

Catarrh

Whether it is of the nose, throat, stomach, bowels, or more delicate organs, catarrh is always debilitating and should have attention.

The discharge from the mucous membrane is because this is kept in a state of inflammation by an impure condition of the blood. Therefore, to cure, take the best blood purifier,

Hood's Sarsaparilla

In usual liquid form or chocolate tablets known as Sarsatabs. 100 doses \$1.

Femininity.
There once was a maid named McGianlyz,
The fairest one in the vicinity,
She loved a young man,
Names Patrick McGann—
But wedded a rich old affluity.

More Appropriate.
"Going to pay some of your son Otto's bills?" laughed the caller.
"Yes," sighed the benevolent father, "Otto is a very wild youth. I should have called him Auto."
"Auto?"
"Yes; he's such an expensive sport, and it won't be long before he will be broken-down sport."

An Artist.
"The man who painted that spurious picture was an artist, at all events," said the connoisseur.
"I don't know about him," answered Mr. Cumrox ruefully, "but the dealer who sold it to me was"—Washington Post.

What He Owed.
Blowitz—All I am to-day I owe to my mother.
Hammerston—Yes, and I understand that all you have you owe to your wife's father.

With the Ancients.
The Greek commander was making the fruit of the walls of Troy, looking for vulnerable spot, when his automobile "got stuck in the mud."
"Get a horse!" jeered the Trojan sentries on the walls.
"Hearing under their ridicule, he went and built a huge wooden horse. The rest is history."

Syrup of Figs

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the **CALIFORNIA FIG SYRUP CO.**

Mortgages and other real estate securities purchased. LOANS made.

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Commercial Block PORTLAND, OREGON

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TOWERS' FISH BRAND
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It softens the water, but cleans it thoroughly, removes and prevents the odor of perspiration, soothes and renders the skin fresh, soft and pliant.
It closes the pores—Borax removes soap—Try it.
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RAM'S HORN BLASTS.

Warning Notes Calling the Wicked to Repentance.



The after-thoughts of men are wise enough, but untimely.

A temperate man is the first step toward a temperate society.

Works are a necessary sequence of faith, not its by-products.

The ideal of the church can never except the thorn and the cross.

An optimist is one who keeps alive the joy derived from common things.

Heaven has no answer for complaint; its messages are all for faith and prayer.

Christ did not build His Gospel on a "grand perhaps," but on the eternal "know."

Faith is often as little effective for righteousness as unbelief, because it lacks grip.

Religion may become an escape from duty, rather than its inspiration and fulfillment.

Jesus was at His best in heart-to-heart ministrations; multitudes always thronged Him.

"It abideth alone" explains away some lives. They have never learned the law of service.

The preacher who is feeding the children on philosophy may have to work his teeth on chaff some day.

People who complain of the days being too short to do the good that awaits them often live as though life would be too long.

Maybe if a man had in his pocket a ticket for church which had cost him \$2.50, he wouldn't look so closely at the weather.

Long ago the evil spirits of men went into swine, but in later times the evil spirits of swine seem to have got into many men.

FINED WHEN TRAIN IS LATE.

French Railroad Forced to Refund Excess Fare—Done Voluntarily.

Cable dispatches report that the French business men have awakened to the possibility of making the railroads refund their excess rates when fast trains do not make the scheduled time, says the New York Times. Recently a merchant sued the International Waggon-Lits Company for damages because the Paris-Madrid fast train, by which he traveled, was three hours late in arriving at its destination.

The train runs over the Paris-Orleans and Northern of Spain railroads, but it is owned and operated by the Waggon-Lits Company, which runs trains de luxe and restaurant cars all over Europe and in Siberia. The judge of the Eighth arrondissement in Paris held that the company was bound to conform to the time tables, which form a contract made with the passenger. In his opinion the first advantage in taking fast trains was the certainty of speed and punctuality, which must be assured to a passenger, and ordered the company to pay damages, although no actual damage was shown.

In this country it has been the custom, since the first expresses were put on between New York and Chicago, to refund excess fares when the trains are late. On the twenty-three-hour trains of the New York Central and Pennsylvania railroads the excess fare is \$5, and a rebate of \$1 an hour is returned to the passenger for every hour that the train is late up to \$5, which makes the run twenty-eight hours, the schedule for ordinary trains between the two cities.

The excess charge on the eighteen-hour trains to or from Chicago is \$10, of which \$1 an hour is refunded to a maximum of \$6, the remaining \$4 being considered a charge for the especially luxurious appointments of the train.

In speaking yesterday of the laws relating to passenger traffic, Assistant General Manager Crawley, of the New York Central Railroad, said:

"I do not know of any law compelling the companies to refund this money, and as we make a charge for saving so many hours, we refund \$1 for each hour that the train is late beyond its scheduled time as a policy of fair play to our patrons. So far as my experience goes, I have never heard of any action being brought by passengers because our limited trains were late."

A Protest.

The brave ship was wallowing in the waves that threatened to engulf her at any moment.

Hastily the captain ordered a box of rockets and flares brought to the rail, and with his own hands ignited a number of them, in the hope that they would be seen and the passengers and crew rescued.

"Mid the rockets' red glare, a tall, thin, austere individual found his way with difficulty to the rail and spoke to the captain.

"Captain," said he, "I must protest against this darddevilishness. We are now facing death. This is no time for a celebration."—Success Magazine.

The trouble with what is called a "musical laugh" is that it usually sounds as if it were made to order.

Even girls who are not superstitious believe in ice-cream signs

PERUNA A TONIC OF GREAT USEFULNESS



HON. R. S. THARIN

Hon. R. S. Tharin, attorney-at-law and counsel for Anti-Trust League, writes from Pennsylvania Ave. N. W., Washington, D. C., as follows:

"Having used Peruna for catarrhal disorders, I am able to testify to its great remedial excellence and do not hesitate to give it my emphatic endorsement and earnest recommendation to all persons affected by that disorder. It is also a tonic of great usefulness."

Mr. T. Barnecott, West's Aylmer, Ontario, Can., writes: "Last winter I was ill with pneumonia after having the grippe. I took Peruna for two months, when I became quite well. I also induced a young lady, who was all run down and confined to the house, to take Peruna, and after taking Peruna for three months she is able to follow her trade of tailoring. I can recommend Peruna for all such who are ill and require a tonic."

Per-una Tablets

Some people prefer to take tablets, rather than to take medicine in a fluid form. Such people can obtain Peruna tablets, which represent the solid medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.

According to Rules.

Sentry—You can't leave.
Soldier—But I have the captain's oral permission.

Sentry (importantly)—Let's see it!
—It Motto per Riders.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce; Compound Karg, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire kidney and urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Save the prescription.

A "hat shop" was opened in London by the Countess Fabricotti, recently. Livery footmen handed around tea and cakes.

My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow, and now it is fourteen inches long. This seems a splendid result to me after being almost without any hair."—Mrs. J. H. FIFES, Colorado Springs, Colo.

Made by J. C. Ayer Co., Lowell, Mass. Also manufactured at SANSAPARILLA, PILLS, CREAMY PECTORAL.

EARLY DAY PLANK ROAD.

When the Railroads Came This Missouri Highway Was Abandoned

"This talk about a highway across the State recalls to mind a similar enterprise prosecuted in the interior of the State in the steamboat days," says the Kansas City Star. "It was a twenty-five-mile plank highway between Glasgow and Huntsville," recently remarked Milton C. Tracy of Macon, Mo., whose father was interested in the road and who used to live in Huntsville.

"The road between Huntsville and Glasgow was a succession of clay hills the greater part of the way and in muddy weather the Christian religion made scant headway in those parts. We didn't know it then, but we do now, that those anatomized red hills were a blessing to Missouri, for they served to develop the largest and strongest mules in the world and their big-boned descendants are now moving more merchandise than the steam cars.

"Glasgow was the distributing point for up-the-country merchandise. A dozen hack lines ran out from there, the main one of which journeyed to Huntsville. The traffic over those molasses candy hills became so great and was attended by so many difficulties that something had to be done. Various kinds of road material were discussed and timber decided upon because it was plentiful and most of the pioneers were skilled in its use. The hills were cut through and the bottoms raised so the roadway was fairly level. Oak plank, twenty feet long, two inches thick and eighteen inches wide were nailed on heavy stringers, laid close together. There were five tollgates, with a tariff rate of a cent a head for stock, 5 cents for a man on horseback and 10 cents if he traveled in a vehicle. A footman paid the same as other animals—1 cent.

"There was a keeper at each tollgate, and his job with the road company, together with a cottage and garden donated for his use, made him a fair living. His rake-off on the tolls was 20 per cent.

"Work on the plank road was begun in April, 1853, and the last spike was driven in October, 1854. It was a gigantic enterprise for that day and the people thought it solved the transportation problem for all time. They didn't dream that within four or five years steam engines would be chortling around in these parts and that the bulk of business would sweep by regardless of the river.

"At Huntsville the arrival of the first coach on the new road was made a general holiday by official proclamation. The schools were dismissed and but little of anything was done until the mail coach got in. I was among the crowd of youngsters that gathered around in admiration too deep for words.

"The Glasgow and Huntsville Road Company was a duly incorporated concern and had its officers just like a railroad company. William Smith, who is yet living at Moberly, ran the stage line. A coach left Glasgow and Huntsville about the same time each morning, furnishing daily mail each way. Anell Bros. operated large freight vans and did a healthy business. The late W. R. (Bob) Samuel of Huntsville was secretary for the road, an important position which paid quite well during the days of the road's activity.

Roanoke, in Howard county, was the biggest town between the terminals. It grew up into quite a place during the plank road's prosperity and many stores were operated there. But by and by the railroads came, the old road was torn up for firewood and Roanoke was marooned far back in the country, swelling a long list of once good towns that have become lost or forgotten."

Flight of the Butterflies.

One of the most beautiful sights in the world is the annual migration of butterflies across the Isthmus of Panama. Where they come from or whether they go no one knows, and though many distinguished naturalists have attempted to solve the problem it is still as strange a mystery as it was to the first European traveler who observed it. Toward the end of June a few scattered specimens are discovered flitting out to sea, and as the days go by the number increases until about July 14 or 15 the sky is occasionally almost obscured by myriads of these frail insects.

What Did He See?

The professor of English in one of our Western colleges was noted for being very absent-minded. It was his custom to call the roll each morning before the lecture. One morning, after calling a name to which there was no response, he looked up, and, peering over his spectacles, he asked, sharply: "Who is the absent boy in the vacant chair I see before me?"

Doing Venetice.

Fair American (hearing musician, singing airs from "Il Trovatore")—Say! These Italians ain't verry original. Guess I've heard that tune on our street organs in New York ever since I was a gurl.—Punch.

The Old-Fashioned Kind.

"Are there any talking machines in this flat?"
"Six of them. Four married and two single."—Detroit Free Press.

Sometimes a Lemon.

"What is the fruit of lovemaking?" asked the seeker after facts.
"A pair," replied the license clerk.—Baltimore American.

When you meet a man who has money in the bank it's a pretty sure sign that he is not a poet.

STIFF, YES?

WET AND DAMP CAUSE COLD IN THE JOINTS

ST. JACOBS OIL

TAKES OUT THE PAIN AT ONCE, REMOVES THE STIFFNESS, PREVENTS ITS RETURN, TOO. FINE FOR BRUISES, SPRAINS AND SORENESS.

Price 25c and 50c.

After He'd Been Sentenced.
Lawyer (in courtroom)—What time have you got, please?
Prisoner (at trial table)—I can't tell you until after the trial.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Successful.
Little Willie—Say, pa, what is a diplomat?
Pa—A diplomat, my son, is a politician who can make people believe that he doesn't want what he can't get.

District Attorney Jerome of New York pleads guilty to three weaknesses—candy eating, cooking strange dishes and making furniture.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Wm. D. Hooper*

Anxiety.
"Why, what's the matter, child?"
"Boohoo! I ain't had no offers yet an' I'm nearly 5 years old an' I'm skeered I'm goin' to be a ole maid!"
Boohoo!"

The Modern Way.
Scribbles—How would you go about getting a play on the stage?
Dribbles—I'd first write a novel.

SKIN DISEASES

HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the Winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

S.S.S.

PURELY VEGETABLE

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That is the secret of their exquisite flavor. Preferred Stock Pineapple, for instance, is grown, ripened and canned all under the sunny skies of Hawaii. Pineapples brought to this country and then canned may be picked before fully ripe or they won't keep—and the flavor is flat. Hawaiian Pineapple is the best grown. Every morning, the ones ripened to their "spicy best" are gathered, taken into the cannery, close at hand, peeled and cored by special cutters operated by bright, tidy Hawaiian girls. All the tough, fibrous center is removed, and the sun-gold slices from the best part of the pineapple are then packed into Preferred Stock cans.

Try PREFERRED STOCK Pineapple—a royal delicacy—ready to serve

ALLEN & LEWIS, Wholesale Grocers, PORTLAND, OREGON, U. S. A.

NOTE:—No solder is used on cans containing Preferred Stock Pineapple.

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THE FAMILY, AT ALL PRICES.

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If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer and are of greater value than any other make.

My \$4.00 and \$5.00 GILT EDGE SHOES cannot be equalled at any price.

CAUTION! The genuine have W. L. Douglas name and price stamped on bottom. Take No Substitutes. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send direct to factory. Shoes sent every place by mail. Catalog free. W. L. Douglas, Brockton, Mass.