

Distress After Eating

Nausea between meals, belching, vomiting, flatulence, fits of nervous headache, pain in the stomach, are all symptoms of dyspepsia, and the longer it is neglected the harder it is to cure it.

Hood's Sarsaparilla and Pills

Radically and permanently cure it—strengthen and tone the stomach and other digestive organs for the natural performance of their functions.

Accept no substitute for Hood's. "I had dyspepsia twenty-five years and took different medicines but got no help until I began taking Hood's Sarsaparilla. Have taken four bottles of this medicine and can now eat almost anything, sleep well, have no cramps in my stomach, no burning and no distress." Mrs. WILLIAM G. BARRETT, 14 Olney St., Providence, R. I. Hood's Sarsaparilla promises to cure and keeps the promise.

A Discriminating Dog.

"Yes, the neighbors complain about my dog."

"Does he bite?"

"No; he's too affectionate. He has the reputation of being a judge of beauty, and every time a pretty woman passes along the street he frisks about extravagantly."

"I should think the women would like that."

"Yes, but there are only two pretty women on the street—the others complained."—Cleveland Plain Dealer.

Last Touch of Realism.

The photograph and moving pictures have been combined, say the Chicago Tribune, thus making it possible to give the last touch of realism to prize fight views.

STATE OF OHIO, CITY OF TOLEDO, Lucas County.

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.

Sold by druggists, 75c.

Hall's Family Pills are the best.

Cream Custard Pie.

Beat one egg, add two-thirds cupful of sugar and trun in one and one-half cupfuls of good cream. Mix well, add a pinch of salt. Line a pie plate with paste, pour in the cream mixture and grate a little nutmeg over the top. Bake slowly and serve just cooled.—Detroit Free Press.

Wild Animals in Captivity.

Captivity changes animals' nature. A lion captured when it is full grown will always be treacherous, but lions, tigers, leopards and other carnivorous animals that have been born in captivity can be tamed till they are quite as gentle and affectionate as poodle dogs.

Chronic Sores Eating Ulcers, A Constant Drain Upon the System.

Nothing is a source of so much trouble as an old sore or ulcer, particularly when located upon the lower extremities where the circulation is weak and sluggish. A gangrenous eating ulcer upon the leg is a frightful sight, and as the poison burrows deeper and deeper into the tissue beneath and the sore continues to spread, one can almost see the flesh melting away and feel the strength going out with the sickening discharges. Great running sores and deep offensive ulcers often develop from a simple boil, swollen gland, bruise or pimple, and are a threatening danger always, because, while all such sores are not cancerous, a great many are, and this should make you suspicious of all chronic, slow-healing ulcers and sores, particularly if cancer runs in your family. Face sores are common and cause the greatest annoyance because they are so persistent and unsightly and detract so much from one's personal appearance.

Middle aged and old people and those whose blood is contaminated and tainted with the germs and poison of malaria or some previous sickness, are the chief sufferers from chronic sores and ulcers. While the blood remains in an unhealthy, polluted condition healing is impossible, and the sore will continue to grow and spread in spite of washes and salves or any superficial or surface treatment, for the sore is but the outward sign of some constitutional disorder, a bad condition of the blood and system which local remedies cannot cure. A blood purifier and tonic is what you need. Something to cleanse the blood, restore its lost properties, quicken the circulation and invigorate the constitution, and S. S. S. is just such a remedy. It goes to the very root of the trouble and counteracts and removes from the blood all the impurities and poisons, and gradually builds up the entire system and strengthens the sluggish circulation, and when the blood has been purified and the system purged of all morbid, unhealthy matter the healing process begins, and the ulcer or sore is soon entirely gone.

S. S. S. contains no mineral or poisonous drugs of any description, but is guaranteed a purely vegetable remedy, a blood purifier and tonic combined and a safe and permanent cure for chronic sores and ulcers. If you have a slow-healing sore of any kind, external or internal, write us about it, and our physicians will advise you without charge. Book on "The Blood and Its Diseases" free.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

He Would Know in Due Time.

Edyth—Is it true that you are engaged to Jack?

Mayme—Yes; but you are not to mention it. I'm not quite sure that Jack knows it as yet.—Stray Stories.

One From the Growler.

Bumley—How did "The Drunkard's Dream" strike you?

Freezer—As the work of bad whiskey and a worse artist.

One Pleasure Gone.

"I suppose, Miss Rambo," said the caller, "that your father feels much happier now that he has been cured of his rheumatism?"

"Well," explained the young lady, "he feels better when he realizes that he does not have to suffer any more; but he feels pretty bad when he remembers how exactly he used to be able to foretell the weather."—Judge.

Way Up.

"And now, young man," said the old parson, solemnly, "let your daily motto be 'On high!'"

"No, that's my nightly motto," chuckled the sporty youth in the Panama. "I spend my evenings on the roof garden."—Chicago Daily News.

His Business.

"What's your prospective son-in-law's business?" asked the old friend. "Love-making, principally," growled the old man. "At least, I don't see how he finds time for much of anything else."—Chicago Post.

Precept and Practice.

Oebwigger—Several millionaires have written their opinions as to how to make a fortune.

Meritt—I read that article. The funny thing is that not one of them advised following the plan by which he got rich himself.—Judge.

A Lesson 'n Gravity.

"Archimedes," reads the pupil, leaped from his bath shouting 'Eureka! Eureka!'"

"One moment, James," said the teacher, "what is the meaning of Eureka?"

"Eureka means I have found it."

"Very well. What had Archimedes found?"

James hesitates for a moment, then ventures hopefully: "The soap, mum."—Judge.

No Widowhood Yet.

"Ah!" sighed the poetess of passion, in a tense tone, "have you never prayed and hoped for death?"

"Many and many a time," replied the petulant young beauty, "but it doesn't seem to be any use. My husband is seventy-five now and he looks to be good for ten years more at least."—Philadelphia Press.

Sympathetic.

Young Wife (rather nervously)—Oh, cook, I must really speak to you. Your master is always complaining. One day it is the soup, the second day it is the fish, the third day it is the joint—in fact, it's always something or other.

Cook (with feeling)—Well, mum, I'm truly sorry for you. It must be quite awful to live with a gentleman of that sort.—Punch.

SORES ON BOTH ANKLES.

Gentlemen: About ten years ago a small sore came on each of my ankles. It grew into the places and they became large, eating ulcers, and I suffered intensely for nearly ten years. I had spent more than \$500.00 trying to get well when I chanced to see S. S. S. advertised in a Memphis paper. I began to take it and was cured. My limbs have never been sore or given me any pain at all since. I have recommended S. S. S. to a great many people, and am now giving it to my nine-year-old son for Eczema. During my long sickness I was living near Memphis, Tenn., but have since removed to Kansas City, and am now residing at No. 614 East Sixteenth Street.

Mrs. B. A. HARRIS, Kansas City, Mo.



Italian Salad.

Butter an oval mould slightly, then arrange cooked macaroni and truffles around the sides. Grate six cucumbers, add to half pint of water, with slice of onion; simmer five minutes; remove onion and add one teaspoonful salt, one-fourth teaspoonful white pepper, one tablespoonful gelatine, softened, two tablespoonfuls white wine vinegar; line the mould with this, also; then add any preferred meat, fish or fowl, cut fine with celery, green peppers, moisten with seasoned and stewed tomatoes. Set on ice until firm. Garnish with mayonnaise and parsley. —What to Eat.

Mashed Potatoes, Milanaise.

Boil the required number of potatoes till done, drain till they are perfectly dry; then mash with a fork till smooth and creamy, moistening during the mashing process with chicken stock. Season with salt and white pepper and add considerable whipped cream—enough to enable you to beat the potatoes with an egg beater. Put into a dish, smooth lightly, sprinkle grated parmesan over the top and brown in a rather hot oven.—The Epicure.

Sauerkraut.

Shred fine white cabbage into bits. Put a layer of the cabbage in the bottom of the keg and cover with a layer of salt sprinkled on generously, then add more cabbage and more salt and proceed in this way until the keg is full, pressing down each layer hard. Put a weighted board on the surface of the cabbage and stand away to ripen. The liquid will exude from the cabbage and salt and the scum must be removed. Stand for some weeks before using.

Fried Carrots.

Have very young, small carrots, scrape and clean well and split in two lengthwise. Drop into boiling fat and let cook till tender and brown. If preferred, they may be dipped in egg and crumbs before frying. In arranging for the table scatter chopped chives and chopped parsley over them. If liked, a sauce of melted butter and lemon juice seasoned with paprika may be passed with the carrots.

Spanish Cream.

Put the yolks of eight eggs, four ounces of sugar and a quart of milk into a double boiler and cook slowly till it thickens. Add to it two ounces of powdered gelatine dissolved in a very little water. When this is quite cool add a pint of freshly made strawberry marmalade, and a pint of whipped cream. Put into a mould and set on ice till the cream is quite stiff and firm, which will take probably from two to four hours.

Cucumber Catnap.

Three dozen cucumbers and eighteen medium-sized onions peeled and chopped very fine. Mix thoroughly with three-fourths of a pint of salt, place in sieve, and let drain over night. Add one-half pint cup of whole mustard seed, ground black pepper to taste (about one-fourth of a cup). Mix all thoroughly and cover with the best malt vinegar. Bottle. A fine relish with fish dishes.

Gleanings.

Salt in water is the best thing to clean basket-ware and matting.

Cauliflower used for pickles should be prepared by first boiling the vegetable.

Quinces and pears should be boiled in clear water until tender before being put in the syrup.

Egg shells crushed and shaken in glass bottles half filled with water will cleanse them quickly.

When juice is left from canning it may be boiled low, made into jelly or syrup for flavoring purposes.

Coffee roasted on a hot shovel, sugar burned on hot coals, or vinegar boiled with myrrh and sprinkled on the floor, are excellent deodorizers.

If any foreign substance is swallowed which is sharp, a needle for instance, do not give an emetic, but confine the diet to mashed potatoes for two days.

Many good housekeepers rely altogether on kerosene for polishing furniture, removing scratches and unsightly marks in general.

Books kept in ordinary bookshelves, and thus exposed to the air, will keep much better than those in bookcases with closed doors.

To remove walnut and fruit stains from the fingers, dip them in strong tea, rubbing the nails with it with a nail brush; wash in warm water; the stains come out instantly.

A wooden rolling pin, without handles and covered with flannel, is used by one woman when pressing sleeves and wristbands. The pin is inserted into the sleeve, which, she says, will then press as readily as if it were a flat surface.

Gray?

"My hair was falling out and turning gray very fast. But your Hair Vigor stopped the falling and restored the natural color."—Mrs. E. Z. Benomme, Cohoes, N. Y.

It's impossible for you not to look old, with the color of seventy years in your hair! Perhaps you are seventy, and you like your gray hair! If not, use Ayer's Hair Vigor. In less than a month your gray hair will have all the dark, rich color of youth.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

Tete-a-Tete.

"Ah," he said to her over their ice cream, "it is very sweet, but not so sweet as you." "It is soft," she returned promptly, "but not so soft as you." "And it is cold," he concluded, "but not so cold as you."—Philadelphia Press.

For forty years' Piso's Cure for Consumption has cured coughs and colds. At druggists. Price 25 cents.

Birds and Floods.

Many birds have an instinctive pre-sence of floods, and will change the positions of their nests or make other provisions for safety just before a heavy rainfall results in a flood which sweeps away their former homes.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children's teething season.

One of Many.

Meyer—Did you ever see a man eating shark?

Gyer—No; but I once saw a man eating catfish.

Meyer—Indeed! Where?

Gyer—In a restaurant.—Chicago Daily News.

ABSOLUTE SECURITY. Genuine Carter's Little Liver Pills.

Must Bear Signature of

Wm. Carter

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

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CURE SICK HEADACHE.

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Fifty dollars can be saved by buying the above. Will run cheaper, chopping 15 to 20 bushels per hour, wood saw, well drilling machinery, pumps, etc. Write for catalogue. REIERSON MACHINERY CO., Foot of Morrison Street, Portland, Oregon.

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YOU WILL FIND TOWER'S FISH BRAND WATERPROOF OILED CLOTHING EVERYWHERE. The best materials, skilled workmen and sixty-seven years' experience have made TOWER'S Slickers, Coats and Hats famous all over the world. They are made in black or yellow for all kinds of wet work, and every garment bears the SIGN OF THE FISH, is guaranteed to give satisfaction. All reliable dealers sell them. A. J. TOWER CO., BOSTON, MASS., U.S.A. TOWER CANADIAN CO., Limited, TORONTO, CAN.

TAPE WORMS

"A tape worm eighteen feet long at least came on the scene after my taking two CASCARETS. This I am sure has caused my bad health for the past three years. I am still taking Cascarets, the only cathartic worthy of notice by sensible people."

GEO. W. BOWLES, Baird, Miss.

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Pleasant, Palatable, Potent, Taste Good, Do Good. Never Sicken, Weaken, or Grip. 10c. Box. CURE CONSTIPATION. Sterling Remedy Company, Chicago, Montreal, New York, etc.

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UNION MADE. You can save from \$3 to \$5 yearly by wearing W. L. Douglas \$3.50 or \$3 shoes.

They equal those that have been costing you from \$4.00 to \$5.00. The immense sale of W. L. Douglas shoes proves their superiority over all other makes.

Sold by retail shoe dealers everywhere. Look for name and price on bottom.

That Douglas was Corona Coll proves there is value in Douglas shoes. Corona is the highest grade Pat. Leather made.

Pat. Color Ejecta used. Our \$4 Gilt Edge Line cannot be equalled at any price. Shoes by mail, 25 cents extra. Illustrated Catalog free. W. L. DOUGLAS, Brockton, Mass.

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This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, buds, bark and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. ADDRESS

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