

# Constipation

Just a Pleasant Man.  
"Is it really only ten minutes' walk from the station to your house?" asked Oldman.  
"What a ridiculous question!" exclaimed Sububs. "Nobody in lovely Swamphurst ever walks to the station. I may say, however, that it's only about eight and a half minutes' run."

An Intermittent Memory.  
A small customer appeared at the grocery store, says a writer in the Century Magazine, and the smiling grocer asked him what he wanted.  
"Please, mister," said the boy, "I can't remember what ma sent me for, but you can give me two cents' worth o' peppermint candy, 'cause she said I could keep the change."

# ALBERTA WHEAT LAND

These lands of Canadian Pacific Railway...  
IDE-McARTHUR LAND CO.  
Portland, Ore.

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"THE SCHOOL OF QUALITY"  
The high-standard commercial school of the Northwest. Open all the year. More help than we can meet—position, class and individual instruction.



Dr. W. A. Wise  
President and Manager  
The Wise Dental Co.

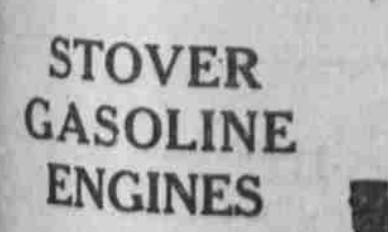
# Out-of-Town People

Remember that our force is so arranged we can do their entire work in a day if they prefer. We remove the most sensitive teeth and roots without the least pain. NO PAIN, NO UNCERTAINTY.

For the Next Fifteen Days  
We will give you a good 22k gold or porcelain crown for \$2.50  
...  
ALL WORK GUARANTEED 15 YEARS

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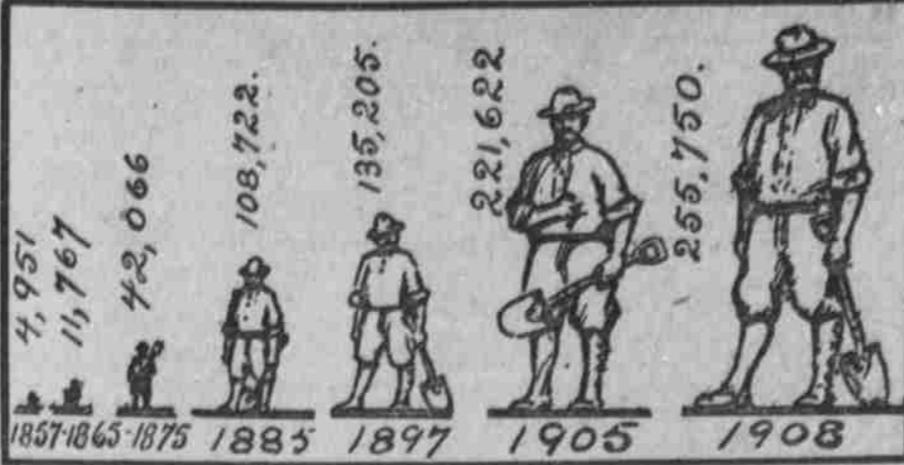
# LEADER PNEUMATIC WATER SUPPLY SYSTEMS FOR COUNTRY HOMES



The best and most logical method of furnishing water yet devised. The tank is placed in the basement or in the ground near the house and keeps the water cool in summer and proof against freezing in winter. It never leaks. It is impossible for impurity to get into it. It outlasts the building in which it is installed. It costs a little more to begin with, but there is no second cost. We have a catalogue which illustrates and describes the Leader system. Ask us for it.

STOVER GASOLINE ENGINES  
Full Line of Implements and Vehicles  
Mitchell AGENTS EVERYWHERE  
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Boise, Idaho.

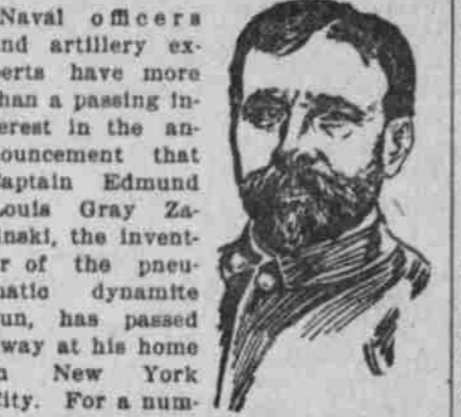
# ARGENTINA'S FLOOD OF IMMIGRANTS.



Growth of Immigration into Argentina.  
People who think that all the immigrants who leave Europe make a bee-line for Canada or the United States will be surprised to learn that Argentina received more immigrants in 1908 than the United States did in 1897 or 1898. In 1908 Argentina received 255,750 strangers. This was about one-third the number the United States received that year, but in proportion to population she is far ahead of the United States as a promised land for Europeans who leave home. A glance at the reference books in which these figures appear shows, however, that the rest of South America must not be judged by Argentina. Brazil's immigration is falling off and Chile's is insignificant. From the 76,292 foreigners who settled in Brazil in 1901, the number of annual additions to the population has dwindled until the last census, in 1904, gives but 12,447. In the five years including 1901 and 1905 Chile records a total of only 14,900 immigrants.

One of the main reasons why Argentina is so eagerly picked out for settlement lies doubtless in the determined efforts of the government to populate the island districts. As soon as the immigrants land they are provided with good food and comfortable shelter for five days. The National Bureau of Labor finds places for them, if they are laborers or mechanics, and they are dispatched to their destination and supported for ten days free of charge under the direction of an agent of the bureau. If after arriving at his original destination "the immigrant wishes to continue his journey still farther by another railroad, he is provided with a ticket and conducted to the station by the agent." As to the number of immigrants, Argentina received in 1865 11,767 immigrants; in 1875, 42,066; in 1885, 108,722; in 1897, 135,205; in 1905, 221,622; in 1907, 209,108; and in 1908, 255,750 immigrants.

# CAPTAIN EDMUND L.G. ZALINSKI, INVENTOR OF THE DYNAMITE GUN



Naval officers and artillery experts have more than a passing interest in the announcement that Captain Edmund Louis Gray Zalinski, the inventor of the pneumatic dynamite gun, has passed away at his home in New York City. For a number of years the Zalinski method of firing safely shells loaded with dynamite, gun cotton or other high explosives has been under experiment by the United States and other nations, with the result that experts seem to be of the opinion that for coast defense, at least, the gun may have permanent and great value.

Zalinski was born in Prussian Poland, Dec. 13, 1849. With his parents he came to the United States when he was 4 years old, and he grew up in the village of Seneca Falls, N. Y. When the Civil War broke out, though only 14 years old, he entered the army as a volunteer aid-de-camp to General Nelson A. Miles. In February, 1865, he was given a commission as second lieutenant in the Second New York Heavy Artillery because of gallantry displayed at the battle of Hatcher's Run, Va. In September, 1865, he was mustered out of the volunteer service and in the following February was given an appointment in the regular army as second lieutenant of the Fifth United States Artillery. A year later he was promoted to be first lieutenant and in this rank he served nearly twenty-one years, when he was appointed captain.

Lieutenant Zalinski turned his time to profitable experimenting. From 1880 to 1889 his time was almost wholly given to the development of the pneumatic dynamite gun. Other inventions included an trenching tool, a ramrod bayonet, a telescopic sight for artillery and a system of range and position finding for sea coast and artillery firing. In 1894 he retired from the army and ten years later was given honorary promotion to the rank of major.

The Zalinski dynamite gun is operated by compressed air. Dynamite, it is well known, is easily exploded by a sudden shock, and because of this fact it cannot be fired from an ordinary gun or cannon. The gun is about fifty feet long and is fifteen inches interior diameter. Three such guns form the equipment of the dynamic cruiser Vesuvius.

The Vesuvius received a test of her effectiveness in actual warfare before the harbor of Santiago, when Cerro's fleet was bottled up by the blockading vessels of the United States navy. Under cover of darkness one night she stole up to within 600 yards of the Spanish fortifications and discharged three shells loaded with gun cotton. Two of the three shells exploded on the hill with terrific effect, but nothing further was attempted and the Vesuvius rejoined the fleet.

Owing to the high trajectory of the dynamite gun's fire the three tubes on the Vesuvius are set pointing up into the air at an angle of eighteen degrees from the horizontal. The tubes extend to the bottom of the vessel, and the loading is done there with the magazine carried along the keel so as to be safe from explosion by a shot received from the enemy. Though the experts are not yet convinced that the Zalinski gun is certain of being useful in future war-

fare, they see in it possibilities and probably will continue to experiment with it. At the least, the invention is conceded to have been useful in demonstrating the possibility of firing large charges of high explosives for a long distance by means of compressed air.

# MILK, ITS CARE AND USE.

Clean Vessel Necessary—Pasteurization—Lime Water.

Vessels used for milk must be thoroughly cleaned. Tins should be rinsed in lukewarm water and washed with hot water and soap; then rinsed in boiling water and sunned two or three hours if possible. Milk should not be covered tightly; use muslin or cheese cloth for covers, which keeps the dust out and lets the air through.

The little pasteboard covers that come in milk bottles are for that purpose. Milk should be kept in a clean, cool place; it absorbs odors very quickly.

Milk becomes sour through the action of bacteria. Pasteurizing destroys the disease germs, but it does not destroy the spores. Boiling the milk will kill the spores, but that makes the milk indigestible for a child. There is even a question regarding the digestibility of pasteurized milk. If it is necessary to pasteurize milk for a child, a tablespoonful of orange juice should be given through the day, this furnishing an organic acid which is destroyed in the heating of the milk.

Fill sterile bottles or jars nearly full of milk, cork them with baked cotton, place on rings in a deep pan and fill with cold water, so that the water may be as high outside the bottles as the milk is inside; put the pan over the fire and heat until small bubbles show around the top of the milk (this temperature is about 155 degrees Fahrenheit); remove to the back of the fire and allow the bottles to stand there fifteen minutes, then reduce the temperature as quickly as possible, and when the milk is cold remove the bottles from the water and keep in a cold place. In summer milk should be pasteurized twice a day for babies.

If a child's stomach is acid, lime water should be used with the milk. Put a piece of unslaked lime the size of a walnut into an earthen vessel. Cover it with two quarts of water, stirring it thoroughly; allow it to settle, then pour off the water; add two quarts of filtered water, stir, and when it settles pour the clear solution into a bottle. More water may be added.—St. Louis Globe-Democrat.

# THE NEW BONNET.



St. Nicholas.  
Positive Reasons.  
The Minister—Mackintosh, why don't you come to church now? Mackintosh—For three reasons, sir. First, I dinna like yer theology; secondly, I dinna like yer singin'; and, thirdly, it was in your kirk I first met my wife.—Dundee Advertiser.

# CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA  
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought Bears the Signature of

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In Use For Over 30 Years.  
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Time.  
"It's sort o' curious," said Uncle Jerry Peebles; "but when a man is workin' for another man he's always wantin' to go and see the ball game. When he's workin' on his own time he gets stingy with it and can't spare it."—Chicago Tribune.

An Expert Opinion.  
"Maria, is there a single good thing about these great wide hats the women are wearing?"  
"Yes, John, there is; when two women meet they can't kiss each other now."

Built early in the eleventh century, there are great cracks appearing in the north and south transepts of the cathedral of Southwell, Minster, England.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Not by That Name.  
Shoe Salesman (to tall, bony customer)—I'm afraid these shoes will pinch you a trifle, m'dam. I suggest that you try what we call our—E'm our contracted No. 6.  
Customer—No, sir; I won't wear a 6. Have you an expanded No. 5?

Don't Bother Him.  
Summer Boarder—I thought you said mosquitoes never bother you out here?  
Jason Stubblefield—They don't, pardner. They allus leave me alone to feed on yew tender-skinned city fellers.—Kansas City Times.

Eureka!  
City Man—You broke an old hen from wanting to set? How?  
Suburbanite—I set her in one of my wife's spring hats.

Sore throat is no trifling ailment. It will sometimes carry infection to the entire system through the food that is eaten. Hamlin's Wizard Oil is a sure, quick cure.

By Precept Only.  
"You uphold and defend the split infinitive, do you, doctor?"  
"Most emphatically, sir."  
"Then why in thunder do you never use it yourself?"

You Can Get Allen's Foot-Ease FREE.  
Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures itching, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for warts, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

Cynical.  
"The law, you know, presumes that every man is innocent unless he has been proved to be guilty."  
"Yes; I sometimes think the law hasn't any more sense than the average jury."

It's Fruity Flavor.  
"Old boy, that oration of yours was a peach."  
"It wasn't so bad. I had—er—pruned it down till it was just about the right size."

Not His Best Role.  
Alky—If there is anything I detest, it is this so-called "joy riding."  
Miss Tartun—I don't doubt it. I saw you on horseback the other day, and you didn't look the least bit like a joy rider.

CRESCENT BAKING POWDER  
A pure phosphate baking powder that does all that the high priced baking powders will do and does it better. It raises the dough and makes lighter, sweeter and better breads. Sold by grocers 25c per pound. If you will send us your name and address, we will send you a book on health and baking powder. CRESCENT MFG. CO. Seattle, Wa.

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placed anywhere, and kills all flies, mosquitos, house flies, etc. It is a sure and certain cure for all insect pests. Sold by grocers 25c per pound. If you will send us your name and address, we will send you a book on health and baking powder. CRESCENT MFG. CO. Seattle, Wa.

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The intense interest that has been manifested throughout the country by the wonderful cures that are being accomplished daily by epileptics, still continues. It is really surprising the vast number of people who have already been cured of fits and nervousness. In order that everybody may have a chance to test the medicine, large trial bottles, valuable literature, History of Epilepsy and testimonials, will be sent by mail absolutely free to all who write to the Dr. May Laboratory, 548 Pearl Street, New York City.

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This wonderful man has made a life study of the properties of Herbs, Hecbes and Barks, and is giving the world the benefit of his services.  
No Mercury, Poisons or Drugs Used. No Operations or Cutting.  
Guarantees to cure Catarrh, Asthma, Lung, Stomach and Kidney troubles, and all Private Diseases of Men and Women.  
A SURE CANCER CURE  
Just received from Peking, China—safe, sure and reliable. U. falling in its works. If you cannot call, write for symptom blank and circular. Inclose 4 cents in stamps.  
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