

ALTH VERY POOR-RESTORED BY PERUNA

tarth Twenty-five Years-Had a Bad Cough.

Els Sophis Kittleson, Evanston, U. S. A., writes: There been troubled with catarrh many curse for it, but obtained fee my brother advised me to try

, and I did. By health was very poor at the began taking Peruna. My throat sury sore and I had a bad cough. hes cured me. The chronic ork is gone and my health is very

a sproved.
I recommend Peruna to all my who are troubled as I was." MILINA TABLETS:--Home people preshiets, rather than medicine in a form. Such people can obtain tablets, which represent the he tablet equals one average dose

ma-lin the Ideal Laxative actured by the Peruna Drug deturing Co., Columbus, Ohio.

led to Do Without Pockets. The most annoying thing in navy fir a recruit is the absence of whels in the uniform trousers." Like, a yeoman at the navy rethe station, said this morning. Deswrage min doesn't realize how sighir without pockets. I've worn at least some small basis of abnormal my miform four years now, and power. Is it not rather suggestive that horsily find myself trying to put the number of practicing mediums does The Reward that Came to a Student

cases the System Effect-Lispels Colds and Heades due to Constipation; denaturally, acts truly as watere. young and Old sel its Beneficial Effects he full name of the Com-

ALL LEADING DRUGGISTS mly, regular price 500 per bottle

Dissirous Reaction. swfally worried about Johnny a bid that last sick spell," said ing, "and when the doctor told she soing to get well I went fair-

fevery one likes a fine ssing, Something to the hair more manageto keep it from being rough, or from splitting ends. Something, too, will feed the hair at the time, a regular hair-food. hairwill bestrong, and in where it belongs bead, not on the comb! intrind of a testimonial—

HELD APP CO. LOWER, MANA.

HELD MANIMATURES OF THE MANA.

HELD STREET PECTORAL.

PERS BY PEOPL

DIVORCES ONLY FOR THE CHILDLESS.

By Prof. Alexander Graham Bell,

Throw wide the gates of marriage, and where children are produced close tight the doors of divorce. Every child is entitled, by nature, to a father and a mother, and no people should produce children who are not prepared to give them parental care for life.

The grand spectacle is presented to our eyes of a new people being gradually evolved in the United States by the mingling together of the different races of the world in varying proportions. It is of the greatest conse-

quence to us that the final result should be the evolution of a higher and nobler type of man in America, and not deterioration of the nation.

To this end the process of evolution should be carefully studied and then controlled by suitable immigration laws tending to eliminate undesirable ethnical elements and to stimulate the admission of elements assimilated readily by our population and that tend to raise the standard of manhood here.

EMOTIONAL CONTROL BRINGS POWER.

By Silvain Roude.

When we yield to an emotion our sentiment always transforms itself into a movement. Joy, fear, love, anger are expressed in unconscious gestures, in a perfectly clear manner. The strong man is master of his emotions and his unconscious movements. In order to expend our strength to the best advantage is is needful to give out as little as possible under that base form of energy known as our emotions. All our emotions should be under control. The choleric man, violent, exuberant, is a feeble fellow, at the mercy of his environments. With him the nerves dominate or even abolish individual initiative. He is a creature of impulse, po matter where it originates. He is a moral and a social slave.

The man that is too lively, too petulant, dispenses his forces as quickly as they are produced. He never has but a small amount of energy to concentrate on something really useful, although he attacks his problems with vim and even with violence. A man who wishes to have strength for the right occasions must husband his resources and hold careful watch over his daily move-

Such a man has the advantage in that by his victory of will power over his emotional tendencies, over his animal centers and human instincts, he has purified his judgment, reinforced his mental powers, and given

THE TRUTH ABOUT MEDIUMS.

Perfectly Healthy People Often

Possess Abnormal Powers.

not materially increase? If it were a

mere matter of deception, would there

is kept down by the feeling that it is a bit disreputable to acknowledge posses-

"There are nice ones. My own moth-

er had this power in her youth, so my

sion of these powers.

"I have had a good deal of experi-

himself the capacity for discrimination in many other matters between the important and the insignificant, the useful and the idle.

THE CHURCH'S INTEREST IN LABOR.

By Rev. Charles Stelzle.

The labor union is not the labor question. If all the unions were wiped out of existence the question would remain. This is the era of the common man. The common man, the workingman, is coming to his own. Unless that victory is based on sound principles, the last state will be worse than the first. The square deal for every man should be our ideal. We are making mistakes, but we are making progress. If the church did not care about the conditions of labor, I tell you right now I'd get out of the church. But the church does care. Christ gave no social system; He set out to better the individual.

Josh Billings once said: "Before you can have an honest horse race you must have an honest human race:" and I guess there was lots of horse sense in that statement. It is not so much a question of man's surroundings, but what he is within, within himself, that has to do with composing the social unrest.

The church herself has created this increased social unrest, in showing people the heights to which they might attain. That is as Jesus Christ would have it-a healthful dissatisfaction with personal conditions to teach men how to rise higher.

BANKERS' SERVICE TO THE COUNTRY.

By Senator Depew of New York.

Bankers do not claim that they are in business for philanthropy or their health. They do not deny that they desire to make all the money they legitimately can, to pay good dividends to their stockholders, and strengthen their institutions by adding to their surplus. But no student of finance can rise from a study of what the bankers, not only of New York, but of Chicago and other large cities, did in the recent crisis without feeling

SENATOR DEPEW. that the banks of the country are officered and managed by wise, level-headed, exceptionally able and patriotic men.

No better public service can be rendered by bank officers and directors than to keep the machinery of commerce going and to maintain strong and solvent the institutions upon which the credit and business, the employment and the living of the people depend.

who is troubled by occult powers. They of the painter's was so touched by the

A ROTHSCHILD STORY.

Old Rothschild stories are popular now in Europe. "Some are true," says not be thousands at the trade? As a! matter of fact, there are not fifty ad- an English writer, "some are only clever, and many are simply invenvertising mediums in New York at this tions. But all are read with interest." moment, though, of course, the number Here is one from the Bystander, Lon-

don:

"At a luncheon given by Empress Eugente at the Tulleries the head of the Paris house of Rothschild was seatfather tells me. Her people were liv- ed opposite a great painter. Rothing in Wisconsin at the time, and the schild was not blessed with good looks settlers from many miles around came and had, moreover, an expression of to see her perform. An uncle, when a distress and resignation combined. The boy of four, did automatic writing, painter could not take his eyes off him. and an aunt recently wrote to me in re- and this worried Rothschild not a litlation to my book, 'The Tyranny of the tle. After the meal he asked the paint-Dark, that for two years (beginning er why he had taken so great an interwhen she was about 17) these powers est in him, and to his great amazeof darkness made her life a hell. There ment the painter informed him that he are many recent people who are posses- had studied him as a model for a begsed by strange forces, but are shy of gar in a picture he was then evolving. confessing these abnormalities. Ask Rothschild's face brightened, and he your family physician. He will tell you said, 'I will sit for you.' And he did, that he always has at least one patient | One day when he was posing a pupil

call it 'hysteria,' which doesn't explain expression of woe on the face of the anything. Many apparently healthy model that he slipped a five franc piece people possess the more elementary of into the 'poor man's' hand and vanishthese powers-often without knowing ed before an explanation was possible. the custom of thrusting his ence with mediums, and I've come to it."—Hamlin Garland in Everybody's. The next day the young man received the bis trousers pockets until he the conclusion that they all start with francs.'

Story of a War Trophy.

Garth, of Chinton, probably made the first corn sheller used in Missouri. Fifty years ago, in 1858, he devised one from wateroak plank and tenpenny nails. He used it on his farm until 1861, when Price's men came Chicago Tribune. through there, saw it was a good thing and took it down to Jackson's mill, where it was used to shell the corn which was ground into meal for Con-Catarrh that cannot be cured by Hall's was lost track of for a number of years by its maker, but afterward he was informed that it was being preserved at Washington among other curious trophies captured from the South—Clinton Democrat.

| The Guarded Tones. | F. J. CHENEY & Co., Toledo, O. W., the undersigned, have known F. J. Cheney for the last is years, and believe him perfectly honorable in all buisness transactions and financially able to carry out any obligation made by his firm.

| Wat.DING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrah Cure is sken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all bruggists. Take Hall's Family Fills for Constipation. federate soldiers. The old corn sheller

In Guarded Tones. Richun-Money talks, you know. Poorun-Yes, I know; but when it

above a whisper."-Hlustrated Bits.

Sometimes there is trouble brewing





A Cinch "And how can you be sure of going to beaven?" asked the Sunday school teacher.

"I guess," said little Tommy Wise, "the best way would be to get pa to say we couldn't. Then ma would take us there or bust. That's how we got to the seashore last summer."-Philadelphia Press.

FITS St. Vitus' Dance and all Nervous Diseases Serve Legisters, Eend for FREE \$2 trial bottle and treatise, Dr. R. E. K. Kine, Ld., 851 Arch St., Phila., Pa

The Gentry. "She's engaged, ain't she?" inquired the haughty blonde at the ribbon coun-

"Yes," replied the lady who sold laces, "she's engaged to that new saleslady's brother."

"Where's he employed at?" "He's a night watch gentleman over Bargen & Co.'s."-Philadelphia

CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Chart Fletchire.

Relieving the Monotony. Nan-lie proposed to you while the train was going around the elevated loop?

Fan-Yes, and the engagement lasted till we got clear around. You don't know how it relieved the tedium of the ride .-

How's This?

F. J. CHENEY & CO., Toledo, O.

Literal Charity.

"I would like to take the sense of the converses with me it never speaks meeting about this charity relief," said the professional philanthropist. And when the contribution was taken

up he found he had taken nothing else. -Baltimore American.

Far from It. Upgardson-You smoke all the time,

don't you? Atom-No; half the time I don't smoke at all. I seldom touch a cigar between 9 p. m. and 9 a. m.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their childr's during the teething period.

Willing to Give It a Trial. Sympathizing Friend-You suffer from reneral debility sometimes, do you? Did ou ever try massage?

Mrs. Skimmerhorn-No; how much does it cost a bottle?

HOWARD E. FURTON.—Assayer and Chemist, Leadville, Colorado. Eperimen prices: Gold, Suver, Le ad, \$1; Gold, Suver, Nov. Gold, Suver, Soc. Gold, Suver, Soc. Cheper, \$4. Cyanide testa. Mailing sevelopes and full price list sent on application. Control and Umpire work solicited. Reference: Carbonate National Bank.

Farm or Business for sale. Not particular about location. Wish to hear from OWNER only who will sell direct to buyer. Give price, description and state when possession can be had. Address,

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Most economical to buy. All dealers. Save the package tops; each are worth 12 coupons in ex-change for presents. Premium list free of Pacific Coast Borax Co., Caldand, Cal.

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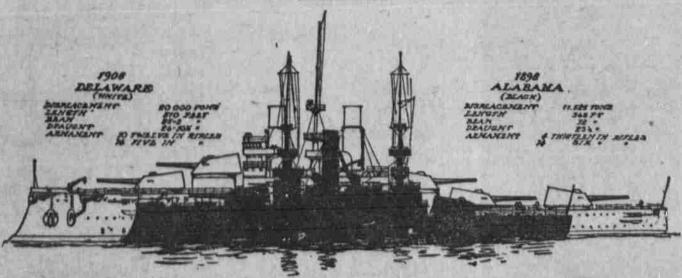
DAN. J. MOORE, Proprietor

PNU

No. 23-08

Water writing to advertisors please mention this paper.

SIZES OF TYPICAL BATTLESHIPS OF 1898 AND 1908 CONTRASTED.



Rear Admiral Coghlan, whose vessel, the Raleigh, rendered such conspicuous ser-ice at the battle of Manila Bay, tells the Philadelphia Ledger of the important changes which have taken place in the navy since that

memorable battle of ten years ago. "The greatest change," said the Admiral, "has, of course, been the great increase in the strength of our navy. Never in the history of the world has a nation increased its sea power within any period of ten years as we have since the war with Spain. We had then four battleships. We now have 25, nearly all of which are in commission. The four others which are under construction should soon be ready for service. You might emphasise this: that any one of these newer battleships which we have built since the battle of Manila would have been more than a match for the entire fleet which

Admiral Dewey commanded. "The other advances. They have been notable and many. There is the increase in the rapidity of fire. We now have actual rapid fire. But in those days such appliances as we were introducing might be described as tending to, well, say, decrease slowness of fire; that

would be the best way to express what we were doing then. Then the minimum of time required between shots of the heavy pieces was two and a half minutes. Now the maximum is about 40 seconds.

"The improved gun mechanism permitted of a vastly increased rapidity in firing. The telescopic sight brought about a vast improvement in accuracy, especially when firing at long range. One observer had become so much impressed with this accuracy that he sought to tell about it in this wise: The captain peering through his binoculars at a ship just above the horizon, says to the captain of a six-inch gun: 'Hit that fellow on the bridge in the eye.' 'Aye, aye,' says the gun captain,

Among the numerous other improvements the Admiral noted the advance in armor construction, a progress so great that the 11 inches which the new Connecticut carries has greater resisting power than the 18 inches which the Oregon and her class carried, Still another important advance is the smokeless powder with which our magazines are new supplied, this being vastly superior to the old smoking, brown hexagonal with which we fought out the war with Spain.

Malaria is due to impurities and poisons in the blood. Instead of being rich, strong and healthy, the circulation has become infected with germs of diseare which destroy the rich, red corpuscles that furnish nourishment and strength to the body, and reduced this vital fluid to such a weak, watery condition that it is no longer able to keep the system in health, or ward off the countless diseases and disorders that assail it. The loss of these red corpuscles takes the color and glow of health from the cheek, and we see pale, sallow faces and washed out, chalky complexions among the first symptoms of Malaria. But Malaria is a general systemic disease, and as the blood becomes more heavily loaded with its perms we have more serious and complicated symptoms; the impure blood having its effect on all parts of the body. The appetite fails, digestion is weakened, chills and slight lever are frequent, and the sufferer loses energy and ambition because of a constant tired-out and "no account" feeling. The lack of necessary nourishment and healthful qualities in

the blood causes boils and abscesses, skin affections, and in some casea sores and ulcers to break out, and sometimes the patient is prostrated with a spell of malarial fever which may leave his health permanently impaired. To cure Malaria both a blood purifier and tonic are necessary. in order to remove the cause and at the same time build up the system from its weakened and run-down condition. S. S. S. is the medicine best fitted for this work. It is the most perfect of all blood purifiers, and the purely vegetable ingredients of which it is composed make it the greatest and safest of all tonics.

During 1900 I was running a farm on the Mississippi river and became so impregnated with Malaria that for a year I was almost a physical wreck. I tried a number of medicines recommended as blood purifiers, chill cures, and Malaria eradicators, but nothing did me any good until I began to use S. S. S. The result was that after taking it for awhile I was as well and strong as I ever was. I have never had a chill since nor the slightest symptom of Malaria. I hope others will be benefited by my experience, and with that end in view I give this testimonial, knowing that S. S. S. is the best remedy for Malaria-S. R. COWLEY. Amory, Miss.

S. S. S. goes down into the circulation and removes every trace of impurity or poison, and at the same time gives to the blood the health-sustaining qualities it needs. It cures Malaria thoroughly and permanently because it removes the germs and poisons which produce the disease, and while doing this tones up and strengthens every part of the system. When S. S. has cleansed the blood the symptoms pass away, the healthy color returns to the complexion, the old tired, depressed feeling is gone, and the entire health is renewed. Book with information about Malaria and any medical advice THE SWIFT SPECIFIC CO., ATLANTA GA