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KILL MANY SEALS.
A charge of 150 pounds of dynamite destroyed between 300 and 400 seals that were herding the salmon out of the mouth of the Sluslaw River, according to a letter received at the offices of the fish and game commission today. The secretary of the Sluslaw Fishermen's Association wrote the commission some time ago stating the salmon run had been exceedingly light this year on account of about 1000 seals that were keeping the salmon from entering the river. He sought permission to destroy the seals with dynamite as they were too numerous and wary for rifle bullets. As the seals were the destroyers of the fish the commission gave its permission to get rid of them by the best means and the herd was blown up by means of the dynamite and 3,000 feet of wire—Eugene Guard.

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GYMNASIUM AS AN EDUCATION AID

M. P. Burrows has sent the following article by Joseph Schain, of Minneapolis, on the value of physical training in the schools, to The Times, as it is of value in consideration of the proposed school gymnasium in Marshfield:

A gymnasium in every school building is the goal for which Dr. C. H. Keene, supervisor of the school department, is working. He believes that the importance of physical training in the schools warrants the expenditure of money so that every boy will have a chance to develop along physical as well as mental lines.

Not alone does Dr. Keene want gymnasiums. He wants supervisors to direct the development of the children. Like a playground, a gymnasium without a supervisor is worse than no gymnasium, says Dr. Keene.

Advised to Child's Needs.
"Never before has the world been so aroused to the needs and value of the child as at present," he said. "We see this evidenced all over the country in the multiplicity of laws regarding child labor, compulsory school attendance, medical inspection, playground agitation and in the great revival that has taken place in the teaching of and interest in gymnastics and athletics.

"School systems all over the country are being enlarged to include physical education. The physical education departments are being enlarged to include more and more diversified branches of the science.

Change From the Books.
"Five hours a day is too long for any child to sit at a school desk without any let-up or change from the book and blackboard. Certain breaks are necessary to save the child's nervous system from becoming unbalanced by the combined pressure of present-day school work and the hurrying of modern civilization. Physical training periods should come at such intervals that every two-study or recitation periods are separated by one of exercise.

"Physical training is educational of and by itself. Learning to do new things increases the nervous power of the mind.

"It is essential that plays and games should inculcate respect for law. Through proper supervision this can be done. Every means should be used to foster the spirit of fair play. This can be done by correct supervision. Therefore it is necessary to insist on absolute obedience to lawful command—to the rules of the games.

Lax Enforcement Harmful
"The most harmful factor in athletics is lax enforcement of the rules. The child who breaks the rules of his games with impunity will try to break the rules of the community.

"In physical training attention comes next to obedience. Muscular movement has little stimulative effect when it has become mechanical. Plays and games develop not only physical strength, health, endurance and skill, but moral qualities such as courtesy, chivalry and loyalty. The work shirker is developed from the play loafer.

"Correct carriage should be striven for. Boys should be taught at all times to sit, walk and stand correctly. In physical training special attention should be given to correct form. No exercise is beneficial if the child is allowed to stand with drooping head and flattened chest."

And Play Outdoors.
The importance of out-of-door play and plenty of fresh air indoors at all times was emphasized by Dr. Keene. To this end he has given instructions to teachers that during all recesses and physical training periods the windows should be opened. He said further:

"Children at recess when in school or at play at other times are not getting all they should out of the time. They stand about or sit in the shade. This loafing is not due to the fact that they do not want to play. It is because they know of no games to play. As a result they do not come in from recess rested and with minds and muscles refreshed.

"We cannot build up bodies without building the mind. Other things being anywhere near equal, the well child is much more likely to become the good student and the

clean living, upright adult than is the weakling. It is our duty to see that every child is given the chance for physical exercise that we may turn out complete, perfect products."

DIAMONDS ADVANCE
Local Jeweler Says Prices May Be Much Higher as Result of War
If the European war continues, the price of diamonds will go much higher, according to a Marshfield jeweler today.
"Most of the diamond cutters come from Antwerp in Belgium," the jeweler said. "These men have of course been forced to join the Belgium army and you will see this boost the price of diamonds. There has already been a decrease in the number of diamonds imported to this country. In July of this year there were not one third of the diamonds shipped to this country as for the same month in 1913."

Continuing he said that many articles in the jewelry line had been boosted because of the war. Cut glass and silver hollow ware have gone up. Wholesale houses are not offering any quotations on imported brushes. These brushes are made of bristles imported from France and Russia and with the supply in this country exhausted, no more can be imported.

WATER FAMINE AVERTED
The city dads had reason last week to congratulate themselves on their foresight in putting in the electric pumping station on Dutch John Creek. The high line from the old source of supply went on the blink Thursday, and if the new plant had not been in operation there would have been a water drouth as well as the other kind in this dry town. As it was, the little motor kept the mains full while the line was being repaired, and no one knew the difference.—Coquille Herald.

FAIRVIEW PRODUCTS
W. O. Matthews, of Fairview, brought in a couple of peaches which could justly lay claim to some size. One was 12 1/4 inches in diameter and the other one-half an inch larger. Mr. Matthews said they were of the late Crawford variety and there were only about a dozen on the tree, of which there is only one in his orchard.—Coquille Herald.

IS COMING BACK
Dewitt Rogers, who has been exploring the coast and finally went to the Hawaiian Islands in search of a country he would like better, writes under date of September 1 saying: "I am coming back to Coos County again, where there is a land of wealth and content." That is the way they all feel about it after seeing other places.—Coquille Herald.

ADVERTISED LETTERS.
List of unclaimed letters remaining in the Marshfield, Oregon, post-office for the week ending Sept. 15, 1914. Persons calling for the same will please say advertised and pay one cent for each letter called for:
Apsley, Mrs. Glenn; Bailey, Bill; Bruce, A.; Brix, A. J.; Briggs, J. W.; Brunner, Harry; Bird, Mrs. Polly; Burke, Stephen P. (2); Chadwick, Algonon; Damawood, Stanley; Davis, Mrs. Josie; Davis, Joe; Ennis, B. H.; Erickson, Alex.; Fradenburg, Stanley; Green, D. E.; Goldtrip, Mr. Will; Hale, Wm.; Hatten, Harvey; Johnson, Miss Hazel; Johnson, A. A.; Kerles, Mrs.; Kallcock, Y. L.; Lacey, Bob; Lemieux, A.; Loughhead, E. E.; Lovell, Sam; Marcantney, W. H.; MacDandal, Mrs. Celsa; Morrison, W.; Mullen, John; Naapl, Lenne; O'Rourke, Mrs. Fred; Olsson, Olof; Pernit, Mrs. W. H.; Perrey, Chas.; Ruse, C. A.; Rowan, Fred; Rogers, J. W.; St. Denis, R. D.; Shabo, Mrs. Chas.; Stanley, Thom.; Scott, Peter; Stafford, Mr.; Smith, Lou; Smith, Floyd; Sinskey, Oran; Sim, Robert; Tannoropus, Xpiston; Tracy, Mrs. J. E.; Tipton, Mrs. Edna; Town, Albert; Turner, E. S.; Wilson, W. V.; Wood, J. H. (2).
W. B. CURTIS, Postmaster.

Late War Briefs
FOR FRANCE, 250,000 MORE.
Fresh Troops Will Take the Field in a Few Months.
BORDEAUX, France, Sept. 17.—The following notice has been issued here:
"The official list of young men of France due to join the army in 1915 will be published not later than September 20. The usual lengthy period between the publication and the presentation is shortened by decree to 10 days."
As a consequence about 250,000 men will be added to the French forces by September 30. It is expected they will take the field in a few months.

SURPRISES MANY IN MARSHFIELD
The QUICK action of simple buckthorn bark, glycerine, etc., as mixed in Adler-I-ka, the remedy which became famous by curing appendicitis, is surprising Marshfield people. Many have found that this simple remedy drains so much foul matter from the system that a SINGLE DOSE relieves constipation, sour stomach and gas on the stomach almost IMMEDIATELY. Adler-I-ka is the most thorough bowel cleanser ever sold. The Lockhart-Parsons Drug Co.