

A SOLID BASIS.

Gold is a solid basis of financial transaction, and for business that's the best thing there is. It is so in the physical conditions. If by some carelessness or exposure to sudden cold the muscles of the back are contracted and stiffened, we have at once lumbago, or backache, sometimes called "crick in the back," which is disabling and unites all who have it for any activity. Now, to get back to a solid basis of health and strength, St. Jacobs Oil should at once be used to relax the twisted muscles and restore to their natural condition. It takes but a short time to perform the cure and the cure is certain. The back is then on a solid basis for strength and work, and nothing will bring about the change like this great remedy for pain.

Fossil animals, bearing a close resemblance to our horses, have been found in many parts of the world.

I never used so quick a cure as Piso's Cure for Consumption.—J. B. Palmer, box 1171, Seattle, Wash., Nov. 25, 1895.



Gladness Comes

With a better understanding of the transient nature of the many physical ills, which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual disease, but simply to a constipated condition of the system, which the pleasant family laxative, Syrup of Figs, promptly removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its beneficial effects, to note when you purchase, that you have the genuine article, which is manufactured by the California Fig Syrup Co. only and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, laxatives or other remedies are then not needed. If afflicted with any actual disease, one may be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest and is most largely used and gives most general satisfaction.

Beware Of the Knife.

Mr. Lincoln Nelson, of Marshfield, Mo., writes: "For six years I have been a sufferer from a scrofulous affection of the glands of my neck, and all efforts of physicians in Washington, D. C., Springfield, Ill., and St. Louis failed to reduce the enlargement. After six months' constant treatment here, my physician urged me to submit to a removal of the gland. At this critical moment a friend recommended S.S.S., and laying aside a deep-rooted prejudice against all patent medicines, I began its use. Before I had used one bottle the enlargement began to disappear, and now it is entirely gone, though I am not through with my second bottle yet. Had I only used your S.S.S. long ago, I would have escaped years of misery and saved over \$150."

This experience is like that of all who suffer with deep-seated blood troubles. The doctors can do no good, and even their resorts to the knife prove either fruitless or fatal. S.S.S. is the only real blood remedy; it gets at the root of the disease and forces it out permanently.

A Real Blood Remedy.

is a blood remedy for real blood troubles; it cures the most obstinate cases of Scrofula, Eczema, Cancer, Rheumatism, etc., which other so-called blood remedies fail to touch. S.S.S. gets at the root of the disease and forces it out permanently. Valuable books will be sent free to any address by the Swift Specific Co., Atlanta, Ga.

SSS

WHEAT.

Make money by successful speculation in Chicago. We buy and sell wheat there on margins. Fortunes have been made on a small beginning by trading in futures. Write for full particulars. Best of reference given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Downing, Hopkins & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon, Spokane and Seattle, Wash.

FRAZER AXLE GREASE

BEST IN THE WORLD.

Its wearing qualities outlasting two boxes of Animal Oil.

FOR SALE

GEORGE WASHINGTON.

Born Feb. 22, 1732; President of the United States 1789-1797; Died Dec. 14, 1799.



He lived and wrought but for his country's weal
And left us Freedom's priceless heritage.
Like Cincinnatus in the storied page,
He quit the plowshare for the clash of steel.
A modest patriot, fired with holy zeal,
Despising danger and the soldier's wage
Victorious in war, in peace a sage.

His virtues to all virtuous hearts appeal.
The land to-day hath need of such as he.
In place of pigmies filled with love of self;
When civic honor, duty, by-words be,
And unrestrained reigns the power of self.
Against a tyrant's rule he led revolt;
What son of his shall forge the modern bolt?

GREELY ON WASHINGTON.

The Man Washington Will Remain at the Apex of American Manhood.

"These articles have failed in their object if they do not tend to inculcate in the minds of American youth the importance of will-power and right aspirations to the complete development of the individual," writes Gen. A. W. Greely, concluding, in the Ladies' Home Journal, his series of papers on "The Personal Side of Washington." "What are the salient changes wrought by these forces in the evolution of the man George Washington? For money his indomitable will sacrificed to the exigencies of harsh labor and ungenial surroundings the pleasures of home life. Later, his noble aspirations valued gold only as a means of serving his country, of alleviating suffering, and of extending charity. Rising in an aristocratic community to the apex of its social system he then eagerly offered his assured standing and acquired fortune in order to insure civic and religious liberty to all grades of society. Brutality and cruelty marked the contests of his earlier days; in his mature years he was one of the most humane warriors of any age. The brooding curse of slavery imposed upon him traffic in human lives; later he rose above the race prejudices of his time, and by his individual action forestalled by sixty years that inevitable goal of individual freedom, which futurity deferred for America to another century. His irreligious surroundings and youthful habits were such as have sapped the better character of thousands. Yet he came to recognize that his own evolutionary processes were no safe guides to humanity, but that the only sure road is that pointed out by religious faith and assimilated action, through the by-paths of sobriety, industry, charity and right living. The time may come when experts can question the superiority of Washington as a general, or the entire wisdom of his policy as President. But, fortunately for his fame, there is only one standard by which the whole world measures an individual, and it is certain that so long as equity, honesty and charity are deemed the highest attributes of human nature, so long will the man George Washington remain at the apex of American manhood."

Washington Sometimes Despondent.

It is the fashion to speak of all who have succeeded in writing their names high on history's page as though they never gave way to the temptation to be despondent. Yet if the facts could only be known it is the very men who have within themselves the ability to finally win the victory that are apt at times to become most deeply involved in the sloughs of despond. Washington himself was subject to periods of the most intense depression, as witness this passage from a letter to a friend, written at Valley Forge:

"The history of the war is a history of false hopes and temporary expedients. Would to God they were to end here."

In another letter he said, after a most gloomy recital of the reasons he had for being low spirited:

"To me it will appear miraculous if our

affairs can maintain themselves much longer in their present train."

But Washington possessed the power of recovering from these fits of the blues and of putting forth every effort, after they were over, as if they had never fallen to his lot, and therein lay the true secret of his final triumph and his imperishable glory.

Ode for Washington's Birthday.

Welcome to the day returning,
Dearest still as ages flow,
While the torch of Faith is burning
Long as Freedom's altars glow?
See the hero that it gave us,
Slumbering on a mother's breast;
For the arm he stretched to save us,
Be its morn forever blest.

Hear the tale of youthful glory,
Walls of Britain's rescued band,
Friend and foe repeat the story,
Spread his fame o'er sea and land,
Where the red cross, proudly streaming,
Flaps above the frigate's deck,
Where the golden lilies, gleaming,
Star the watch towers of Quebec.

Look! the shadow on the dial
Marks the hem of deathlier strife;
Days of terror, years of trial,
Scourge a nation into life.
Lo, the youth became her leader!
All her baffled tyrants yield;
Through his arm the Lord has freed her;
Crown him on the tented field.

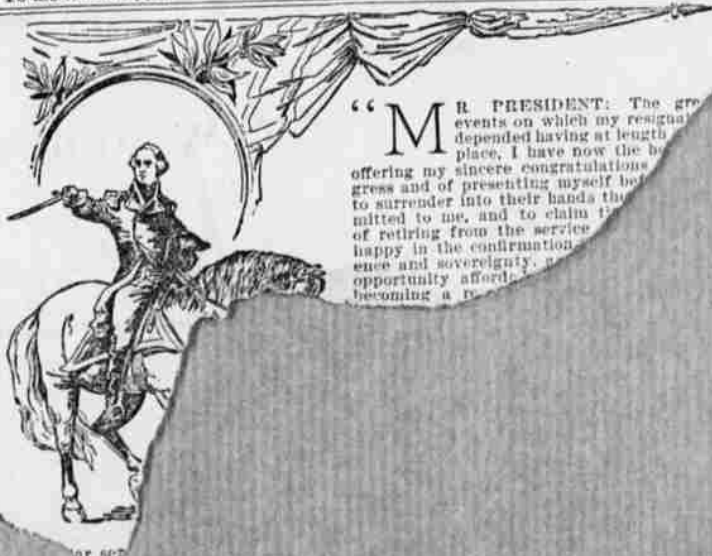
Vain is empire's mad temptation;
Not for him an earthly crown!
He whose sword hath freed a nation
Strikes the offered scepter down.
See the throneless conqueror seated,
Ruler by a people's choice;
See the patriot's task completed;
Hear the father's dying voice.

By the name that you inherit,
By the sufferings you recall,
Cherish the fraternal spirit;
Love your country first of all!
Listen not to idle questions,
If its hands may be united;
Doubt the patriot whose suggestions
Whisper that its props may slide.

Father! we whose ears have tingled
With the words of doubt and shame,
We, whose sires their blood have unguiled
In the battle's thunder flame,
Gathering, while this holy morning
Lights the land from sea to sea,
Hear thy counsel, heed thy warning:
Trust us, while we honor thee!

Washington's Farming Operations.

Washington inherited Mount Vernon in 1759 from his half-brother, Lawrence Washington, who died in 1757. This brother had a daughter Sarah, who was heiress to the estate, but she died two years later and the property then reverted to George, who was then just 27 years old. The estate then comprised less than 3,000 acres, but soon after he came into possession he added 5,500 acres by purchase, which gave him ten miles of river front. Then began the system of improvements and cultivation which subsequently made Mount Vernon the most valuable landed property in Virginia. He drained the land wherever needed, he rotated crops, got the best farm implements then in existence, built and repaired fences, had his grist mill, his own distillery, had his own smithy for repairing tools, his own carpenter shop, looms, and he built scores of houses and cabins for his slaves. His five farms ranged from 1,000 to 2,000 acres each, and each farm had its overseer and its allotment of negroes and stock.



"MR. PRESIDENT: The great events on which my resignation depended having at length taken place, I have now the honor of offering my sincere congratulations to you, and of presenting myself before you to surrender into their hands the duties of the office, and to claim the privilege of retiring from the service. I am happy in the confirmation of your peace and sovereignty, and in the opportunity afforded you of becoming a peaceful and happy citizen."

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AN ACTIVE ALTERNATIVE
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AND DIURETIC

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RENEWES VITALITY,
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REGULATES THE KIDNEYS,
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