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says "It is worth a great deal to us to have you try *Schilling's Best* baking powder and tea."

Money-back says "We have a great deal of confidence in your good faith and in *Schilling's Best* baking powder and tea."

Schilling's Best baking powder and tea are because they are money-back.

What is the missing word?—not SAFE, although *Schilling's Best* baking powder and tea are safe.

Get *Schilling's Best* baking powder or tea at your grocers'; take out the ticket (brown ticket in every package of baking powder; yellow ticket in the tea); send a ticket with each word to address below before December 31st.

Until October 15th two words allowed for every ticket; after that only one word for every ticket.

If only one person finds the word, that person gets \$2000.00; if several find it, \$2000.00 will be equally divided among them.

Every one sending a brown or yellow ticket will receive a set of cardboard creeping babies at the end of the contest. Those sending three or more in one envelope will receive an 1898 pocket calendar—no advertising on it. These creeping babies and pocket calendars will be different from the ones offered in the last contest.

Better cut these rules out.

Address: MONEY-BACK, SAN FRANCISCO.

GET THE GENUINE ARTICLE!

Walter Baker & Co.'s Breakfast COCOA

Pure, Delicious, Nutritious.

Costs Less than ONE CENT a cup.

Be sure that the package bears our Trade Mark.

Walter Baker & Co. Limited,

(Established 1780.)

Dorchester, Mass.



When you feel that soreness in your back, that dull pain near your kidneys, it is time to do something for yourself, for these symptoms are indications of a growing disease in the most vital functions. Get Dr. Sanden's Electric Belt at once. It will cure you.

SANDEN ELECTRIC BELT CO.
22 West Washington St., Portland, Or.
Please mention this Paper.

THE OLD STORY OF LOVE AND LIFE,

AS TOLD IN THE NEW BOOK, "COMPLETE MANHOOD." Thousands of happy men pronounce this work the means of their physical salvation. It gives the latest scientific facts concerning marriage. It describes the only known method of attaining the fullest natural manly vigor. It points out Home Treatment for all excesses and sexual disarrangements. It shows how to cure nervousness, "hopelessness," despondency. One copy of "COMPLETE MANHOOD" and HOW TO ATTAIN IT" sent free, in plain wrapper, sealed securely, to the address of any sincere inquirer, by the Erie Medical Company, 65 Niagara St., Buffalo, N. Y.

YOUR LIVER Is it Wrong? Get it Right. Keep it Right.

Stewart's Revealed Remedy will do it. Three bottles will make you feel better. Get it from your druggist or any wholesale drug house, or Stewart & Holmes Drug Co., Seattle.

MOTOGRAPHIC Professional and Amateur

Send for Catalogue
Portland, Clarke & Co. SUPPLIES
PORTLAND, OREGON.

BASE BALL GOODS Special Rates TO CLUBS.

Carry the most complete line of Gymnasium and Athletic Goods on the Coast. SUITS AND UNIFORMS MADE TO ORDER. Send for Our Athletic Catalogue.

WILL & FINCK CO.,
14-20 Market St., San Francisco, Cal.

For tracing and locating Gold or Silver ore, lost or buried treasures. M. D. FOWLER, Box 207, Southington, Conn.

ROBINSON'S PURE WHEAT CRACKERS WHILE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in all cases. Sold by druggists.

CONSUMPTION

In France, some of the hospitals for infectious diseases are furnished with telephones, so that the sick may converse with their friends without danger of communicating disease.

The flag carried by Cortez, the Spanish conqueror of Mexico, nearly 400 years ago, was until recently preserved at a little church in the capital of the state of Tlaxcala.

In the period 1883 to 1894 the criminal record in the German empire increased 22 per cent, or 12 per cent more than the population.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials free. Price 75c. per bottle. Sold by all druggists. Hall's Family Pills are the best.

Japanese officers who fought in the late war against China have petitioned their government to erect a monument to the memory of the horses that fell in battle.

The most wonderful astronomical photograph in the world is that which has recently been prepared by London, Berlin and Parisian astronomers. It shows at least 68,000,000 stars.

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. "Tea Garden Drips" is made from Sugar Cane and is strictly pure. It is for sale by first-class grocers, in cans only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine "Tea Garden Drips" have the manufacturer's name lithographed on every can.

The toothache excuse for absence from duty does not work in the post-office service in Switzerland. They have government doctors to pull the offending molars.

My doctor said I would die but Piso's Cure for consumption cured me.—Amos Kerner, Cherry Valley, Ill., Nov. 23, '95.

Chicago is justly proud of her new public library. It has taken ten years to build and the actual cost was \$1,315,07 less than the \$2,000,000 originally appropriated.

Try Schilling's Best tea and baking powder.

Japan is about to send a lot of experts to this country to teach the people how to make tea.

"King Solomon's Treasure" only Aphrodisiac Tonic known. (See Dictionary.) \$5.00 a box, 3 weeks' treatment. Mason Chemical Co., P. O. Box 747, Philadelphia, Pa.

The speed of the fastest Atlantic steamer is now greater than that of the express trains on Italian railways.

HYGIENIC VALUE OF SINGING.

It Develops Lungs, Chest and Many Other Bodily Organs.

When one considers how many thousands of young men and women are studying the art of singing, and how very few of them ever learn it well enough to earn their living by it, or to give anybody much pleasure, one feels inclined to look on the vast amount of time spent on vocal exercises as so many hours wasted. But there is another point of view which is not often enough emphasized. In a recent number of a German Journal devoted to laryngology Dr. Barth has an article discussing with German thoroughness the utility of singing from a hygienic point of view. Every bodily organ is strengthened by exercise; singers exercise their lungs more than other people; therefore, he says, we find that singers have the strongest and soundest lungs. The average German takes into his lungs 3,200 cubic centimeters of air at a breath, while professional singers take in 4,000 to 5,000. The tenor Gunz was able to fill his lungs at one gasp with air enough to suffice for the singing of the whole of Schumann's song, "The Rose, the Lily," and one of the old Italian sopranists was able to trill up and down the chromatic scale two octaves in one breath.

The singer not only supplies his lungs with more vitalizing oxygen than other persons do, but he subjects the muscles of his breathing apparatus for several hours a day to a course of most beneficial gymnastics. Almost all the muscles of the neck and chest are directly or indirectly involved in these gymnastics. The habit of deep breathing cultivated by singers enlarges the chest capacity, and gives to singers that erect and imposing attitude, which is so desirable and so much admired. The ribs, too, are rendered more elastic, and singers do not in old age suffer from the breathing difficulties to which others are so much subject. By exercising so many muscles singing furthermore improves the appetite, most vocalists being noted for their inclination to good meals. The nose of a singer is kept in a healthy condition by being imperatively and constantly needed for breathing purposes, the injurious mouth breathing so much indulged in by others being impossible in this case. That the ear, too, is cultivated, need not be added. In short, there is hardly any kind of gymnastics that exercises and benefits so many organs as singing does.—New York Home Journal.

SINGLE-RAIL TRAMWAY.

Only Road of Its Kind on the American Continent.

In the town of Caborca, in the Altar district of Sonora, Mexico, construction has been commenced on what will be, when completed, the first and only one-rail tramway or railway in operation on the American continent. This novel railway will run from San Salinas to Caborca, a distance of twenty-five miles. It is most effective on long hauls through mountainous countries where the grade is irregular.

The tramway is a French invention, owned by the Monorail Portatif a Niveau du Sol, or Single-Rail Portable Tramway Company of Paris. M. A. L. Callet of Paris, who is one of the engineers of the company, is superintending the construction of the railway at Caborca. According to M. Callet, the single-rail railway was invented



ONLY ONE ON AMERICAN CONTINENT.

only about five years ago. He states he never heard of it before then, or heard that anybody had tried it but the French company for which he is engineer.

Riders Face Each Other.

A patent has been taken out for a wheel built like a single one, but with a seat in front of the handle-bars. The front rider faces the occupant of the



MORE SOCIABLE THAN A TANDEM.

regular seat and works the same pedals as the rear rider. The pedals have two foot rests, one above the other.

Worked Both Ways.

Author—This is an unappreciative world. Why, if I had written what Faddest has written I wouldn't be famous.

Critic—That may be true, and if Faddest had written the stuff you write he wouldn't be famous, either.

Coffins never have to be enlarged on account of the good that is interred with men's bones.

Sea Water for Blood.

M. Quinton, as a consequence of his researches in evolution, believes that as all the higher organisms, according to the teachings of evolution, have ascended from a less highly organized marine ancestry, the liquid which bathes all the cells of the individual ought to be chemically similar to sea water. During experiments made at the college of France a dog was bled to such an extent that death would have inevitably followed had the animal been left alone. It was then given an intravenous injection of sea water. Ten days after the operation the dog showed, as tested by the colorimeter, a larger proportion of hemoglobin than before the bleeding. All dogs experimented on not only survived, but recovered with remarkable quickness. M. Quinton thinks it is on account of its holding in suspension the same salts which are constituents of sea water that artificial serum holds the reputation that it does, and that sea water is physiologically superior.

THE CARETAKER.

Caretaker is a word adopted into modern use and means one who takes care of, and is very generally applied to those employed to take care of things committed to their keeping. The way some people have of taking care of themselves is very suggestive of the need of a caretaker. The human body to such is a mansion filled with precious things uncared for, where thieves may break in and rust doth corrupt. Pains and aches are thieves, and the body left uncared for to their spoilage will be robbed of all its comforts and despoiled of its peace of mind and happiness. It is a happy thought to look upon St. Jacobs Oil as a caretaker, to employ it as a watchman against such intruders. There is hardly an ache, from a toothache to a toeache, that it can't take care of and effect a cure, and pains the most violent are conquered by its use. Its office as a caretaker is to prevent the spread of aches and pains into a chronic stage. Keep a bottle of it in the handiest place and be assured of good care and comfort.

There are more than 500 ordained women preachers in the United States, not including the numerous preachers of that sex.

MISERY BY THE WHOLESALE.

Is what chronic inactivity of the liver gives rise to. Bile gets into the blood and imparts a yellow tint, the tongue fouls, and so does the breath, sick headaches, pain beneath the right ribs and shoulder blade are felt, the bowels become constipated and the stomach disordered. The proven remedy for this catalogue of evils is Hostetter's Stomach Bitters, a medicine long and professionally recommended, and sovereign also for chills and fever, nervousness and rheumatism.

A pound of the finest spider web would reach around the world.

ABOUT CHANGE OF LIFE.

"I suffered for eight years, and could find no permanent relief until one year ago. My trouble was Change of Life. I tried Lydia E. Pinkham's Vegetable Compound, and relief came almost immediately. I have taken two bottles of the Vegetable Compound, three boxes of Pills, and have also used the Sanative Wash, and must say I have never had anything help so much. I have better health than I ever had in my life. I feel like a new person, perfectly strong. I give the Compound all the credit. I have recommended it to several of my friends who are using it with like results. It has cured me of several female diseases. I would not do without Mrs. Pinkham's remedies for anything. There is no need of so much female suffering. Her remedies are a sure cure."—Mrs. ELLA KUNER, Knightstown, Henry Co., Ind.



By the way, the leading druggists tell us that the demand for Lydia E. Pinkham's Vegetable Compound is simply beyond their power of understanding; and, what is best of all, it does the work promptly and well.

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Buell Lamberson
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WHEAT Make money by successful speculation in Chicago. We buy and sell wheat on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of reference given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Send for our free reference book. DOWNSING, HOPKINS & Co. Chicago Board of Trade Brokers. Offices in Portland, Oregon and Seattle, Wash.

CHILDREN TEETHING. Mrs. Wipezow's Sorethroat Remedy always be used for children teething. It soothes a child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhoea. Twenty five cents a bottle. It is the best of all.

N. P. N. U. No. 49, '97. WHEN writing to advertisers, please mention this paper.

AN OPEN LETTER To MOTHERS.

WE ARE ASSERTING IN THE COURTS OUR RIGHT TO THE EXCLUSIVE USE OF THE WORD "CASTORIA," AND "PITCHER'S CASTORIA," AS OUR TRADE MARK.

I, DR. SAMUEL PITCHER, of Hyannis, Massachusetts, was the originator of "PITCHER'S CASTORIA," the same that has borne and does now bear the fac-simile signature of *Chas. H. Fletcher* on every bear the fac-simile signature of *Chas. H. Fletcher* wrapper. This is the original "PITCHER'S CASTORIA," which has been used in the homes of the mothers of America for over thirty years. LOOK CAREFULLY at the wrapper and see that it is the kind you have always bought *Chas. H. Fletcher* on the and has the signature of *Chas. H. Fletcher* wrapper. No one has authority from me to use my name except The Centaur Company of which Chas. H. Fletcher is President.

March 8, 1897. Samuel Pitcher, M.D.

Do Not Be Deceived. Do not endanger the life of your child by accepting a cheap substitute which some druggist may offer you (because he makes a few more pennies on it), the ingredients of which even he does not know.

"The Kind You Have Always Bought" BEARS THE FAC-SIMILE SIGNATURE OF

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Insist on Having
The Kind That Never Failed You.
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

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Power that will save you money and make you money. Hercules Engines are the cheapest power known. Burn Gasoline or Distillate Oil; no smoke, fire, or dirt. For pumping, running dairy or farm machinery, they have no equal. Automatic in action, perfectly safe and reliable.

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