those afflicted as I have been."  
—F. S. Davidson.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. S. B. Hartman, President of the Hartman Sanitarium, Columbus, Ohio.



## HOUSEHOLD TALKS

**The Art of Dishwashing.**  
A dish well scraped is half washed. Scrape and stack dishes carefully. When knives, forks or plates are greasy or fishy from the serving of fish, wipe them off with pieces of paper which are easily burned. Keep the grease out of the pan and away from the dishcloth.

Let the dishcloth be of linen if possible and always hemmed. An unhemmed wash cloth or wiper leaves the dishes covered with lint and particles of the frayed edges stop up the sink drain.  
Wash the silver first, using plenty of hot water and soap.  
Two pans are necessary to wash dishes properly—one for the washing, another one for rinsing. Into the bottom of the rinsing pan fit a wooden strainer, two or three inches from the bottom of the pan, that the water turned over the dishes may drain through it and leave the dishes free of water. This saves dish towels. Use hot water for rinsing. Wash the glasses after the silver, and then the cups and saucers, plates, etc. When the dishes are washed, throw the water out. Don't wash tinware or kettles in thick water. Have a separate dishcloth for pans and another for kettles. Plenty of scraping, plenty of water, plenty of soap, plenty of pans, plenty of towels and washers, make dish washing what it should be.

**Beef Cakes.**  
Any remains of underdressed beef; salt and pepper to taste, a few sprigs of parsley, one egg, mashed potatoes equal to one-third the quantity of the meat. Mince the meat very fine. Boil and mash potatoes equal to one-third the quantity of meat, mix them nicely with it, season with the pepper and salt, mince up and add the parsley to it. Then beat the yolk of one egg, mix it with the mince to bind it. Make the mince into cakes about the size of the round of the top of a teacup and half an inch thick; flour them, and fry them a nice brown in hot beef dripping or lard. Serve with a garnish of parsley.

**Canned Beets.**  
Wash the beets and leave on several inches of tops. Boil until tender; pour off the hot water and cover with cold. When cool enough to handle, rub the skins off with your hands, and slice. Have ready and scalding hot a quart of vinegar which has been brought to the boil with a little salt and pepper and two cups of granulated sugar. Lay the sliced beets in this, and when they are scalding hot, pack in jars; fill these to overflowing with the vinegar and seal.

**Maple Parfait.**  
Put in a saucepan the well-beaten yolks of eight eggs and a cupful of maple syrup. Cook until the mixture forms a thin coating on the spoon, with which it should be stirred steadily. Take from the fire and beat until cold. Whip a pint of cream stiff, stir this in lightly and freeze. Serve in glasses with a spoonful of whipped cream on top of each glass. This recipe will make a little over a quart.

**Frozen Peaches with Ice Cream.**  
Large firm peaches should be chosen for this. Peel carefully and cut each in half. Pack in an ice cave or freezer for two or three hours, until well frappe. Have ready rounds of sponge or angel cake. Lay one of the peach halves on each of these, surround the case with ice cream or whipped cream, and put a large spoonful of ice cream in the place left vacant by the peach-stone.

**Hashed Brown Potatoes.**  
Peel white potatoes and cut into small dice of uniform size. Cover with salted water and boil until tender but not broken. Drain and dry between the folds of a clean dish towel. Turn into a pudding dish and cover with hot milk that has been thickened with a lump of butter rolled in flour. Put a cover over the dish and cook for half an hour, then uncover and brown.

**Good Chocolate Sauce.**  
Four ounces sugar, one gill of water, boiled for five minutes. Then stir in slowly four ounces chocolate. When these are well mixed pour into a jug or a jam-pot, placed in a pan of hot water. Let the sauce cook in the jar for five minutes, then stir in a gill of cream, or milk, or custard, and flavor with half a teaspoonful of vanilla.

**Egg Toast.**  
Beat two eggs very light, add to them one pint of milk. Slice baker's bread or nice light home-made bread and dip the pieces into the milk and eggs, letting them lie long enough to be thoroughly moistened and yet not fall to pieces. Fry a delicate brown in hot, fresh suet. Serve with sugar.

## More Converts Every Year

Every day in every year that comes, more housewives are giving up their exorbitant priced Baking Powders and turning to K C, the honest and reliable, which has stood so well the test of years. They are finding out that

### K C BAKING POWDER

costs one-third the price of powder anywhere near K C quality, and makes better, purer, more healthful baking. 25 ounces for 25c.

Send postal for "Book of Presents."  
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An effort made for the happiness of others lifts us above ourselves.—L. M. Child.

**How's This?**  
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by usual Catarrh Cures.  
F. J. CHENEY & CO., Props. Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.  
WERT & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.  
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free. Hall's Family Pills are the best.

Semi-nudity is common in rural Japan, and furthermore it is respectable and healthful.

If noiseless powder ever comes into general use you'll not hear it.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Nothing is more friendly to a man than a friend in need.—Plautus.

Professor C. W. Kitt, lately vice president of the Gregg school, of Chicago, and for a number of years of the Soule college of New Orleans, the leading business college of the South, has just joined the Multnomah Institute, of Portland, Oregon, as associate proprietor. Professor Kitt is one of the best known commercial teachers of the United States.

A French professor is the owner of a collection of 920 human heads, representing every known race of people on the globe.

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The disease that has done more than any other to wreck, ruin and humiliate life, is Contagious Blood Poison. Sorrow, shame and suffering go hand in hand with this great enemy, and man has always hated and fought it as he has no other disease. It is the most powerful of all poisons; no matter how pure the blood may be, when its virus enters, the entire circulation becomes poisoned and its chain of horrible symptoms begin to show. Usually the first sign is a small sore or ulcer, not at all alarming in appearance, but the blood is being saturated with the deadly poison, and soon the mouth and throat begin to ulcerate, the hair and eyebrows drop out, a red eruption breaks out on the body, copper-colored spots and sores make their appearance and the poison even works down into the bones and attacks the nerves. Not only is the disease hereditary, being transmitted from parent to child, in the form of scrofula, weak eyes, soft bones, weak, puny constitutions, etc., but is also so highly contagious that many a life has been ruined by a friendly hand shake, or from using the toilet articles of one infected with the poison. To cure this blighting, deadly curse the blood must be purified, and nothing will do it so quickly and surely as S. S. S. It goes down to the very bottom of the trouble, drives out every particle of the poison and makes the blood clean and strong. It does not hide or cover up anything, but from the first begins to expel the poison and build up and strengthen the system. S. S. S. is guaranteed purely vegetable. We offer a reward of \$1,000 for proof that it contains a particle of mineral of any kind. Book on the disease, with instructions for home treatment, and any advice desired, without charge.

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All of your remedies are good.—O. R. DeLorge, Curtis, Wis.  
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