

SKIN DISEASES

HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there is a sticky fluid that dries and forms a crust, and the itching is intense. It generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin trouble. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

S. S. S.
PURELY VEGETABLE

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Apparent to All.
"I always retire before midnight. I don't miss my beauty sleep."
"You certainly don't try harder. You certainly don't get enough of it."—Philadelphia Press.

Puzzle Joke.
"My wife's away, and if I didn't write her every day she'd come home."
"Notice you are careful to write her every day."
"Query: Is this commendation or commendation?"—Pittsburg Dispatch.

Variations of Cards.
There are an enormous number of possible variations of cards in card games. Every man when he takes up his cards at whist holds one out of 52,112,550,000 possible hands. The total number of variations possible among all players is so great as almost to exceed belief. It has been calculated that if a million men were engaged in dealing cards at the rate of one deal every minute day and night for 100,000 years they would have exhausted only a hundred-thousandth part of the variations of the cards.

Too Dull for the Chauffeur.
"New York is to have a new automobile speedway."
"Just for automobiles? And nothing to get in the way?"
"Nothing."
"Say, wouldn't that be the limit of deadly dullness?"—Cleveland Plain Dealer.

Showing the Furniture.
"I tell you I was at my best last night while calling on the Smiths; Mrs. Smith laughed at every remark I made. I must be quite a humorist when I'm in the humor."
"No, it wasn't that. Mrs. Smith got her new teeth yesterday."—Houston Post.

Over at St. Joe.
The elopers were all smiles. The parson had just tied the knot. Suddenly the telephone buzzed furiously and the bride's father shouted:
"Wait for me!"
But the bridegroom only smiled some more and sweetly replied: "Not on your life, dad-in-law! Time and 'tied' wait for no man. We are tied now."

"OUCH" OH, MY BACK
IT IS WONDERFUL HOW QUICKLY THE PAIN AND STIFFNESS GO WHEN YOU USE **ST. JACOBS OIL**
THIS WELL-TRIED, OLD-TIME REMEDY FILLS THE BILL 25c.—ALL DRUGGISTS.—50c. CONQUERS PAIN

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Come out whole—can be served at least cost than fresh ones though equally as good. They must be just a red, firm ripeness for Preferred Stock use—the kind you would pick from the vine if you had your choice. Quality is the absolute requirement of every vegetable and fruit that goes into
Preferred Stock Canned Goods
Packed Wherever the Best are Grown
For our tomatoes we go to the famous Santa Clara Valley in California. These tomatoes are firmer, with more meat and less water. We pay more for our tomatoes and we insist on having first pick.
BE SURE THE TOMATOES ARE PREFERRED STOCK—from your GROCER
ALLEN & LEWIS, Wholesale Grocers, PORTLAND, OREGON, U. S. A.

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BEST SHOES FOR EVERY MEMBER OF THE FAMILY, AT ALL PRICES.
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THE REASON W. L. Douglas shoes are worn by more people than any other make, is because of their excellent style, easy-fitting, and superior wearing qualities. The selection of the leathers and other materials for each part of the shoe, and every detail of the making is looked after by the most complete organization of superintendents, foremen and skilled shoemakers, who receive the highest wages paid in the shoe industry, and whose workmanship cannot be excelled. It could take you into my large factories at Brockton, Mass., to show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, and are of greater value than any other make.
CAUTION! The genuine W. L. Douglas name and price stamped on bottom. Take no substitute. Ask your dealer for W. L. Douglas shoes. If he cannot supply you, send for the factory. Shaded cent every where by mail. Catalog free. W. L. Douglas, Brockton, Mass.

RECORDS OF ANCIENT CITY.

Hidden by Official 1,700 Years Ago
—Antiquities of Central Asia.
My first objective was the ancient site in the desert north of Niva, where in 1901 I had discovered the remains of a settlement abandoned in the latter half of the third century. A. D. says Dr. M. A. Stein in the Geographical Journal. Want of time and adequate labor had then prevented me from clearing some of the ruins more deeply buried by drift sand; subsequent roamings of "treasure seekers" had led to the discovery of other homesteads hidden away among the high sand cones on either side of the main groups.
Working with as large a party of laborers as I could keep supplied with water from a distance of some twenty miles, I cleared now close on thirty more dwellings. They yielded ample antiquarian spoils, including many implements and household objects illustrative of everyday life seventeen centuries ago. The numerous relics of industrial art and architectural wood carving clearly reflect the predominant influence of Greco-Buddhist art as developed on the Indus.
Finds of records written on wooden tablets in the Kharoshthi script peculiar to the extreme northwest of India, and in an early Indian dialect mixed with a good deal of Sanskrit, have been abundant. Among these records generally in excellent preservation, all kinds of correspondence, official and private, deeds, accounts, etc., seem to be represented.

A "haul" of special importance was secured in the comfortable residence of a local official, who, besides leaving files of papers, namely, tablets scattered on the floor of his office room, had taken care to hide quite a small archive, undoubtedly documents of value, below one of its walls. From the way in which the place of deposit was contrived and marked it appears highly probable that the house was abandoned in some emergency.
All the deeds, etc., found here still retain their original wooden covers and string fastenings in perfect condition. Among the dozens of intact clay seals which attest these documents impressions from Greco-Roman intaglios prevail. Their appearance side by side with Chinese seals seem to symbolize, as it were, the part played by Scythia extra Imeon in the early cultural interchange between the classical west and the far east.
Near several of the ruins the ancient orchards, fenced gardens, canals, etc., could be traced with great clearness, showing how little the economic conditions differed from those of the present oases. On the other hand, surveys effected in the desert beyond, showing the course and extent of the river from which this ancient colony drew its irrigation, strikingly illustrated the great physical change which has taken place here since the settlement was abandoned.

Warnings Against Statistics.
A reporter is said to have once asked John Jacob Astor if it were true that he had 27 automobiles, 5 chauffeurs, 33 horses and 48 carriages. Mr. Astor interrupted:
"Statistics are always dry, stupid and even irritating. Let me tell you a story of a temperance extorter who, while in the suburbs, found a man lying full length on the path, with flushed face and tousled hair. He touched him with the foot to rouse him and said in a voice full of gentle reproach: 'My friend, did you ever pause to consider that if you had placed the price of one glass of whisky out at compound interest at the time of the visit of the Queen of Sheba to Solomon you would have \$7,816,472?'"
"The red-faced man lifted up his head, brushed the place where the other's foot had touched him and replied: 'No, I haven't worked that out, but I'm something of a statistician myself, and if you don't go back 119 feet in 7 seconds I'll hit you 43 times and make you see 17,598 stars, for I've just had six teeth pulled for \$8—that's \$1.33 a tooth—and I tell you, you old meddler, I'm in no mood for fooling.'"

Man's Walk Shows Age.
"You can tell a man's age by his hands," said one of the girls. "They get knotty and veined and terrible. They get old sooner than his face."
"You can tell it most of all I think," said the woman, "by his walk. I know a man who has been one of the brightest minds of his time who is still the best company I know, but the other day when I saw him come toward me at his home along the hall it made me awfully sad to see the heavy old, old way in which he walked."—New York Press.

A Libel.
"I see by the country paper," said the visitor, "that Jonas Jones, the prosperous druggist of your town, is sojourning—"
"I saw that, too, and it's a libel!" exclaimed the native, with some heat. "Why, isn't he your druggist?"
"Yes, but this town's too healthy for him to be prosperous."—Catholic Standard and Times.

Ugly Appendages.
"Hasn't Woldy got his coat-of-arms yet? Why, he told me he was going to look up his ancestry the first chance he got and—"
"Well, I believe he got a chance to look up his family tree, but he saw some things hanging to the branches that discouraged further research."—Catholic Standard and Times.

Awoman using face powder is like a man drinking whisky: Everybody knows it.

General Debility

Day in and day out there is that feeling of weakness that makes a burden of itself. Food does not strengthen. Sleep does not refresh. It is hard to do, hard to bear, what should be easy,—vitality is on the ebb, and the whole system suffers. For this condition take

Hood's Sarsaparilla

It vitalizes the blood and gives vigor and tone to all the organs and functions. In usual liquid form or in chocolate tablets known as Sarsatabs. 100 doses \$1.

Welcome Home.
Peddler—Wouldn't you like some mottoes for your house, mum? It's very cheering to a husband to see a nice motto on the wall when he comes home.
Mrs. Dagg—You might sell me one if you've got one that says, "Better late than never."

Takes No Part.
"He seems to be a good man, but he cheats in a horse trade. How can he reconcile that with his conscience?"
"My dear sir, when a man trades horses his conscience always goes to sleep."

Not a Merger.
Jonah was explaining matters.
"It wasn't a consolidation," he said. "It was a clear case of absorption. I was merely one of the whale's assets."
Rejoicing that he had come out whole, as it were, and landed on his feet, he resolved not to engage in any more such enterprises, and fared hopefully on his way to Nineveh.

Our Own Ministers.
"Mistah Johnsing, wot am de diff'unce 'tween a fust class seventy dollah tallah made suit o' clo'es an' a fo' dollah ready made suit?"
"That's a little too deep for me, George. You will have to tell me. What is the difference between a first class \$70 tailor made suit of clothes and a \$4 ready made suit?"
"I knowed yo' couldn't tell, Mistah Johnsing. Ef yo' could, yo' wouldn't be wearin' dat suit o' haa-me-downs yo' got on now."

Ladies and gentlemen, the pleasing tenor, Mr. Pierce de Skize, will sing that most touching of ballads, "Policeman, Please Grab the Other Arm; My Vaccination Is Taking!"

Syrup of Figs and Elixir of Senna

acts gently yet promptly on the bowels, cleanses the system effectually, assists one in overcoming habitual constipation permanently. To get its beneficial effects buy the genuine.

Manufactured by the **CALIFORNIA FIG SYRUP CO.**
SOLD BY LEADING DRUGGISTS—50¢ per BOTTLE

Breakers Popular.

Says a London dispatch: "Frogs have succeeded monkeys as the reigning pets of the fools who delight in calling themselves society ladies. Not a common frog, of course, but rare exotic varieties, like the Amazon river frog, which now costs \$100 or more apiece."

Well Shaken.
"And you never get seasick?" said the young woman in the steamer chair. "Never!" replied the young man who was leaning against the lifeboat.
"Strange! You must have been shaken so often you have become used to it!"
"I should say so. I was shaken by six girls in one year."—Chicago News.

His Sacrifice.
"I fear that you must have sacrificed your conscience occasionally," said the sincere friend.
"Well," answered Mr. Dustin Stax, "a man ought not to expect to be as successful as I am without some sacrifice."—Washington Star.

Prohibition.
Physician—You must not eat between meals.
Boarder—But that is the only chance I get.—New York Sun.

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE TRIAL BOTTLE and treatise. Dr. R. H. KILMER, Ltd., 301 Arch St., Phila., Pa.

A Mean Trick.
Smith—You say you write dunning letters to yourself and sign them with fictitious names. What do you do that for?
Jones—You see, my wife is always after me for money, and when she reads those letters she becomes discouraged.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Toledo, O.
We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligation made by him.
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Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for Constipation.

A Relief to Him.
"It must be hard," said the friend, "to have your wife running off to woman's rights meetings and all that sort of thing every night."
"Hard?" replied Henpeck, "why it's great! I can sit comfortably home and not have to listen to her."—Philadelphia Press.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The Trouble.
Jones—I understand there is trouble between Mrs. Poet and her husband.
Smith—Yes. He couldn't sell his poems, and she couldn't eat them, so she left him.

Distillation.
The American contractor stood at the base of the great pyramid and looked at the venerable monument in disgust.
"It's a big pile, all right," he said; "and it may do well enough for Egypt, but if a man in the United States should turn out a job of stone work like that the papers would roast him from Hoboken to Hegewisch."
Turning away disappointed, he consoled himself by taking a ride on a camel, which animal he found fully up to all the descriptions he had read of it.

My Hair Ran Away

Don't have a falling out with your hair. It might leave you! Then what? That would mean thin, scraggly, uneven, rough hair. Keep your hair at home! Fasten it tightly to your scalp! You can easily do it with Ayer's Hair Vigor. It is something more than a simple hair dressing. It is a hair medicine, a hair tonic, a hair food.

The best kind of a testimonial—
"Sold for over sixty years."

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Bathe in Lilly Pads.
One of the prettiest sights to be seen in any of the parks that boast fountains and water lilies is the bathing of the birds. The little fellows hop from one lilly pad to another until they find one that dips enough to take on water, and here, in the round, green, floating tub provided by nature, they flutter and flourish until the bath is accomplished. It is a sight of never-ending interest for bird lovers.

A BARGAIN IN FARMS.
Fine farm of 60 acres, northern Douglas county, 45 acres cleared, land very rich, in famous "Shoe String" valley, 3-room house and other buildings, fine water, 15 acres fir timber, fine orchard, all kinds of fruits and berries, including all crops, good horse, cow and calf, 4 Angus kids, 5 Poland China pigs, 100 hens, all farm implements, house furnishings complete—everything goes for \$2,500. Owner must sacrifice at once on account of sickness. Write for full particulars to G. A. DEARING, P. O. Box 22, Roseburg, Ore.

IRRIGATED LAND IN WASHINGTON
The Wenatchee Valley Irrigated Apple Orchard are paying \$500 to \$1500 per acre this year. Cascade Orchards, one mile from Leavenworth, is now on sale. Get particulars free from H. C. Peters, 622 Alaska Bldg., Seattle

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.
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