SLIDING DOWN A VOLCANO.

A Lively Sensation in Tobagganing Down the Side of Popocatepetl.

Having reached the summit, the Indian guides look complacently around and puff unconcernedly at their eternal cigarettes, as they begin to unroll their "petates" on the snow. These petates are Indian mats of strong, tough fiber, which the guides have carried upon their backs. You realize now that they are also toboggans.

Now the guides make this toboggan trip, the most remarkable one in the world, and the only one down the side of a great volcano, week in and week out whenever the sides of the volcano are not so frozen over as to prevent it. It is nothing to them. But for you it is a different matter—and the more you look at the frail petates and at the long, glittering descent the less you like the idea.

Nervously you watch the preparations—the smoothing down of the petates, when they will persist in curling up at the corners, and the testing of the heavy palos, or alpenstocks, of which each guide carries two, with extra ones strapped on his back in case of loss.

Quakingly, you seat yourself on the rear ends of the mats. Complacently the guides brace themselves firmly in front of you, push the ragged old sombreros over their eyes, light fresh cigarettes for the down trip, caution you to sit still and have care, take a steady grip on the alpenstocks, which serve them as steering poles, and you are off. Perhaps on the way up it had been your intention to race each other down—you have no jocular thoughts now, and as the mats slip over the snow, slowly at first, then faster, gathering momentum at every inch, you grab desperately at the guide's waist and hold on for dear life.

The speed quickens until you are going faster than express train rate. Clouds of soft snow fly up, at times almost blinding you, and calling forth Indian profanity from the guides. The sensation, when you take it quietly, with closed eyes (supposing you can bring yourself to do this), is not unpleasant—there is a sense of extraordinary exhilaration, of mad recklessness. But if you dare to look up or about the sense of seasickness becomes almost overpowering.

By the time you have done half the trip the breath has completely left your body, your mouth and eyes are wide open, you can neither see nor hear. Then the end comes with a bang and a shock at the very edge of the snow, and you roll helter-skelter through the stiff, zacation grass bruised wrecks. People take the end differently. Some sit up, rub their heads and laugh; others relieve their overstrung nerves with copious tears. For my part, I lay still and gasped.—Pearson's Magazine.

WONDERFUL FORGING.

The Westinghouse Company Secures a Fourteen-Ton Wheel.

The use of nickel steel was first brought into notice in connection with armor plate and for that use has been adopted by every country in the world. Recently a nickel steel field ring for a 5,000 horse-power generator at Niagara Falls was forged without a weld, and weighed, after roughing out in the machine shop, 28,840 pounds. Outside diameter, 139 inches. When finished it was larger than the capacity of the furnace at the time, so that if it had been imperfect it would have been impossible to reheat it.

14-TON WHEEL.

Who Had the Button.

There is a good story told of a magician who has passed the great divide. He was a world-traveled player, and his wanderings set him upon one occasion in faraway New Zealand. It was arranged that he should give an exhibition of mind-reading before the King of the Maoris.

After some parleying it was decided that the King himself should conceal the article which the magician was to discover. The mind-reader left the room and after a time was brought back blindfolded, as is the custom in such performances. After some time the magician declared that the hidden article was in the King's mouth. His majesty shook his head savagely in the negative. The magician insisted upon his point, and demanded that the King's mouth be opened wide. The King refused. The magician insisted, and the excitement became very great, until at last the dusky King reluctantly opened his jaws. The article was not there!

The next instant, however, the King was taken with a violent fit of coughing. He had tried to swallow the lost article, a button, but could not, and was compelled to cough it up. The Maoris were uproarious with mirth. They did not know which to admire the more—the wisdom of the magician or the heroism of the King.—London Tit-Bits.

The Meanest Man.

The meanest man in the world is the husband who placed his purse in a mouse trap so that his wife could not get it in the early morning without liberating a mouse.

Millions Subsist on Rice.

Without question, the grain most extensively used as an article of food all the world over is rice. Hundreds of million of people chiefly subsist on it, and its consumption is constantly increasing. It is the principal diet of at least one-third of the human race, formingthe chief food of the native populations of India, China, Japan, Madagascar; many parts of Africa, and in fact of almost all eastern nations. The Burmese and Siamese are the greatest consumers of it. A Malay laborer gets through 56 pounds monthly; a Bumese or Siamese 46 pounds in the same period. The eastern nations also chiefly obtain their beverages from rice, which is the principal grain distilled in Siam, Japan, and China. Saki, or rice beer, is produced in Japan to the extent of 150,000,000 gallons annually. Although rice is such a universal article of food, it is not so nourishing as wheat or some other grains. More than nine-tenths of its substance consists of starch or water; consequently it forms more fat than muscle. The yield of rice is five times as heavy as that of wheat, the two crops yearly giving from eighty to a hundred bushels per acre.

A new law requiring corporations to pay wages at least monthly has been declared constitutional in California.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The greatest whiskey industry is in the United States, the output being more than 80,000,000 gallons a year.

I shall recommend Piso's Cure for consumption far and wide.—Mrs. Mulligan, Plumstead, Kent, England, Nov. 8, 1895.

Would Need Some of It.

Hazel—Sandstone has asked me to lend him $25, and I don't know whether to do it or not. Would you?

Nutte (earnestly)—I would, old man. He invited me to dine with him this evening.—Stray Stories.

We burn 90,000,000,000 matches annually.

They Hardly Mean It.

Public men speak of their unworthiness, but very few of them would be willing to be taken at their publicly expressed estimation of themselves.—Chicago Daily News.

Tea Poisoning.

Victims of tea poisoning are becoming alarmingly prevalent. Women demand the life and variety of Health, and instead of doing it naturally by building up their system they resort to tea. They should take Hostetter's Stomach Bitters. It tones up the nerves, regulates the bowles and cures dyspepsia.

A carload of dried canned potatoes contains 3,000 bushels, but would hold only 500 bushels in their natural state.

SHAKE INTO YOUR SHOES

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting, nervous feet, and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight or new shoes feel easy. It is a certain cure for Ingrowing Nails, sweating, callous and hot, tired, aching feet. We have over 30,000 testimonials. Try it *today*. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

At Tacoma shingle manufacturers are complaining of a car shortage and shipments are seriously delayed.

TO CURE A COLD IN ONE DAY

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

The Treaty elm, under which William Penn signed the famous treaty with the Indians in 1682, was upon the banks of the Delaware. It died in 1829.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for **FREE $2.00** trial bottle and treatise. Dr. R. H. KLINE, Ltd., 930 Arch street, Philadelphia, Pa.

Tracing.

Miss Walsingham—We can trace our ancestry back to the Norman conquest, can't we, mother?

Mrs. Walsingham (sadly)—Yes, but we don't know where your father was last night.—Somerville Journal.

The Burmese.

The Burmese will sacrifice any prospect of money-making to go to a feast. These are called pives, and often the entertainment is elaborate. I remember going to one in Upper Burma. There was a good deal of dancing, but neither the host nor his guest danced; that would have been undignified. The dancers were paid, and they twirled lazily or jumped excitedly as occasion required. Most of the time, however, was spent in chatter and smoking. Smoking is the only thing at which the Burmese are industrious. They start smoking at the early age of 3, and they smoke themselves into the next world. Girls smoke quite as assiduously as the men, and as the cigars are very big many a pretty mouth is strained to accomodate a giant cheroot.—Pall Mall Magazine.

$100 REWARD $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address

F. J. CHENEY & CO., Toledo, O.

Sold by druggists, 75c.
Hall's Family Pills are the best.

Anderson, Ind., needs hundreds of houses.

5 DROPS

The Pleasantest, Most Powerful and Effective Neverfailing Remedy for

La Grippe, Catarrh, Rheumatism.

TRADE MARK Will cure any ache or pain known to man or beast. Send for trial bottle, 25c. This offer lasts 30 days only. Large bottle (300 doses of 5 DROPS each) $1.00 or 3 for $2.50.

SWANSON RHEUMATIC CURE CO
167 and 169 Dearborn St., Chicago.

The famous banyan tree is in Ceylon, on Mount Lavinia, seven miles from Colombo. There are two roads through the stems, and its shadow at noon covers four acres.

SALT LAKE CITY.

An Important Factor in Transcontinental Travel.

No one crossing the continent can afford to cut Salt Lake City from his route. The attractions of the place, including the Mormon Temple, Tabernacle and Church institutions, the Great Salt Lake—deader and denser than the Dead Sea in the Holy Land—the picturesque environment and the warm sulphur and hot springs, are greater to the square yard than any locality on the American continent.

The Rio Grande Western Railway, connecting on the East with the Denver & Rio Grande and Colorado Midland Railways and on the West with the Southern Pacific (Central Route) and Oregon Short Line, is the only transcontinetnal line passing directly through Salt Lake City. The route through Salt Lake City via the Rio Grande Western Railway is famous all the year round. On account of the equable climate of Utah and Colorado it is just as popular in winter as in summer. Send 2c to J. D. Mansfield, 253 Washington St., Portland, or Geo W. Heintz, Acting General Passenger Agent, Salt Lake City, for a copy of "Salt Lake City—the City of the Saints."

The walnut was originally called the gaulinut in England, because it came from France (Gaul). Walnuts played an important part at the siege of Amiens, near the end of the sixteenth century, when a party of Spanish soldiers, dressed as French peasants, brought a cartload of nuts to sell and, as the gates opened for them to enter, the nuts were spilled upon the ground, and sentinels stooped to pick them up, when the Spanish soldiers pounced upon them, killed them and guarded the gates while the Spanish army entered.

"There is a difference between a man and an egg," said the casual remarker. "When a man gets old he is no longer fit for the scramble, and when an egg gets old that is all it is fit for."—Indianapolis Journal.

Insomnia

Did you ever have that feeling of oppression, like a weight on your chest, or a load of cobble-stones in your stomach, keeping you awake nights with a horrible sensation of anxiety, or tossing restlessly in terrible dreams, that make the cold perspiration break out all over you? That's insomnia, or sleeplessness, and some unfortunates suffer with it night after night, until their reason is in danger and they are on the edge of going mad. The cause of this fearful ailment is in the stomach and bowels, and a Cascaret taken at night will soon bring relief and give the sufferer sweet, refreshing sleep. **Always insist on getting CASCARETS!**

air t' thim hobo-mobo troocks!—Puck.

"I have been using CASCARETS for Insomnia, with which I have been afflicted for over twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all they are represented."
THOS. GILLARD, Elgin, Ill.

The Coldest.

Wheeler—"That was the coldest weather

Cascarets

ANNUAL SALES, 5,000,000 BOXES.

THIS IS CCC THE TABLET

THEY WORK WHILE YOU SLEEP

10c. 25c. 50c.

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CASCARETS are absolutely harmless, a purely vegetable compound. No mercurial or other mineral pill-poison in Cascarets. Cascarets promptly, effectively and permanently cure every disorder of the Stomach, Liver and Intestines. They not only cure constipation, but correct any and every form of irregularity of the bowels, including diarrhœa and dysentery. Pleasant, palatable, potent. Taste good, do good. Never sicken, weaken or gripe. Be sure you get the genuine! Beware of imitations and substitutes! Buy a box of CASCARETS to-day, and if not pleased in every respect, get your money back! Write us for booklet and free sample! Address STERLING REMEDY COMPANY, CHICAGO or NEW YORK.

380

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YOU (man or woman) can make **$5.00** every day taking orders for these garments. At your low prices, everyone will order from you, for no one can meet your prices.

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Will give immediate relief almost in every case—It cures if taken regularly and sufficient time. $1 per bottle at your druggist's.

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