

Catarrh

is a Constitutional Disease. It originates in impure blood and requires constitutional treatment, acting through and purifying the blood, for its permanent and permanent cure. The greatest constitutional remedy in Hood's Sarsaparilla.

In usual liquid form or in chocolate tablets known as **Saratabs**. 100 doses \$1. Nasal and other local forms of catarrh are promptly relieved by Antiseptics or Cauterizers, 50c., druggists or mail.

C. I. Hood Co., Lowell, Mass.

Chicago's Equator. Teacher—Tommy, do you know what latitude is? Tommy—Yes, ma'am. It's distance north and south of the Chicago river.—Chicago Tribune.

One More Unfortunate. The police justice looked at the battered, disreputable specimen of manhood before him and turned to the policeman. "Officer," he asked, "what is the complaint?" "Rheumatism, y' honor," spoke up the prisoner, answering for himself.—Chicago Tribune.

The Hub. Outbid—Pa, what do they mean when they say "Money is easy" in Wall street? Pa—They mean that it is easy, my son, because they have just gotten it from easy people. Outbid—Then why can't we get it? Pa—Because those that have a hold on it are not easy.

From 8 Till 10 P. M. Talk about your moving pictures that they charge a dime to see, well, they may be real amusing, but just take a tip from me: There's a transparent curtain and two "spooners" on our street. Talk about your moving pictures—well, we guess we have them beat.

Juvenile Delinquency. "Kitty," said her mother, rebukingly, "you must sit still when you are at the table." "I can't, mamma," protested the little girl, "I'm a filibusterer."

Ten-Minute Bulletin. Hiram Burrows—How's yer chawin' backer, Ezra? Ezra Skinner (reluctantly producing pipe)—Fallin' fast; I don't expect it to last the day out.—Puck.

Triumph of Human Nature. "Them seventeen mothers in the village mothers' club agreed to decide by ballot which had the handsomest baby." "Well, who won it?" "Each kid got one vote."—Judge.

Particulars Required. "Kitty, wouldn't you like to know something about Esperanto?" "Do you have to learn to play it, or is it something you eat?"

There are now over 250,000 words in the English language acknowledged by the best authorities, or about 70,000 more than in the German, French, Spanish and Italian languages combined.

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you've yet to learn the bodily comfort it gives in the wettest weather.

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KASPARILLA

Misleading household remedy is most successfully prescribed for a "world of troubles." For derangements of the digestive organs it is a natural corrective, operating directly upon the liver and alimentary canal, gently but persistently stimulating a healthful activity. Its medicinal influence extends, however, to every portion of the system, aiding in the processes of digestion and assimilation of food, promoting a wholesome, natural appetite, correcting sour stomach, bad breath, irregularities of the bowels, constipation and the long list of troubles readily traceable to those unwholesome conditions. Kasparilla dispels drowsiness, headache, backache and despondency due to inactivity of the liver, stomach and digestive tract. It is a strengthening tonic of the highest value. If it fails to satisfy we authorize all druggists to refund the purchase price.

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The Chinese Doctor

This great Chinese physician is well known throughout the North-west because of his wonderful cures, and is today heralded by all his patients as the greatest of his kind. He treats any and all diseases with power, and his cures are guaranteed to cure catarrh, rheumatism, pleurisy, influenza, pneumonia, bronchitis, liver and kidney troubles, also private diseases of men and women.

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ALFALFA FOR OREGON.

is Proving Good Forage Crop for the Milk Cow.

By James Dryden, Oregon Agricultural College, Corvallis.

There is a great deal of milk in the ground that was not spilled and cried over, but it is there nevertheless. At certain seasons of the year the Thousand-Headed kale pulls the milk out of mother earth and the cow pulls it out of the kale and puts it in the bucket. There is a period, however, during the summer when the cows go hungry and the milk languishes in the ground because there is no green thing to pull it out and coax the cow to fill the milk bucket.

Western Oregon is one of the best dairy sections of the union. With mild open winters in which kale flourishes and furnishes green succulent food, the dairy business thrives all the year around with the exception of a short period during the summer. During this period the land is out of commission, the cows barely subsist on the pasture fields and there is no profit to the farmer. Forty-cent butter and a scarcity of good fresh milk is the evidence of a lack of green food.

What is needed in the valley is a forage crop that will utilize the soil and furnish green food and pasture during the dry season. Will alfalfa fill the bill? If alfalfa could be raised extensively and successfully it would change the face of nature and add immensely to the value of the farms in the Willamette valley. It would increase the dairy products and the poultry products; it would cheapen the production of pork and beef and mutton.

Alfalfa has been grown for two thousands years in the Mediterranean region. It has been grown successfully in arid parts of America for half a century. A gentleman traveling over what was then regarded as a land unfit for settlement in Western Nebraska by reason of its aridity discovered a thrifty green alfalfa plant growing where no other green thing could be found for miles around. That was a demonstration that satisfied the gentleman and he purchased a large tract of land for a trifle. On the same land he has since fed fifty thousand sheep in one season on alfalfa. Alfalfa goes down into the depths of the soil for moisture and through wireless communication with the atmosphere brings down from above food which feeds the plant and enriches the soil.

Since 1891 the acreage of alfalfa in Kansas has increased from 34,388 to 615,000 in 1906. A recent bulletin from that state says of alfalfa: "The steer feeders and mutton feeders of Kansas, Colorado and Nebraska would be lost without it."

At the Kansas station it is stated: "A gain of 800 pounds of pork was made from a ton of alfalfa, and a little less than that amount of gain was made from an acre of alfalfa pasture." Again, "We found that 100 pounds of alfalfa hay saved 96 pounds of corn." Figuring on the basis of these experiments it is stated that "with green alfalfa producing ten tons per acre (20,000 pounds) it would produce 2,000 pounds of pork, which, at 4 cents per pound would be worth \$80 per acre."

Director Burkett, of the Kansas station, says: "By promoting the successful production of alfalfa the station has not only extended the dominion of an imperial forage crop, but in so doing has discharged its own entire expense, and in addition has added millions of dollars to the wealth of the state."

At the Ontario agricultural college in ten years 30 cuttings, yielding over 5 tons an acre, were made. An experiment showed this great soil enriching qualities. Wheat grown after alfalfa yielded 61.5 bushels per acre and after timothy sod 42.1 bushels. In the two succeeding years the alfalfa sod produced 30.2 bushels of barley and 24 bushels of corn, while the timothy sod produced 19.7 bushels barley and 17.9 bushels corn. The three crops on the alfalfa sod were worth about \$90 while those on the timothy sod were worth about \$59.

At the Oregon Agricultural college alfalfa has been growing successfully for several years, and tests are being made by the agronomists with different varieties to determine which will suit the conditions best in this state. The station men are glad at all times to answer questions in regard to its cultivation.

A few miles from Corvallis Mr. W. H. Hamlin cut this year 200 tons of alfalfa hay. It yielded about 2 1/2 tons to the acre in two cuttings. Before seeding to alfalfa the land had been "cropped out." In fourteen years fourteen grain crops had been taken from the land, and Mr. Hamlin explains that on richer land the yield is much heavier. He further explains that the oldest stand yields the best, showing that it takes several years on certain classes of soil for the alfalfa to make a good growth.

It looks as though an alfalfa campaign would be worth millions to this state.

Q. What is meant by "50 per cent," "40 per cent," and so on, dynamite? A. The percentage given refers to the amount of nitroglycerin in the powder. For instance, a 40-per cent dynamite is supposed to contain 40 per cent of nitroglycerin and 60 per cent of "dope."—P. S. Thomson, Washington State College, Pullman

A Proposal. "Yes," he said, "I'm in love." "Hub!" she replied scornfully. "I wouldn't care to be you." "And I wouldn't like you to be. I'd rather you were mine."—Philadelphia Press.

Mrs. Hoyle—I've found out where my husband spends his evenings. Mrs. Doyle—Where? Mrs. Hoyle—At home. You see, I had to stay in myself last night.—Harper's Weekly.



MISS SOPHIA KITTLESEN.

HEALTH VERY POOR— RESTORED BY PE-RU-NA

Catarrh Twenty-five Years— Had a Bad Cough

Miss Sophia Kittleesen, Evanston, Ill., writes: "I have been troubled with catarrh for nearly twenty-five years and have tried many cures for it, but obtained very little help. "Then my brother advised me to try Peruna, and I did. "My health was very poor at the time I began taking Peruna. My throat was very sore and I had a bad cough. "Peruna has cured me. The chronic catarrh is gone and my health is very much improved." I recommend Peruna to all my friends who are troubled as I was."

PERUNA TABLETS—Some people prefer tablets, rather than medicine in a fluid form. Such people can obtain Peruna tablets, which represent the medicinal ingredients of Peruna. Each tablet equals one average dose of Peruna.

Man-a-lin the Ideal Laxative
Ask Your Druggist for a Free Peruna Almanac for 1909.

The St. Petersburg correspondent of the London Mail says that ear drums made of thin leaves of silver are being used in the Russian military hospitals for diseases of the ear, to replace defective organs.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Stanzas to a Chorus Girl. I am sorry you can't be my bride, May, But my father won't give his consent. And if he, in a rage, cut me off, May, Why I never could pay for our rent.

But why should we live any more? May In death we should not be apart. I suffer alone, and am seized, May, With a grief that is searing my heart.

So let's flee from the odious world, May, Where there's nothing but troubles and cares, Ah, won't it be grand, when we two, hand in hand, Are climbing the golden stairs?

FITS. St. Vitus' Dance and various diseases permanently cured by Dr. J. Lin's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kilne, Ltd., 363 Arch St., Philadelphia, Pa.

To Avoid Mistakes. "I want a bottle of Rybold's Extract," said the prominent politician of the "Seventh ward, stepping into a drug store. "Rybold's Extract?" queried the druggist. "That's a medicine I never heard of before." "I never heard of it, either, until to-day, but I'm under contract to write a testimonial for it, and I want to find out what diseases it claims to be good for."

You Can Get Allen's Foot-Ease FREE. Write Allen R. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, itching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

Let's see from this odious world, May, And go to the land of frothless sodas, thumbless waiters and countless delights; where your pipe doesn't go out every few minutes and you don't have to tramp ten miles to get a check cashed. —Yale Record.

Lame Back Prescription. The increased use of whiskey for lame back rheumatism is causing considerable discussion among the medical fraternity. It is an almost infallible cure when mixed with certain other ingredients and taken properly. The following formula is effective: "To one half pint of good whiskey add one ounce of Toris Compound and one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each meal and before retiring."

Toris compound is a product of the laboratories of the Globe Pharmaceutical Co., Chicago, but it is as well as the other ingredients can be had from any good druggist.

Illustrating It. "Josiah," asked Mrs. Chugwater, looking up from the newspaper she was reading, "what is a 'homestretch'?" "This," answered Mr. Chugwater, leaning back in his easy chair, slowly extending his arms at right angles with his body, and accompanying the exercise with a dismal yawn. "You've seen me do it a thousand times."—Chicago Tribune.



"Do you think people should be punished for gambling at the races?" "A lot of them are by having their money taken away from them."—Washington Star.

She—He tells me all his secrets. He—Well, you don't object to that, do you? She—Oh, I don't know. I think I'd rather find them out!—London Opinion.

The Maid—Do you believe it's unlucky to get married on a Friday? The Abominable Bachelor—Certainly. Why should Friday be an exception?—Black and White.

Molly—When you spoke to father, did you tell him you had \$500 in the bank? George—Yes. Molly—And what did he say? George—He borrowed it. —Sketchy Bits.

The Judge—Was your chauffeur guilty in this accident? The Prisoner—No, your honor, the victim was run over in entire compliance with the ordinance.—Green Bag.

"I can not live but a week longer without you!" "Really, duke? Now how can you fix on a specific length of time?" "Ze landlord fix on it, miss: not I."—Louisville Courier-Journal.

"Pardon me," the photographer said, "but I think your smile is unnecessarily broad. It will show all your teeth." "Those teeth cost me \$60," growled the sitter, "I want 'em to show."—Chicago Tribune.

"You Americans don't appreciate art," said the man from abroad. "We don't, eh?" rejoined the earnest patriot. "Why, we pay some opera singers more than we do baseball players."—Washington Star.

Mrs. Baker—My husband costs me a good deal of money. Mrs. Barker—Yes, and he isn't very good to you, either. Mrs. Baker—I know it, but I got a dandy lot of wedding presents with him.—New York Times.

"Well," said Kwoter, "you know, faint heart n'er wou fair lady." "Nonsense!" replied Miss Bright; "if the lady's heart isn't faint and she's willing to help him a little he can win every time."—Philadelphia Press.

Biggs—Do you believe that the use of tobacco impairs the memory? Diggs—Not necessarily. I haven't been able to forget that cigar you gave me two weeks ago—but perhaps there was no tobacco in it.—Chicago Daily News.

Phyllis—What an awkward waiter Charley Litewate is. Wonder he wouldn't take a few lessons. Maud—Why, he has. He told me that he took a regular correspondence-school course in dancing last winter.—Sunday Magazine.

Jingle (to short, stout party)—Just had such a good time with that lady over there. Awfully flirty, don't you know. But now she won't even look at me. Short Party (just arrived)—How funny! She's my wife.—The Tatler.

Tommy—Pop, what is the difference between a dialogue and a monologue? Fommy's Pop—When two women talk, my son, it's a dialogue, when a woman carries on a conversation with her husband, it's a monologue.—Philadelphia Record.

"I haven't heard of you going out to Subbub's to dinner lately." "No; he says I can't do that any more." "Why, I thought you were his closest friend. What's the matter?" "He tells me their cook doesn't like me."—Philadelphia Press.

"Nellie," called down the strict parent, giving his daughter's nightly caller the usual warning to get out as the clock struck 11. "I'm coming down there now." "You needn't mind, father," was the unexpected reply. "Mr. Wells has wound up the clock and put out the cat."—Lippincott's Magazine.

"Who," she asked, "is that scrawny, bow-legged, ridiculous looking person talking to Miss Rockingham?" "That is Count Brisezkplekntzel!" "Oh! What an aristocratic, noble bearing he seems to have, now that he has shifted his position so that the light strikes him properly."—Chicago Record-Herald.

"Well, sir," said the old gentleman indignantly, "what are you doing round here again? I thought that delicate hint I gave you with my boot just as you left the front door last night would give you to understand that I don't like you—won't have you—coming here." "It did," said the young man who was "after" the daughter, as a look of mingled pain and admiration came over his face; "but I thought I would come and ask you—" "Ask me what?" "If you wouldn't like to join our football club."—Straff Stories.

The Judge—Is yo' name Immanuel Baxter? Immanuel—Yassah. The Judge—Well, you are charged by Officer Tacker with stealing a side of bacon at Walter's store last night. Immanuel—Ah wants ter file a alibi. The Judge—What for? Immanuel—Ah don't know, seh; Mistah Reg'nald James—he's a col'd lawyer—he done tol' me ter say dat. The Judge—Oh, I see. But why didn't you steal a ham? They're better than sides. Immanuel—They wasn't no hams down dah. The Judge—Thirty days.—Cleveland Leader.

There is enough happiness in sight, if you could get it.

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A Flavoring. It makes a syrup better than Maple. Sold by grocers.

Aesop in "Little Italy." A school teacher in the Italian quarter of an American city told her children the story of the fox and the grapes. Tony was especially delighted with the story, and eagerly sought his chum, Joe, who was in another class. By good luck, the teacher overheard Tony's version.

In his excited, broken English he told the fable much as it was written, until he came to the end. This was his rendering of the climax: "De olda fox he say, 'Da grape no good, anyhow; alla sour. I guess I go geta de banan.'"

New Use for It. Mrs. Pnenbride (at telephone)—Hello! Is that the health department? Voice—Yes. Mrs. Pnenbride—I wish you would send one of your officers to 637 Riggs street. This house is full of cockroaches.—Chicago Tribune.

By Ear. Stranger (on horseback)—Uncle, what is the price of oats to-day? Uncle Jed (sitting on the fence)—We don't sell our votes in these diggin's, mister. Be you a candidate?

Her Impromptu Conundrum. "You called on Miss Tartun and she greeted you with 'Why, Mr. Sorreltop!' Well, what was there in that harmless exclamation to offend you, Percy?" "Yes, but she—didn't punctuate it that way. She said: 'Why Mr. Sorreltop?'"

He Couldn't Tell a Lie. "Well, good-by, dear!" said Mr. Trueboy to his beloved spouse. "I must go and dictate those letters—twenty-six of them—so you mustn't expect me home very early."

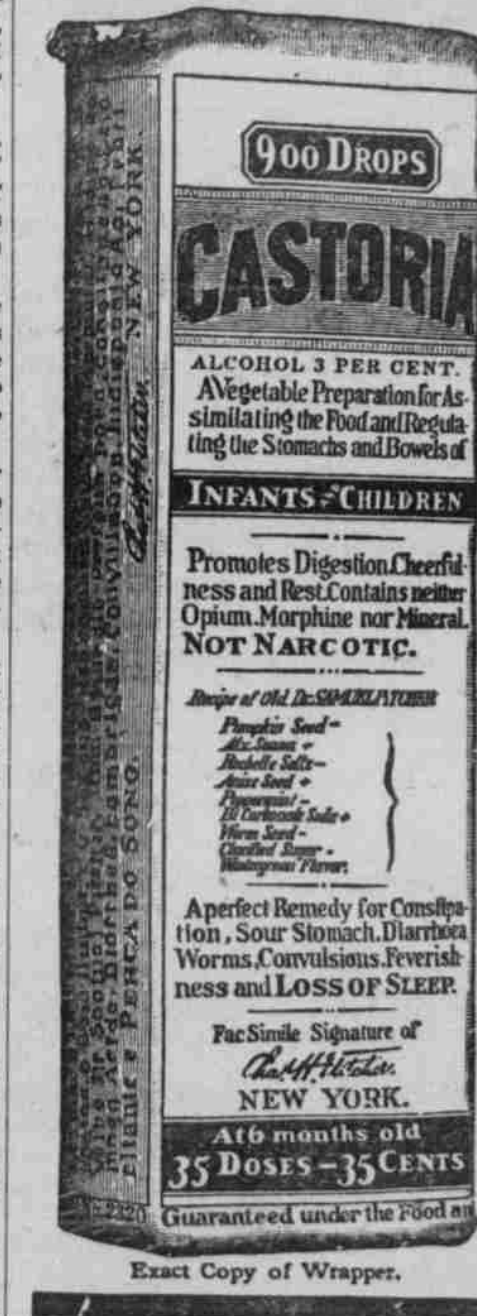
"All right!" was the response. "But I wish you wouldn't work so hard."

Half an hour later, Mr. Trueboy entered his club and sat down, with three others, at a card table.

"Just a moment, you fellows, before the first hand is dealt. I've got to keep my word with my wife. One of you just take down what I dictate: 'A b e d e f g h i j k l m n o p q r s t u v w x y z.' There! Those letters are off my mind."

He Could Not Tell a Lie. Inquiring Lady—How much milk does your cow give a day? Truthful Boy—Bout twelve quarts, lady. Inquiring Lady—And how much of that do you sell? Truthful Boy—Bout twelve quarts, lady.—Human Life.

The Horsemen. A veterinary surgeon pronounced a hunter to be afflicted with an incurable disease. "What had I better do?" queried the owner to his groom. "Well, sir," was the reply, "conscientiously speaking, I should part with him to another gentleman."—Tit-Bits.



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WILL DO ALL THAT ANY HIGH PRICED POWDER WILL DO AND DO IT BETTER

A FULL POUND 25c. Get it from your Grocer

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More Converts Every Year

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