## True Economy

The difference of cost between a good and a poor baking pow= der would not amount for a fam= ily's supply to one dollar a year. The poor powder would cost many times this in doctors' bills.

Royal Baking Powder may cost a little more per can, but it insures perfect, wholesome food. In fact, it is more economical in the end, because it goes further in leavening and never spoils the food.

Royal Baking Powder used always in making the biscuit and cake saves both health and money.

You cannot, if you value good health, afford You canno,
to use cheap, low-grade, alum baking pow-
ders. They are apt to spoil the food; they dors. They are apt
doll youg that alum in food is is deleterious.
tell



Mrs. Clara Makemer, housekeeper for the Florence Crittenden Anchorage Mission, of Chi ago, writes the following
letter from 302 Chestaut street, Chiletter from 302 Chestnut street, Chi-
cago:
"Teruna is the best tonio I have ever known for general debility, a sure
cure for liver complaint, and a never cure for liver complaint, and a never
failing adjuster in capes of dyypepsiin. irregularities and weak nerves common to the sex, and have found it most patisfactory",
From early
From eariy girlhood to the end of the chid-bearing period few women are
entirely free from some degree of caWith Perrin of the organs.
With Peruna the thousand and one
ailments dependent npon catarrh of ailments dependent upon catarrh of
the pelive organs can be wholly averted.
"Health and Beanty" sent free to women only, by The Peruna Medicine

## The Grand Brace. One of the Bohemian citizens of the town went home the other night after cown went home the other night after having donnee a pair of skates that would have slid him over an Arizona would have slid him over an Arizona desert with the mercury bubbling outt of the top of the thermometer. He

 desert with the mercury bubbling ousof the top of the thermometer. He
had no recollection of how he got home and even the next morning he was not
certain whether he was on a stormcertain whether he was on a storm-
tossed Atlantic liner or making a leap
from a balloon minus a parachute. He went down to the breakiast table
with enough wet towels wrapped
around his head to make a tuhen around his head to make a turban
the mahdi. His wife mot him with
reproaches in her eyes scold him. She wanted to inform him "My dear," she said, "did you kno that yco came very near killing us all
when you went to bed last night?" when you went to bed last night?" "Nope," said her husband, thickly, as he felt his hot forehead. the baby's cradle. You knocked over out the gas and we were nearly as-
phyxiated. What do you think of that:
Her husband is usually a resourceful man, but the fumes of many cotktails
taken the night before somewhat cloudtaken the night before somewhat cloud-
ed his intellect. He made a grand ed his intellect. He made a gran
brace and tried to look pathetic.
"M"love," he said, asa ray of inspi "wasn't I here to die with you?",
Washington Post. - vanderbit an Inventor. "She works, Mr. Waite," said Cor-
nelius Vanderbilt, Jr., as he ertered the office of the superintendent of mo-
tive power of the New York tive power of the New York Central
railroad. He had just come down from Albany, where locomotive No.
947 had been thested to see if the fire box invented by Mr. Vanderbilt was The young scion of the great rai Thading faumily ran the tocomotive him self. It was built at the company's
shops at West Albany, and it made its first tirp on Wednesday afternoon. taken out for repairs and put back again. This is an improvement over fire boxes in use at present, which can-
not be extracted under 10 days Young Cornelius, the inventor, is draftsman in Mr. Waite's office, and has designed several locomotives.

States. It is shaped almozt exactly ifke a modern battlesthp, bearing so cloge galned the name of Batileship Rock. and is generally knowa thereby. It is
over 75 feet long auld nearly 40 feet in belght.
Man's Most Attractive Age "hirty or thirty-dive", says a woman Who has evidently given some serious age when a problem, "Is, I thlak, the tive stage. His manners are then mod eled and his cbaracter formed; he bas had some experience with the worid knows how to act and consequently ances. He renilzes, too, how utteriy flattery, which younger fellows fondiy Imagine possible; is nore level-headed, practical, senslble, slacere, and juot la
hls attachmeuts. Not so linble to be his attachments. Not so Hable to be
led away with evers pretiy face, aud, ed away with everr pretty face, aud,
mixing with the world, has found out perbaps that 'all is not goid that gath
ters.' tens.'"
Nearly all old women want to wear
white.
EAST INDIANS LEARN ENGLISH Methode by Which the Queen's Sub-
Jects Learn the Lankunge In many Indian schoois now the Enitle dugky subseling taught to the

eslgned a chart for help'ug the puplle o acquire the lauguage, and a fac-
tmille of it appears atove. The prowunen

A PROMISING OFFICER. Death of Lient. Col. Miler, Who Was Tyminent at Fantiako.
Lient. Col. John D. Ailey, Inspector general of the volunteer forces, who hed in Manila of ferer, was one of the
most promising young officers in the army. He was a Hentenant in the artilGens branch of the regalars and was on

pedition. He had much io th with the movewent of troops at San Juan and nd Lawton, negotated successfally for the surrender of the Sinanish forces
under Toral. After the Cuban campalgn be asked to be assigued to daty
in the Pathpplace, and hes seved there ever since. The Colone: was six
feet three inches in selght nuc very A REMARKABLE RUCK
At a Distance It Looks nat if a HattleIn the cauyon of the Lifthe Mama River, near Cliftou, Onio. there is a
rock which perhays sas the strangest
formation of any rock in the Cnited


