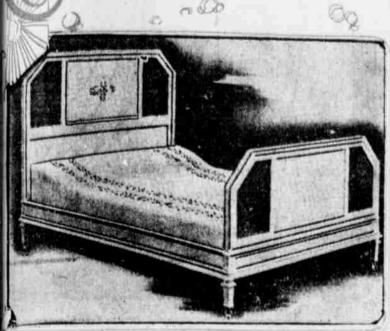
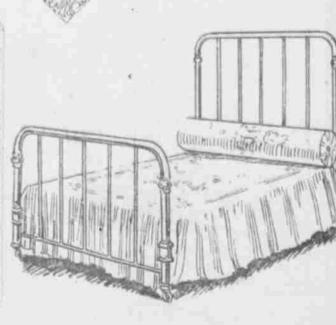
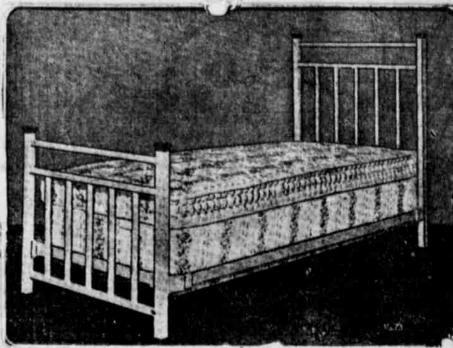
A Page of Interest for Milady

bed and its appointments







YOUR CHILD'S HAIR

RY mother wants her child ossess an attractive head hair, but is often ignorant to the means of obtaining can start the cultivation in much the better. Until the rown an inch long the daily of the head will be sufficient. a brush is needed, a brush ng, fine, soft bristles in orirritate the scalp. The fricd by the brushing will force eretion from the roots and sunshine are recommended. be all that is necessary for e of growing hair.

ng for young children's hair n often arises as to whethpromotes its growth. Spem to disagree on this disestion. One says that those who make it a habit to keep of their children cut close ng, on the supposition that improved thereby, are mis-It is quite enough to ends clipped or shortened ly as the original hair is

finest and most beautiful. equally distinguished speas that the hair of chilher they are boys or girls. kept short until the seventh year of age, as the long bair upon the nutrition of the at this time of life all the forces are needed in the muscle and bone. A girl's she has reached the eighth d be allowed to grow, as the air is cut the finer it is

ARRIAGE

TING married has, in the ords of Robert Louis Stevenm, "an air of great simpliciand case; it offers to bury many aching preoccupations; ord us unfailing and familiar through life; it opens up a respect of the blest and pas-of love rather than the bless-

marriage does not offer und under the feet of any ace into that august state. means breakers ahead and ter and the beginning of life ian the solving of its prob-

love and going through ing state are romantic affairs ge the human imagination lightfully. And the next step in love and to keep your love with you. A very difof sitting with folded hands afe harbor and lazily floatth a sunny life on the good ing craft "Matrimony."

estory does not end at the begins there. Ahead of you struggle toward the ideal of and it is a double ideal. our pariner's. So first of all ideal that demands compreforbearance and toleration standing. And none of those occurred to most of the roling things who are just as either, have they?" we with love as they are

us are erring mortalss and unreliable at times; all neat himself. en we most desire to serve off from complete under- know by the very film that makes ividual. We all are "filled ruggling radiancy of better and we all fail those better th and again and fall to unget herself up for outsiders," said the bow others can fall them, woman who knew Bertha, "but, sakes how others can fall them.

ou are imperfect, so is the came to living with her-good night! re-and he, too, must allow "You know when they came back from their wedding trip I let them have my top floor for a few months. I've known Tom all his life, you know. fallties and weaknesses. Add te toleration, add to that unand sympathy, and to that of interests in essentials. He's lived in my house almost as much triage of two normal, kind as in his mother's, especially after the souls ought to be a great

and wife must agree about one thinks it a playground her feels that it is a workclothes, and wants his room kept in order. That boy can make a bed as are they to be happy, even good as I can, and I never saw a buto adjust themselves and to There will be difference way it ought to be. He's a real man, all conscience because he too-not a bit old womanish. she a woman and beof education and traina week when I felt it in my bones be to emphasize their differthose two wouldn't bit it off together

and understanding, with ad toleration, added to mured tasics and mental consad so they lived happily

Considering the difference of opinion among experts the safe course would be to keep the hair of quite young "hildren rather short to avoid any drain upon their vitality, and more especially should this be observed in the case of a delicate child or one of nervous temperament.

If a child has scanty hair, a manipulation of the scalp with mother's fingers, plenty of outdoor exercise without head covering, and exposure to

Children's hair should never be put into curl papers or braided tightly. To do so inflicts discomfort on the child and tends to strain and destroy the hair. When a child's hair is allowed to grow long a slight clipping once in three or four months will be benefi-

To prevent the ends splitting, as they often do, take the hair, a strand at a time, about two inches from the is rather calculated to in- ends holding firmly with the finger beauty and retard its maxi- and thumb of the left hand, and brush with a soft hair brush. This will keep the ends glossy as well as prevent splitting. A shampoo once a week, using a soap jelly or liquid, is sufficient to keep the scalp clean and

Carelessness

HEAR that Tom Ellis has left

his wife," spoke a woman who

sat back of me in the street car.

"Yes. I guess that's no." said

BY EDNA EGAN

the other woman who sat with her.

upset-says they had another terrible

quarrel and Tom just slammed on his

hat and went out, saying he'd never

come back-and that was two weeks

ago and she doesn't even know where

leave such a stunning girl as Bertha.

haven't been married so very long.

"About a couple of years. But two

Bertha's a regular sloven, you

"Is that so?" exclaimed the other oman. "You wouldn't think it to

'Oh, she knows how to dress and

alive, you should see her at home!

like Bertha myself first rate, but if it

Tom is as neat as a new pin. Takes

reau drawer of his that wasn't just the

Well, they hadn't been in my house

bath every day, puts on clean

years with Bertha is enough to make

any man bughouse -- that is, if he is at

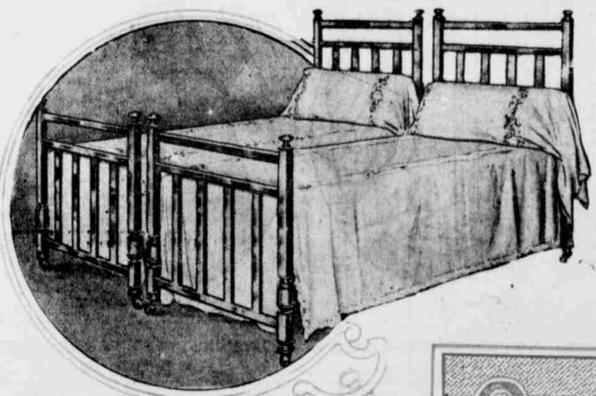
speculated the first speaker.

woman.

look at her.

"Seems queer Tom would want to

'I saw Bertha yesterday, and she's all



BABY'S EAR

O discover the obscure pain in the baby's ear is not always a simple matter, even for the alert and observant specialist. enough, the little hands find their way at times to the neighborhood of the sensitive areas, but this is by no means as common a signal of caraches as one might expect. It is only when the baby's cries and whinnings, as well as the presence of fever, lacks explanation from other suspected portions of the infant's anatomy that the ear falls under the ban.

Once convinced that the trouble is in the ear, temporary expedients of relief and comfort must be followed as soon as possible by consultation with the family doctor and an ear specialist. In this way much subsequent disturbances of hearing may be pre-

Then the doctor, nurse or parent by gently pressing in front, over and be-hind the baby's car, will discover a tender point.



ELANCHOLY is due to a conthe brain of the blood necessary to keep up the normal balance of activity. When one is tired or feels the dejected feeling coming on, relief can be obtained by lying on the floor with a pillow under the middle of the back and taking a few long, deep breaths. If the arms are thrown over the head and a dozen deep breaths are taken, a new spirit will come into the Sometimes this is done automatically as when we throw up the arms and straighten up after d croched position at a deak.

AND embroidery is quite the most desirable trimming one may have, no matter what the costume may be, and one of the very latest ideas is to have the dress made up by the dressmaker, and when it is finished the wearer puis in her idle moments decorating it in plain, but very conspicuous attiches. It was thus that an eton dress was made, the underblouse of filet net. The jacket effect of Copenhagen blue pongre was embroidered in big flowers, one overlapping the other, so that it gave the effect of a huge and artistic bouquet and also a great deal of embroidery, while in reality there was very little. The petals were embroidered in the long and short stitch finished all around in a buttonhole statch, while the inside of the flowers was fiushed in French knots.

I you find you have caught cold in spite of precautions, nip it in the bud. The time to atis at the very start. At the first spiffle or the first cough begin to fight Drink plenty of fresh water, eat lightly and get plenty of sleep. fore going to bed take a hot bath and drink a hot lemonade. Then cover warm and be sure there is no draft between the windows and the door, but have the windows open enough to get plenty of air in the room. This treatment will probably cause you to peryour overheated body to more cold. If this treatment is taken at the start and

gested condition of the liver water in which they are washed. Toand other organs, depriving matoes picked when just ripe and firm and attached to the stems will keep almost indefinitely with no noticcable loss of freshness if covered with brine made by dissolving a teacup of salt in a gallon of pure fresh water.

> HE most popular dress of the present moment is one which may be described as a fourreau-robe. It is, in the band, straight and apparently shapeless, and t is made of very supple lines, taffetas, or silk cashmere. These four-reau-robes are rather like glorified pinafores. Indeed, it was believed that they were suggested by the dainty pinatore frocks which girls of ten and twelve wear in the evening at home. It is absolutely essential that the softest and most supple materials should be chosen for dresses of this order, for they are comparatively full over the bust and hips and exceedingly wide at the hem. In some cases these loose robes are confined at the waist by a wide sash made of striped silk canvas braid, or by a still wider sash made of soft satin, embroidered with silk and beads at the ends. my opinion is that the most effective method of banding in fourreau robes is that accomplished by one, or even two, ceintures in soft glove kid or suede. These belts are made in some bright, soft cotor, which harmonizes delightfully with the dress material, and they are exceedingly flattering to

E all make errors, and sometimes they give us a peck of trouble. More than one game has been lost through a single error, and once in a while the best player on the team is the fellow at fault. But there are other games to follow, and plenty of time to come in which to retrieve. The point is that you ought to be able to tell when you have made an error, and not wait for the manager to bawl you out. Be the first to see where you made a mistake. ly discouraged about it. either. You will probably continue to fall chort of perfection all your life. But study how to avoid that particular error another time, and show that you realize clearly where you were wrong. For that is what counts. All of us make errors. But the girl who won't admit she was wrong, the girl who sulks if ETTUCE, paraley and all other she's called down, the girl who never seems to see that she was at fault, and goes blithely on falling down in the same old way week after week. that girl is the one who will find her-

TAKE TIME

Don't Hurry and Scurry Through Life.

BY MRS. MCCUNE.

PHYSICIAN who drives his own car was stopped by a traffic officer the other day and given a scolding for bis fast

The doctor took the scolding to heart, and thereafter during the rest of his long trip that took him into the miles an hour. At the end of his trip he turned to his companion and said: "That's the first ride I've enjoyed

since I've been driving a car. I feel rested instead of harassed and nervous, and I've discovered that there is some really pretty scenery along the way—I had never noticed it before." "The great curse of this country,

said another man whose profession constantly whips him to top speed, "is hurry. We don't know how to live and enjoy the beauties along the way."

"Efficiency," said the foreman of a department in a great factory, "has re-solved itself into nothing but speed. It is not real efficiency, but as long as the demand is 'speed up,' we'll pay men to show us how."

"High blood pressure is getting to be altogether too common," says a well-known surgeon. "It means only one thing-people are living too fast We're setting too swift a pace in both work and play—and especially work. We don't know when to quit, therefore igh blood pressure and the fils that

"I didn't have much rest last summer," said the stylishly gowned woman. "There's always something doing, even in the summer time. Each sea-son has its affairs and it just seems a constant rush from one thing to another. Really, I'll have to do like some of the other women and bury my-self in a sanatorium to recuperate if I'm to get any rest at all."

Commenting upon an acquaintance who was in a hospital recovering from a major operation, the head purse said: "She is out of danger but her extreme nervousness retards her recovery. That is the trouble with most of our women patients—they are so nervous, I think most of them try to do too much in their daily lives." do too much in their daily lives."

An old minister was practically forced to resign from a church where he had held a long and useful pas-

"It was the younger element in the church that wanted him out," said one of the trustees. "They wanted a younger man who could get around quicker and set a pace that would keep us in line with the other churches. You've got to stay in the procession these days if you don't want to be left out in the cold.

"My husband and I like to drive slowly when we go out for a ride in the evening," said an elderly woman. "We like to take things easy. But dear me, it's almost more dangerous to go slow than fast when everybody else is in such a hurry. They seem to resent our being on the road, though we keep close to the curb. The other machines cut around us and come so close it frightens one, and twice we've actually had our fenders bent. Surely they can't take much real pleasure when they're always in such a rush.

BEAUTY

household duties abould take as much sleep as possible, as this is nature's greatest health

Keeping the children clean, seeing that the household runs on smoothly going to market and attending to all the sewing is not the easiest task in the world and plenty of sleep will help her more than all the medicines that

come in a bottle. The girl in business who sometimes feels that the days will never come to an end is probably trying to work all day and keep up a social life in the evening. The girl with an iron constitution can do this for a time, but eventually it will tell on her as much as it does on her weaker sister. Take a half day in bed now and then and simply relax your tired body and nerves. Do not take an exciting novel and read it, but let your brain have a holiday as well as your body.

It is not necessary to stay home from the office on a pretended of illness to take this required extra sleep-it can be done on an occasional Sunday morning, the holidays that are bound to come from time to time, or

Women need far more sleep than the average man. Many men can get along with four or five hours' sleep arise and are perfectly refreshed. Not so with the average woman. Sae needs at the very least seven hours of good uninterrupted sleep, and if she is a nervous, high strung woman she needs at least ten. Just as soon as you be-gin to steal the hours that you should be sleeping you will age with about twice the rapidity that you would were you giving the allotted time to rest that your physical being craves. Sleep reduces fever, it relieves pain, it helps nutrition, it courts beauty-the of it leaves you a wreck that nothing

Women the world over have a bane ful habit of leading inactive lives. They persuade themselves that they get plenty of exercise while doing housework, and then when they go to

NEW FASHIONS BY MRS. KINGSLEY.

HE fur-trimmed gown is infinitely becoming and not necessarily expensive, for all sorts of unexpected furs are being called into service this season. The material of a lovely model seen the other day was fine serge in a soft

shade of periwinkle-blue and the bands of fur came from the homely weasel. Weasel fur is very popular just now. It is soft and easily managed and its pecular color gives it the charm of

It was noticed that the simple corsage is sleeveless and worn over a tight blouse made of blue satin. a darker shade than the serge. There is a folded sash, with long ends tied at the back, of the same satin and also

a small sailor collar. This model would be lovely in golden-brown cloth, fitch, and dark brown satip, or in navy-blue serge, imitation skunk and very dark crimson faille. Indeed, it embraces endless possibili-

Many of the new Paris models are trimmed with comparatively inexpensive furs, such as marmot, chevrette, weasel, dyed squirrel, imitation

House frocks in the popular pinafore form are specially attractive when trimmed with narrow bands of fur. A gown of this border was recently seen which was made of mouse-gray veours de laine and trimmed with bands natural squirrel.

On the hem of the dress there were some effective embroideries worked in whole lot.

"Dirty? Sakes alive! She'd wear embroideries looked like Rumanian work, and they could be easily executed with the aid of an iron-off patoutside, and she'd spend a lot of mon-

question, and similar embroideries appeared on the pinafore bodice. Tibre were, of course, no sleves and the dress was worn over a white muslin

For the best afternoon dress was suggested a pinafore gown made of begonia-red velveteen or panne, with trimmings of real or imitation skunk. All the rich red shades will be fashionable this winter-Bordeaux red velvet is in great demand for coatees and mantles.

One of the loveliest afternoon gown; een this year was very simple in outline, but the word Paris was written all over it. The material was black twilled silk, one of the popular stuffs of the moment, and the skirt was very wide, and rather short. There was no trimming on it, but the folds fell in artistic lines from waist to hem.

Then there was a deep corselet cein-ture made of real old Valencieunes lace, and a Puritan collar of the sume lace fell over the shoulders. The sleeves were long and tight, with a cluster of taffetas flowers-small asters in exquisite shades of purple and pink. This idea of trimming black silk frocks with old yellow Valenciennes is very Parisian; it is also ex-ceedingly effective. The buttons on the front of the simple little bodice were small balls of fligree silver.

to develop new ideas in those adjuncts cool place. In the case of lettuce, take: it's the inability to see it yourbed at night they cannot sleep. Just of the toilette that give a frock its when the cover is removed the leaves self, or the refusal to admit it, that for a change try a little exercise our new aspect of attraction. Thus it was will pop up and you will find them as angers the boss. For in the first case of doors. Fill your lungs with all the found that the wide skirt trimmed at crisp and fresh as if they had just it shows you are stupid, and, in the fresh air they will hold taking deep the foot with galon and fringe as in come from the garden. Even lettuce second that you are neineere, or too breathing exercises as you walk the case of the frock that was seen, that has wilted to a sorry state will stuck on yourself to see that you are along, then go home and see if you was a thorough change after the scal-

spire freely and you must be careful or didn't make good, or fell down not to throw off the covers and expose somehow, not the last. Don't be uttercarefully adhered to sit will probably curved petal cuffs of lace falling over "drive the cold right out of your sys-the wrists, and at the waist there was sem. But if you do not treat it at the very beginning it will have to run its green things may be kept de-

in cold

liciously fresh if first washed in cold water, shaken and The fashions of the season follow- then packed in a tin pail that has a ing the lines of the summer shader as very tight cover, so that the air may self dropped when there's a shrinkage they do, leave the designers at leisure not penetrate to them and set in a in the office force. It isn't the mis-