

COOS BAY TIMES

Entered at the postoffice at Marshfield, Oregon, for transmission through the mails as second class mail matter.

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An Independent Republican newspaper published every evening except Sunday, and Weekly by The Coos Bay Times Publishing Co.

Dedicated to the service of the people, that no good cause shall lack a champion, and that evil shall not thrive unopposed.

The Coos Bay Times represents a consolidation of the Daily Coast Mail and The Coos Bay Advertiser, The Coast Mail was the first daily established on Coos Bay and The Coos Bay Times is its immediate successor.

SUBSCRIPTION RATES. DAILY.

One year.....\$6.00 Per month..... .50

When paid strictly in advance the subscription price of the Coos Bay Times is \$5.00 per year or \$2.50 for six months.

WEEKLY.

One year.....\$1.50

Official Paper of Coos County.

OFFICIAL PAPER OF THE CITY OF MARSHFIELD.

Address all communications to COOS BAY DAILY TIMES, Marshfield :: :: :: Oregon

HOME STUDY DANGEROUS.

TOUCHING on a topic that is timely on Coos Bay as well as the rest of the country just now, Sir James Crichton Bourne, the famous English physician says "Home lessons are an invention of the evil one. They poison sleep, and, like Macbeth, they murder it."

The "murdering of sleep" is a very serious danger, for it affects both mind and body. Want of sleep in childhood stunts the growth, and it also stunts the mental powers, as we can easily understand when we remember that the time for brain repair is during sleep.

When a child is constantly doctored of a sufficient amount of sleep his brain is bound to suffer, for he is being deprived of that which strengthens and builds it up anew.

Insufficient sleep is bad for any one, but it is far worse for a child than for a grown person, because a child's brain is in the building.

The notion of "poisoning" sleep, spoken of above, may seem a curious one, but it is one which parents would do well to take careful account of, for sleep "poisoned" by overwork just before bedtime does not possess the real repairing power that natural healthy slumber does.

The fact that "home work" must be done late in the evening is what caused it to be—particularly in the case of nervous or not very robust children—a real danger.

It is all very well to say that the school curriculum "can not be got through without the preparation of lessons at home."

The only answer to this is the obvious one that in that case the curriculum ought to be shortened.

Read the following words by the distinguished physician quoted above:

"Besides getting the normal number of hours of sleep, a child's brain should be prepared for sleep by getting all its hard work done in the morning, leaving only the lightest brain work for the evening hours." He adds: "The present increase of nervous and mental diseases noted by recent observers in elementary school children is largely due to insufficient sleep."

Surely it would be wiser to let the children learn less if thereby a better brain power is insured for the future.

To stuff and cram immature, partly developed brains at the risk of inducing "nervous and mental diseases" seems the work of lunatics.

Now the power of steady application is a most valuable and important qualification for students to possess. Without it, indeed, progress in education is impossible.

That is not the way to promote brain growth, and to make the brain grow should be the first object with all parents, for a badly developed brain will never be able, at any age, to concentrate its powers on intellectual work, because it will not possess the power to do so. More work is done in one year by a strong and

well-developed brain than in six, or, in ten, by a feeble and a puny one.

Therefore, be warned in time, and up to the age of 7, at any rate, don't ever try to make your children concentrate on lessons, or you may do them irreparable injury, and also set your face firmly against the preparing of lessons during the evening for the next day's work.

MORAL POISON.

WE ARE hearing a great deal these days of criminal poisoning and the tales are frightening: But there is another phase of poisoning than the physical; the moral venom exuded in social and business ways by secret lies and tainting suggestion; the mean and vicious projection of the characted-blasting invective and the creeping sin of coward-prejudice and sneaking jealousy, the effects of which no judge nor physician may palliate or render harmless. This is the poison that eats its underground way to hopeless ruin undetected and unimpeded, and is dreaded infinitely more than the rarer evil.

STRONG PULSE BEATS.

Cases In Which They Are Perceptible to the Eye.

"It is not such an uncommon thing," said a physician "to find a person whose pulse beats can be plainly seen, and yet I suppose there are but few outside of the profession who realize the fact. In most persons the beat of the pulse cannot be perceived, but the mere fact that the beating is perceptible does not mean that the pulse is other than normal. I have come across a number of cases where the throbbing of the wrist could be plainly seen, and yet the persons rarely gave evidence of abnormality in temperature. They were rarely feverish and were in good physical condition generally. Pulses of this kind, from this view, which is based upon actual observations of cases, do not indicate anything more than an abnormal physical condition in the formation of the wrist veins.

"I have met with one case which was possibly a little extraordinary in that it was plainer and much more distinct than any I had ever seen before. It could almost be heard. The artery would rise to a point almost as large as the ball of the little finger of a child and would change from the white of the skin to a blood purple with each beat of the pulse. I found it easy to count the pulse beats without touching the patient's wrist. I could see plainly enough to keep the record, and in order not to err in my calculation I tested it in several ways and found it was correct and that there was no mistake in my counting with the naked eye."

The Dead Man's Hand.

Charms as cures for sickness were common in England a century ago. Lady Wake, who was born in 1800, tells of a grewsome cure adopted for the removal of some birthmarks which disfigured her face. Her mother was persuaded that "a dead man's hand laid upon my cheek and hands would effectually remove the marks," she writes. "As a man could not be killed for the occasion, it was necessary to wait till some one died. An old man at last did die in one of the nearest cottages, and I was taken there in my sleep. I remember afterward being constantly stopped by the widow, who always examined my cheek in order to ascertain the state of her husband's body, as the marks, she told my nurse, would certainly fade away as he turned into dust. Whatever the cause of the cure, the marks in time disappeared."

"It's the Cut."

An aged country rector who had an old tailor as his clerk, returning from his church one Sunday with the latter, thus addressed him:

"Thomas, I cannot think how it is that our church should be getting thinner, for I am sure I preach as well as ever I did and ought to have far more experience than I had when I first came among you."

"Indeed," replied Thomas. "I'll tell you what; old parsons nowadays are just like old tailors, for I'm sure I sew as well as ever I did in my life, and the cloth is the same, but it's the cut, sir. Ah, it's the new cut."—Pearson's Weekly.

Flower of the Air.

There is a plant in Chile and a similar one in Japan called the "flower of the air." It is so called because it appears to have no root and is never fixed to the earth. It twines round a dry tree or sterile rock. Each shoot produces two or three flowers like a lily—white, transparent and odoriferous. It is capable of being transported 600 to 700 miles and vegetates as it travels suspended on a twig.

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We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligations made by him. W. A. RINGOLD, KENNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists. Take Hall's Family Pills for constipation.

MEMORIES OF MARK TWAIN.

Two Letters the Humorist Wrote to Henry Watterson.

"Mark Twain—An Intimate Memory," is the title of Henry Watterson's article about his cousin as it appears in the American Magazine. Mr. Watterson regrets the following incident as being typical of Mark Twain's whimsical point of view:

"His mind turned ever to the droll. Once in London I was living with my family at 103 Mount street. Between 103 and 102 there was the parochial workhouse—quite a long and imposing building. One evening, upon coming in from an outing, I found a letter he had written on the sitting room table and left with his card. He spoke of the shock he had received upon finding that next to 102—presumably 103—was the workhouse. He had loved me, but had always feared that I would end by disgracing the family—being hanged, or something—but the 'work'us, that was beyond him; he had not thought it would come to that. And so on through pages of horseplay, his relief on ascertaining the truth and learning his mistake, his regret at not finding me at home, closing with a dinner invitation. Once at Geneva, in Switzerland, I received a long, overflowing letter, full of buoyant oddities, written from London. Two or three hours later came a telegram: 'Turn letter. Blot it from your memory. Susie is dead.' Susie was Mrs. Clemens.

Lucky Dog.

"My wife is excessively fond of her poodle. Actually, I'm beginning to look on it as a sort of a rival to me." "Say, you're lucky. I'm only a sort of a rival to my wife's poodle."—Kansas City Times.

Eczema Cure a Beauty Wash

Although D. D. D. Prescription has been recognized for years as the one remedy for Eczema, Psoriasis, and all other forms of skin diseases, it is now known that there is no other wash, even those used by the beauty specialists, that can compare with this mild liquid for cleansing the skin of pimples, blackheads, rash, and all similar skin affections.

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D. D. D. seems to remove the cause, whatever the trouble may be, cleansing the skin, and leaving it as soft, as smooth and clear as that of a healthy child.

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NOTICE TO TAX PAYERS.

Taxes for the year of 1910 are due and payable on and after February 1st, 1911. Three per cent rebate up to March 15th. From March 15th to April 3rd pay taxes at face.

There will be no further notice of the amount of taxes due sent out by mail, except where the taxpayers request it and furnish a list of the property on which they desire to pay.

W. W. GAGE, Sheriff and Tax Collector. Dated: Coquille, Oregon, January 16th, 1911.

A piece of flannel dampened with Chamberlain's Liniment and bound on to the affected parts is superior to any plaster. When troubled with lame back or pains in the side or chest give it a trial and you are certain to be more than pleased with the prompt relief which it affords. Sold by all dealers.



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A well-known business man in this city recently said: "You will never appreciate the comfort and safety in shaving yourself 'till you do so 'neath the clear white light of a General Electric Mazda Lamp."

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