

S LEOPOLD, SECRETARY LIEDERKRANZ

"Three Years Ago My System Was in a Run-Down Condition. I Took to Peruna My Restoration to Health and Strength."

MISS RICKA LEOPOLD

Miss Ricka Leopold, 173 Main street, Waukesha, Wis., Sec'y Liederkranz.

Three years ago my system was in a run-down condition and I was on out all over my body. I began worried about my condition and I tried to try anything which would help me.

Peruna was recommended to me as a blood remedy and tonic, and I soon found that it was worthy of praise. A few bottles changed my condition very much and in a short time I was all my trouble.

Peruna restores strength.

Hettie Green, R. R. 6, Iuka, Miss., writes: "I had catarrh and felt unable. I began the use of Peruna and began to improve in every way. It does not hurt me so much, my appetite is good and I am gaining in weight and strength. I am glad to endorse it."

A LUXURY.

Two gentlemen dining in a New York restaurant were surprised to find on their bill of fare, the item, "green bluefish."

"What sort of fish is green bluefish?" asked the waiter, "right from the water," said the waiter, offhand.

"There are a good many things about a grindstone that most persons don't know. For instance, a mistake most farmers make is in leaving the stone uncovered. When I was a boy the usual place for the grindstone was out by the orchard, where it would be handy for the men in the fields. The wise man nowadays houses his grindstone.

"Let a good, drenching rain come along and the stone will absorb a lot of moisture. Often it never becomes wholly dry again.

"Some people have the idea that letting the sun shine on a moisture-laden stone will bring it out all right. Usually the sun has a damaging effect. The defect will not be noticeable for a time, but the stone becomes soft and crumbles.

"Most of the grindstones used in this country come from Ohio and Indiana. Cleveland is the great center of the industry. Grindstones are made of a quartzlike sandstone. Every grinding leaves new points of the stone protruding and they never, as a rule, wear perfectly smooth.

"Another reason why a stone is cast aside after a couple of years' service is that it wears down considerably and too many revolutions become necessary to sharpen the tools. This wear is usually most on the softest part of the stone and it acquires a jiggly motion that is not pleasant.

"There is practically no difference in the quality of the stones turned out and the difference in price, ranging for ordinary ones from \$5 to \$7, is due to the character of the frame and the quality of the wood used. Many of the stones sold to the big ranches and farmers are equipped with power attachments to be run by windmill force or gasoline engine.

"The farmer is the best customer for grindstones. In later years the blacksmiths and machinists have pretty generally taken to the use of emery wheels. These cost more, but they last a great deal longer."—*Charleston News and Courier.*

CAN YOU FIND THE BALANCE?

It Is a Pretty Little Problem Over Which Experts Disagree.

One of my customers is a man who has lucid intervals most of the time, but has occasional paroxysms of insanity. I was a writer in the *Business Man's Magazine*.

One afternoon about two weeks ago he came into my office after everybody else had gone home. I had just finished writing up my cash book and had ruled it off and brought down the balance on the debit side.

He said he wanted to pay something on account, but that it must be entered on that day and not on the next. To humor him (as I needed the money) I agreed to scratch out my figures and lines and to enter his payment that day.

He started by asking me what balance I had on hand, and, rather than have a row with an insane man, I read the figures to him. He wrote them on a

OLD Favorites

Union and Liberty.

Flag of the heroes who left us their glory,
Borne through our battle fields' thunder and flame,
Blazoned in song and illumined in story,
Wave o'er us—all who inherit their fame!

Up with our banner bright,
Sprinkled with starry light,
Spread its fair emblems from mountain to shore;
While through the sounding sky,
Loud rings the nation's cry—
Union and Liberty!—one ever more!

Empire unscathed! what foe shall assail thee,
Bearing the standard of Liberty's van?
Think not the God of thy fathers shall fail thee,
Striving with men for the birthright of man!

Yet if by madness and treachery blighted,
Dawns the dark hour when the sword thou must draw,
Then with the arms of thy millions united,
Smite the bold traitors to Freedom and Law.

Lord of the universe! Shield us and guide us,
Trusting Thee always, through shadow and sun!
Thou hast united us, who shall divide us?
Keep us, O keep us, the Many-in-One!

Up with our banner bright,
Sprinkled with starry light,
Spread its fair emblems from mountain to shore;
While through the sounding sky,
Loud rings the nation's cry—
Union and Liberty!—one ever more!

—O. W. Holmes.

LIFE OF GRINDSTONE BRIEF.

Injured by Exposure to the Sun and Rain, Says Expert.

"Most persons," said the hardware drummer, "have the idea that if there is one thing in life a man doesn't have to buy twice it is a grindstone. The fact is that they are among the best sellers we have.

"The life of a grindstone is not very long. From two to three years on a farm and from a year to a year and a half in a blacksmith shop most of them to the bad. It sometimes happens if a man draws a poor stone that it will be out of service inside of six months.

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How Deep Is the Air?

One hundred and thirty-one miles is the height of the atmosphere, as measured by Prof. T. J. J. See, who determines the thickness of the air envelope by noting the difference between the time of sunset and the complete disappearance of blue from the sky.

The moment at which the blue changes into black can be observed quite easily with approximate certainty by the naked eye when the air is clear, and by trigonometry may be ascertained the distance below the horizon of the sun at the moment of change. By this means may be calculated the height of the smallest illuminated particles of oxygen and nitrogen, which give to the sky its bluest tint by the reflection of the smallest wave lengths of the sun's light.

The instant of change from blue to black is possibly a little difficult of exact observation, but the method is not more doubtful than that based on the observation of shooting stars. The shooting star method gives a result not greatly differing from the vanishing blue method. The former gives the height of the atmosphere at 109 miles.

Stand on One Leg.

There appears to be no end to the variety of health exercises, and the latest is the most novel of them all. "Standing on one leg," asserts Styliotes, "is the finest exercise in the world." He devotes a quarter of an hour by the clock to it every day, and on one misguided occasion he actually kept his balance for twenty-five minutes at a stretch. "It exercises every muscle in the body," he declares, "and keeps me in tip-top condition. I should advise your readers to begin with a minute at a time. They will find it quite enough."

—*Tit-Bits.*

H. Found the Sepulcher.

"When you go to New Zealand I wish you would inquire after my great-grandfather, Jeremiah Thompson." "Certainly," said the traveler, and wherever he went he asked for news of the ancestor, but without avail, according to *The Dundee Advertiser*. One day he was introduced to a fine old Maori of advanced age. "Did you ever meet with an Englishman named Jeremiah Thompson?" he asked. A smile passed over the Maori's face. "Meet him?" he repeated. "Why, I ate him!"—*New York Tribune.*

In Search of a Mate.

Clarice—Miss Wrinkles is going to Europe this summer.

Virginia—Ah, she's tried every resort in this country. I suppose she hopes to cure her trouble abroad.

Clarice—Her trouble? Why, what is it?

Virginia—I suppose you might call it involuntary singularity.—*Pueblo Chieftain.*

The average married woman is not very well suited with her husband, but she thinks almost any girl would be glad to get him.

The Polite Burman.

In the cities of Burma, where the natives have been long in contact with Europeans, says the author of "Burma, Painted and Described," they have lost some of their traditional politeness; but in the country (districts old-school courtesy is still the custom.

An English gentleman who had bought a new pony was trying him out on a Burman road, when the animal bolted, and ran at top speed down a narrow road.

In the way ahead was a native cart, in which was a family party out holiday-making.

The pony dashed into the back of the cart, threw his rider into the midst of the merry-makers, and severely injured the Burman who was driving.

Before the Englishman had an opportunity to explain his unexpected onslaught the Burman picked himself up and bowed low.

"My lord, my lord," he said, apologetically, "the cart should not have been there."

Found He Was a Cannibal.

A new arrival in the town entered a restaurant and ordered his dinner. He had just been served when a large, rosy person entered and seated himself at the same table, and finally reached over and helped himself to his neighbor's bread; seeing that the other man's boiled potato had not been touched he took that and ate it without removing the skin. A piece of chicken followed.

By this time the waiter reappeared and handed the bill of fare to the newcomer.

"Roast beef; roast pork. Which shall I take?" said he. "Well, I guess you can bring me roast beef, a double order."

"Thank heaven," said the man opposite.

"Eh? What did you say, sir?"

"I said 'Thank Heaven!' I was afraid you were a cannibal!"—*Pittsburg Press.*

Reciprocity.

"I declare," complained Mrs. Duzzit, "I shall certainly have to punish the children!" says a writer in *Life*. "What have they been up to now?" inquired her husband.

"They have simply upset my sewing room. Nothing is where it should be. Needles, spools of thread, scissors, darning balls, everything I have has been poked away into the most unexpected corners. It is perfectly exasperating."

Mrs. Duzzit surveyed his wife with a benignant air.

"That wasn't the children, dear," he said. "I did that."

"What possessed you?"

"It was kindness of heart. After you straightened up the papers and books on my desk so beautifully, I thought it was no more than right that I should return the compliment by putting your sewing room in order. So I did."

The Books All Right.

The steamer was to leave in an hour, and Mrs. Lapsling was in a flurry of preparation.

"Mother," asked one of the children, "where are the books we want to read while we're on the boat?"

"Never mind the books," she said, with her mouth full of hairpins. "They're all packed in your father's esophagus."

In a Box.

"Where's the box constructor forty feet long that you've got painted on the sign out in front?" demanded the visitor at the dime museum.

"This is wash day, and we're using him for a clothes line," explained the Circassian beauty.

How He Knew.

Wedderly—That milliner of yours must be a bird.

Mrs. Wedderly—Nonsense! She has neither wings nor feathers.

Wedderly—Yes, but just look at this bill of hers.

Slang Not All American.

Is "fired out" an Americanism? This question is put by a London paper in discussing the use of the expression by the Vienna correspondent of the Times in connection with the dismissal of the American ambassador to Austria-Hungary. Anything that seems slangy is generally stamped as an Americanism, and in this case, as in so many others of a similar nature, it is shown that the phrase can be found imbedded in the classics of the English language. "Fired out" an Americanism? Well, in one of Shakespeare's sonnets, as one of the London papers says, you may read: "Yet this shall I never know, but live in doubt, Till my bad angel fire my good one out."

An American school teacher—and this is another illustration that comes to mind—decided that his pupils should drop the word "say" because it was inelegant. The tendency to begin a remark or a question with "say" may certainly be overdone, but, as a bright pupil pointed out, if "say" is vulgar, how should we regard the use of it in the first line of "The Star-Spangled Banner"—"Oh, say, can you see?"

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores. Do not accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Met Often.

"Why are you bowing to that man? Do you know him?" asked Madge, in surprise.

"Yes," said her chum. "He walked over me so many times getting out between acts at the theater last night that we got real well acquainted."—*Detroit Free Press.*

Mother's Will Find Mr. Winslow's Soothing Syrup the Best Remedy to Use for their Children during the Teething Period.

In Confidence.

"I knew," he declared, "that we were meant for each other from the very moment I first saw you."

"I knew it," she replied, "long before that."

"You did?"

"Yes. I may tell you now in confidence, since we're engaged and it's all settled, that mamma had been mapping out our accidental meeting for three months."—*Judge.*

Discouraged.

Sherlock Holmes had announced his intention of abandoning detective work.

"My dear Holmes," said Dr. Watson, "you don't mean it?"

"Quite so, my dear doctor," he said. "Those Philadelphia detectives have made me look like a bungling amateur."

Shooting another charge of dope into his arm, he assumed a William Gillette pose and stared moodily into the fire.

Catarrh Cannot be Cured.

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifier, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

S. J. CHENEY & CO., Props., Toledo, O. Sold by druggists, price 75c. Hall's Family Pills are the best.

Able to Retaliate.

Byron was writing his "English Bards and Scotch Reviewers."

"They'll find I'm no Keats!" he exclaimed. "I'm a bad man from the headwaters of Bitter creek, and I can hit back—darn 'em!"

Regretting that his lame foot was not a real club, so he could use it on them, he dipped his pen in the vitriol again and confided some more of his burning thoughts to the sheet of paper before him.

Woe of the Horse Hunter.

"Mrs. Newcome, have you shot the chutes since you came to town?"

"Not yet. I've put in all my time flogging the flats."—*Chicago Tribune.*

Wife's New Dressing.

Nearly every one likes a fine hair dressing. Something to make the hair more manageable; to keep it from being too rough, or from splitting at the ends. Something, too, that will feed the hair at the same time, a regular hair-food. Well-fed hair will be strong, and will remain where it belongs—on the head, not on the comb!

The best kind of a testimonial—
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.
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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

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