

KEEP IN SHAPE.

From the largest cities down to the smallest towns this is the month for the beginning of out-door sports of all kinds, and also the beginning of the season when sprains, bruises, hurts and mishaps are as plentiful as huckleberries. Every Spring this is a common experience, and the common experience has settled down to this, that the best thing to do is to be provided with a supply of St. Jacobs Oil for emergencies of the kind as an especially sure cure for the worst sprain or the blackest bruise. Sportsmen, athletes, ball players, farmers have known this for many seasons, and reference to it is now a reminder to get your supplies. Hard strains and overwork of the muscles will bring pains and aches and sportsmen know what's best and are never without the sure cure in the use of the great remedy.

Newton calculated the speed velocity of the comet of 1860 to be 880,000 miles an hour. Brydnone rated the speed of the comet he saw in 1770 at 2,500,000 miles an hour.

ROCKED ON THE CREST OF THE WAVES.

The landsman, tourist or commercial traveler, speedily begins, and not only begins, but continues, to feel the extreme of human misery during the transit across the tempestuous Atlantic. But if, with wise presence, he has provided himself with a supply of Hostetter's Stomach Bitters, his pains are promptly mitigated, and then come the great ship wails across her anchor. This is worth knowing, and thousands of our yachtsmen, summer voyagers, tourists and business men do know it.

Electricity has been adopted as the motive power of the machinery in connected with the drainage system in New Orleans.

HOME PRODUCTS AND PURE FOOD.

All Eastern Syrup, so-called, usually very light colored and of heavy body, is made from glucose. "Tea Garden Syrup" is made from sugar cane and is strictly pure. It is for sale by first-class grocers, in cans only. Manufactured by the PACIFIC COAST SYRUP CO. All genuine "Tea Garden Syrup" have the manufacturer's name lithographed on every can.

Watercolor drawings will, it is said, last four hundred years if they are protected from direct sunlight.

STATE OF OHIO, CITY OF TOLEDO, ss.

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the city of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1885.

A. W. GLEASON,

Notary Public.

Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

Piso's Cure for Consumption is the only cough medicine used in my house.—D. C. Albright, Minnibus, Pa., Dec. 11, '90.

A mustard pot which does not require the use of a spoon has been invented in Germany. The mustard is supplied through a little spout by pressing on a spring.

Warner's Safe Cure

Has for a Fifth of a Century Cured all forms of . . .

KIDNEY and LIVER DISEASES.

THE DREAD BRIGHT'S DISEASE

Is but advanced Kidney Disease. Either is Dangerous. Both can be Cured. If treated in time with Warner's Safe Cure.

Large bottle or new style smaller one at your druggist's. Ask for either and accept no substitute.

BASE BALL GOODS

Special Rates TO CLUBS.

We carry the most complete line of Gymnasium and Athletic Goods on the Coast.

SUITS AND UNIFORMS MADE TO ORDER.

Send for Our Athletic Catalogue.

WILL & FINCK CO.,

818-820 Market St., San Francisco, Cal.

WHEAT

Make money by successful speculation in Chicago. We buy and sell wheat there on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of reference given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Downing, Hopkins & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon, Spokane and Seattle, Wash.

OREGON BLOOD PURIFIER

Vigor, Health, Life and Strength. Easy to take and effective. Used and sold everywhere. If your druggist or merchant has not in stock the genuine remedy, which has and will cure 99 per cent, address Plunder's Oregon Blood Purifier, Portland, Or., by sending \$1 for a bottle or \$5 for a half dozen bottles and we will prepay express.

RUPTURE and PILES cured; no pay until cured; send for book. DR. MAXFIELD

PORTLAND, 328 Market St., San Francisco.

THE DARING OF A YOUTH.

Sebastian Cabot, the Discoverer of the American Mainland.

Four hundred years ago on the 24th of June the foot of civilized man was first set on the American continent. Sebastian Cabot is entitled to the credit of finding the mainland, and, as he was an Englishman, his native country can to some degree divide the honors of discovery with Spain.

Sebastian Cabot was born at Bristol, the son of John Cabot, a Venetian merchant, dwelling in that city either in 1476 or 1477, and was a traveler from a very early age. When he was 2 or 3 years old he was taken by the merchant-adventurer, his father, on a difficult and perilous voyage to Venice.

While he was still a mere boy he was fired by the first and second voyages of Columbus, which excited the whole world of that day. The youth, possessed of wealth, seamanship and en-



SEBASTIAN CABOT.

thusiasm, besieged the court of his king, Henry VII., to authorize an expedition of discovery. Despite his youth, his many advantages caused Sebastian to be given a chance, and a patent was made out in the name of his father, John, himself and his brothers, Lewis and Sancius, with the date of the 5th of March, 1496.

It authorized them, their heirs or deputies, to "sail to all parts, countries and seas, to seek out, discover and find whatsoever isles, countries, regions or provinces of the heathen and infidels which before this time have been unknown to all Christians, and to take possession of all countries found, to subdue, occupy and exercise jurisdiction in the name of the king of England."

Early in the following year five ships set sail from Bristol. The navigator who was directing this enterprise was at this time only 20 or 21 years of age. He was in sole command in the ship Matthew, of 200 tons.

The navigator sailed almost due west, following the parallel, and on June 24 sighted the new world. He called the land "terra firmum visa" (new-found land). The land was the coast of Nova Scotia, around Cape Breton. Cabot sailed along the coast a distance of at least 300 leagues.

He did not appreciate the value of his discovery, as he thought that he was on the shores of China. His heirs thought so little of the rights of sovereignty and possession that they had obtained that they actually lost their patent.

Cabot's discoveries in this part of the world were in his own day completely overshadowed by his exploits as a navigator in search of the Northwest pass-



CABOT'S MAP.

age and by his fame as an admiral in the service of Spain. He received a gift of £10 from the king for discovering America, a sum equal to about \$700 or \$800 to-day, and was afterwards pensioned, and in 1549 made grand pilot of England. He died in London in 1557.

She Original Uncle Sam.

When we talk of the United States Government in a familiar sort of way we call it "Uncle Sam;" and you have often seen pictures of Uncle Sam—a long, lean, old-fashioned Yankee, with a high hat and with a swallow-tail coat and breeches marked with the stars and stripes of the flag. The way in which the United States came to be called Uncle Sam is this:

During the war of 1812 the United States Government entered into a contract with a man by the name of Elbert Anderson to furnish supplies to the army. When the United States buys anything from a contractor, an inspector is always appointed to see that the goods are what the contract calls for, and that the government gets full

value. In this case the government appointed a man by the name of Samuel Wilson, who was always called "Uncle Sam" by those who knew him. He inspected every package and cask that came from Elbert Anderson, the contractor, and if he found that the contents were all right, the package or cask was marked with the letters "E. A.—U. S.," the initials of the contractor and of the United States. The man whose duty it was to do this marking was a jovial sort of fellow, and when somebody asked him what these letters meant, he said they stood for Elbert Anderson and Uncle Sam. Everybody, including "Uncle Sam" Wilson himself, thought this was a very good joke; and by and by it got into print, and before the end of the war it was known all over the country; and that is the way the United States received its name of "Uncle Sam."

Mr. Wilson, the original "Uncle Sam," died at Troy, N. Y., in 1854, at the age of eighty-four.—St. Nicholas.

A Terrier's Revenge.

This dog story was told to a New York Mail and Express reporter by a lady who vouches for its accuracy. Remarkable as it is, she affirms that it is the truth, the whole truth and nothing but the truth.

An up-the-State family had two dogs, a bulldog and a black-and-tan, between which there existed every evidence of deep friendship. The family went into the country some sixteen miles from home. They took the black-and-tan with them, but left his companion at home. They had not been established in their summer quarters more than a few days before the small dog had managed to pick a quarrel with a neighbor's bulldog, in which the black-and-tan got much the worst of the argument—so much so that when he disappeared after the battle his owners were much worried. They searched high and low, but no trace of that small dog could be found.

The next morning there were seen coming up the road, side by side, the black-and-tan and his faithful companion, the bulldog from home. The two marched straight past the hotel where the family were staying and halted in front of the home of the black-and-tan's enemy. In some unknown manner the country bulldog was summoned, and immediately his city contemporary fell upon him. The struggle was severe and prolonged, but the issue was never in doubt. The country bulldog was completely conquered and retired in as good order as possible under the circumstances. The victor, once his task completed, wheeled about and without a stop retraced the sixteen miles home. The black-and-tan crawled into the hotel with every indication of complete satisfaction on his diminutive countenance.

Just to Scare Tommy.

An old peddler, with his pack on his shoulder, was toiling slowly along a London street, when a loud shout of "Hi!" arrested his steps. The cry proceeded from the lips of a woman who was frantically waving her hand to him from a fourth-story window of some "models" close by.

"Want me?" shouted the peddler. "Yes," shouted the woman back again; "come up here, mister."

Customers had been very scarce that day, so, in spite of his weariness, the old man toiled up the many steps leading to the woman's rooms, hopeful of doing a good stroke of business with her.

When he at last reached the landing of the fourth story, the woman emerged from one of the rooms, holding a howling youngster by the ear.

"Mister," she said, tersely, "I've just called you up to Tommy! If he's a naughty boy won't you put him in your bag?"—London Judy.

His Ruling Passion.

A nold Lancashire miller, noted for his keenness in matters financial, was once in a boat trying his best to get across the stream which drove his mill. The stream was flooded, and he was taken past the point at which he wanted to land, while farther on, misfortune still further overtook him, to the extent that the boat got upset. His wife, realizing the danger he was in, ran frantically along the side of the steamer crying for help in a pitiful voice, when, to her sheer amazement, she was suddenly brought to a standstill by her husband yelling out: "If I'm drowned, Molly, dunnot forget that flour's gone up two shillin' a sack!"—London Tit-Bits.

They Are Wise.

"Those bicycle riders are nothing but a set of cranks," said the man who does not ride.

"Well," admitted the other man who does not ride, "you must give them credit for having some little sense at least. You haven't yet heard of one of them starting out to discover the north pole on his wheel."—Cincinnati Enquirer.

Scorching.

McCorkle—Isn't Tenspot running into debt pretty lively?

McCorkle—Running isn't the word for it. He is fairly sprinting.—Detroit Free Press.

A woman attempting to throw may be funny, but did you ever see a woman trying to spade up a flower bed?

A SCIENTIST SAVED.

President Barnaby, of Hartsville College, Survives a Serious Illness Through the Aid of Dr. Williams' Pink Pills for Pale People.

From the Republic, Columbus, Ind.

The Hartsville College, situated at Hartsville, Indiana, was founded years ago in the interest of the United Brethren Church, when the state was mostly a wilderness, and colleges were scarce. The college is well known throughout the country, former students having gone into all parts of the world.



PROF. ALVIN P. BARNABY.

A reporter recently called at this famous seat of learning and was shown into the room of the president, Prof. Alvin P. Barnaby. When last seen by the reporter Prof. Barnaby was in delicate health. Today he was apparently in the best of health. In response to an inquiry the professor said:

"Oh, yes, I am much better than for some time. I am now in perfect health; but my recovery was brought about in rather a peculiar way."

"Tell me about it," said the reporter.

"Well, to begin at the beginning," said the professor, "I studied too hard when at school, endeavoring to educate myself for the professions. After completing the common course I came here, and graduated from the theological course. I entered the ministry, and accepted the charge of a United Brethren Church at a small place in Kent county, Mich. Being of an ambitious nature, I applied myself diligently to

my work and studies. In time I noticed that my health was failing. My trouble was indigestion, and this with other troubles brought on nervousness.

"My physician prescribed for me for some time, and advised me to take a change of climate. I did as he requested and was some improved. Soon after, I came here as professor in physics and chemistry, and later was financial agent of this college. The change agreed with me, and for awhile my health was better, but my duties were heavy, and again I found my trouble returning. This time it was more severe and in the winter I became completely prostrated. I tried various medicines and different physicians. Finally, I was able to return to my duties. Last spring I was elected president of the college. Again I had considerable work, and the trouble, which had not been entirely cured, began to affect me, and last fall I collapsed. I had different doctors, but none did me any good. Professor Bowman, who is professor of natural science, told me of his experience with Dr. Williams' Pink Pills for Pale People and urged me to give them a trial, because they had benefited him in a similar case, and I concluded to try them.

"The first box helped me, and the second gave great relief, such as I had never experienced from the treatment of any physician. After using six boxes of the medicine I was entirely cured. Today I am perfectly well. I feel better and stronger than for years. I certainly recommend this medicine."

To allay all doubt Prof. Barnaby cheerfully made an affidavit before

LYMAN J. SCUDDER,

Notary Public.

Dr. Williams' Pink Pills for Pale People are sold by all dealers, or will be sent postpaid on receipt of price, 50 cents a box, or six boxes for \$2.50 (they are never sold in bulk, or by the 100), by addressing Dr. Williams' Medicine Co., Schenectady, N. Y.

REASONS FOR USING Walter Baker & Co.'s Breakfast Cocoa.



1. Because it is absolutely pure.
2. Because it is not made by the so-called Dutch Process in which chemicals are used.
3. Because beans of the finest quality are used.
4. Because it is made by a method which preserves unimpaired the exquisite natural flavor and odor of the beans.
5. Because it is the most economical, costing less than one cent a cup.

Be sure that you get the genuine article made by WALTER BAKER & CO. Ltd., Dorchester, Mass. Established 1780.



Good Health

Are you nervous? Your nerves are the channels through which your general vitality courses. If they are upset you can't be healthy. There are innumerable ailments following nervousness.

Dr. Sanden's Electric Belt...

Cures all of them. The life of the nerves is Electricity, which this famous appliance pours into your body for hours at a time. Its effect is soothing, strengthening, exhilarating. Read Dr. Sanden's famous book, "THREE CLASSES OF MEN." It is instructive to weak men or women. It gives hundreds of cases of cures accomplished in the Northwest. If you will send us your address we will mail you a copy by return mail FREE, closely sealed.

SANDEN ELECTRIC BELT CO., 253 West Washington St., Portland, Or.

When writing to Advertiser please mention this paper.

Road Rights in Germany.

Foreigners who visit Berlin will do well to observe that rule of etiquette which precludes a person when out driving or riding from passing people of high rank.

Thus, a stranger, an American, it is said, was arrested the other day in the Thiergarten, for having ventured to drive past the carriage conveying the young Crown Prince and his brother on their daily drive.

The royal vehicle was proceeding at a relatively slow pace, and, as the stranger was driving a pair of spirited horses, he saw no harm in driving past and ahead of the Princes.

This rule has always prevailed with regard to military officers, a young lieutenant or captain never venturing to give his dust to his major or his colonel, while the latter, in his turn, is content to follow in the wake of his general.

Microscopical investigation is said to prove that the pores of wood invite the passage of moisture in the direction of the timber's growth, but repel it in the opposite direction.

VIGOR OF MEN

Easily, Quickly, Permanently Restored

Weakness, Nervousness, Debility,

and all the train of evils from early errors or later excesses; the results of overwork, sickness, worry, etc. Full strength, development and tone given to every organ and portion of the body. Simple, natural methods. Immediate improvement seen. Failure impossible. 2,000 references. Book, explanation and proofs mailed (sealed) free.

ERIE MEDICAL CO., 65 NIAGARA ST., BUFFALO, N. Y.

"CHILDREN TEETHING." Mrs. Weston's teething syringe should always be used for children teething. It soothes the child, softens the gums, always all pain, cures wind colic, and is the best remedy for diarrhea. Twenty-five cents a bottle. It is the best of all.

"PILLS FOR THE LIVER." CURES WHERE ALL ELSE FAILS. Best. Cough Syrup. Cures Croup. Use in time. Read by druggists.