



With Mechanic's Aid Future of Aeroplane Assured.

By Captain THOMAS S. BALDWIN.

THE AEROPLANE IS NOW IN THE EXPERIMENTAL STAGE, AND THE IDEA OF SUCH A MACHINE HAS BEEN WORKED ON ONLY BY DREAMERS WHOSE INVENTIONS, SO FAR ARE BUT THE TOYS OF MILLIONAIRES. The automobile was developed through various competitions of endurance and speed, for which valuable prizes were offered by wealthy men.

THE SAME RAPID DEVELOPMENT WOULD RESULT IF SUCH CONTESTS WERE HELD WITH AIRSHIPS.

WHEN THE PRACTICAL MECHANIC GETS TO WORK ON THE DEVELOPMENT OF THE AIRSHIP, THEN YOU CAN LOOK FOR RESULTS THAT WILL BE STARTLING.

Today a man carrying aeroplane weighs from six hundred to nine hundred pounds. WHEN THE MECHANIC STARTS TO REFINES THESE CRUDE MACHINES I THINK THERE WILL BE BUILT AN AEROPLANE THAT WILL WEIGH BUT TWENTY POUNDS FOR EACH MAN CARRIED.

OF COURSE A GREAT DEAL OF MONEY WILL NECESSARILY BE LOST BEFORE THIS RESULT IS ATTAINED, FOR IT WILL ONLY FOLLOW REPEATED AND VERY COSTLY EXPERIMENTS.

OF INTEREST TO WOMEN

How to Acquire a Beautiful Figure.

Mrs. Sarah S. Jackson in the Designer has a talk on how a beautiful figure may be acquired, and this is what she says: "One of the best ways to obtain a graceful carriage and beautiful figure is by practicing deep breathing in conjunction with various exercises."

"The modern woman, whether she be in the crowded city or the smaller towns and country places, does not exercise enough, and as a consequence her body suffers. Or perhaps she does exercise vigorously in one particular direction, thereby developing one portion at the expense of another. This is wrong. She should be symmetrically developed throughout."

"The writer then gives the following exercise to be tried in the morning when you first get up: "Begin by bending your head over to the right side as far as it will go, and while holding it in this position slowly turn it to the back, to the left and to the front. Now reverse the movement, keeping this up about ten minutes."

"For enlarging the arms she recommends playing ball for ten or fifteen minutes a day. Besides being capital fun, you'll soon have lovely rounded arms and will be able to wear short sleeves."

"Another exercise, called the fan exercise, is for reducing the waist. It is also a good general developer of the whole body. It strengthens the back, benefits the lungs and makes the whole body supple. This is the method: Secure two little Japanese paper fans and, standing in front of an open window, draw a deep breath, filling your lungs to their fullest extent. Now, holding your breath, raise your arms straight above your head, holding a fan in each hand. Keep your knees perfectly straight and bend over until the fans touch the floor; then recover original position and exhale."

"This is to be kept up for ten or fifteen minutes unless you are very tired. It is well to bear in mind that vigorous exercise, and a great deal of it, must be the order of the day. In the development of the chest there are many ways of obtaining the desired extra inches, but massage and deep breathing are all that is necessary, and if practiced for six weeks by the thin chested girl the result will be surprising."

Living to Scale.
A recent editorial in a magazine devoted to women is headed with the words "Living to Scale."
"Life is a rule in proportion," says the

writer, who shows how this is true not only in the adjustment of time and strength, but in the disposal of money as well.

To live successfully one must live to a scale—that is, things must be so proportioned that they will come out right in the end. To give point to his theory, the writer quotes the experience of a young lawyer and his wife whose one extravagant wish was the possession of an automobile.

Their income was not large, but they bent every energy to the desired end and before long were able to purchase the costly machine which was to be their one luxury.

But having an automobile which accommodated four people meant that they often took their friends about, either to the theater in town, since they lived in the country, or out for a week end to their home, with frequent drives and pleasant little supper parties en route. Aside from the constant cost of repairs and running, the machine proved to be the means of much expense.

and not been as disastrous to the financial ship as had the more lavish scale of living into which it had plunged them.

This living to scale, and the right scale that is one of the hardest things that a woman has to do, for it is very largely the woman, who conducts the home, who sets the standard of living.

The Plain Girl.
Volumes could be written about the unnecessary sorrows of the plain girl. Not one girl in a thousand is ugly, but a large proportion are what might be termed badly turned out. Now, if the plain girl only knew it, this is her golden age. Things have advanced since the days of our grandmothers, when the pensive, delicate creature that sighed and arched her brows and was wonderfully fair to look upon not only demanded but commanded the slavish worship of men. After all, there is no phase of femininity so attractive as the plain girl that is as neat as a row of new pins and whose wits have been sharpened by the fact she has no beauty to trade on or foolishly offer as a substitute for brains.

Of course there are men who always will follow in the train of prettiness, but it may be taken almost as an invariable rule that if happiness does not come to the plain girl before marriage, it comes to her after marriage, for the plain girl usually wins the discriminating man, the man who is fully awake to the truth that beauty is only skin deep. In the ranks of society within the last few years the plain girl has had things practically her own way. She has defeated her lovelier sister time after time in fair competition for desirable matches, and she has done it simply because the plainness which is her secret sorrow has driven her to mental alertness.

Weeds or Flowers?—A Word to Girls.
Nothing but plenty to do can possibly keep our minds fresh and sweet and wholesome and strong and hence strengthening for others. Feeling is the only part of a woman's nature which will develop of itself. Her mind will not grow unless definitely cultivated, and no more will her conscience, but if she leaves the field fallow weeds of foolish feelings and fancies spring up on all sides.

This is why it is your duty not to allow yourself to be idle, not only because God expects you to bring your sheaves with you at the last day, but because your field cannot stand empty. If good grain is not there, weeds will be. And manual work—gardening or housework—gives more fresh air to the mind than anything else.

If you ever, as Punch expresses it, "find your doll stuffed with sawdust," if life seems a disappointment and you are a prey to foolish fancies and have lost your spring, then try being real, first out in body; be useful work, and if you do not find it an effective tonic.

CRANIUM TURNS REVOLVER SHOT, LEAVING HIM MERELY STUNNED.
COUNCIL BLUFFS, Ia., Dec. 16.—A negro named J. C. Jones, en route to his home in Omaha, from Kinsman, Ohio, on the Rock Island flyer No. 7, near Weston, Ia., pulled a revolver from his pocket while sitting in a chair car and shot himself in the head. The bullet glanced from his skull and struck the train porter, Joe Lee, at the opposite end of the car, in the back of the head, where it was flattened completely. Jones was brought to this place and taken to Mercy hospital in an unconscious condition. It is said he will recover, having sustained only a stun and long scalp wound.

Printing from movable type was known in Korea over a century before the invention of the art in Europe.

"Ringing" in the Season



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TIME TABLE NO. 4.

In effect November 1, 1908.—Daily except Sunday.

	No. 5.	No. 3.
	P. M.	A. M.
South—		
Marshfield	Lv. 2:00	Lv. 8:30
*Summit 2:30 9:00
*Junction 2:37 9:07
Beaver Hill 2:50
Coquille 9:20
*Johnsons 9:35
*Schroeders 9:40
*Norway 9:47
Myrtle Point	Ar. 10:00	Ar. 10:00
North—		
Marshfield	Ar. 12:20	Ar. 5:30
*Summit 11:40 5:00
*Junction 11:25 4:45
Beaver Hill Lv. 4:30
Coquille 11:05
*Johnsons 10:47
*Norway 10:27
Myrtle Point	Lv. 10:20

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