WHAT IS PE-RU-NA?

Is It a Catarrh Remedy, or a Tonic, or Is It Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of the mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medicines is formed in Peruna which constitutes a specific remedy for catarrh in the present state of medical progress cannot be improved upon. This, reinforced by such renowned tonics as COLLINSONIA CANADENSIS, HYDRALIS FORMOSA and CEDRON SEED, ought to make this compound an effective remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well grounded theory the result is a fact that cannot be shaken.

The Only Doubtful Citizen.

Everybody is telling exactly what he will do if you are elected to office.

"No," answered the candidate. "Well, what will you do?" "I don't know yet."—Washington Star.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.
WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all druggists. Testimonials free.

Hall's Family Pills are the best.

A Choice of Evils.

Lady—Would you advise me to send my daughter to a cooking school or a music school?

Leader (reflectively)—Well, I think I'd send her to a cooking school. It is more fatal in its results, but it isn't anything like so noisy.

Of Course.

Miner—I see where a man in the east had twenty-three children and then disappeared. What do you think of that?

Partner—Why, that was nothing unusual.

Miner—What?

Partner—Why, twenty-three—skidoo!

BLOATED WITH DROPSY.

Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West 4th St., Olympia, Wash., says: "For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble. The early stages were principally backache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed and felt so tense I could hardly close them. I had great difficulty in breathing and my heart would flutter with the least exertion. I could not walk without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The End of Books.

What brings about the end of books? Is it fire, water, worms? As every ship launched is bound to be wrecked, every theater to be burned, the finis of the book is its reduction to ashes. What became of the Alexandrian library? Did the Saracens burn it in 640? There is this question asked: Was there any library at Alexandria containing 700,000 books? Gibbon inclines to the opinion that there was no such library. Canon Taylor insists that if there had been a library it was burned in the time of Julius Caesar. Tradition seems to indicate, however, that there was a library in the serapeum, by no means a large collection, but whether destroyed by Theophilus or Theodosius is not known. It looks as if the charge brought against the Arabs rested on no foundation. Explorations of Alexandria in 1895-96 show no traces of the serapeum. The seaport of Egypt was built on a damp foundation, and granting that there was a library, if not destroyed by fire, then the papyri might have suffered from decay due to water. Books of to-day taken to India, to the Southern States and to the West Indies perish through mildew.

PILES CURED IN 6 TO 14 DAYS.

PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Banana Bread.

Bread made from banana flour is common enough in Europe and England. One pound is said to contain more nourishment and energy producing material than one pound of the finest beefsteak, is much more digestible and less than one-sixth the price. Sir Henry Stanley was a firm believer in the banana. He went so far as to advise that its consumption would cure rheumatism, gout and all liver affections. When lying at the point of death from gastritis a light gruel of banana flour mixed with milk was the only food he could retain and digest. The secret of the banana as a health and strength producing food lies in its high percentage of proteids and the great number of its calories, respectively 20 and 391.71. It is a perfectly balanced ration if sliced for breakfast and served with milk and sugar.—New York Press.

Caution.

"Why do you avoid making speeches, yourself?" asked the friend.

"It's better to have some one else attend to the oratory," answered Senator Sorghum. "In that way you can ascertain which of your opinions are unpopular and repudiate them."—Cleveland Plain Dealer.

Steel rusts seven times as rapidly as iron.

Teacher—Tommy, spell "through." Tommy—Shall I spell it according to precedent or President?

"I wonder what that Chinaman is doing up so late?" "Shirts, I suppose."—New Orleans Times-Democrat.

All the world's a stage—but the majority of us sit in the gallery and throw things at the performers.—Kansas City World.

Ferdy—Why did you stop calling on the Mainchance girl? Algy—Why, the whole family seemed too glad to see me!—Life.

Jones—See the wicked artist painting on Sunday. Jenks—He might do worse. Jones (scrutinizing picture)—I'm not so sure of that.—Judge.

Longbow—What I say is true. Besides, "Seeig is believing," you know. Wise—Not always. Longbow—Oh, yes. Wise—No. I see you, for instance.—Philadelphia Press.

"I don't see why Dashup never gets along as a salesman. He's the glibbest talker I ever knew." "That's just it. He's so smooth everybody suspects him."—Detroit Free Press.

"Paw, when there's a big banquet, why do they always have spoiled cheese to wind it up with?" "Because, my son, it makes you forget the earlier courses."—Chicago Tribune.

"Describe as nearly as you can," said the judge, "the assault the prisoner made on you." "It wor just a common ordinary brick, sor," replied the defendant.—Milwaukee Sentinel.

Miss Ascum—And do you really think it is possible for a man to love two girls at the same time? Mr. Walley—Sure! provided it isn't also at the same place.—Philadelphia Press.

Mr. Cityman—I should think you would die of ennui out here. Uncle Silas Corntassel, of Oatmealville—No, sir; chills an' fever seems to be the prevailin' ailment.—Philadelphia Record.

"Is that all the work you can do in a day?" asked the discontented employer. "Well, sub," answered Erastus Pinkley, "I s'pose I could do mo' but I never was much of a hand foh showin' off."—Washington Star.

"I want a business suit now," said Slopay. "I was thinking of something in the way of a small plaid." "And I," replied the tailor, "can't help thinking of something in the way of a small check."—Philadelphia Ledger.

"Remember, the eyes of the public are upon you." "Yes," answered Senator Sorghum, "that's what worries me. A man is so closely watched in these times that he can't get away with anything."—Washington Star.

Rollingstone Nomoss—When people has hydrophobia de very thought o' water makes 'em sick. Thirsty Thingumbob—Is dat so? I bet I've had it all me life an' didn't know what was de matter wid me.—Philadelphia Record.

Bjones—Why the grouch? Psmith—My wife called me a fool. Bjones—Cheer up, it may not be true. Psmith—But it is. She proved it. Went and dug up a bunch of my old love letters, and read 'em to me.—Cleveland Leader.

"I can marry a rich girl whom I do not love, or a penniless girl whom I love dearly. Which shall I do?" "Follow your heart, man, and be happy. Marry the poor one. And, say—er—would you mind introducing me to the other?"—Cleveland Leader.

Boy (after watching old sportsman miss a couple of rocketers)—Have you shot often, uncle? Uncle—Yes, my boy, a great deal. At one time, in Africa, I used to live by my gun. Boy (thoughtfully)—Did you? And is that why you're so thin?—Punch.

"John," said Mrs. Worthington at the supper table the other evening, "I read in the paper to-day of a man who had one wife too many; the rest of the article was missing. How many wives do you suppose the man had?" "One, probably."—Milwaukee Sentinel.

Miss Dubley—She was braggin' about how successful her dinner party was. She said it wound up "with great eclaw." What's "eclaw," anyway? Miss Mugley—Why, I guess that was the dessert. Didn't you never eat a chocolate eclaw?—Philadelphia Press.

"Our Henry's doin' real well in town," said Mrs. Wayback, proudly. "He's runnin' a hotel now an' it's a big one." "Land's sakes!" exclaimed Mrs. Korntop. "Yes. Got a letter from him this mornin', an' he sez: 'I'm a hotel runner now, an' it's a real swell place.'"—Philadelphia Press.

Singing Records.

The singer, at the end of the practice aria, panted heavily.

"I sang 196 notes that time," he said, "without once taking breath."

"Indeed! That must be a record."

"No. The record is held by Courtice Pounds. Pounds sang 316 notes without respiration in 1898. The record, previous to that, was held by Farinelli, with 300 notes. Norman Salmond has sung 287 notes in this way.

"It is wonderful what lungs trained singers have. The average man could hardly sing fifty notes without breathing, whereas to the singer 200 would be nothing."

Everything comes the way of some men but cash.

Scrofula

Few are entirely free from it.

It may develop so slowly as to cause little if any disturbance during the whole period of childhood.

It may then produce dyspepsia, catarrh, and marked tendency to consumption, before causing eruptions, sores or swellings.

To get entirely rid of it take the great blood-purifier,

Hood's Sarsaparilla

In usual liquid form or in chocolated tablets known as **Sarsatabs.** 100 doses $1.

A Deep Dig.

Cholly—Of course, I admit I talked about myself, but they talked about trade all the time, and, of course, that was worse.

Miss Pepprey—You were perfectly right. It's better to talk about nothing than talk about trade.—Philadelphia Press.

Keep Your Blood Pure.

No one can be happy, light-hearted and healthy with a body full of blood that cannot do its duty to every part because of its impurity; therefore, the first and most important work in hand is to purify the blood so that every organ will get the full benefit of a healthy circulation. There is no remedy we know of so good as that old family remedy, Brandreth's Pills. Each pill contains one grain of the solid extract of sarsaparilla blended with two grains of a combination of pure and mild vegetable products, making it a blood purifier unexcelled in character. One or two taken every night for awhile will produce surprising results.

Brandreth's Pills have been in use for over a century and are sold in every drug and medicine store, either plain or sugar-coated.

Upward of 200,000,000 gallons per annum of aerated waters are drunk in the United Kingdom.

A Narrow Escape.

The company had assembled in the church, but the bridegroom was nowhere to be found. Finally a messenger announced that the young man had been run over and killed while on his way to the church.

"And just think," she said a month afterward to a friend, "what a narrow escape I had from becoming a widow!"

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Phila., Pa.

Sounded Convincing.

The editor was criticising the poem just brought in by the literary contributor.

"You speak of the 'spirit of the forest,'" he said. "Do you think there is such a thing as a forest spirit, as distinguished from any other kind?"

"Yes, sir!" fiercely responded the literary contributor. "Didn't you ever hear of such a thing as wood alcohol?"

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

From the Back Fence.

City Boarder—That old cat made an awful noise in the back yard last night.

Farmer Geehaw—Yaas; ever sence he made a meal off th' canary las' winter he's got th' idee in his head as heow he's a natur'l born singer, b'gosh!

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Seamen on native river craft in China get $3 a month; on sea-going Chinese vessels $8. They furnish their own food.

Weak Lungs Bronchitis

For over sixty years doctors have endorsed Ayer's Cherry Pectoral for coughs, colds, weak lungs, bronchitis, consumption. You can trust a medicine the best doctors approve. Then trust this the next time you have a hard cough.

"I had an awful cough for over a year, and nothing seemed to do me any good. I tried Ayer's Cherry Pectoral and was soon cured. I recommend it to all my friends whenever they have a cough."—Miss M. Meyers, Washington, D. C.

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RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, joints and bones are throbbing and twitching with the pains of rheumatism the sufferer is apt to turn to the liniment bottle, or some other local application, in an effort to get relief from the disease, by producing skin irritation on the flesh. Such treatment will quiet the pain temporarily but can have no direct curative effect on the real disease because it cannot reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of daily waste, the Bowels and Kidneys, have failed to carry off. This poisonous matter, coming in contact with the different acids of the body, forms a compound which is absorbed into the blood and distributed to all parts of the system and Rheumatism gets possession of the system. The aches and pains are the first symptoms, and though they may be scattered or relieved for a time by local treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing excoriation and swelling and such terrible pains that the nervous system is shattered, the health undermined, and perhaps the patient becomes crippled and crippled for life. S. S. S. thoroughly cleanses the blood and purifies the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acrid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is entirely vegetable, consisting of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

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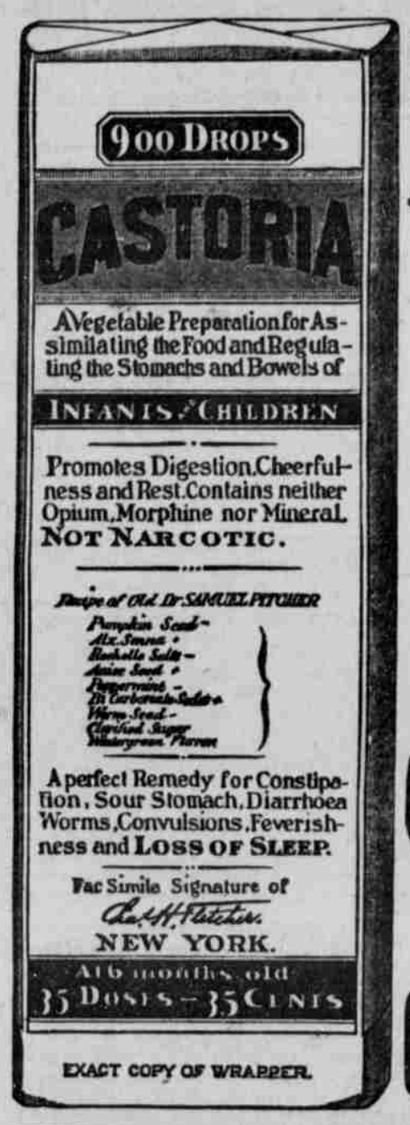

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