

QUEEN OF ACTRESSES PRAISES PE-RU-NA



I am glad to write my endorsement of the great remedy Peruna. I do so most heartily. —Julia Marlowe.

Any remedy that benefits digestion strengthens the nerves. The nerve centers require nutrition. If the digestion is impaired the nerve centers become anemic, and nervous ability is the result.

Peruna is not a nerve nor a stimulant. It benefits the nerves by benefiting digestion.

Peruna frees the stomach of catarrhal obstructions and normal digestion is the result.

In other words, Peruna goes to the bottom of the whole difficulty, when the disagreeable symptoms disappear. Mrs. J. C. Jamison, Wallace, Cal., writes:

"I was troubled with my stomach for six years. Was treated by three doctors. They said that I had nervous dyspepsia. I was put on a liquid diet for three months.

"I improved under the treatment, but as I stopped taking the medicine I got bad again.

"I saw a testimonial of a man whose case was similar to mine being cured by Peruna, so I thought I would give it a trial.

"I procured a bottle at once and commenced taking it. I have taken several bottles and am entirely cured."

MOTEL MOORE
OPEN ALL THE YEAR
CLATSOP BEACH SEASIDE, OREGON

Directly on the beach overlooking the ocean. Hot salt baths and recreation pier for fishing. 500 ft. long. Electric lights. Fire-places and steam heat. Fine walks along the beach. Buses to Seaside and Clatsop Beach. Rates \$2.50 and \$3.00 per day. Special rates by the week. HAN. J. MOORE, Proprietor

Female: What's New?
"She adopted a new hat? She seems her head tilted to one side now."
"That's no fat. It's a habit she has taken into in consequence of having to go through so many narrow doorways with that new spring hat of hers."

Honor Ya, Safety.
"Don't you consider it honorable to tell a man his faults to his face?"
"Yes," replied the wise guy, "but I consider it safer to tell them to his neighbor."

People Tell Each Other About Good Things.
"Two years ago few people in the world knew of such a preparation as a Powder for the Feet. Since after the genuine merit of Allen's Foot-Ease has been told year after year by grateful women it is indispensable to millions. It is health, wholesome, healing and antiseptic, and gives rest and comfort to tired, aching feet. It comes while you walk. Over 20,000 testimonials. No imitations pay the dealer a larger profit. Elsewhere you will never be offered a substitute for Allen's Foot-Ease, the original foot powder. Ask for Allen's Foot-Ease and see that you get it."

Watts and Measures.
"What sort of a table do they set at your boarding house?" asked the young man who was contemplating a change.
"A table of watts and measures," replied his friend, "the first long and the latter short."—Chicago News.

The Song of the Hair
There are four verses. Verse 1. Ayer's Hair Vigor makes the hair grow. Verse 2. Ayer's Hair Vigor stops falling hair. Verse 3. Ayer's Hair Vigor cures dandruff. Verse 4. Ayer's Hair Vigor always restores color to gray hair. The chorus is sung by millions.

Before using Ayer's Hair Vigor I had very thin and very poor hair. But I continued to use it until my hair greatly improved. I have used it for years. —Mrs. A. DUMMORR, Brockton, Mass.

Made by J. C. Ayer & Co., Lowell, Mass.
SARSAPARILLA.
PILLS.
CHERRY PECTORAL.

GRANGE DECLARES ITSELF.

Defines Plan of Action on Irrigation Question.

Resolutions unanimously adopted by the Oregon State Grange at Eugene, May 14, 1908, upon the following motion:

Moved that the resolutions be adopted as read and referred to the committee on legislation, with power to prepare a bill as outlined therein, submitting the same to the next session of the legislature for adoption, and further, that the chairman of the legislative committee be authorized to invite such state or national experts on water legislation who can be secured to assist the committee in preparing such bill, also one representative from any state organization which may hereafter adopt substantially similar resolutions.

Resolutions.

Whereas, Titles to water are of equal importance with titles to land, and it appears that a water right should be as easily ascertained, as clearly defined, as secure and in all respects as definite as a perfect title to land; and

Whereas, It is apparent that without a definite system of water right titles and adequate protection by the state, our water users are burdened with costly, and apparently unending litigation; our present constructed works are depreciated in value; the United States hesitates to construct irrigation systems; private capital declines to invest; home-seekers go to other states and countries, where the purchase of an irrigated farm does not mean the purchase of a lawsuit, and thus our development is seriously retarded; and

Whereas, Our present water laws cannot be found by a study of the statutes alone, but must be sought for in a long series of decisions by our supreme court, and apparently are so conflicting that our ablest lawyers differ in opinion on the most fundamental points. This law is incomplete and inadequate, and has been, and is, in a state of flux. Disputes are decided by the logic of judges, rather than by statutes of the legislature. Few know what the law is today, none know what it may be tomorrow; now, therefore, be it

Resolved, That it is the sense of the Oregon State Grange that it is the duty of the state of Oregon, at the earliest possible time, to codify and enact a complete, concise, and definite water law, leaving to the courts only the mere interpretation of this law on such occasions as it might be brought into dispute; and be it further

Resolved, That such water law should be based upon the best experience of other states and countries, such as Wyoming, Idaho and Canada, and should include the following fundamental principles:

1. That no water right should become vested except by direct grant from the state.
2. To provide a system whereby the priority and limitations of every existing right to the use of water can eventually be ascertained.
3. To provide a reliable record in some central office of all water rights as determined, and of new rights as initiated.
4. That actual measurements of ditches and streams be made as a basis for the adjudication of existing rights and the initiation of new rights to the surplus water, if any.
5. To provide a definite procedure whereby rights to such surplus water may be acquired.
6. That beneficial use should be the basis of all rights to the use of water, and that water for irrigation purposes should be made appurtenant to the land irrigated.
7. All rights to the use of water for power development should be limited to a period of twenty-five years, subject to renewal under certain restrictions.
8. To provide an efficient administrative system, with proper officers, for the distribution of the water supply among those entitled to its use.

QUERIES BY FARMERS.

Experiment Station Called Upon For Advice on Various Subjects.

From the Washington State College, Pullman.

A correspondent at Cheney writes the following letter to the station: "I am interested in the subject of bacteria as an agricultural agent, and would like to know if anything is being done by the government along the lines of bacteria research to prove an important factor in the agriculture of the Inland Empire? To what extent are fertilizers used in the Northwest, and with what efficiency? Please give me some information concerning the new theory of soil poisoning by successive crops."

Following is the reply given to this letter: "At this station we have tested several different cultures, some of which were successful, while others failed. We have found that in the laboratory and greenhouses, where conditions could be controlled fairly well, the cultures possessed values. We are not sure that their use will become general, for most of the commercial product does not show up very uniformly. We have depended more largely on the use of inoculated soil from old alfalfa fields, in getting a stand of alfalfa, than on the bacteria.

"Fertilizers have not been very thoroughly tested in eastern Washington, but we are learning that many of our soils may be vastly improved by certain treatments. The indications are that fertilizers will be used in the near future, more as a corrective agency, than to increase fertility. The theory of 'soil-poisoning' is based on the fact that where a soil is overcharged with some element, the excess of this element becomes injurious to vegetation. It is necessary to counteract this by the use of some chemical fertilizer."

A Look Ahead.

The safe and sane Fourth of July had come.
"But how are the boys observing the day?" asked the foreigner, who had just landed. "I don't see any about."
"The boys?" said the native. "The last of 'em, sir, were all killed off one year ago to-day, and the new crop hasn't come on yet."
Marveling at the changes times had brought about, the stranger followed the crowd to the ball park, where the real celebration was in progress.



"What! Divorced already! Why, I thought they'd be linked for life." "No; Jack got time off for bad behavior."—Puck.

"Don't you believe in love at first sight?" "At first sight yes; but sometimes you take another look!"—London Opinion.

She (at the church bazaar)—"Won't you take a chance on this cake? He—Not on your life. My wife baked it."—Washington Star.

Teacher—If you are kind and polite to your playmates, what will be the result? Scholar—They'll think they can lick me!—Philadelphia Inquirer.

Chapple—Have a cigarette, old man? Sapleigh—No; I don't smoke foolkillers. Chapple—Well, I don't blame you for refusing to take chances. Chicago Daily News.

Mr. Lingerling—I had a queer adventure this afternoon—Miss de Muir (with a swift glance at the clock)—You mean yesterday afternoon, I presume.—Chicago Tribune.

"Do you think they ever will find the North Pole?" he asked. "Find it?" she responded. "Goodness! What a question to ask me. I didn't know it was lost."—Philadelphia Ledger.

Doctor—I diagnose all sickness from the patient's eyes. Now, your right eye tells me that your kidneys are affected. Patient—Excuse me, doctor, but my right is a glass eye.—Moody's Magazine.

"Did your ancestors have a family tree, Mr. Maguire?" "Family tree is it, ma'am! One of me ances' controlled th' intire timber privilege of the Garden of Eden."—Cleveland Plain Dealer.

"I have been taking some moving pictures of life on your farm." "Did you catch the hired man in motion?" "I think so." "Ah, science kin do anything these days."—Louisville Courier-Journal.

Wigwag—I believe there's a tinge of insanity in all religious enthusiasts. Henpeckke—Yes, take the Mormons, for instance; any man that wants more than one wife is plumb craz.—Philadelphia Record.

Brox—A scientist claims that mental labor is one of the chief causes of a sallow complexion and wrinkles. Knox—That may explain why our congressmen preserve their goods looks.—Chicago Daily News.

Teacher—Who gets the wicked little boys that stay away from Sunday school. (No answer.) Teacher—Come, you can tell us, Casey. Casey—De White Sox gits some, an' de Cubs de rest.—The Bohemian.

"Suppose you had a dime," said the teacher, "and lost 3 cents. How much would—?" "Pardon me," interrupted the precise Boston youth, "but if it was a dime, I should have to get it changed first."—Philadelphia Press.

The Mistress—What, Suzanne, going to leave me? Going to get married? This is most unexpected. The French Maid—Oul, madam, but eet ees not my fault. Eet was only last night zat your son proposed to me.—Harper's Bazar.

"Yes," said the eminent physician, "we are doing much to prolong human life." "I'm glad to hear it," answered Mr. Sirius Barker. "By prolonging life you give a man more time and opportunity to get together the amount of your bill."—Washington Star.

"Yes," said the old man, "my daughter is still studying French." "But she can't speak the language at all, can she?" remarked the friend. "She couldn't at first, but now she can speak it just enough to make herself unintelligible."—Philadelphia Press.

"Norah, didn't I tell you that I wanted a pitcher of ice water the first thing in the morning?" asked Mrs. Gunson. "Yes, mum, ye did," replied the new maid, "an' to make sure that ye'd get it th' first thing I left it in front of th' dure last night."—Brooklyn Life.

"Well, there's one thing about our boarding house," said the optimist, "you can eat as much as you like there." "Of course; same as ours," replied the pessimist. "You can eat as much as you like, but there's never anything you could possibly like."—Philadelphia Press.

Jane—After looking at me for a minute or two, Harry said, "Do you know, Jane, that a veil improves you greatly?" Carrie—Not very complimentary! Jane—No; but what pleased me was the fine tact he employed in imparting an unpleasant thought.—Borton Transcript.

"Excuse me, madam," said the book canvasser as a spinster who was beginning to carry weight for age opened the front door, "but are you interested in the study of pre-historic man?" "I should say not," replied the giddy old girl. "I am too busy trying to get a man of to-day interested in me."—Mobile Register.

"There's mighty few people," said Farmer Courtassel, "that knows what to do with a farm after they get on." "I have noticed that," answered the girl with frizzes. "They always insist on filling the whole place up with corn and oats and things when they might have such lovely tennis courts and golf links."—Washington Star.

Impracticable.

"Your husband smokes his pipe in the house, does he? I suppose there is no way of getting the odor of tobacco out of the rooms, either."

"Yes, there is one way—but I hesitate about resorting to it. Our house and furniture are only partly insured."

A Bad Bargain.

A story is told of the famous Richard Brinsley Sheridan, that one day when coming back from shooting, with an empty bag, and seeing a number of ducks in a pond, while near by a man was leaning on a fence watching them, Sheridan asked:

"What will you take for a shot at the ducks?"

"Well," said the man thoughtfully, "I'll take half a sovereign."

"Done," said Sheridan, and he fired into the middle of the ducks, killing a dozen or more. "I'm afraid you made a bad bargain," said Sheridan, laughing.

"I don't know about that," the man replied. "They're not my ducks."—The Christian Advocate.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for Constipation.

Stung.

"Bigley doesn't bother about politics any more, does he?"

"No, indeed."

"Let me see, when was it that he got the gubernatorial bee in his bonnet?"

"Just before he got it in the neck."—The Catholic Standard and Times.

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the CALIFORNIA FIG SYRUP CO. SOLD BY LEADING DRUGGISTS - 50¢ PER BOTTLE

Glean of Hope.
Orville Ardup—Ah, here comes that infernal bill collector!
Caller (producing folded document with alacrity)—I am glad to hear you say so, Mr. Ardup. I have been here nine times without having been a collector, you know.

As to Oklahoma.
"Speaking of tornadoes," observed the boarder with the high forehead, "if the one that visited Oklahoma the other day had happened along a few months sooner there would have been a provision in the State constitution abolishing tornadoes. That's about the only thing they overlooked."

S.S.S. CURES RHEUMATISM

Every case of Rheumatism has its origin and its development in the blood. It is not a disease which is contracted like a cold, but it is in the blood and system before a pain is felt, and the changes in the weather or any physical irregularities, such as a spell of indigestion, bowel disturbance, etc., are merely the exciting causes producing the pains and aches, which are the natural symptoms of the disease. Rheumatism is caused by an excess of uric acid and other corrosive, irritating poisons in the blood, which are carried through the circulation to every part of the system. Every muscle, nerve, membrane, tissue and joint becomes saturated with these acid, irritating impurities, or coated with fine, insoluble caustic matter, and the sharp, piercing pains or the dull, constant aches are felt with every physical movement. When the blood is filled with uric acid poison, permanent relief cannot be expected from liniments, plasters, or other external treatment. Such measures give temporary relief, but in order to conquer Rheumatism and bring about a complete cure, the uric acid and other inflammatory matter must be expelled, and this cannot be done with external treatment. S. S. S. cures Rheumatism because it is a perfect and entirely vegetable blood purifier. It goes down into the circulation, neutralizes the acids, and dissolves the irritating deposits which are pressing on the sensitive nerves and tissues and producing pain, enriches the weak, sour blood, and removes every atom of impurity from the circulation. So instead of being a weak, sour stream, distributing uric acid to the different parts of the system, the blood is strong and healthy and therefore able to supply every muscle, nerve, bone and tissue with nourishment and strength. Then the inflammation and swelling subside, the pains and aches cease, and not only is Rheumatism permanently cured, but under the fine tonic effects of S. S. S. the entire general health is benefited and built up. In all forms of Rheumatism, whether acute or chronic, S. S. S. will be found a safe and reliable treatment. Special book on Rheumatism and any medical advice you desire will be furnished free.

"Sometime ago, I had Rheumatism and had to quit work. The pain in my back and between my shoulders was so intense I could not rest or sleep. I tried everything, but nothing did me any good till I heard of and took S. S. S. This medicine cured me sound and well. It purified my blood and made me feel like a new man."
ANDERSON, IND. CONRAD LOHR, 122 E. 19th St.

I was severely troubled with Rheumatism. I had it in my knees, legs and ankles, and any one who has ever had Rheumatism knows how excruciating the pain is and how it interferes with one at work. I was truly in bad shape—having been bothered with it for ten years, off and on. A local physician advised me to use S. S. S. I did so. After taking two bottles I noticed the soreness and pain were greatly reduced. I continued the medicine and was thoroughly cured; all pain, soreness and inflammation gone. I recommend S. S. S. to all Rheumatic sufferers.
J. L. AGNEW, Mt. Vernon, Ohio. 803 E. Greenbrier St.

The world contains at least four mountains composed of almost solid iron ore. One is in Mexico, one in the United States, another in India and a fourth in Africa just below the Sudan, and there have been reports of such a mountain existing in Siberia.

Not a Professional.
Wareham Long—Did jever attend a hobos' convention?
Hufford Knutt—No, ye blame fool. Reckon I want to forfeit me ammychure standin' by doin' a thing like that?—Chicago Tribune.

Rewards of Scholarship.
"He took a full classical course at college, did he? Did it ever get him anything?"
"Well, he has made several hundred dollars, that I know of, by inventing Latin and Greek names for patent medicines."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

"Abstemious" and "facetious" are the only words in English having the vowels in their order.

Trying It on Hubby.
"John, dear, I wish you would taste this milk and see if it's perfectly sweet."
"What for?"
"Because if it's the least bit sour I don't want to give any of it to Fido. It isn't good for him."

His Usual Course.
"What do you do," asked the fair-bridge player, whispering to the man sitting behind her, "when you have a hand like that?"
"I generally swear," he answered.—Chicago Tribune.

In Washing Animals
To protect them from parasites, which bite and annoy them, wash them with "20 Mule Team Borax" water. Dirt and disagreeable odor are removed, the animals' skins rendered healthier, the hair soft and glossy and free from insects. All dealers. Booklet, Sample and Lace Design for centerpiece, 10c. Pacific Coast Borax Co., Oakland, Cal.

"OUCH" OH, MY BACK
IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE **ST. JACOBS OIL**
THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL. 25c.—ALL DRUGGISTS.—50c. CONQUERS PAIN

900 DROPS
CASTORIA
ALCOHOL 3 PER CENT.
A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Beware of Old-fashioned Imitations
A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Facsimile Signature of **Charles H. Fletcher** NEW YORK.
616 months old
35 Doses - 35 CENTS
Guaranteed under the Food and Drug Act.
Exact Copy of Wrapper.

CASTORIA
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of **Charles H. Fletcher** and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of
Charles H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years
THE SUTTON COMPANY, 77 MURRAY STREET, NEW YORK CITY.