#### DON'T BE FOUNDERED.

We blanket a horse in the warmest eather after a hard drive if he is to stand in his stall. We take violent exercise and hard manual labor, and very many take precaution against sudden cooling off. no precantion against sudden cooling off. In case of the horse, if he chills, he will be foundered. In case of men and women who are-forgetful of the consequences, they will suffer soreness and stiffness from head to foot. If we are thus forgetful, we need not be so of the fact that St. Jacobs Oil, used in a case of the kind, is one of the best and surest cures. A good rubbing relaxes the stiffened muscles and puts the joints to work again in good order. In this season of sports none who enjoy them ought to be without a bottle of the Oil.

#### Milking Cows by Machinery.

By means of a newly-designed apparatus all the cows in a dairy can be milked at once, a vacuum tank being onnected by pipes with air-tight pails near each animal, with flexible rubber tubes for attachment to the texts to draw the milk into the pails as soon as the valves in the pipes are opened to apply the suction of the vacuum tank.

## THE MODERN GENERATION OF MEN

Physically men are better today than ever before. Our college youth are, as a general shing magnificent specimens. The constitutionally weak and nervous, though they may never become athletes, can greatly increase their strength and restore tranquility to the nervous system by the efficient aid of Hosteter a Stomach Bitters, which also removes malarial, kidney, dyspeptic and billous trouble.

#### An Ideal Route to Klondike.

Some of the foreign newspapers, Austrlian among them, exhibit a remarkably clear knowledge of the Klondike country. The following account of the proper way of reaching the Klondike is taken from an Australian news-

paper:
"The real starting point for the Klondike is Spokane. There the traveler takes a canoe, by which he voyages to Vancouver, B. C. At the latter point he takes a sailing vessel direct to Dawson City."

The above item came from Australia, and for several months it has been traveling around in the humorous columns of American newspapers.

#### SHAKE INTO YOUR SHOES.

Allen's Foot-Ease, a powder for the feet, It cures painful, swollen smarting feet and It cares painful, swollen smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-hading or new shoes feel easy. It is a certain cure for chilblains, sweating, damp, callous and hot, tired aching feet. We have over 10,000 testimonials of cures. Try it today. Sold by all druggists and shoe stores. By mail for 25c, in stamps. Tria package FREE, Address Allen S. Olm sted, Le Roy, N. Y.

Common salt that is used daily in our food is needed in the body. It aids digestion and the assimilation of the food, and helps in the composition of many of the tissues.

Sufferers from neuralgia are warned by a medical writer not to drink tea, but to partake freely of coffee, into which the juice of a lemon has been squeezed.

A goldfish will will die in 90 minutes if placed in water which contains one per cent of alcohol. In water which contains 20 per cent of alcohol it will die instantly.

# A Wonderful Statement

From Mrs. J. S. McGillas, of 113 Kilburn Avenue, Bockford, Ill.

"I was dreadfully ill-the doctors said they could cure me, but failed to do so.

"I gave up in despair and took to my bed. I had dreadful pains in heart. fainting spells. sparks before my eyes, and sometimes I would get so blind

I could not see for several minutes. I could not stand very long without feeling sick and vomiting.

I also had female weakness, inflammation of ovaries, painful menstru-ation, displacement of the womb, itching of the external parts, and ulceration of the womb. I have had all these complaints.

"The pains I had to stand were something dreadful. My husband told me to try a bottle of Lydia E. Pinkham's medicine, which I did, and after taking it for a while, was cured."

INDIAN WARS Write for info ation important to survivors and widows of dian war veterans. TABER & WHITMAN CO. coston and Patent Attorneys. Washington. D. C. BWA FARMS For sale on crop payment, \$2.00 per acre cash, balance by crop yearly until paid for. J. Mulhall, Sieux City, Ia.

Simmons' skint supporters.

No annoying safety pin attachment to break or unfeaten. Works automatically. Absolutely Prevents Skirts from Sagging imple and effective. Will sell readily where-ever shown. Agents wanted everywhere. For erms, etc., address

SIMMONS' SKIRT SUPPORTERS
Market St., Room 25, San Francisco, Cal

Best Cough Syrup. Teates Good. Use in time. Sold by draggists.

POLITICAL PARTIES COMBINE.

Populists, Silver Republicans and Dem-crats of Oregon Join Issues.

Three state conventions met in Portland last week, the Populist, silver Republican and Democratic. A union of forces or fusion is the result. All parties united on the platform adopted by the Populists at Friday's session, and agreed to a division of the offices by a conference committee. The platform as adopted reads:

United in a common cause for the sacred purpose of preserving the principles of government by the whole people, in fact as well as in name, restoring and maintaining equality, under that government, of all classes, we, the people's democratic and sit-qurfepublican farties of the state of Orgon, waiving all minor points of difference and uniting for the purpose of carrying out the great underlying principles upon which we are all agreed, do make and present to the people of this state the following declaration of principles, and to the carrying laration of principles, and to the carrying out of which we solemnly pledge each and

out of which we solemnly pledge each and every candidate upon our united ticket:

First—We demand the free and unrestricted coinage of silver and gold at the present legal ratio of 16 to 1, without waiting for the consent of foreign nations; and we are unalterably opposed to the policy of the present republican administration in demanding the retirement of greenbacks, and the turning over of the money-making power of the government to the national banks, as presented by the bill drawn by the republican secretary of the treasury, and indersed by President McKinley; and we especially denounce the avowed attempt by said bill to fasten the country irrevocably and forever to the single gold standard. to the single gold standard.

to the single gold standard.

We demand a national money, safe and sound, issued by the general government only, without the intervention of banks of issue, to be a full legal tender for all debts, public and private; also a just, equitable and efficient means of distribution direct to the people through the hawful disbursements of the government.

We demand that the volume of circulating medium be speedily increased to an amount sufficient to meet the demands of the business and population of this country, and to restore the just level of prices of labor and production.

We favor such legislation as will prevent for the future the demonetization of any kind of legal-tender money by private con-

We demand that the government, in pay-We demand that the government, in pay-ment of its obligations, shall use its option as to the kind of lawful money in which they are to be paid, and we denounce the present and preceding administrations for surrendering this option to the holders of government obligations. We demand that there shall be no further issue of United States interest bearing bonds.

issue of United States interest bearing bonds. We demand that postal savings banks be established by the government for the safe doposit of the savings of the people and to

facilitate exchange.

We demand the election of United States senators by direct vote of the people.

We demand the initiative and referendum

We demand the initiative and referendum system of law-making in its optional form, local, state and national, and the submission by congress of all important national questions for an advisory vote of the people, until such time as the national constitution shall have been amended so as to provide for direct legislation.

We condemn as dangerous and unjust the surrender, in all departments of the government, to the influence of trusts, corporations and aggregations of wealth Menerally; and the packing of the highest courts of the land with corporation lawyers, too ready to do the will of their late employers, and to set aside valid and wholeseme laws passed by the legislative departments of the states and government, upon filmsy pretexts, at the begovernment, upon filmsy pretexts, at the be-hests of such institutions.

We are opposed to government by injunc-

ion, In state matters, we demand: A simple and well-guarded registration

law.

A more equitable mode of appointing judges of election.

Stringent laws to regulate the operation of fish traps, fish wheels and all fishing gear in the waters within the jurisdiction of the

We denounce and condemn the corrupt and extravagant republican legislative assembiles, and charge that the republican party, in its eagerness for the spoils of office, has become divided into warring factions, so that it is incapable of government as exemplified by the condition existing in the office of the state treasurer, there being at this time more than \$500,000 therein wrung from the people by the process of taxation, while state warrants are stamped "Not paid for want of funds."

We demand that all district and county officers be placed upon salaries commensurate with the duties to be performed by them.

Inasmuch as railroad and other corporate property is not bearing its proportion of taxation, we demand that such property shall bear its just and equal share of the expenses of government. We denounce and condemn the corrupt and

expenses of government.

# State Nominations.

For governor—W. B. King, populist, of Baker. For congressman—First district, R. M. Veatch, democrat, Linn; Second district, C. M. Donaldson, silver republican, of Baker. For secretary of state—H. R. Kincaid, silver

republican, of Lane. For supreme judge-W. A. Ramsay, democrat,

For attorney-general-J. L. Story, populist, of

For state printer-Charles A. Fitch, populist, of Clacksmas.

For superintendent of public instruction-II.

## S. Lyman, populist, of Clatsop. District Nominations.

First district—Judge, E. C. Wade, silver republican; prosecuting attorney, A. N. Sloiss, opulist; member of board of equalization, C. . Worden, populist. Second district—Judge, J. W. Hamilton, dem-

ocrat: prosecuting attorney, H. Denlinger, jr., Third district-Judges, R. P. Boise, populist

and P. H. D'Arcy, democrat; prosecuting at-torney, S. L. Hayden, democrat; member of board of equalization, John P. Robertson, populist.

Fourth district—Judges, J. V. Beach, demo-crat, department 1; Thomas O'Day, democrat, department 3; Dell Stuart, silver republican; prosecuting attorney, no nomination.

Fifth district—Judge, W. D. Hare, populist; district attorney, no nomination.

Sixtn district-District attorney, J. T. Hinkle.

Seventh district-Judge, W. L. Bradford, demprosecuting attorney. A. Van Vactor, Eighth district-No nominations.

Ninth district—Judge, M. D. Clifford, democrat; district attorney, E. Hicks, democrat; member of board of equalization, J. B. Gragg,

# St. Paul Bank Wrecked.

St. Paul, March 28 .- The Bank of Merriam Park, this city, failed to open today, on account of a time-check fraud. The bank's capital is \$50,000, of which \$30,000 is reported to have been invested in Southall government time checks.

# Spring Medicine

These two words emphasize a necessity and indicate a remedy.

8PRING-the season when the blood is most impure as a result of the winter's closer confinement, higher living, slower action of the kidneys and liver; when humors of all kinds, boils, pimples and eruptions are most liable to appear; when the weak, languid condition of the whole bodily structure demands and welcomes help.

MEDICINE-that to which the millions turn at this season-Hood's Sarsaparilla. The original and only preparation especially adapted to the present needs of the human family; that which makes the blood pure and clean, as shown by its thousands of wonderful cures of dreadful blood diseases; creates "C. L. Hood & Co., Lowell, Mass.: possessed, thanks to

Sarsaparilla. Just read this:

an appetite and cures dyspepsia, as "Gentlemen—After an illness of two shown by its "magic touch" in all years during which time I underwent stomach troubles; steadies and strength- several surgical operations, I at last beand it seemed as though I would never good.

Only those who have been relieved of great suffering can fully appreciate the gratitude with which the testimonials had any appetite and I did not care to overflow written in favor of Hoods's live. One day I met a friend who had taken Hood's Sarsaparilla and I was advised to try it. After I had taken a few doses I

Began to Feel Setter and had a better appetite. I gained from two to three pounds a week and grew stronger every day. I took two or three bottles of Hood's Sarsaparilla, and am now as strong as I ever was in my life, and I praise Hood's Sarsaparilla for bringing me back to health."-Emily Billinger, 10 Grand avenue, South, Portland, Or. "The members of our family have

derived much benefit from the use of Hood's Sarsaparilla. My father was severely troubled with humor, but it readily yielded to Hood's Sarsaparilla. -- Mrs. I. M. White, Salem, Or.

The Medicine For You

Because of what it has done for othens the nerves, as proved by people gan to improve; but my improvement ers; because you ought this spring to formerly nervous, now calm and self-was so slow that I became discouraged take that which will do you the most ers; because you ought this spring to

# Is America's Greatest Medicine because it cures when all others fall. Be sure to get Hood's.

Feeding on a Desert.

The American consul at Aden.

is able to subsist for days without food from the strength derived from the tis-

sues of his hump, this blackhead sheep can subsist on the strength without any other sustenance. The prin-

cipal market for the skins is New York. It has been proven by trial that the sheep are able to stand a considerable

logical Garden at Frankfort, Germany,

where their progeny now number about

land in Arizona and elsewhere in the West where cactus plants grow in pro-

fusion, but as yet no domesticated ani-

mals have been successfully raised in that region. It has been proposed more

than once to import camels, but these

animals are not likely to prove service-

able. The Somaliland sheep, however,

if accilmated in that desert region, to-gether with the plant he subsists upon,

might prove a valuable addition to our

list of domestic animals. It is no doubt the thought of the consul that

Mme. Gadski's Hair.

Gadski displays as Elsa, Senta, Eva, Sieglinde, Elizabeth and the rest, says Harper's Bazaar, is her own. It is a

glorious mane, in color a light coppery

brown, slightly waving and of extraor-

dinary length and thickness. In pri-

Mousseline Sleeves.

and style agree in this one point:

entire length of finely shirred mous-

seline de soie. For a dinner dress or

evening gown these sleeves are often

other toilet they can be made as warm

Iron Trade to Be Extended.

cost \$55 a ton and English tradesmen.

confident that they can lay down their

own product at Warsaw's door, duty paid, for a like sum, and banking on

its presumed better quality, are prepar-

ing to enter the market with rails, rail-

way material, machinery and other

Protected Open Bridge Draws.

and ends in a lever at the outer end,

A man residing in Strafford, Vt.,

named one of his children Freedom be-

cause he was born on a Fourth of July,

saw what light there was on March 12,

To prevent trolley cars and trains

In Warsaw iron of local manufacture

on satin cloth or velvet frocks.

like manufactures.

Dresses of various fashion, material

brac disfigure it.

All that beautiful hair that Mme.

such an experiment should be tried.

There are vast stretches of desert

Lubricants for Bicycles.

A writer in The India Rubber World calls attention of bicyclists to the fact that animal oils are very destructive to rubber products, such as bicycle tires. It makes no difference how good the compound may be; a little spot of animal grease in contact with the tire injures the rubber. A careful examination of many bicycle oils shows that they are partially of animal origin. Mineral oils are not nearly so apt to injure the rubber. In fact, many of them are not injurious at all, when applied in small quantities, while many vegetable oils are in a measure helpful to rubber.

# $2 \times I$

Schilling's Best baking powder ought to sell for twice as much as the next best.

Very Honest.

"Papa," said Johnny, "I am a very honest little boy, and I proved it today,"
"Tell me about it, Johnny," asked

his father, proudly taking his son on

his knee.
"I went to the store," answered
Johnny, "and the groceryman went
into a back room and left me all alone near a barrel of apples. I could have stolen them all, but I thought I would be honest, so only took two."—N. Y. World.

# AN OPEN LETTER TO MOTHERS.

We are asserting in the courts our right to the exclusive use of the word "CASTORIA," and "PITCHER'BCASTORIA," as our Trade Mark. I, Dr. Samuel Pitcher, of Hyannis, Massachusetts, was the originator of "PITCHER'S CASTORIA," the same that has borne and does now bear the fac-simile signature of CHAS. H. FLETCHER on every wrapper. This is the original "PITCHER'S CASTORIA" which has been used in the homes of the mothers of America for over thirty years Look Carefully at the wrapper and see that it is the kind you have always bought, and has the signature of CHAS. H. FLETCHER on the wrapper. No one has authority from me to use ie except The Centaur Company of which Chas. H. Fletcher is President.

March 8, 1897. SAMUEL, PITCHER, M.D.

The United States government exhibit at the exposition will excel by all odds that made at any former exposi-They have sleeves close fitting for the

A Brooklyn thief has been sent to the penitentiary nine years for stealing unlined. But for a luncheon gown or two bicycles. The court evidently

# HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. "Tea Garden brins" is made from Sugar Cane and is strictly pure. It is for sait by first-class grocers, in cane only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine "Tra Garden Drins" have the manufactures are all the graphed on every can. turer's name lithographed on every can.

Iceland's geysers never shoot their water higher than 100 feet, while some of our Yellowstone geysers go more than three times as high.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer, Send for FREE St.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 800 Arch street, Philadelphia, Pa.

A machine for reigstering the strokes made by the carsmen in a rowboat was which is displaced by the bridge as it recently exhibited in London.

Piso's Cure for Consumption is the only rails on connection with a switch to cough medicine used in my house.—D Albright, Mifflinburg, Pa., Dec. 11, '95 turn the car off the track. A London police court has decided

that Bibles and prayer books are necessaries of life. and another Blizzard because he first After being swindled by all others, send usstamp for particulars of King Solomon's Treasure, the ONLY renywer of manly strength. MASON CHEMICAL CO., P. O. Bex 747, Philadelphia, Pa

San Marino, the little republic in the The population of New South Wales last year was 96,640, a gain of about

Appenines, has proved that it is up to date by having a bank failure and ar-20,000 in one year. resting all the directors for fraud.

1888.

Automatic Car Brake.

A new automatic car stopper has a Arabia, gives an account in the last volume of Consular Reports of a curigate hanging under the front of the car which tips back when it strikes a raised body and releases a pair of brake ous herd of sheep in Somaliland, which shoes, which are flat on the under side to fit the rails and curved on the upper is a desert country. These sheep subsist on prickly mimosa, a kind of desert side to engage the wheels, causing them scrub bush, seemingly the most unpalatable of food. Their striking peculiartn run on to the shoes and stop the car. ity, as described by the consul, is a

#### HOW'S THIS?

We offer One Hundred Dollars Reward for any ase of Catarrh that can not be cured by Hall's

large lump of pure fat growing right at the root of the tail. A medium-sized lump of this fat weighs about four case of Catarrh that can not be cured by Hall's Catarrh Cure,
Catarrh Cure,
F. J. CHENEY & CO., Props., Toledo, O.
We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly, honorable in all business transactions and financially able to carry out any obligations made by their firm.

West & Tavax, pounds, and it varies from one and one-half to six pounds. People who have studied the nature and habits of these sheep say that, like the camel, which

by their firm.

WEST & TRUAX,

Wholesale Bruzgists, Toledo, O.

WALDING, KINKAS & MARVIN,
Wholesale Bruzgists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting
directly on the blood and mucous surfaces of
the system. Price 75c per bottle. Sold by all
druggists, Testimonials free,
Hall's Family Pills are the best.

Zena King, of Fairland, Mich., kicked at a hog and missed it and broke change of climate. A few years ago four sheep were acclimated at the Zoohis leg against a post.



ONE ENJOYS

Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the sysvate life the prima donna wears it tem effectually, dispels colds, head-brushed back from her forehead and aches and fevers and cures habitual tem effectually, dispels colds, headcoiled at the middle of the back of her constipation. Syrup of Figs is the head. A few plain tortoise-shell pins only remedy of its kind ever pro-hold it in place. No headdress or duced, pleasing to the taste and ac-fancy pins or bowknots or other bric-a-ceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 50 cent bottles by all leading druggists. Any reliable druggist who may not have it on hand will proas necessary with the silk lining. The black mousseline sleeves are charming cure it promptly for any one who wishes to try it. Do not accept any substitute.

> CALIFORNIA FIG SYRUP CO. LOUISVILLE, KV. NEW YORK. M.Y.

Make money by successful speculation in Chicago. We buy and sell wheat on marmade on a small beginning by trading in futures. Write for full particulars. Best of relevence given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Send for our free reference book. DOWNING, HOPKINS & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon and Seattle, Wash.

#### from running through open draw-bridges a rod is placed close to one rail OUR LIVER 1s It Wrong? Get it Right. Keep it Right. Moore's Revealed Remedy will doit. Three swings open, drawing the rod toward the opening and throwing one of the

doses will make you feel better. Get it from druggist or any wholesale drug house, or trom Stewart & Holmes Drug Co., Seattle.

WILL & FINCE CO.'S SPRING EYE CRAIN

Piain or with Cutter. The best needle in the mar-ket. Used by all sack sewers. For sale by all gen-eral merchandise stores, or by

WILL & FINCK CO., 820 Market Street, San Francisco, Cal.

RODS for tracing and locating Gold or Silver for lost or baried treasures. M. D. FOWLER, Box 887, Southington, Conn.

N. P. N. U. No. 14, '98.

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