

# Makes Healthy Bowels

**T**HIS simple rule of health is daily called attention to by every doctor in the land, whose first question to the patient almost invariably is, "Are your bowels regular?" Yet there's not one person in fifty who takes proper care of the bowels. And the result of this foolish neglect is nine-tenths of all ill-health. If today you are unable to free your body of waste matter at the usual time, or if the act causes straining, pains and discomfort, *don't let that condition occur again tomorrow.* Unless your bowels can carry away the waste materials left after food is digested, decay sets in, the poisons of which, taken up by the blood, increase the risk of Typhoid Fever, Appendicitis, and many other serious diseases.

In treating constipation, there is a *right way* and a *wrong way*. The *wrong way* is to take harsh purgatives which even though they do clear the bowels, cause griping and nausea, injure the delicate tissues, and so disturb the normal functions as to cause the return of constipation. The *right way* is to help Nature to produce natural movement, without pain or discomfort, by using

## Rexall Orderlies

**More Than One Hundred Million Were Sold Last Year**

This enormous quantity was used with good results by busy men who suffered from constipation, due to lack of exercise, or indigestion caused by overwork—by children whose parents realize the harmful effect of common purgatives—by old people whose systems cannot stand anything harsh—by women during pregnancy, and after childbirth, when any medicine with a violent action would be particularly dangerous. Many of these people are your neighbors and friends. Ask anyone who has ever used them—they'll tell you Rexall Orderlies satisfied and helped them.

—a gentle laxative in the form of a chocolate-tasting tablet. One of these tablets eaten just before going to bed will help to restore your bowels to normal activity *at a time when your body being at rest, the medicine can do its best work.* As a result of taking that tablet (or say two, if your case is obstinate), your bowels will move easily and naturally in the morning. The use of Rexall Orderlies for a few days afterward will restore normal regularity. Even chronic constipation is benefited by them, and it is not necessary to continue the treatment for a long time, because, instead of driving Nature, they simply help her to help herself.

Sold only at the more than 7,000 Rexall Stores and in this town only by us. Invest pocket tin boxes, 10c, 25c, 50c

**This Is Our Guarantee—You Risk No Money**

If Rexall Orderlies do not make your bowels act right, tell us so and we'll give back your money without asking a single question. There is no red tape to this guarantee. It means just what it says. You sign nothing. We won't hesitate, or ask you any questions. Your word is enough. If Rexall Orderlies do not do all you expect them to—if you don't feel better after using them and find that they are the pleasantest-acting and best laxative you have ever used, we want you to tell us and get your money back.

# Lockhart-Parsons Drug Co.

"The Busy Corner"

Marshfield, Oregon

Rexall Means "KING OF ALL" — Ours is The Rexall Store in this town.

## One Hundred Years Ago Today

**'ONE HUNDRED YEARS AGO TODAY'—MARCH 27**  
One hundred years ago today occurred the battle of Great Horsehoe Bend, in which General Jackson defeated the Creeks and forever broke the power of the Indians in the south. The Indians had assembled on the Tallapoosa River, in Alabama, 1000 warriors strong, with their women and children, determined to make a desperate defense. They fought bravely and almost 600 of their warriors were killed, as they refused to surrender. One of the few who bowed in submission was Chief Weathersford, their great leader. He appeared suddenly before General Jackson, in his tent, and standing erect, said: "I am in your power; do with me what you please. I have done the white people all the harm I could. My warriors are all gone now, and I can do no more. When there was a chance for success I never asked for peace. There is none now, and I ask for it for the remnant of my nation."

**"ONE HUNDRED YEARS AGO TODAY"—MARCH 26.**  
One hundred years ago today a court-martial found Brigadier General William Hull guilty of cowardice and sentenced him to be shot. The charges against Gen. Hull resulted from his conduct in the early part of the War of 1812, when without offering resistance he surrendered to the British the fort at Detroit, the American troops under his command and the territory of Michigan, of which he was governor. The sentence of death pronounced against him by the court martial was not executed, but he was dropped from the army rolls. Before he died Gen. Hull had the satisfaction of knowing that his conduct had met with vindication in the minds of many people, while the public in general was kindly disposed toward him because of the distinguished services he had rendered as an officer in the Revolution.

## ALL OVER OREGON

**OREGON CITY.**—The high school defeated the Albany high in debate recently.

**MEDFORD.**—According to reports the Blue Ledge mine will re-open this spring.

**ASTORIA.**—This city is about to undertake the building of a bulkhead line along the waterfront and reclaiming its tide flats.

**SEASIDE.**—This summer resort is preparing for the summer by building and improving. About \$25,000 will be spent in this way.

**SALEM.**—Over one hundred water permits have been granted in Crook County for the purpose of irrigation. This number is more than were granted to any other county in the state.

**OREGON CITY.**—The school board has decided to give the students and teachers of the city schools a week's vacation from March 27 to April 6. The schools will remain open one week longer or until June 12 to make up for the rest in the spring.

**PRINEVILLE.**—This will be the scene of the 1915 convention of the Cattle and Horse Raisers' Association of Oregon. The annual meeting will take place on the second Tuesday in February instead of the third Tuesday in March.

**ONE RUB IN TIME SAVES NINE**  
Don't wait until your hair is gone but keep all you have if possible. We recommend Meritol Hair Tonic as a reliable preparation for keeping the scalp clean and healthy condition and promoting hair growth. It is a preparation of genuine merit, one we are pleased to guarantee to you. Owl Prescription Pharmacy, Frank D. Cohan, Opposite Chandler Hotel, Phone 14, Central Avenue Drug Store, local agency. Prices 50c and \$1.00.

**ALBANY.**—The county court of Albany is contemplating carrying into effect in the near future a plan suggesting a "Good Roads Day" on which all who conveniently can will be requested to devote one day to the improvement of the public highways.

**KLAMATH FALLS.**—Articles of incorporation of the Klamath Co-operative Produce Company were filed with the Klamath County Clerk recently. This company is organized for the purpose of constructing a general grain elevator and to control a flour and feed milling business.

**SALEM.**—Declarations for the initiation of constitutional amendments abolishing the state Senate and providing for proportional representation in the Legislative Assembly, championed by officers of the State Federation of Labor, Farmers' Union, Farmers' Society of Equity, Proportional Representation, Bureau People's Power League and the Oregon State Grange, were filed with Secretary of State Olcott. It is proposed to submit the amendments at the election in November.

**NEW YORK 300 YEARS OLD**  
Anniversary of Gotham is Being Celebrated Now.

**NEW YORK, March 27.**—A celebration of six-months' duration will commence today to commemorate the tercentenary of the chartered commerce of this port. The celebration will embrace a series of religious, historical and educational exercises, pageants, parades and scientific and commercial exhibits. On this date three hundred years ago the States General of the United Netherlands granted to what is now New York its first general charter for regular commerce. It was on October 11, the first special charter, was granted for trade in the then New Netherlands. Combined with this celebration will be features to commemorate phases of the whole country's progress including the practical completion of the Panama Canal and the peace centenary of English-speaking nations.

### BUILDS BIG BOAT.

Capt. Dollar Will Christen New Craft Harold Dollar.

**PORTLAND, Or., March 26.**—Harold Dollar will be the name of a new offshore steamer which the Dollar Steamship Company, of San Francisco, has made arrangements to build on the Clyde for service in the lumber trade between Pacific coast ports and the far east. She will be larger than the Robert Dollar, at present the largest of that fleet, and she will have capacity for handling more than 5,000,000 feet of lumber.

Captain Robert Dollar says the proposed vessel will be built at a cost of about \$280,000. If turned out at San Francisco or at any other American yards he declared that the vessel would cost more than \$600,000. The vast difference in favor of the builders in Scotland or England he holds to be attributable mostly to the higher wages paid mechanics in this country. She will be placed under British registry because of the less expense of operating her. Formerly the company owned a coaster known as the Harold Dollar. But more than a year ago she was sold and the name changed to the Greywood. So the head of the company has decided to give the name of Harold Dollar to the new vessel.

## FRECKLES

February and March Worst Months for This Trouble—How to Remove Easily.

There's a reason why nearly everybody freckles in February and March, but happily there is also a remedy for these ugly blemishes, and no one need stay freckled.

Simply get an ounce of othine, double strength, from your druggist and apply a little of it night and morning, and in a few days you should see that even the worst freckles have begun to disappear while the light ones have vanished entirely. Now is the time to rid yourself of freckles, for if not removed now they will stay all summer, and spoil an otherwise beautiful complexion. Your money back if othine fails.

## Dr. W. B. Richardson

OPTOMETRIST FROM SPOKANE

Will Return to Spokane

Saturday, April 4



Now Is Your Time

TO GET GOOD, GRIND GLASSES PROPERLY FITTED

Do not miss this opportunity

Do You See As Well

With One Eye As

the Other?

Should you have headaches or want to improve your eyesight, better try my special ground combination glasses. Young or old, with this SPECIAL GLASS can read fine print, do close work or see at a distance. All glasses fitted by me are warranted to give satisfaction.

## Dr. W. B. Richardson

Optometrist

Office 187 N. Broadway, Marshfield.

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With this bank will add System to your business affairs

And system means increased business, decreased expense, increased efficiency, self confidence and reliance.

Your return checks, cancelled by the bank when paid, are a complete record of your money disbursements.

This bank invites your account.

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J. H. Flanagan, Vice-President.  
R. F. Williams, Cashier.  
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Coos Bay Steam Laundry

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See CORTHELL

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## Butter . . . PHONE 3141

We have some good fresh Creamery butter in two-pound squares that we are selling for 65c per square.

Coos Bay Tea, Coffee and Spice House.

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CONTAINS NO ACID.

Will not lose its charge while standing idle.

IS GUARANTEED FIVE YEARS

Coos Bay Wiring Co.

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Agents for Port of Coos Bay.

## South Coos River Boats

Express leaves Marshfield for head of river at 8 a. m., returning in evening.

Steamer Rainbow leaves head of river at 7 a. m. and returning leaves Marshfield at 2 p. m.

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