

REV. TROUTMAN SENDS BEST WISHES FOR PE-RU-NA

Rev. George A. E. Troutman, Mt. Washington, Mo., writes,

"My Wife and I Are Strong Believers in Pe-ru-na."

Catarrah and La Grippe.
Rev. Geo. A. E. Troutman, Mt. Washington, Mo., writes: "My wife and I are strong believers in Peruna."



troubled with a peculiar spasmodic affection of the throat. It would seize me suddenly and for a few minutes I would be unable to speak audibly, and my breath would be greatly interfered with. I would be obliged to gasp for breath.

"I finally concluded that it was some catarrhal affection which probably excited the spasm. It interfered with my vocation as a preacher, attacking me occasionally in the pulpit.

"I had heard so much about Peruna as a catarrh remedy that I determined to try it. After taking two bottles, my trouble has disappeared. I feel sure that Peruna has greatly benefited me."

Rev. P. E. Swanstrom, Swedish Baptist pastor, Box 228, Grantsburg, Wis., writes that from the use of Peruna he is perfectly well, entirely cured of chronic diarrhea and catarrh.

Peruna in Tablet Form.

For two years Dr. Hartman and his assistant have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna Tablets, which represent the medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.

Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hills, Cincinnati, Ohio, writes: "For several years I have been

ask Your Druggist for Free Peruna Almanac for 1908

EPIDEMIC OF GRIP IS SWEEPING COUNTRY

Tens of Thousands of Cases of This Pestiferous Disease Are Being Reported.

SUFFERERS IN MANY CITIES.

Business in Many Places Is Disorganized on Account Prostrations from This Ailment.

An epidemic of la grippe seems to be sweeping over the country, and tens of thousands of people are suffering from the disease. Pittsburg reports the worst visitation in its history. The business of the city is disorganized on account of the large number of people who have been suddenly forced to remain absent from their places of employment. Factories and mills, offices and stores are affected seriously.

There is a notable uniformity in the symptoms of the present epidemic which appears to affect principally the bronchial passages. Bronchitis and pneumonia are its most common accompaniments, and it aggravates fully 50 per cent of the tuberculous cases. Those most injuriously affected are persons who before the attack were badly run down in their general health. In their cases pneumonia quickly develops while the heart, brain and other organs become affected.

In Philadelphia an epidemic of grippe is sweeping the city and whole families are prostrated by it. Pneumonia in many cases is followed close upon its heels, and last week many persons died of that disease. Doctors are scarcely able to keep up with the demands made upon them. Baltimore, too, is experiencing an unusual amount of sickness.

Other cities where grippe has made its appearance are Boston, Chicago, Cincinnati, Cleveland, Denver, Milwaukee and New York, and reports from these places indicate that the health authorities fear that the outbreak is only at the beginning. Health Commissioner Evans, of Chicago, has issued a warning to the people, urging them to get plenty of fresh air and to exercise in the open as much as possible. Chicago knows the danger of grippe, for it has been frequently visited by the disease. In 1890 that city had 100,000 grippe sufferers and 112 deaths directly resulted. In 1899 over 300 persons died from the disease, and since the first appearance of the malady the city has paid a tribute of 2,208 lives.

In New York, where the disease is now gaining a strong foothold, sixty-eight deaths resulted last week and there are many cases scattered about the city.

Boston is the worst sufferer on the Atlantic seaboard. There are nearly 100,000 cases there and sixty deaths have resulted. Cincinnati has 2,000 cases and the disease seems to be epidemic in form.

The open winter is held responsible for the spread of the disease. Where it originated no one seems to know. It travels with wonderful rapidity. In 1889, when the grippe appeared in virulent form all over the country, it was tracked back to Europe and thence to Hong Kong in China. The germs of the present epidemic may have come from the same source.

How Is Your Blood?

If you lack strength, are nervous, have no appetite, don't sleep well, get tired easily, your blood is in bad condition. You cannot be strong without pure, rich blood. Hood's Sarsaparilla makes good, rich blood and keeps it good.

Dyspepsia—"For six months my system was out of order with dyspepsia and impure blood. Spent lots of money in vain, but Hood's Sarsaparilla cured me." J. S. ZAUBA, Genoa, Neb.

Had No Appetite—"I was troubled with dyspepsia and had no appetite. I had a faint feeling after eating. My constitution was all run down, but Hood's Sarsaparilla fully relieved me." FLORENCE STOW, Soudersville, Wisconsin.

Weakness—"I bless the day I heard of Hood's Sarsaparilla, as it cured me of extreme weakness after grip. Built my husband up after pneumonia, and cured eczema and blood-poisoning in our children." Mrs. M. A. DELWORTH, Box 4, Embreeville, Pa.

Hood's Sarsaparilla is sold everywhere. In the usual liquid, or in tablet form called **Sarsatabs**. 100 Doses One Dollar. Prepared only by C. I. Hood Co., Lowell, Mass.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Field Extract Dandelion, one-half ounce; Compound Karg n. one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire kidney and urinary structure, and often overcomes the worst forms of rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Save the prescription.

PILES CURED IN 6 TO 14 DAYS.
FAZO OINTMENT is guaranteed to cure any case of itching, blind, bleeding or protruding Piles in 6 to 14 days or money refunded. 50c.

The Anagra coat furnishes most of the hair which adorns ordinary dolls. This product is valued at \$40,000,000 a year.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c per bottle. Take Hall's Family Pills for constipation.

Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

10 CENTS FOR A 50 CENT GAME

That can be played by the family, also an illustrated book of interest to all in the Home or Farm and sample of "20-MULE-TEAM" BORAX all for 10c and dealer's name. Address Pacific Coast Borax Co., Oakland, Cal.



Ferry's Seeds are the best known and the most reliable seeds grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade.

Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains colored plates, many suggestions, and full descriptions, prices and directions for planting over 120 varieties of Vegetable and Flower Seeds. Send for it today.

D. M. FERRY & CO., Detroit, Mich.

Old Saw Proved.

"Most of the old maxims still hold good," observed the random conversationalist.

"Yes," agreed the man who had just returned from an international exposition. "For instance, a world's fair exchange is no robbery. It's worse."—Kansas City Times.

Only One "BROMO QUININE."

That is LAXATIVE BROMO QUININE. Look for the signature of F. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Uncle Allen.
"Talking of short measure," said Uncle Allen Sparks, "there are lots of short that never seem to have got their share when the milk of human kindness was handed around."

F.T. St. Vitor Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Head for FREE \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 511 Arch St., Phila., Pa.

The metric system has been introduced in Denmark by a law of March, 1907. The law provides that the old weights and measures may be used for a period of five years in conjunction with the new. However, all governments and local authorities may use the old system for only two years to come.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Exaggerated.

"Is it true, colonel, that your recent losses in Wall street have compelled you to sell your automobiles?"

"Naw—that's a ridiculous and unmitigated falsehood. All I've had to do has been to cut down my consumption of gasoline a few gallons a day."

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Notice on a Connaught railway platform: "There will be no last train on Saturday."

The hands of the housewife will be kept soft and white and free from all chaps, redness or roughness if borax is used.

A gale blowing eighty miles an hour exerts a pressure of nearly thirty-two pounds to the square foot.

For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

The best kind of a testimonial—"Sold for over sixty years."



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The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher* In Use For Over 30 Years.

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SHOES AT ALL PRICES FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.00, \$3.00 and \$5.00 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price.

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory in any part of the world. Illustrated Catalog free to any address.

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RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more in the skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY.

Rheumatism is due to an excess of uric acid in the blood, brought about by accumulation in the system of refuse matter which the natural avenues bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the system, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is shattered, the health undermined, and perhaps the patient becomes permanently crippled for life. S. S. S. thoroughly cleanses the blood and restores the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is entirely of purifying, healing extracts and juices of roots, herbs and fruits. If you are suffering from Rheumatism do not waste valuable time in rubbing a blood disease away, but begin the use of S. S. S. and write for your case and our physicians will give you any information or desired free of charge and will send our special treatise on Rheumatism.

S.S.S. PURELY VEGETABLE

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The well known reliable CHINESE ROOT AND HERB DOCTOR

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When writing to advertisers please mention this paper.

First Broker—Any excitement on the street to-day?
Second Broker—You bet! Sudden drop in copper. Trolley wire broke.

ODDS & ENDS OF SPORT

The Washington State football eleven defeated that of St. Louis university by the score of 11 to 0, at Spokane, Wash.

The Coney Island Jockey Club announced that improvements in its plant now under way will cost at least \$100,000.

There will be half a dozen Smiths in the major leagues next season, the Americans having four players of this name and the Nationals two.

Cincinnati has asked for waivers of seventeen men. Provided all these players are turned back to the minors, the next manager of the Reds will have twenty-two athletes to aid him in capturing a second division berth.

The baseball critics seem inclined to the belief that the Bostonians get all the best of the big deal with New York. The Bean Eaters, it would seem, should occupy a higher place in the race than they have held for the past few years.

Tommy Ryan believes that the best fighters of to-day are to be found in the middleweight ranks. He has a poor opinion of the "heavies," they falling far below the standard of scrappers like Jeffries, Sharkey, Corbett, McCoy and Fitzsimmons in their active ring days.

Haskins, the intercollegiate champion, may be barred from representing the American team at the Olympic games. Haskins is not an American citizen. He was born in Australia and comes under the same ruling as that which affects Con Leahy and Dennis Murray, the two Irish athletes who wanted to represent America.

In order that they may be kept in active training for the Olympic games in England next summer, a movement is on foot that has for its object a visit of the best of the Canadian athletes to New York and Boston, where indoor meets would be held. If the scheme pans out, Tom Flanagan, John Flanagan's brother, will have charge of the party.

THE SWIFT SPECIFIC CO., ATLANTA, GA.