

'I'm So Tired!'

Wakened in the morning as when I go to bed! Why is it? Simply because your system is in such a poor, thin, sluggish condition it does not keep up your strength and you do not get the benefit of your sleep. To feel strong and keep your strength up, try the tonic and purifying effects of Hood's Sarsaparilla. Our word for it, it will do you good.

Hood's Sarsaparilla

Is America's Greatest Medicine.

Hood's Pills cure all Liver Ills. 25 cents.

ITEMS OF INTEREST.

In London there is a manufactory in which every kind of rare or ancient china is made.

The ants of South America have been known to construct a tunnel three miles in length.

Careful measurements prove that the average curvature of the globe is 6.90 inches to the statute mile.

Antiseptics, creolin being preferred, are mixed with the water used for drinking the streets of Brussels.

The wonderful part of the Maxim gun is that it has only one barrel, and yet can discharge 600 shots in one minute.

The "elephant beetle" of Venezuela is the largest insect in the world. A full grown one weighs about one-half pound.

The advertising of Schilling's Best in this paper met with such success that a few months ago Messrs. A. Schilling & Co. started the advertising of their honey-back baking powder. They are evidently well pleased with the results, for we have again received an order for advertising of their tea and baking powder—this time for increased space. There is nothing that sells so well as a good article, advertised in the town where it is to be sold.

The British army rifle has 82 component parts, in the production of which 952 machines are employed, as well as various processes which do not require machinery.

TRY ALLEN'S FOOT-EASE.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous, and hot, and get tired easily. If you are smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and aching feet, blisters and callous spots, chafes, corns and bunions of all pain and gives rest and comfort. Ten thousand testimonials of cures. Try it today. Sold by druggists and shoe stores for 25c. Sent by mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, New York.

How great a havoc is created in France among birds, is shown by the fact that during Christmas week, at the Central market, 114,000 larks were sold.

Piso's Cure for Consumption has been a best-seller to me.—Wm. B. McClellan, Chester, Florida, September 17, 1895.

The most recent estimate of the wealth of Great Britain and Ireland is \$1,806,000,000.

Schilling's Best tea and baking powder.

What was formerly a quill factory at Paris is now devoted to the manufacture of quill toothpicks, and turns out 10,000,000 yearly.

In Scotland last year the birth rate was 30.5 per 1,000, the death rate 17.7, the marriage rate 7.3.

NO WOMAN IS EXEMPT.

Regularity is a matter of importance to every woman's life. Much pain is, however, endured in the belief that it is necessary and not alarming, when in truth it is all wrong and indicates an arrangement that may cause serious trouble.

Excessive monthly pain itself will unsettle the nerves and make women ill before their time.

The foundation of woman's health is perfectly normal and regular performance of nature's function. The statement we print from Miss GERTRUDE SIKES, of Eldred, Pa., is echoed in every city, town and hamlet in this country. Read what she says:

"DEAR Mrs. PINKHAM:—I feel like a new person since following your advice, and think it is my duty to let the public know the good your remedies have done me. My troubles were painful menstruation and leucorrhœa. I was nervous and had spells of being confused. Before using your remedies I never had any faith in patent medicines. I now wish to say that I never did anything do me so much good for painful menstruation as Lydia E. Pinkham's Vegetable Compound; also would say that your Sanative Wash has cured me of leucorrhœa. I hope these few words may help suffering women."

The present Mrs. Pinkham's experience in treating female ills is unparalleled, for years she worked side by side with Mrs. Lydia E. Pinkham, and for sometime past has had sole charge of the correspondence department of her great business, treating by letter many as a hundred thousand ailing women during a single year. All suffering women are invited to write freely to Mrs. Pinkham, at Lynn, Mass., for advice about their health.

PISO'S CURE FOR CONSUMPTION
CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.



Uncle Sam's Diplomacy.

A lot of talk is going on at present over the sea. Concernin' how the diplomats shall get us to agree: They seem to think in Europe that hostilities should cease, and want a congress at Berlin to name the terms of peace; They've got some fancy notions as to what should now ensue, and propose to fix the limits for the old red, white and blue— There's a call for compromise! from the feller on the run, But I'm tired of diplomacy—we'll settle with the gun!

I'm not much good at sayin' things which may mean this or that, When I have any talk to make I jist come right out flat; I never took no lessons in the tyin' bizness, and Prefer to stick to matters that I fully understand— So let the oily diplomats take notice that I've done With Europe's way of doin' things—we'll settle with the gun!

I've had enough diplomacy to last me for a spell; If Europe wants the diplomats to run things, very well, But let them jist confine themselves to Europe's own affairs, And not attempt to mix me up in diplomatic snarles! I've started in to do a job—I've got it nearly done, And I reckon that I'll go ahead and finish with the gun!

I've picked out what I'm after, and propose to have it, too, And they may as well take notice now that nothin' else'll do; So let them hold their congresses, but I'm not goin' in; My fightin' isn't belin' done at Paris or Berlin!— Just let their diplomats go on and get us to agree, But their settlement won't settle if it interferes with me, For I'll stand no sileck undoin' of the work that I have done, And I guess I'll blunder right ahead and finish with the gun!

Before Santiago.

Who cries that the days of daring are those that are faded far, That never a light burns planet-bright to be hailed as the hero's star? Let the deeds of the dead be lauded, the brave of the elder years, But a song, we say, for the men of to-day who have proved themselves their peers!

High in the vault of the tropic sky is the garish eye of the sun, And down with its crown of guns a-frown looks the hilltop to be won; There is the trench where the Spaniard lurks, his hold and his hiding place, And he who would cross the space between must meet death face to face.

The black mouths belch and thunder, and the shrill shriels and flies; Where are the faint and the fearless, the lads with the dauntless eyes? Will the moment find them wanting? Nay, but with valor stirred, Like the leashed hound on the coursing ground they wait but the warning word.

"Charge!" and the line moves forward, moves with a shout and a swing, While sharper far than the cactus thorn is the spiteful bullet's sting. Now they are out in the open, and now they are breasting the slope, While into the eyes of death they gaze as into the eyes of hope.

Never they wait nor waver, but on they clamber and on, With "Up with the flag of the stripes and stars, and down with the flag of the don!" What should they bear through the shot-rent air but root to the ranks of Spain, For the blood that throbs in their hearts is the blood of the boys of Anthony Wayne!

See, they have taken the trenches! Where are the foemen? Gone! And now "Old Glory" waves in the breeze from the heights of San Juan! And so, while the dead are lauded, the brave of the elder years, A song, we say, for the men of to-day who have proved themselves their peers!—Leslie's Weekly.

Don't Cheer.

When down the gallant Texas steered Abreast her Spanish prey, Three hundred voices would have cheered: But Phillip said them, Nay!

"Don't cheer!" For on those scorching decks, Convulsed with dying throes, Lie scores of quivering human wrecks— Once proud, now conquered, foes. No knightly deed was ever done Than that they did not do; No braver triumph e'er was won By wearers of the blue.

That when, fired, flushed with victory, Our jack-tars held their breath And paid, on distant Cuban sea, The honors due to death. The bold are the compassionate, And element are the brave, E'er quick to offer love for hate, And yielding foes to save.

True courage hastens to relieve A wounded captive's care, And for a dying foe will breathe A tender, pitying prayer. —New York Ledger.

The Old Brigade.

The new brigades are mighty fine—the boys are brave and true, And the gray is marchin' side by side with them that wore the blue; I seen 'em on the hilltops—they're drillin' in the glades, But we won't fergit the old boys who made the old brigades.

We won't fergit the fellers that fought on land an' sea, An' follered "Stonewall" Jackson, an' charged with old "Bob" Lee! An' Grant's an' Sherman's fellers—their mem'ry never fades, We won't fergit the old boys who made the old brigades.

They're thinnin' out—the old boys—they're few now on the sod; They're crossin'—crossin' over to the camp—in grounds of God; I see the young boys marchin' on the hills an' fields an' glades, But we won't fergit the old boys who made the old brigades.

A CENT'S WORTH

of the wrong baking powder will spoil a half-dollar's worth of cake.

Use Schilling's Best.

"Home-Made" Soda Water.

Plain soda in water—so often recommended for dyspeptics—is a disagreeable drink to many people; but a delicious drink may be prepared to take its place that will prove quite as beneficial.

Take two pounds of granulated sugar, two ounces of tartaric acid, one and one-half ounces of essence of wintergreen, three pints of water and the whites of two eggs. Mix the sugar with the acid and water, let it come to a boil, and boil hard for two minutes. When cool stir in the wintergreen and the eggs beaten to a froth. Put into jars and set in a cool place. Put two tablepoonsful or less of the syrup in a glass of cold water and foam it up with soda, using from one-fourth to one-half teaspoonful of the soda, just enough to make it foam thoroughly; and it will not only be beneficial, but a delicious summer drink.

THE ENORMOUS GOLD PRODUCT OF 1898.

This will be the greatest gold year in history. From South Africa, the Klondike and Australia the precious metal is being shipped in large quantities. It is believed that this year's output will be nearly double that of any previous twelve months. The sales of Hostetter's Stomach Bitters are also increasing very fast, and this year that famous remedy will cure more people of dyspepsia, indigestion, constipation, nervousness and weakness than ever before.

A case of disease of the jaw bones due to inhaling phosphorous vapor from matches has been reported by a French physician. The patient frequently used more than 100 matches a day in lighting and relighting the cigars he smoked.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. DR. R. H. KLINE, M.D., 330 Arch Street, Philadelphia, Pa.

Vultures cannot discover a carcass by the sense of smell. They rely entirely upon their sight when in quest of food.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Props., Toledo, O. We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free. Hall's Family Pills are the best.

Major Von Wreschem, of the royal cavalry of Germany, now in Berlin, has written to the war department tendering his services to the American army in the war with Spain. His application has been sent to the president.



SYRUP OF FIGS

THE EXCELLENCE OF SYRUP OF FIGS is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP Co. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP Co. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP Co. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

CALIFORNIA FIG SYRUP CO.
SAN FRANCISCO, CAL. LOUISVILLE, KY. NEW YORK, N. Y.

Chinese Do Everything Backward.

The Chinese compass points to the south instead of the north.

Men wear skirts, the women trousers. Men wear their hair long, women wear it short.

Men carry on dressmaking, women carry burdens.

The spoken language is not written, and the written language is not spoken.

Books are read backward. Footnotes are inserted on top of the page.

The Chinese dress is white at funerals and in mourning at weddings, while old women always serve as bridesmaids.

The Chinese launch their vessels sideways and mount their horses from the off side.

The Chinese begin their dinner with dessert and end with soup and fish.

In China the hands of the clock are immovable; it is the dial that revolves.

WAGONS IMPROVED.

The new improved Stoughton wagons stand the racket. Three more car loads are on the way. It pays to have the best. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

Spain has heretofore annually exported to this country about \$2,000,000 worth of oranges, nuts, raisins and wines.

The attention of the public is called to the professional work of Dr. T. H. White, No. 271 1/2 Morrison street, Portland, Or. His electrical appliances are the most modern, and his crown and bridge work is of such artistic form and finish, that his patients are delighted not only with the looks, but with the comfort they receive from the use of such artificial work. All operations are painless under his methods. See that your teeth are properly cared for and that by a skillful dentist. There is no need to suffer the discomforts of broken-down and stained teeth when they can be made useful and pleasant to look upon without pain.

YOUR LIVER Is it Wrong? Get it Right. Keep it Right.

Mobey's Revealed Remedy will do it. Three doses will make you feel better. Get it from your druggist or any wholesale drug house, or from Stewart & Holmes Drug Co., Seattle.

Cutler's Carbolate of Iodine. Guaranteed cure for Catarrh and Consumption. All Druggists, \$1.00. W. H. Smith, Buffalo, N. Y., sole proprietor.

Value of Worms to Farmers.

We often do not appreciate the worth of a thing until we have lost it. The farmers who own the large tract of land in Essex which was in November last flooded by salt water owing to a breakdown of a sea wall, may think of this salage when they ruefully look at their sodden ground. The despised worms, by their constant burrowings, kept the land well drained; but when the sea flood came they were all killed, and sea birds had a great feast. That land, measuring about 50,000 acres, is still in a spongy state, and is likely to remain so until the farmers' friends—the worms—have had time to recover their lost position.

Ant hills in West Africa sometimes reach the height of 15 feet.

Zufgepaßt!

Um unfer Statt, die „Nachrichten“, in solche Kreise einzuführen, in denen es bisher noch nicht genügend bekannt war, senden wir es von jetzt an bis zum 1. Januar 1899 frei an alle diejenigen, welche für das nächste Jahr unsere Abonnenten werden und den Betrag dafür, \$2.00, jetzt einleihen. Man lasse sich Probe-Nummern schicken.

German Publishing Co., Portland, Or.

WHEAT

Make money by successful speculation in Chicago. We buy and sell wheat on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of reference given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Send for our free reference book. DOWNING, HOPKINS & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon and Seattle, Wash.

WILL & FINCK CO.'S SPRING EYE GRAY BAC NEEDLES.....

Plain or with Cutter. The best needle in the market. Used by all sack sewers. For sale by all general merchandise stores, or by

WILL & FINCK CO., 520 Market Street, San Francisco, Cal.

CURE YOURSELF!

Use Big G for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.75. Circular sent on request.

OPIUM

MORPHINE COCAINE LAUDANUM Stopped at once. DR. J. C. HOFFMAN, 454 Isabella Bldg., Chicago, Ill. N. F. N. C. No. 34, '98.

WHEN writing to advertisers please mention this paper.

A Beautiful Present

In order to further introduce ELASTIC STARCH (Flat Iron Brand), the manufacturers, J. C. Hubinger Bros. Co., of Keokuk, Iowa, have decided to GIVE AWAY a beautiful present with each package of starch sold. These presents are in the form of

Beautiful Pastel Pictures

They are 13x19 inches in size, and are entitled as follows:



These rare pictures, four in number, by the renowned pastel artist, R. LeRoy, of New York, have been chosen from the very choicest subjects in his studio and are now offered for the first time to the public. The pictures are accurately reproduced in all the colors used in the originals, and are pronounced by competent critics, works of art. Pastel pictures are the correct thing for the home, nothing surpassing them in beauty, richness of color and artistic merit. One of these pictures will be given away with each package of Elastic Starch purchased of your grocer. It is the best laundry starch on the market, and is sold for 10 cents a package. Ask your grocer for this starch and get a beautiful picture.

ALL GROCERS KEEP ELASTIC STARCH. ACCEPT NO SUBSTITUTE