

That Tired Feeling

Is a Common Spring Trouble.

It's a sign that the blood is deficient in vitality, just as pimples and other eruptions are signs that the blood is impure.

It's a warning, too, which only the hazardous fail to heed.

Hood's Sarsaparilla and Pills

Remove it, give new life, new courage, strength and animation.

They cleanse the blood and clear the complexion.

Accept no substitute.

"I felt tired all the time and could not sleep. After taking Hood's Sarsaparilla a while I could sleep well and the tired feeling had gone. This great medicine has also cured me of scrofula." Mas. C. M. Roor, Gilead, Conn.

Hood's Sarsaparilla promises to cure and keeps the promise.

As Defined.

"Say, pa," queried little Johnnie Bumpernickle, "what's a light-weight boxer?" "A light-weight boxer, my son, is a man who is engaged in crating strawberries," replied the old gentleman.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 927 Arch St., Philadelphia, Pa.

The first threshing machine was recently set up in Damascus. It is a steam thresher from Indiana.

CASTORIA

For Infants and Children. The Kind You Have Always Bought

Bears the Signature of *Wm. D. Galt*

Easily Pleas'd.

Jack—Are the new five-dollar silver certificates out?

George—I haven't noticed any, Jack—Oh, well, it doesn't matter much. One of the old ones will do, if you can let me have it for a few days.

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

The Masculine Way.

A pretty girl; a crowded car; "Please take my seat," and there you are.

A crowded car, a woman plain; She stands—and there you are again.

How to Sleep.

It is not uncommon to hear people say "I was too tired to sleep"—but it is not generally known how great a help it is at such times not to try to sleep, but to go to work deliberately to get rested in preparation for it. In nine cases out of ten it is the unwillingness to lie awake that keeps us awake. We toss and turn and wish we could sleep. We fret, and fume, and worry, because we do not sleep. We think of all we have to do on the following day and are oppressed with the thought that we cannot do it if we do not sleep. First, we try one experiment to see if it will not make us sleep, and when it fails, we try another and perhaps another. In each experiment we are watching to see if it will work. There are many things to do, any one of which might help us to sleep, but the watching to see if they will work keeps us awake.

When we are kept awake from our fatigue, the first thing to do is to say over and over to ourselves that we do not care whether we sleep or not, in order to imbue ourselves with a healthy indifference about it. It will help toward gaining this wholesome indifference to say "I am too tired to sleep, and therefore, the first thing for me to do is to get rested in order to prepare for sleep. When my brain is well rested, it will go to sleep; it cannot help it. When it is well rested, it will sleep just as naturally as my lungs breathe, or as my heart beats."—Leslie's Monthly.

All Might Again.

Opal, Wyo., May 16.—After suffering terribly for four or five years Mr. A. J. Kohner of this place has been completely restored to good health. His case and its cure is another proof of the wonderful work Dodd's Kidney Pills can do. Mr. Kohner says:

"For four or five years I have been a sufferer with Kidney trouble and a pain over my kidneys. I thought I would give Dodd's Kidney Pills a trial and I am glad I did so, for they have done me good work and I feel all right again."

Many cases are being reported every week in which Dodd's Kidney Pills have effected cures of the most serious cases.

These strong testimonies from earnest men and women are splendid tributes to the curative properties of Dodd's Kidney Pills and judging by these letters, there is no case of Kidney trouble or backache that Dodd's Kidney Pills will not cure promptly and permanently.

A Fitting Reception.

Mrs. Suburb—Dora! Dora! Daughter—Yes, ma. Mrs. Suburb—Run to the piano and play "Hail to the Chief." Here comes the new girl.

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

A woman never realizes that she has done something wonderful after stepping backward off a street car and escaping with her life.

SCOTCH NAMES OF INDIANS.

How It Comes So Many Aborigines Bear Names Brought from Scotia.

The prevalence of Scotch names with the Creek and Cherokee Indians has at various times been the source of some comment. Although other nations and, in fact, nearly every nation is represented by the names borne by these people, the Scotch names are far more numerous and have suffered less change than those acquired from any other nation. The names of some of these Scotch Indians are closely allied with the history of these two nations for the last 100 years, and for several generations such names as McIntosh, McKelopp, McCombs, Adir, McQueen and McGillivray are registered on nearly all the treaties and official papers of moment in either nation. Men bearing these names to-day are among the foremost of the progressive Indians.

The News of Okmulgee gives this account of the origin of these Scotch names:

"As was stated, the origin of these Scotch names dates back over 100 years. At that time the Creek and Cherokee Indians, more especially, bent their efforts toward building up a nation of physically perfect men. The women were encouraged to mate only with the strong, robust men of the tribe, and if a weak man withstood the taunts and gibes of his fellows and remained there was little chance of his securing a wife. In that way the life of these people was almost Spartan.

"While this sentiment was at its height and the tribes were living in Georgia, some time before the revolution, a regiment of Scotch highlanders was quartered in the vicinity of one of the principal villages of the nations. The Indian maidens looked with favor on the burly men of the north of Scotland and a number of marriages was the result. When the regiment was ordered back to England or to some other quarter of the globe there were some of these Scotchmen who stayed behind and their names have thus been fixed in the annals of the Creek nation. It is through the Creeks that the Cherokees acquired their Scotch names. Descendants of these Highlanders have been enrolled in the armies of the United States since that time and President Roosevelt had several of them in his Rough Riders."—Kansas City Journal.

MAKE SOME ODD MISTAKES.

People Who Are Color Blind Are Prone to Blundering.

Color blindness is by no means a rare affliction. Some people experience little inconvenience from it; others find it a constant embarrassment.

"The world must be a curious place to color-blind people, of whom there are forty males and three females to every 1,000 persons," said an expert oculist recently. "Some are blue-yellow blind and everything seems either red, green or gray to them; others are red-green blind and all things appear to them to be yellow, blue or gray of various shades, and others again perceive no distinction of color at all, but the whole world wears an unchanging aspect of dull gray.

"To these last a visit to a picture gallery would reveal merely a collection of engravings or photographs. But the two former have the compensation of seeing their own two colors much more brightly than ordinary people.

"The color blind do extraordinary things at times. An officer of the navy went one day to buy material for a coat, vest and trousers. He bought a blue coat and red trousers, believing them of the same color. A British admiral painted a landscape and was very proud of his performance, but he made the tree red, thinking it was the same color as green. When he purchased a pair of trousers he chose green ones, suspecting them to be brown.

"An architect's pupil, being directed to copy the picture of a brown house, made the house green, the sky scarlet and the roses blue.

"A postoffice clerk was always short in his accounts because he could not distinguish the different colored stamps. And a sedate Quaker has been known to buy a green coat for himself and a red gown for his wife, thinking they were both brown.

"If you see a man in the street with a preposterous display of colors charitably believe him to be one of the color blind.

"Just why the eyes of women are less defective in the matter of distinguished colors than those of a man is one of the things in nature that is unexplained. The construction is the same, yet the woman's superiority in matching colors has always been recognized, even where man has had the advantage of long experience."

Nice Present.

"To-morrow, Maria, will be your birthday, and I want to give you some appropriate present. What shall it be?"

"Whatever your kind heart may suggest, John."

(Next day.) "Maria, you know how your poor back has suffered from pulling off my boots in the evening? It will not suffer any more, my love. See! I have brought you a nice new bootjack, which I can use hereafter instead."

Ayer's

When the nerves are weak everything goes wrong. You are tired all the time, easily discouraged, nervous, and irritable. Your cheeks are

Sarsaparilla

pale and your blood is thin. Your doctor says you are threatened with a nervous breakdown. He orders this grand old family medicine.

"For more than 30 years I have used Ayer's Sarsaparilla in my family. It is a grand tonic at all times, and a wonderful medicine for impure blood."—D. C. HOLT, West Haven, Conn. \$1.00 a bottle. All druggists.

for **Weak Nerves**

Keep the bowels regular with Ayer's Pills, just one pill each night.

Grecian women had longer feet than the average man has now.

For forty year's Piso's Cure for Consumption has cured coughs and colds. At druggists. Price 25 cents.

There is little bluster in the real march of progress.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Contentment gives a crown, where fortune hath denied it.—Ford.

Keeley LIQUOR-MORPHINE-TOBACCO HABITS PERMANENTLY CURED FOR FULL PARTICULARS ADDRESS THE KEELEY INSTITUTE, PORTLAND, ORE.

The average life of an electric street car wheel covers 1,800 miles.

OREGON BLOOD PURIFIER TESTED AND TRUE—GUARANTEED NOW! is the time to USE IT.

There is little peace or comfort in life if we are always anxious as to future events.—Coleridge.

ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of *Brent Wood*

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS. FOR HEADACHE. FOR DIZZINESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION. Price 25 Cents. **Purely Vegetable.** *Brent Wood* CURE SICK HEADACHE.

DON'T GET DISCOURAGED

Difficulties are only fences across your chosen path. Stenography and a business education are the muscle and skill that help you to get over the fences. Make the first jump today by writing us for our catalogue. Our graduates are all employed.

Some Exceptions. Sumpster (airily)—Aw, me good man, is it customary to tip waiters here? Head Waiter (condescendingly)—Not unless you are richer than the waiter, sir.

PISO'S CURE FOR CONSUMPTION CURE WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.

AGENTS WANTED For our New Gasoline Drag Saw. We set engine only once for each log. One man can move saw. We handle the only Malleable Grubbing Machine. Write us your wants in the machinery line. REBERSON MACHINERY CO., Foot Morrison St. Portland, Oregon

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BUY THE WASHINGTON SOLID SHOES SHOE MFG. CO. SEATTLE FROM YOUR DEALER

The Genuine **TOWER'S POMMEL SLICKER** HAS BEEN ADVERTISED AND SOLD FOR A QUARTER OF A CENTURY. LIKE ALL TOWER'S WATERPROOF CLOTHING. It is made of the best materials, in black or yellow, fully guaranteed, and sold by reliable dealers everywhere. STICK TO THE SIGN OF THE FISH. TOWER CANADIAN CO. Limited, A. J. TOWER CO. TORONTO, CAN. BOSTON, MASS. U.S.A.

Dr. C. Gee Wo WONDERFUL HOME TREATMENT

This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, bark and vegetables that are entirely unknown to medical science in this country. Through the use of these harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, cough, rheumatism, nervousness, ma, lung, throat, inflammation, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. "Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. ADDRESS

The C. Gee Wo Chinese Medicine Co. 253 Alder St., Portland, Oregon. 25c. Mention paper.

P. N. U. No. 21-1904.

WHEN writing to advertisers please mention this paper.

DO YOUR JAWS ACHE?

Perhaps It's Plate Trouble. Plate trouble is a common thing, and there are various kinds of it. Many plates never were right. Others are properly made, but the mouth is not put in proper condition for wearing the plate.

If your plates are in any way unsatisfactory we will be glad to make an examination and tell you the cause of trouble.

We extract teeth wholly without pain and all work is at lower than reasonable rates. Extracting free when plates or bridges are ordered.

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SSS KILL THE SERPENT

The worst disease the world has ever known, and the greatest scourge to the human race, is Contagious Blood Poison. One drop of the virus of this most horrible of all diseases will pollute and vitiate the purest, healthiest blood, and within a short time after the first little sore appears the system is filled with the awful poison and the skin breaks out in a red rash; the glands of the groins swell, the throat and mouth become ulcerated, the hair and eyebrows drop out, and often the entire surface of the body is covered with copper-colored spots and sickening sores and eruptions. Contagious Blood Poison is as treacherous and elusive as the serpent. You may be carrying it in your veins with no visible evidences of its existence; for while mercury and potash seem to cure and all external signs disappear, the disease is doing its destructive work within, or the patient is constantly harassed by returning symptoms and unmistakable traces of the blood poison. Thousands of physical wrecks and chronic invalids from the effects of Blood Poison know the uncertainty of the mercury and potash treatment—that it stifles but does not kill the serpent. As long as there is life in the serpent there is danger in its fangs; and while your blood is tainted there is danger of infection. Safety lies only in crushing out the life of the loathsome disease and killing the serpent. For many years S. S. S. has been known as an antidote for Blood Poison. It is a remedy composed entirely of vegetable ingredients, and we offer \$1,000 for proof that it contains the least particle of mercury, potash or other mineral. It thoroughly purifies the blood, improves the appetite and digestion, and tones up all parts of the system. In chronic and long-standing cases of Blood Poison, S. S. S. acts promptly and without leaving any bad after-effects.

After suffering twelve years from Contagious Blood Poison, and trying the best physicians obtainable, and all the patent medicines procurable, and steadily continuing to grow worse, I gave up all hope of recovery, and physicians pronounced my case incurable. Hoping against hope, I tried S. S. S. I improved from the first bottle, and after taking twelve was cured sound and well, and for two years have had no return or symptom of the vile disease. **WARSAW, N. O.** **H. M. REGISTER.**

SSS Write us about your case, and our physicians will advise without charge, and we will mail you free our home-treatment book telling all about Contagious Blood Poison and its different stages and symptoms. **THE SWIFT SPECIFIC CO., ATLANTA, GA.**