

HOW TO CURE WITH MUSIC.

Investigators Find Certain Tunes Benefit the Sick.

Listen, you men of medicine, and give heed, you women who wait and watch within the hospital wards and in the sickrooms of our homes.

Here is a creed that is new, yet old, that has at its back the fervent faith of a great theologian and thinker and the practical indorsement of hard headed physicians.

It is the science of healing by music. Serious continuous experiments are being made by men whose sincerity and scientific attainments are above question, and they assert that the results already attained have astonished the most sanguine among them.

The tests have been and are being made in the Samaritan hospital, Broad and Ontario streets, Philadelphia, under the direct supervision of the president of that institution, the Rev. Dr. Russell H. Conwell, famous throughout America for the breadth and force of his opinions and the eloquence with which he enunciates them from pulpit and lecture platform. They are fully verified in all their details by Dr. William Haehnel and the other physicians and surgeons comprising the staff of the Samaritan hospital.

These men and the nurses who have aided in making all the observations unite in testifying to the beneficial effect upon the temperature and pulsations of their patients of certain musical airs and the evil and depressing influence of other tunes.

They found that the old rich melody of the hymn "I Know That My Redeemer Liveth" brought patients forth from the trance of anaesthesia with none of the nausea and feverish symptoms that usually attend an awakening.

They further found that fever was abated and restlessness reduced by that fine old song "Flow Gently, Sweet Afton," that "Dixie" calmed a patient who had delirium and that "Junonia," "The Last Rose of Summer" and a number of other soft phrased melodies sent pain racked invalids into soothing, healing slumber.

In the course of the experimentation Dr. Conwell and the physicians discovered that a number of songs produced injurious effects upon the patients. Among these disturbing tunes were many hymns, "Abide With Me," "Peyelle's Hymn," "Behold a Stranger at the Door" and "In the Hour of Trial" were distinctly unfavorable in their results. "Ben Bolt," "The Star Spangled Banner" and the dead march from "Saul" produced the worst effects of all the tunes.

CLEANING WITH MILK.

How to Use the Leftover Contents of the Pitcher.

It seems cruel irony to clean house with milk when it is so high even for those who wish to drink it, but sour and skim milk and buttermilk are just as good for this purpose, so it is not so expensive as it sounds.

Buttermilk is the best possible thing to clean linoleum and oilcloth. Just mop it up with a soft cloth and watch the dirt taken off by the application. About once a week is often enough for the cleaning.

Either skim or sour milk will make rubber plants grow. Wash the leaves with a soft cloth in milk and water, sponging each off carefully inside and out and pouring the remainder of your basin into the ground of the tub. The plant grows and thrives on it.

Milk well rubbed into the wood makes a good furniture polish also, keeping the shiny surface in good condition. You do not need frequent treatment. At housecleaning time is often enough.

So here are three ways at least of using the leftover and spoiled contents of the milk pitcher.

How to Freshen Ribbons.

Now is the time to get the family treasure box down from its place on the closet shelf and take an account of our stock of ribbons and laces and other tidbits which come in handy for trimming the children's school hats or adding a few touches to our own last year's chapeau. Many of the old ribbons may be used to very great advantage if they are properly freshened. Wash the ribbon in warm soapy water. Do not rub the soap on the ribbon, but rinse the ribbon in clear warm water and then roll it round a glass bottle which has been covered with a soft flannel. The gloss and pretty finish of the ribbon will be spoiled if it is pressed with the warm iron. The drying over the glass bottle will make it look almost as good as new.

How to Press With Paper.

When you are about to press a piece of silk or of ribbon, to make an unqualified success of it place a piece of slightly dampened wrapping paper over it before ironing. The paper is something that is always on hand. Therefore it is not much trouble for you to do this, and when you see the result of your experiment, no vestige of lint on your ironed piece, a newish stiffness to the fabric and a perfect gloss, you will never depart from this rule.

How to Make Buttonholes Strong.

To make the buttonholes strong in children's clothes work over ordinary soft wrapping string. Hold it on the inside as near the edge as possible and it will not show when the buttonhole is finished.

How to Shave Easily.

A razor will cut more readily if it is dipped in hot water just before it is used.

HOW TO CARE FOR SILVER.

Too Much Scouring Will Wear Out Plate and Means Needless Work.

While all homemakers take genuine pride in the handsome appearance of their table silver, many find the care of it a burden and give themselves an unnecessary amount of labor over it. The weekly cleaning, which is a bug-bear to many housewives, is not only needless, but a real harm, since constant scouring will soon wear off silver plate and has an appreciable effect even upon solid silver. To avoid this it is hoped that the following hints may prove helpful to some housekeepers:

Silver in daily use should be washed as soon as possible after leaving the table, following immediately after the glasses in the process of dishwashing. After a preliminary rinsing to remove loose food lay aside any stained pieces for future care and immerse the rest in a pan of clean, hot, soapy water. Wash such pieces as need it with a soft cloth and place them all in another pan of hot water to which a table-spoonful of ammonia and a dash of soap have been added. Wipe the pieces directly from this water without draining them. Plenty of dry, soft towels are required. Follow this by a rub with chamois skin or soft flannel, rubbing briskly, but not heavily enough to bend the handles.

Take the stained pieces next. Egg stains are removed with wet salt, others with whitening moistened with alcohol or ammonia. After all stains have been removed wash and polish pieces as above. Two coarse, wide mouthed pitchers will be found a convenience in washing silver. Soap should never be rubbed directly on the silver, but a strong suds should be made with the soap shaker. This program may seem somewhat elaborate at first, but if persisted in it easily becomes a habit, and the result is much more than worth the trouble.

For the grand cleaning choose a clear, dry day. Provide yourself with a convenient table covered with oilcloth or paper. Have whitening, sifted three times, in a dish before you, a small bottle of alcohol, one of ammonia, a soft brush, flannel and cotton rags, chamois skin and plenty of tissue paper.

Begin with the small pieces and separate the sets. For the most part a rub with a cloth dipped first in alcohol, then in whitening, will be all that is needed to clean, but if the articles are much stained make a paste of the whitening and alcohol and apply thickly, allowing it to dry on. After this cleaning rub all the articles first with old flannel, then with chamois, using the brush to do the whitening on the ornamental work. In case there are obstinate stains which do not yield to this treatment a competent authority advises touching them with oxalic acid, washing it off immediately and then rubbing again with the whitening and alcohol. Oxalic acid is a poison, and all due precautions must be observed in its use. If the spot looks dull after the acid has been used rub it hard with a flannel rag moistened with sweet oil and dry whitening.

After everything is shining and clean all that which is not in daily use should be put away in cotton flannel bags, each containing a small bit of camphor gum. It is an added protection also if each piece is previously well wrapped in white tissue paper. Paraffin paper is excellent for wrapping, as it helps to exclude gas, which is the greatest household agent, either coal or illuminating gas, in tarnishing silver.

This thorough cleaning should not have to be done oftener than once or twice a year if the pieces to be put away are properly protected and the daily care outlined above is bestowed upon all the articles in daily use.

How to Clean Bagdad Rugs.

It is very difficult to wash a Bagdad couch cover or rug successfully. The colors are almost sure to run when treated in the ordinary way. Before beginning operations separate the strips. Then wash each one in a separate water. Use white soap and lukewarm water to which a little salt has been added after a suds has been raised by brisk stirring. Do not rub the strips on a washboard, but merely dip them into the water and stir them briskly, then quickly rinse them and hang them over a clotheshorse in the kitchen away from the sunlight. Be careful when drying that the strips do not overlap. When almost dry press out the wrinkles with a hot iron. If the middle strips have become slightly worn exchange them with those on the outside when sewing the cover together again.

How to Cook Pumpkin.

The best way to cook a pumpkin is to set it in a tin and then place it directly in the oven without any other preliminary treatment than a light washing with a wet vegetable brush. Bake it for an hour or more, according to the size of the pumpkin. When it is done open the steam end and remove the seeds. The rind will peel off as though it were so much paper. As a time and trouble saver there is no better way to cook a pumpkin.

How to Have Pins Handy.

A pin cushion on the wrist is a convenience to the small dressmaker. It should be a small, soft cushion, attached to an elastic band just snug enough to wear on the left wrist. No stopping of work is then necessary to look for a pin.

How to Renovate Scratched Paint.

To remove scratches on paint made by scratching matches rub with a cut lemon.

HOW TO MAKE A RIFLE FIT.

Have the Tangs on the Frame Bent Down to Get the Right Drop.

Compare the rifle and the shotgun belonging to the same man and you will almost invariably find the rifle has much less drop of stock than has the gun. This is due to the rifle makers not wanting to carry a large assortment of rifles fitted with stocks of different shapes, perhaps following the idea most people have that a shotgun must fit, but any old rifle is good enough.

And that is what most of them get, says a correspondent of Recreation; also if you'll watch the owner handle the gun and the rifle you'll find there is a big difference. With the gun built for him he keeps his head up and his eye on the target. With the rifle he puts his head down and hunts for the sights and even then complains of overshooting. It doesn't occur to him that this is due to the too high modern front sight and the too straight stock.

There is one way to remedy this latter difficulty without giving up your last cent to have a special stock built for you. Simply have the tangs on the rifle frame bent down until you have the drop that you want—i. e. the one that brings the sights in line so that you wouldn't be bothered where you wouldn't see the sights, but could see the outline of the game.

I have had this done on several of my rifles. It cost something less than \$1, and last fall every guide and native from New Brunswick to the Smokies that saw and handled my 38-55 H. V. wanted it. They all spoke of the way the sights aligned, but they didn't know why they did. I believe it will pay any hunter who is troubled with overshooting to look into the matter and see if he can have his rifle altered in this way.

HOW TO LEARN TO FLY.

Several Schools of Aviation Have Been Started in Europe.

Where can I buy an aeroplane, and what will it cost me?

New machines cost from \$5,000 to \$7,500, although the Santos-Dumont Demoiselle can be bought for \$1,200. In importing machines into this country there are extra charges, duty, freight, etc., which amount to 50 per cent of the original cost. So much for the machine.

But this is not all. You must be prepared to take lessons in flying and spend as much time as may be necessary to become proficient. Mr. Farman has said that the aeroplane breakage made by the average man in learning to fly amounts to nearly \$2,000 and that to avoid dangers and to prevent accidents a man should have at least sixty trips in the air under the instruction of a competent teacher before he takes control of the machine himself.

Regular schools have been established abroad at Chalons, Pau, Buc, Etampes, Mourmelon, Lyons, Juvisy, Issy and Moulon. Hundreds of flights are being made every week.

HOW TO KEEP HAIR IN CURL.

One Woman's Way, by Which She Can Defy Fog, Mist and Rain.

Most women agree with the ancients in thinking that those whom the gods love have curly hair, and it is perhaps because they want to seem to be favorites of the gods that so many women curl their hair artificially. The fog, the mist and the rain are then looked upon as the evil geni of nature.

The women who have found a way to combat these unkind influences by keeping their hair in curl even during damp, humid weather are frequently regarded with envy. Yet to do so, says a woman whose naturally straight locks never come out of curl, is a simple matter.

This woman keeps on her dressing table in an air tight jar the white of an egg, diluted with water to three times its bulk. Then at night, preparatory to curling, she passes a comb saturated with this mixture through its length. As soon as this is done each strand is twisted tightly like a cord and wrapped around a curling kid.

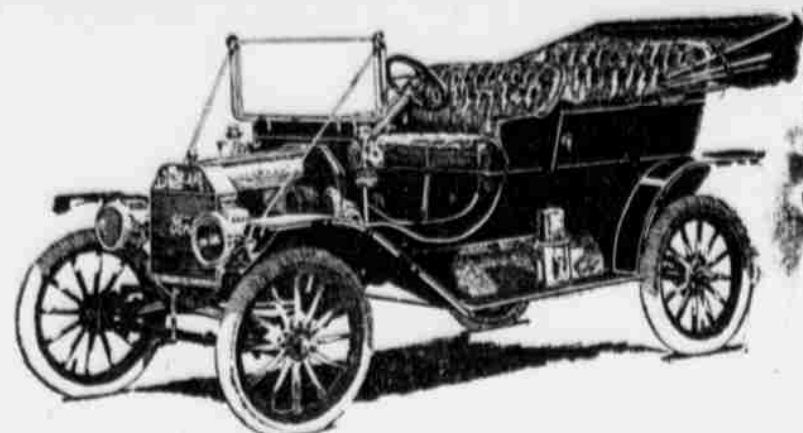
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I have a recipe for these troubles that you can depend on, and if you want to make a quick recovery, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K-1491, Luck Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

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