A Page of Interest for Milady

YOUR TALENTS

EDNA EGAN. tain parable deals with a the save to each of his servants a certain numa talents. Upon his reing voyage he summoned secount for their stew-The first, who money. lents from his master. his time and was able to in called to account, and second, who had been ients, had doubled his the master was pleased progress and put them insuch greater affairn. But ned the one talent he without any addition to his excuse that he feared tient and so had hidden it for safe keeping till

was much vexed with his retainers take away from the slothful servnot how to increase it. to the one with the ten quoth he, "unto every shall be given, but from not shall be taken away teb he hath."

is lesson for each and every to away in this parable. as talents of one kind or on many of us improve

dus can count ourselves of the faithful servants their talents doubled in master who had bestowed many, it is to be feared. us come rather under the slothful servant, from iten even that which he of us neglect and abuse instead of training them

all be musicians, artists, comatists. But if we look prestures we will find the the great Master allotted the distribution of talents mong His servants. It is

train it to the utmost, so he day comes when acalled we may be able to pride to what we have dh that talent given us. priving to make the most int or are you letting it lie neglected? Or perhaps st yet discovered just what urs. Do not think just beare not a musician, not an a linguist and not a writer. are been forgotten when the the fire. tte given out.

have a talent for cooking. g or for nursing. Or your consist of making a home Or you may have a partor cheering others or for "Seek and you will talent, and when you have ud be trained.

Ininć CARE OF THE HAIR

BY LUCILLE DAUDET.

LTHOUGH it may not be possible or indeed desirable for every woman to have tresses of

Godivalike abundance, it within the power of almost everybody to have a fine head of hair, or to possess what looks like one, whether her locks are long or short, thick or thin. dry or oily, dark, fair or just mid-The whole secret lies in the brown. state of the health and the daily care of the hair.

If the hair is in an impoverished condition, abnormally greasy or abnormally dry, showing a tendency to become brittle and break off short; if it loses its color and bulk then it is no

good in beginning any hair treatment without first attending to the general state of the health.

One should take sufficient exercise and rest and correct any indiscretions in dict. Where an anaemic condition exists a tonic often does wonders, so will a course of cod liver oil, while raw eggs and unboiled milk are articles of diet which directly beautify the hair. As to the general care of the hair it should be washed as often as it requires cleaning. Once a week is not too often for a very oily type of hair. and about once in three weeks is good average for ordinary hair.

If it is washed at home liquid soap is the best thing to use. The hair should be thoroughly wetted with warm water, then a handful of the liquid rubbed in. If it does not lather once use a little more water and a little more liquid till the whole head is in a perfect foam; rinae out the lather very thoroughly, take the worst of the moisture off with hot towels. and dry by brushing and fanning. Do not on any account seek to dry it by

HEN buying table linen, cut off

a small strip of it and keep.

so that the unraveled thread

may be used for darning the

that it is well to be able to

mark the outline for this edge

USEFUL wet weather hat

which would always look well

with trim tailor-made coats and

skirts is carried out in serise

tablecloths or napkins when worn. In

this way a mend can be made almost

without going to the trouble and ex-

pense of sending the material to be

stamped. This may be done easily with

a thimble. Place the thimble on the

material and with a sharp pencil draw

around the edge half way. This will make the scallop; slip the thimble

straw, arranged in a mixture of pedal

and lisere and designed on lines that

will be found very generally becom-

ing. The crown is almost entirely hid-

ribbon, set closely together. This hat

would look well if it were made in

which it will be worn. In black straw,

with white moire ribbon, it would

make a delightful little hat for half-

sistency of thick cream, being partic-

on a dime and throw in half a dozen

on the fire a teacupful of boiling wa-

stir in flour to give it the con-

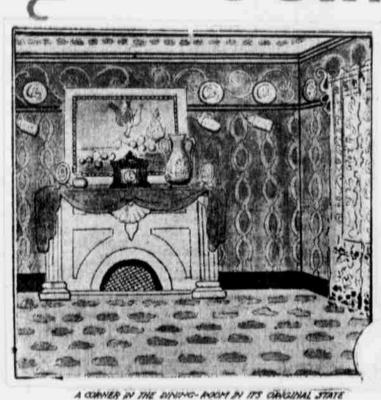
satin ribbon to match the straw.

finely with the same.

along and repeat.

S

The daily care of the hair is most important. It should be well brushed every night, the scalp being first of all treated with a rather hard brush to stimulate the circulation, and the long hair afterward brushed with long. sweeping strokes, two brushes with rather long, stiff bristles being used. mie the most of it. Every This is to keep the hair clean and give it a natural gloss.



WHY DO WE CONCEAL AGE?

course women he about their ages." said my friend. Twas ever a failing of the younger, more up-to-date physiciar

1 enovated

weaker sex," I commented. "I one of the most popular women doc-180 do men," she supplemented. could name more than one man who tors in town joday. dyes his hair and confesses to ten years leas than his birth certificate would show."

"True-some men are vain." 1 sighed.

"Some, did you say?" she queried. They're all vain. For Simon pure vanity, a woman can't compare with a man. Every man is proud of his shape. if nothing else. He believes what his tailor tells him. A man's vanity is of the hard-shell variety-you can't crack His fellowmen don't try, either. Men don't comment upon cach other's personal points, as women do among for the shelf by that time. themselves. Women have a way of pointing out other women's deficiencles to their faces, which takes off

"I know a lot of women in business who are still considered young women and whose ages would startle you if you ever found them out. They are valuable in their business connections, but if they didn't lie about their years they would not receive the same

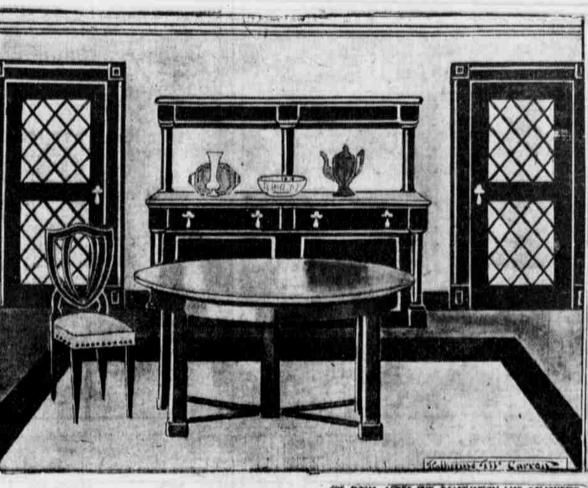
consideration or the same salary. 'Old ones' aren't wanted. There is an inherent disrespect somewhere in the masculine get-up for a woman over forty, especially when she works for a living. The idea is, I suppose, that she ought to be a grandmother and ready

losing out in her practice because she

was considered superannuated and +

was desired. She dyed her hair, and is

"But even the married woman isn't always allowed to grow old in com-Very often, when a woman is ied, she is as old or older than the fort. marri



THE NOOM AFTER THE ALMOUNTION HAS DELICHTED

MUSTARD BATHS

HE growing use or mustard in the bath tub is a modern adaptation of one principle that mustard is one of the most

valuable external atimulants. To those who have not tried it the result is really surprising. Take a tablespoonful of best mustard and add to the bath when filled. The water will be found to be of a slightly yellow-green color and absolutely free from any stinging or smarting sensation. In fact, it has a soft, velvety feeling almost like milk, but with a glowing warmth that is appreciated by the most delicate skin. Under its influence sore and stiff joints become limber and elastic and the whole body experiences a sense of exhilaration that is scarcely credible. The mustard bath is already a favorite with those engaged in arduous sports and equally so with society women. who find in it a refreshing antidote to the fatigue of functions, and a charming way of keeping in that healthy condition so conducive to beauty.

THE SAME CONNER AFTER THE PROCESS OF ELIMINATION "But with the best of luck, no wo-

man can keep it up forever." I re-marked. "Every chicken has to be a



more stains from a tiled are hung on this by means of dress arth, squeeze a little lemon hooks which are fastened to the rods. his over the stain, leave for If a garment is in the back of the box, muty minutes, then with a mercly turn the wheel and it is in ted with a little warm wafront. Of the many household conat the lemon juice. This trivances nothing is more practical ly remove the stain; if not. Se Mocess. Polish afterward than this handy box in a very tin; little house.

ALTE cleanliness should Matain throughout the sick If possible, there should a so carpeting upon the than a rug or two, so that wiped every day with a damp ing is obviously impossito tath or litter of any kind leallowed to collect anywhere. hing that is not necessary micomfort should be removed tom. No array of medicine and sick-room paraphernalia this view.

LEY substantial and attracbureau scarf can be made e of a hemstitched linen towsi which has a good border dea faures of the border can be mercerized embroidery a using French knots in some tires and darning stitches, and short stitches in others. which have a design of ers on the border will took

well when they are embroia this way.

SUTCHINSON preaches the actrine of rest and believes den under a full ruche composed of a at "pleasure is nature's tamp of approval." If one number of loops of dark navy blue is running jumping shouttwo colors to match the gowns with wise exercising, that is the be; but if there is no spirit in ing to do is to sit down in air and rest until the tired mourning, while in black or navy Tagel it would be very generally use-ful, if it were trimmed with loops of te recovered themselves. is beidie when the body is tired. you think you are doing mands of cells are busily spairing the wastes of office

Sit still and "invite your you will be the better for it. has forcing yourself to exerhat you do not need.

the is a clever little ward- as much powdered resin as will lie which is home-made. daugh the "man of the was responsible for cloves to give it a pleasant odor. Have and manufacture of someidedly handy in which to children's clothes. In the ate the box is a large wooden ased at a store, and stood with an open front finished The box is lined with a and covered with cream signate. In the center of the ed for use take out a portion and soft-Aing rod, such as is seen on it with warm water. This is a fine and the little garments paste to use to stiffen embroidery.

their vanity "What men dub vanity in women is man who marries her.

in most cases plain good business, dared to admit it when he was court-A woman knows that a lot of her ing her, for fear of nipping the ro-

success, in whatever her walk of life, depends upon her appearance. Therefore she cultivates as pleasing an appearance as possible. She takes the same pains with her peronality, if she is wise. And she lies about her age for the same reason.

"I know several school teachers this minute who are down on the records.

as several years younger than they really are. One would expect gray hairs and middle age to be assets in the schoolroom, if anywhere. Yet the solemn fact is that there is a constant effort to push out the teachers who are pretty well along in years. The gen-eral idea is that it is time for them to retire and give the younger ones a chance.

"I know a woman doctor who hecame prematurely gray and who was band's vanity."

hen some day. She never

mance in the bud. So she keeps up the lie the rest of her life-and it's no cany job.

"There are men, too, who insist upon their wives keeping young looking. 1 know one man near the sixty mark who wears the most marvelous toupee

you ever saw-you'd swear the hair grew on his head. He admits to fortynine years of his age. -liis wife is about fifty, but he wants her to stay young looking because folks might think he is old if she looks old. So he commanded her to dye her hair when it began to turn gray, and go through other stunis for the preservation of an appearance of youth. The other day she told me she was tired to death and had a notion to quit the struggle and

be comfortably old in splite of her hus-

B ED Jackets or shoulder wraps are always welcome traps sick and a number of these is appreciated by the average invalid, though more than one cannot be used at a time. For breakfast in the nightingale shape sack, made from cashmere, albatross or any similar woolen material and lined with wash

unarine an' Surreis - /

silk, is probably the most convenient and these are very easy to make. All edges should be bound with a ribbon and then featherstitched in silk. Ribbons will tie and so form the sleeves and also be used as a finish to the neck. A square of material measuring twenty-seven inches will be sufficient for this garment, the lining, of course, requiring the same amount. After the wrap is cut it is quite an casy matter to find out what length of

ribbon is needed.



Molasses Candy.

Perhaps you may like this way of making molasses candy: Two cups molasses, one cup sugar, one tablespoon glycerine, half icaspoon soda Roll and three tablespoons butter. to the hard ball degree when tested in water, stir in the soda, and when cooled pull until white as desired. Draw out into atleks and cut into inch lengths.

Caramel Ice Cream.

One pint milk, one cup sugar, onequarter cup flour, two eggs, beat all ogether; one cup sugar browned by placing over the fire, when it is melt-ed and browned (be careful not to burn) pour the mixture over it (it will harden, but place over the fire and stir until smooth), when cold add one pint of cream and two teaspoons vanilla.

Lemon Ice. One quart of water, one tablespoon cornstarch. Boil till all taste of starch is gone. Add the lemon, two large lemons to a quart. Sweeten to faste when the mixture is cold and leave the rind in for a while. Strain through a sieve and freeze.

Dutch Dumplings for Chicken Soup.

Three large potatoes mashed, one tahlespoon of butter, three eggs beaten light, one cup of sweet milk, half teaspoon of salt and flour to make a bater stiff enough to drop from the spoon into the boiling broth. Cover slowly and let cook for 20 minutes without raising the lid.

Sour-Milk Biscult.

One quart flour, two heaping teaspoons baking powder, half a teaspoon salt, scant teaspoon soda, two spoonfuls of melted lard, sour milk to make a soft dough.

Cracker Taris.

Split common crackers in halves and

apartment is arranged so that the dining room opens out of the parlor, the hostess can use the dining table for her tes things.

A few flowers' will make the rooms look fresh and sweet and are the only addition needed. The dining table should be bared, with a dolly and a bowl of flowers in the center. Small plate doilies around the table should hold the plates of sandwiches, cake,

At one end of the table the tea etc. and chocolate sets should be grouped. on the right hand of the hosteas, the whipped cream, sugar, lemon, etc., and the cups on the left, so that the pouring will be made easy. Two or three kinds of sandwiches, a layer cake and assorted little cakes, simple candies and a few shelled nuts make up a delicious and not too expensive menu to sandwiches, cream cheese and minced pecans are a luscious filling; a good jelly or jam will do for the second variety and perhaps lettuce or cucum-

soak them in cold water, about five minutes. Drain water off and put one-third of a teaspoon of butter on center of each half. Bake in hot oven until nicely browned: then put a teaspoon of raspberry jam (or any kind of jelly) in the center of each.

Dark Row Fried Oysters.

Prepare a dressing of eggs, sait, red and black pepper. Use two eggs to 25 oysters. Thoroughly mix the seasoning. Dry the oysters in a napkin and place them in the mixture. Take out one at a time and dip in cracker crumbs. Have crumbs very fine. They can be fried or broiled. Rub the broiling iron while hot with vinegar to keep oyaters from stlcking.

Lemon Sponge Pie.

One cup sugar, one-quarter cup of butter, creamed, two heaping teaspoons of flour, pinch of salt, juice and grated rind of one lemon, two well beaten egg yolks, one cup of sweet milk, and lastly the well beaten whites of two eggs. Bake in one crust. This is a firm lemon jelly on the bottom and a sponge cake on top. Bake day before needed and cover top with whipped cream.

Walnut Raisin Cake,

Two eggs, one cup of sugar, half cup of butter, half cup of milk. two cups of flour, one teaspoon of cream of tartar, half teaspoon of soda, pinch of salt, cup of chopped raisins, one cup of chopped walnuts. Soften the butter, then cream it with the sugar; beat the ggs, then add them to butter and sugar, then add rest in order named. Flour the raisins and nuts lightly. Not too hot an oven is best. Bake about 45 minutes.

Fruit Cake.

Three cups sugar, four eggs, one and a half cups melted butter, 1 cup sweet milk, one and a half cups molasses, one pound each of raisins. currants, figs and citron, running these through a food grinder, one teaspoon cloves. four teaspoons cinnamon, one nutmeg grated, seven cups flour sifted four times, one tenspoon soda, half teaspoon salt. Bake three hours and a half, leaving oven door open first five and last 20 minutes. Make two mediumsized loaves.

Boston Cream Pudding.

Dissolve half box of gelatine (not phosphated) in a quart of milk by letting it soak from 10 minutes to an hour according to the kind of gelatine. Then put on stove in double-boller and when hot stir in the well-beaten yolks of three eggs, mixed with a cup of sugar and a little milk. Cook until a little thick-about five minutes-let cook just a little then stir in the three go with the chocolate and tea. For the egg-whites beaten to a stiff froth with tablespoon of confectioner's sugar and one tablespoon of vanilla. Beat hard until it looks foamy, then turn into mold. Servo whn whipped cream or with cold custard,

indiscernible. Curtains can be darned O many bits of needlework are finished with scalloped edges X 316 B. C. La #100 因此两次国界周希问 含义者同美国东国主国主国美国美国美国美国美国 ASTE that will keep: Dissolve a teaspoonful of alum in a quart of water. When cold.

BY ANNETTE ANGERT. NTERTAINING to the woman of moderate means is rather a problem. To entertain elab-E

ter; pour the flour mixture into it, orately and in large numbers stirring well all the time. In a few means the expenditure of much money. minutes it will be of the consistency To entertain even simply requires of molasses. Pour it into an earthen more expense than the average house-wife likes to meet. Yet if she accepts or china vessel, let it cool and stir in a small teaspoonful each of oil of the hospitality of others, she must do cloves and of sassafras; lay a cover on and put in a cool place. When needsomething in return. But for the woman with a small apartment and only "one maid it is rather hard to find a way to entertain her friends nicely.

has taken in the last season is the in- factory ways of entertaining them is formal dance. The music of a phonograph takes the place of an orchestra. rugs are rolled up. furniture pushed back into the corners, and light re- one will freshments are served in the place of much.

the regular dance-supper. But even this is impossible for the hostess whose spariment is too small for danc.

friends, in return for their hospitality us," or something of this sort. If the

A popular form which entertainment to her? Perhaps one of the most satis at afternoon tea, not a formal at home" with a receiving line, etc., but an informal, jolly affair which every one will enjoy but which will not cost

For such a tea the hostess should send out little notes to her friends worded informally-"Won't you come ing. What, then, can the woman of limit. "I'm having a few friends to tea Fri-ed purse and small home offer her day and would love to have you with bers for the third.