

Good Health

Able to Work Every Day Since Taking Hood's Sarsaparilla.

I was a great sufferer from stomach trouble and was not able to retain food. After taking a few bottles of Hood's Sarsaparilla I was able to eat almost anything I wished, and I have been well enough to work every day. I am now enjoying good health."—L. J. Ferguson, Monroe, Or.

Hood's Sarsaparilla
Is America's Greatest Medicine. \$1; six for \$5.
Hood's Pills cure indigestion. 25 cents.

Westernization of the Japs.

Kioto, Japan, formerly regarded as the sacred city of the Mikado, is being thoroughly westernized, having adopted the overhead trolley and arc and incandescent lighting. The power for the operation of the street railway is supplied by the waters of Lake Biwa, which are utilized through the agency of extensive canals, the plant being one of the largest engineering projects completed by native engineers.

WAGONS IMPROVED.

The new improved Stoughton wagons stand the racket. Three more car loads are on the way. It pays to have the best. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

In Egypt fans were used in religious ceremonies, made of parchment or feathers.

CONSULTING A WOMAN.

Mrs. Pinkham's Advice Inspires Confidence and Hope.

Examination by a male physician is a hard trial to a delicately organized woman.

She puts it off as long as she dare, and is only driven to it by fear of cancer, polypus, or some dreadful ill.

Most frequently such a woman leaves a physician's office where she has undergone a critical examination with an impression, more or less, of discouragement.

This condition of the mind destroys the effect of advice; and she grows worse rather than better. In consulting Mrs. Pinkham no hesitation need be felt, the story is told to a woman and is wholly confidential. Mrs. Pinkham's address is Lynn, Mass., she offers sick women her advice without charge.

Her intimate knowledge of women's troubles makes her letter of advice a wellspring of hope, and her wide experience and skill point the way to health.

"I suffered with ovarian trouble for seven years, and no doctor knew what was the matter with me. I had spells which would last for two days or more. I thought I would try Lydia E. Pinkham's Vegetable Compound. I have taken seven bottles of it, and am entirely cured."—Mrs. JOHN FOREMAN, 26 N. Woodberry Ave., Baltimore, Md.

The above letter from Mrs. Foreman is only one of thousands.

WANTED EMPLOYMENT.
An experienced accountant and salesman is open for an engagement. Twenty-five years' experience as salesman, book-keeper and buyer. General merchandise and hardware preferred. Address W. J. Lamb, 27, Lambert block, Station A, Portland, Or.

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As to the Poppy.
And poppies! You must have poppies! They're just as much a necessity as corn flowers, but with this advantage: Corn flowers must be their own beautiful blue, while poppies—well, you make up your mind and then order your poppies to suit. A pale green poppy may not be warranted somniferous, but you don't court Morpheus in your hat—no, not even in a five-dollar one!

Pretty good showing for the price, isn't it?

The word "hairbreadth," now used for an infinitesimal space, was once a regular measure. It was the width of 16 hairs laid side by side.

A PHILIPPINE HEROINE.

One of the Philippine insurgent leaders is a beautiful woman whose life seems to be charmed. She has often rushed bravely into the very teeth of death from guns and cannon, but has never been wounded. Frequently we see people in this country who live so long that their lives seem charmed also, but the only charm about it is that they keep up their strength and vitalize their blood with that celebrated remedy, Hostetter's Stomach Bitters.

The sound of a bell which can be heard 45,000 feet through the water can be heard through the air only 456 feet.

DEAR MADAM:

Your bread needn't smell of soda or alum or lime.

Schilling's Best baking powder has no lime or alum or excess of soda.

It is stated that vast uncovered untouched beds of sheet mica lie within 50 miles of Kiao-Chow bay, China.

Try Schilling's Best tea and baking powder.

Gloves made of frogskin are the latest novelty.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We the undersigned, have known F. J. Cheney for the past 16 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WEST & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free. Hall's Family Pills are the best.

The one colored member of congress is named White.

CIGAR RIBBONS.

A fine collection of cigar ribbons will be sent by enclosing 25 cts. to Globe Cigar Co., 118 1/2 Fulton St., San Francisco, Cal.

Dr. T. H. White, No. 271 1/2 Morrison street, cor. Fourth, Portland, Or., has the most complete modern dental appliances to be found in the Northwest. Electricity is used in all cases where indicated, and the result is pleasing, and a surprise to patients who have suffered under the old regime.

Teeth without plates, bridge work and gold crowns are welcome. Indeed to the patient who has had the opportunity to avail themselves of such as are made by Dr. White. Painless dental operations are performed daily. Teeth filled, cleaned, and where extraction is necessary, which is rare, without pain.

If a disinfectant smells good, it isn't a good disinfectant.

WOMAN'S WORK IN WAR.

What She Is Doing for Soldiers and Their Families.

Patriotic New York women, under the leadership of Mrs. Ellen Hardin Walworth, have organized the "Women's National War Relief Association" for the purpose of aiding in the comfort of the soldiers and sailors who are fighting for their flag. The woman who is not a member of a war relief association of some sort is the exception. The meetings of these organizations have almost entirely taken the place of such gatherings as pink teas, literary afternoons and ethical culture sessions. Scores of societies, little and big, are either running along smoothly, but busily, or are yet in the throes of organization.

All have the same general purpose, to provide a channel through which the patriotic enthusiasm of the American woman may be directed. Each member wants to do something, be it ever so little, toward the work of waging war. Some of the societies are merely village organizations, entirely local in character and interested only in the welfare of the little company of home soldiers who are away at the front. Others are branches of associations which are national in scope.

The chief executive officer of the Woman's National War Relief Association is Mrs. Ellen Hardin Walworth, whose official title is that of director general. Mrs. Walworth is quite capable of directing the affairs of an organization as large as this one promises to be. She is one of the three original founders of the national society of the Daughters of the American Revolution. She ranks as one of the feminine pioneers in chronicling American history and genealogy. She was also among the first of her sex to make a thorough and systematic study of parliamentary law and practice, her classes for considering parliamentary procedure being well known in New York City, as is also the Post Parliament Club, of which she is President. Associated with her are such women as Mrs. Russell Sage, Miss Helen Gould, Mrs. Dan-



MRS. ELLEN HARDIN WALWORTH.

iel Butterfield, Mrs. Seth Low, Mrs. W. C. Choate and others whose names are known far and wide. Mrs. U. S. Grant has recently accepted the national presidency of the organization.

Facts About Cuba's Climate.

The weather bureau at Washington has completed a valuable treatise on the climate of Cuba, which furnishes definite figures in support of the contention that the bugaboo of the rainy season in Cuba is largely imaginary. The average temperature at Havana during June, July, and August is only 82 degrees—the same as that at New Orleans, and only seven degrees more than at Washington. In fact, Washington has hotter days than Havana ever has. Havana's hottest is 100 degrees, while Washington's is 104 degrees. The average yearly rainfall at Havana is considerably less than at New Orleans, being 51.73 inches, against the Louisiana city's 69.52 inches. Even in the so-called rainy season, which began with May and will end with September, the rainfall at Havana is only 32.37 inches, as against New Orleans' 27 inches. As much rain frequently falls in the dry season as in the so-called rainy period. The relative humidity of the atmosphere appears to be fairly constant and averages only about 75 per cent of saturation.—Chicago Tribune.

Art of Healing.

Legends show us that among the earlier races the art of healing was considered a prerogative of the gods. Hospitals were built in honor of Hygieia, and though drugs were administered, the cure of a patient was always regarded as a direct intervention of the goddess.

Name Means Little Venice.

When Columbus discovered South America, near the mouth of the Orinoco, the Spaniards found an Indian village built over the water on piles. As it reminded them of Venice, they called it Venezuela, or "little Venice."

Suicide in the German Army.

The suicide rate in the German army is sixty-five per annum in each 100,000 men.

A great many financiers have their loose change tied up in old stockings.

CONSUMPTION CAN BE CURED

The Doctor Slocum System Has Proven Beyond Any Doubt Its Positive Power Over the Dread Disease.

EXTERMINATING THE CURSE OF AGES

By Special Arrangement with the Doctor, Three Free Bottles Will be Sent to All Readers of This Paper.

The Doctor Slocum System, as the name implies, is a comprehensive and complete system of treatment, which attacks every vulnerable point of the disease and completely vanquishes it. It leaves no point unguarded; it leaves no phase of the trouble neglected; it cures, and cures forever, Weak Lungs, Coughs, Bronchitis, Catarrh, Consumption and all other throat and lung diseases by absolutely obliterating the cause.



EDITORIAL NOTE.—The Doctor Slocum System is Medicine reduced to an Exact Science by the World's most Famous Physician. All readers of this paper, anxious regarding the health of themselves, children, relatives or friends, may have three free bottles as represented in the above illustration, with complete directions, pamphlets, testimonials, advice, etc., by sending their full address to Dr. T. A. Slocum, the Slocum Building, New York City. This is a plain, honest, straightforward offer, and is made to introduce the merits of The New System of Treatment that Cures, and we advise all sufferers to accept this philanthropic offer at once. When writing the Doctor please mention this paper. All letters receive immediate and careful attention.



"Not to take a cure for an otherwise fatal disease is to practically commit suicide."

EDITOR'S NOTE.—All sufferers are advised to send for Gratuitous Expert Advice and a Free Bottle of this New Discovery, which is an Unfailing Cure for any and all of the frightful forms of Epilepsy and allied nervous diseases. When writing Doctor May, please mention this paper.

Mufgepaßt!

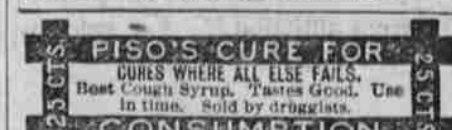
Um unser Platt, die „Nachrichten“, in solche Kreise einzuführen, in denen es bisher noch nicht genügend bekannt war, senden wir es von jetzt an bis zum 1. Januar 1899 frei an alle diejenigen, welche für das nächste Jahr unsere Abonnenten werden und den Betrag dafür, \$2.00, jetzt einreichen. Man lasse sich Probe-Nummern schicken.

German Publishing Co., Portland, Or.

YOUR LIVER

Is it Wrong? Get it Right. Keep it Right. Moore's Revealed Remedy will do it. Three doses will make you feel better. Get it from your druggist or any wholesale drug house, or from Stewart & Holmes Drug Co., Seattle.

When the sparrow hawk is swooping down on its prey, it cleaves space at the speed of 150 miles an hour.



PISO'S CURE FOR CONSUMPTION

If You Suffer

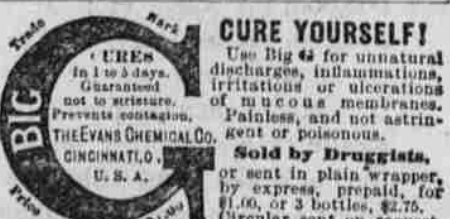
From Epilepsy, Epileptic Spells, Fits, St. Vitus' Dance, Falling Sickness, Vertigo, etc., have children or relatives that do so, or know people that are afflicted, My New Discovery,

Epilepticide,

Will cure them, and all you are asked to do is to send for a Free Bottle and try it. I am quite prepared to abide by the result. It has cured thousands where everything else has failed. Please give full name, AGE, and postoffice and express address

WM. H. MAY, M.D., May Laboratory, 94 Pine St., New York City.

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WHEAT

Make money by successful speculation in Chicago. We buy and sell wheat on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of nature given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Send for our free reference book. DOWNING, HOPKINS & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon and Seattle, Wash.

WILL & FINCK CO'S SPRING EYE GRASS BAG NEEDLES.....

Plain or with Cutter. The best needle in the market. Used by all sock sewers. For sale by all general merchandise stores, or by

WILL & FINCK CO., 820 Market Street, San Francisco, Cal.

OPIUM

DR. J. C. HOFFMAN, 184 Isabella Bldg., Chicago, Ill. N. P. N. C. No. 30, '98. WHEN writing to advertisers please mention this paper.

A Beautiful Present

In order to further introduce ELASTIC STARCH (Flat Iron Brand), the manufacturers, J. C. Hubinger Bros. Co., of Keokuk, Iowa, have decided to GIVE AWAY a beautiful present with each package of starch sold. These presents are in the form of

Beautiful Pastel Pictures

They are 13x10 inches in size, and are entitled as follows:

Lilacs and Pansies.

Wild American Poppies.

Pansies and Marguerites.

Lilacs and Iris.



These rare pictures, four in number, by the renowned pastel artist, R. LeRoy, of New York, have been chosen from the very choicest subjects in his studio and are now offered for the first time to the public. The pictures are accurately reproduced in all the colors used in the originals, and are pronounced by competent critics, works of art. Pastel pictures are the correct thing for the home, nothing surpassing them in beauty, richness of color and artistic merit.

One of these pictures will be given away with each package of Elastic Starch purchased of your grocer. It is the best laundry starch on the market, and is sold for 10 cents a package. Ask your grocer for this starch and get a beautiful picture.

ALL GROCERS KEEP ELASTIC STARCH. ACCEPT NO SUBSTITUTE