



MAKE EXERCISE PLAY.

To Get the Best Results it Must Be Thoroughly Enjoyed.

When you exercise, play. That is one of the points most strongly urged to the attention of the public in recently published public health reports.

No matter whether you are walking, gardening, exercising in a gymnasium or playing golf, keep your exercise free from the spirit of drudgery and make it all recreation. Make it as enjoyable as anything you may do throughout the entire day.

The woman who is obliged to take her baby out for a two hours' airing every day is far more fortunate than she often realizes.

The only advice the report offers the man who is going to take up a hobby for the benefit of the resulting exercise is to choose one that permits of its being followed the year round rather than one that depends upon seasons of the year.

OUR MISNAMED RUINS.

The Mesa Verde Cliff Dwellings Are Really Complete Towns.

Many visitors to the prehistoric cliff dwellings of the Mesa Verde National park, in southwestern Colorado, says a government publication, are astonished to find that what is commonly described as a dwelling is not properly a dwelling at all, but a village or city.

The celebrated Cliff Palace is not a palace. Neither is Spruce Tree House a house, nor Balcony House a house. Each of these is a complete town which once, in the dim ages before the earliest Indian tradition, was an organized community, often of considerable size.

The arrangement of houses in a cliff dwelling of the size of Cliff Palace, for example, is characteristic and intimately associated with the distribution of the social divisions of the inhabitants. The population was composed of a number of units, possibly clans, each of which had its own social organization more or less distinct from others, a condition that appears in the arrangement of rooms.

In a Maori Wooing House. Among the Maoris sometimes in the where maturo (the wooing house), a building in which the young of both sexes assembled for play, songs, dances, etc., there would be at stated times a meeting.

Not Him Alone. "And you refuse me a loan?" "Oh, no, I don't refuse you alone, I refuse all panhandlers!"—Houston Post.

You find people ready enough to do the Samaritan—without the oil and twopenny.—Sydney Smith.

TEST "ALL WOOL" BY FIRE.

To Detect Cotton Fibers Burn a Sample of the Cloth.

Until the proper labeling of textiles has been made compulsory there are certain simple tests by means of which one may determine whether a "all wool" fabric is really all wool or not. The old way of telling by feeling and looking is no longer reliable, for cotton can be made both to feel and look like wool.

If a piece of cotton cloth is ignited it will be found to burn rather rapidly with a bright, steady flame. There is no disagreeable odor, and when the material is completely consumed there will be left only a small amount of light gray, fluffy ash. If a piece of pure wool is ignited it will be found to burn much more slowly and with a less steady flame, emitting a characteristic, mild, hissing noise and a strong odor very similar to that of burned horn.

In applying this test to a fabric the whole sample should not be burned at once, for if it is a so called wool piece containing considerable cotton it will be very difficult to determine whether it is burning more like cotton or wool. Threads should be taken from the sample, several each from the warp and the weft, and burned separately. With a very little practice one will be able to detect the cotton threads by the characteristic manner of burning.

QUAINT OLD INN NAMES.

Some of the Peculiar Signs One May Read in England.

"Man Loaded With Mischief" is the name of an inn in the Madingley road, Cambridge, but it is not stranger than many others. At Underwood, Notts, is an inn called "The Tond in the Hole," and in the neighborhood of Somerset, "The Old House at Home." Another inn at the same place is called "The Old English Gentleman."

It is a debatable point whether the sign of "The Man Loaded With Mischief" was painted by Hogarth. But it is like his satire, for it represents a man carrying a woman.

Many peculiar signs are the result of a misconception. "The Bag o' Nails" is really "The Bacchanals." "The Goat and Compasses" is an ignorant shot at the old motto, "God encompasses us," while "The George and Cannon" is a modern corruption of George Canning, who was prime minister when the inn was built.

One of the funniest of these corruptions is "The Iron Devil," a corruption of "Hirondelle" (swallow). It is said that the inn called "The Pig and Tinder Box" was originally "The Elephant and Castle," but a very poor artist was engaged to paint the sign, and somebody said it looked like a pig and tinder box, and the name stuck until it ousted the old one.

"The Plum and Feathers," an inn in Oxford, should be "Plume of Feathers," and "The Rose of the Quarter Sessions" was originally "La Rose des Quatre Saisons." One might think "The Ship and Shovel" belonged to the same category, but it does not. The reference is to Sir Cloudesley Shovel, the powder monkey who became an admiral in the reign of Queen Anne.—London Tit-Bits.

Lost Humor. Mark Twain was once asked by an English clerk in a London bookstore to write his autograph.

"My chirography is becoming less and less distinct," complained the author whimsically as he complied with the request. "If this keeps on I'll have to be getting somebody else to write my autograph for me."

"But, sir," seriously responded the clerk, "nobody would want it then."

QUICK WITTED WOMEN.

Their Clever Ruse That Won the Favor of Emperor Konrad.

There are countless stories to illustrate the devotion of women, but the most interesting of them is the one that is recorded in the annals of a home for dependent women at Weinsberg, on the Neckar, in the vicinity of Heidelberg.

At the foot of the mountain was fought one of the fiercest battles of the long struggle between the Guelphs and the Ghibellines. When the conflict was ended and the Ghibelline leader, Emperor Konrad, had driven the Guelph chieftains up the mountain to their stronghold, he laid siege to the ancient castle. After several days he sent word that if the men would surrender he would permit the women to depart in safety, carrying their treasures with them.

When the procession of women came down the hill the hostile army saw, to its amazement, that every gentlewoman carried a man on her back. The men they carried were the Guelph officers, who were to have remained in the castle and been made prisoners of war. Konrad was so touched by this expression of devotion on the part of those wives and mothers that he permitted the women to go back for their jewels. In 1820 Queen Charlotte of Wurtemberg, daughter of George III, and a member of the Guelphs, built the asylum on the hill as a memorial to those quick-witted Guelph women.—St. Louis Globe-Democrat.

HE WANTED BIG GAME.

And Found It in the Jungles of the Panama Canal Zone.

In the early days of canal construction at Panama there arrived from the United States for duty with the fire department a Danish American who told numerous thrilling tales of his hunting trips "back home." Anxious to get a chance at the big game of the Panama jungles, he secured a day off for a hunting trip soon after his arrival. He took as guide a Jamaican negro janitor, connected with the fire station, who had never been outside of Colon.

They started early in the morning and returned before noon. The Dane seemed to be exhausted and spent the afternoon resting and cooling off. When asked about his trip and why he didn't bring any big game back he replied:

"Boys, I was all in after I saw that big snake. It must have been fifty feet long and as big around as your body. I just saw the end of his body slipping through the high grass on a trail, and he was at least ten inches thick at the tail."

During the recital his guide, the janitor, was sweeping the floor and grinning. When the hunter left the janitor was amazed, and this was his version of the chase:

"I'out by Mindl way, where dey is buildin' a high trestle bridge, dey draggin' a long pole tru de grass wid a mu-el. De snake what de boss see was de pole, an' he was so frigit dat he don't see de mu-el what draggin' h'it."—Los Angeles Times.

Natural Protection.

It has been pointed out that to some ground animals nature's color scheme for concealment furnishes almost complete protection. The quail crouching on the ground looks like a bunch of dried leaves. Many snakes and lizards take the precise color of surrounding sand and water. A mackerel from above looks like a fleeing hippie, while to fish enemies beneath his white belly will not show against the higher colors of sky and water. The wonderfully beautiful changes of dolphins and chameleons were not evolved to please the eye, but to protect their lives.

DR. H. E. KELTY, Dentist, 204 Coke Bldg. Phone 112-J.

Only 16 More Days Remain of the Closing Out Sale of

312 Front St.

The Parisian FASHION'S CENTRE

312 Front St.

This is no BANKRUPT SALE OF UNDESIRABLE MERCHANDISE, or FIRE SALE OF DAMAGED GOODS, BUT CLEAN, DISPENSIBLE MERCHANDISE, selected with care and bought in the regular way. Read this "ad" carefully, and remember there are hundreds of bargains in store for you not mentioned here. You will find the sale price marked in plain figures on the tickets.

WE HAVE JUST 123 SUITS LEFT IN STOCK—DIVIDED INTO THREE LOTS:

\$3.95

In this lot will be found Suits that regularly sold at from \$12.50 to \$17.50. They are made up of fine grade wool serges, chevots, homespuns, fancy suitings, colors, Navy, Black, Brown and mixed. Your choice at \$3.95.

\$6.75

This lot consists of Suits that sold regularly from \$17.50 to \$32.50. The materials in these garments are Broadcloth, Cheviot, Plain Serge, Poplins, Scotch Tweeds and come in all the wanted colors—Green, Navy, Black, Brown and Gray. Sizes up to 44. Your choice at \$6.75.

\$15.95

Here are to be found Suits in Serge, Broadcloth and Tweeds in colors Brown, Gray, Black and Navy. Originally sold up to \$37.50. Now offered at \$15.95.

Winter Coat Sale of Far Reaching Importance to Everyone

WOMEN'S AND MISSES' COATS

Made up in fine, heavy fabrics of Cloth, Kerseys, Heavy Woolen Coating in checks and plaids, short models. Regular selling price \$7.50 to \$12.50. Now \$3.95.

In Lot No. 2 you will find garments in all sizes ranging from 16 to 40; they are made of heavyweight Kerseys, Broadcloths and novelty mixtures; many of them lined with satin. Regular prices range from \$15.00 to \$20.00. Your choice \$6.75.

All Other Garments in the House at Like Reductions

All sales final—No goods exchanged, money refunded or sent on approval.

WAIST SPECIALS

An extra special lot of Waists ranging in price from \$3.50 to \$4. Now 98 cents.

Another nice lot, formerly selling at from \$2.50 to \$4.00. Now 75 cents. A few at 49 cents.

SKIRT SPECIAL

One lot of Ladies' Dress Skirts in fine Wool Serge, Navy and Black. Regular price up to \$7.50. Now \$2.95.

RADICAL PRICE REDUCTION IN DRESSES

One large lot of afternoon, evening and street dresses—light, dark, medium and soft colors; lace and fancy trimmed, high and low neck models. Regular prices from \$15 to \$25. Your choice at \$6.75.

ONE LOT OF DRESSES

In Taffeta, Crepe de Chene, Satin and Velvet Combination. Value to \$47.50. Now \$19.75.

CLOSING OUT FURS

These Are Unheard of Prices.

All single Muffs sold formerly at from \$16.50 to \$24.50, now at \$8.75. A like reduction on all sets and separate neck pieces.

The time to select your Furs is now. To those who are not ready to buy at present, a small deposit will hold any article selected until Christmas week.

SPECIAL PETTICOATS

Ladies' Mercerized Sateen Petticoats, extra deep accordion pleat and corded flounce. Values to \$2.00. Now 85 cents.

One lot of Silk Petticoats, values to \$3.75. Now \$1.60.

Sateen Petticoats, full width and corded flounce, regular \$1.25 values. Now 45 cents.

MEN'S DEPARTMENT

OVERCOATS

\$27.50 Smart New Mixtures \$15.00
\$30.00 Black Melton \$15.00
\$25.00 Black Melton \$10.00

MEN'S SUITS

\$18.50 Blue and White Mixture \$10.45
\$27.50 Gray Kersey \$14.85
\$25.00 Brown Cashmere \$11.55
\$16.50 Brown Worsted Herringbone \$9.25
\$22.50 Brown and Gray Mixtures \$10.45

FURNISHINGS

Arrow Collars 10 cents each
All Arrow \$1.50 Shirts \$1.15
Four 50-cent Neckties \$1.00
\$2.00 Kid Gloves \$1.35
\$1.50 Men's Caps 90 cents

CHRISTMAS BOXES

These contain Suspenders and Garters, Hose and Tie or Suspenders and Tie. Any one of these combinations in various colors. Regular price 75 cents. Choice now 45 cents. Other combinations selling formerly at \$1.00, now 60 cents. Choice values, formerly at \$1.25, now 85 cents.

BOYS' DEPARTMENT

25 Boys' Suits, choice for \$3.75
(Blue Serges, Cashmere and Mixed Goods)
5 Boys' Overcoats, choice \$3.00
15 Pairs Boys' Trousers, choice 50 cents
\$4.00 Stetson Hats \$3.00
One \$12 Bathrobe \$3.00

SPECIAL NOTICE:

Those not ready to buy now, a small deposit will hold any article selected until the last week of the sale.

Now is the time to get your suit made for Christmas. Bring in your order now and you will get a suit at a reasonable price, either ladies' or men's suits.

See

J. V. Koski

75 Market Ave.

Marshfield, Oregon

GRAVEL

We are now prepared to furnish GRAVEL in any quantities from pile in our yard or in carload lots, at following prices:

From pile on ground, \$2.75 per yard.
Carload lots, taken from cars, \$2.00 per yard.

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If you want one of these dollars put in a savings account, you must register at once.

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