Oregon Sentinel.

Stimulation vs. Nutrition.

Never was mortal man more unfor tunate than when he mistook the relation between stimulation and natrition. This mistake, in the physiological sense, may well be called the fall of the race. This has been for many centuries the great grand error of the sacrifice world. of the medical profession, and of the people at large. It has led us into the use of the grossest compounds, under the name of food; of all forms of alcoholic combinations under the name of drink; and all the most virulent poisons under the name of medicines. It is the root and starting point of all manner of false theories and bad habits; and its practical application is spreading disease, and multiplying infirmities all over the civilized world.

No two ideas can be more intrinsically different from each other than stimulation and nutrition. They are exactly antagonistic. And yet learned men are continually confounding them with each other, or mistaking one process for the other. Stimulation always wastes the vital tissues; nutrition always supplies them; and yet the savans of the schools tell us that one is a substitute for the other! Can any proposition be more preposterous?

The temperance reformation owes is alow progresses and frequent reverses wholly to the general prevalence of this error. Its advocates, who declaim most loudly against stimulant alcohol, are themselves often the slaves or victime of some other equally poisonous and perhaps still more disgusting stimulant. Very few among the leaders of the various temperance organizations seem to have the most distant conception of the true philosophy of the re-form. They look upon alcoholie beverages as dangerous, because if men drink moderately they are liable to get into a habit of drinking immoderately, and hence of becoming drunkards. The possibility of drunkenness is the only real evil they seem to comprehend, and, indeed, this is about all the newspaper preas generally seem to care about the matter. One hundred thousand drunkards in our country is a very great evil, but ten times as many moderate drinkers is an evil more than ten times as great.

There are in our country thousands of eloquent denunciators of poison alcohol, who are themselves very sots in the use of tobacco or opium. And the great majority of those who make up the ranks of the temperance army are just as injuriously addicted to stimulation in some other way as are those whose liquor-drinking habits they so zealously oppose.

It is not alcohol, nor tobacco, nor opium, nor tea, nor coffee, that is to be specially condemned; it is the principle of stimulation itself. Until the temperance army can go forth to battle abuinst the emissaries of King Alco-hol, with "No Stimulation" inscribed on ther banners, their cause will never triumph.

When h health, the Son of Tem perance asks is medical friend why he should not drink alcoholic beverages; the physician repres, "because they are poisonous." When the same Son of Temperance become sick, the same physician tells him to drak alcoholic beverages, "because tley e atimulants and restoratives!"

What is stimulation? It is the wrag gle of the vital organism against a pai son. We are aware that this is contrary to the doctrine of medical books. But it is what nature and true science declare to be tuge. All the stimulants in the world are but so many poisons of various degrees of intensity. And the "operative effects," as they are called, of stimulants, are the evidences of a vital struggle against an enemy And just as we waste our vittaling in this warfare, will we be liable to dagage and premature death.

The perfection of all our organs and structures, and their fullest power to endure, depend upon their being nour-ished without being stimulated. Nature demands pure nutrition, and nothing else. And pure nutritition is obtainable only from pure food. Food is the material capable of conversion into the substance of our bodies. Pure food is entirely destitute of all atimulating properties. And permanent health, and the longest life our living machinery is capable of attaining, are only compatible with entire abstinence from everything that will stimulate, whether found in combinations of alimentary substances, in the various forms of in toxicating drinks, in narcotic fumes, or in pungent condiments.

Until this principle is thoroughly un derstood and fully recognized by those who assume to lead the public mind in the matter of temperance reform, we can only regard temperance organizations and Maine Laws as useful means for agitating and educating the public mind. When it is understood and recognized, temerance societies and prohibitory statutes will be unnecessary -Life Illustrated.

BEST PLACE FOR BABIES .- "Mother," said a little three year old, whose nose had been "put out of joint" by the arrival of a baby brother, "if the buby should die would it go to heaven !"

"Certainly, my child," responded the

"Then I think heaven is the best place for him," was the affectionate sister's conclusion.

We take the following from the Washington correspondence of th Sacramento Union :

The Senate have up the question regarding the expediency of this Government establishing a Protectorate over Mexico. The resolution was offered by Gen. Houston. It will be defeated by the Senate; but then it is one of the signs of the times relative to the future relation of this Government and Mexico

The Minnesota bill has been definitely acted upon by the Senate; but the egon and Arizona bills are in a different condition. As soon as Kansas is made away with, the territory of Oregon will be admitted into the Union, and a bill passed making Arizona a Judicial District. It is generally thought here that Gen. Lane will be one of the new Senators from Oregon.

The health of Senator Davis is becoming more and more critical. The sight of one eye is forever destroyed.

THE CASKET OF DIAMONDS!

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speak to others of their success, and thereby
assist materially in increasing our subscription list to sommence with the first No.

Among the interesting features of our Paper will be a Love correspondence of the
most thrilling and exciting character, which
took place in Paris, in 1855, betwixt an English Gentleman and French lady—the tyranical opposition of the lady's father to the
union of his daughter with the English gentleman is described in the most vivid and
interesting manner, as well as the successful interesting manner, as well as the successful plots of the young lady to clude the vigil-ance and cruelty of her heartless father. These letters are deeply interesting.

of a pure, high-toned character.

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Grand Medical and Surgical Institute.

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Attendant ant Resident Physician I. J. CZAPKAY, M. D. Late in the Hungarian Revolutionary War, Chief Surgeon to the 20th Regiment of Honveds, Chief Surgeon to the Military Hospital of Peth, Hungary, and the late lecturer on the Diseases of Women and

Communications strictly confidential. Consultations by letter or otherwise, free. Address, DR L. J. CZAKAY, San Francisco, Cul.

TO THE AFLICTED .- Dr. L. J. Czapkay reurns his sineace thanks to his numerous atients for their patronage, and would ake this opportunity to remind them thatse continues to consult at his Institute for he cure of Chronic diseases of the Lung, Liver, Kidneys, diges-tive and genital organs, and all private diseases, viz: Spilitic ulcers' genorrhea. gleet, strictures, eminal weakness and all the horrid consequence or seri-auus, and he hopes that his ong experience and successful practice ofmany years will continue to ensure him sshare of public patronage. By the practice of many years in Europe and the United States, and during the Hungarian we and compaigns, he is enabled to apply the most efficient and suc-cessful remedies gainst discusce of all kinds. He uses no sercory—charges moderate-treats his pitients in a correct and honorable way -he references of unquestionable veracity fom men of known re-spectability and high standing in society. All parties consuling him, by letter or otherwise, will recive the best and gentlest treatment, and implicit secrecy.

SUFFER NOT WHEN A CURE IS guaranteed in all stages of secret dislis in all its stages, srictures, gleets, grav-el, diabetes, diseass of the kidney, and bladder, mercurial rheumstism, scrofuls, pains in the bones and ankles, diseases of the lungs, throat, lose and eyes, ulcers upon the body or linbs, dropsy, epileptic fits, St. Vitus' dance and all diseases arising from a derangement of the sexual ormemory, loss of power, general weakness dimness of vision with peculiar spots appearing before the eyes, loss of sight, wakefulness, dyspepsa, liver disease, erup-tions upon the face pain in the back and head, female irregulaties, and all impro-per discharges of boh sexes. It matters not from what cause he disease originated, however long standing or obstinate the case, recovery is certain, and in a shorter time than a permanent cure can be effected by any other treatment, even after the disease has baffled the skill of eminent physicians and resisted all their means of cure. The medicines prescribed are plea-sont, without odor, entirely vegetable, causing no sickness, and free from mercu-ry or balsam. During siteen years of prac-tice, in Europe, the Atlantic States, and California, I have rescued from the jaws of death many thousands, who, in the last stages of the above neutioned diseases, had been given up to die by their physi cians, which warrantsme in promising to the afflicted, who may place themselves under my care, a spendy cure. Private direases are the greates enemies to health, scrofula, and many ther diseases, and should be a terror to the human family. A permanent cure is seacely ever effected majority of the case: falling into the hands of incompetent persons, who not only fail to cure the deese, but ruin the constitution, filling the system with mer-

sufferer into a rapid communition.

But should the disease and the treatment not cause death speedly, and the victim marries, the discuss is entailed upon the children, who are born with feeble constitutions, and the curren of life corrupted by a virus which betravitself in scrofula, tetter, ulcers, eruptions, and other affections of the skin, eyes, throat and lungs. entailing upon them a srief existence of suffering and consigning them to an early

Self-Abuse is another bemidable enemy to health, for nothing dec in the dread catalogue of human diseases causes so de structive a drain upon the system, drawing its thousands of victims through a few years of suffering down to an untimely grave. It destroys the serveus system, rapidly wastes away the energies of life, rapidly wastes away the energies of life, causes montal derangement, prevents the proper development of the system, disqualifies for marriage, society, business, and all earthly happiness, and leaves the officer wrecked in body and mind, predisposed to consumption and a train of evils more to be dreaded tan death itself. With the fullest confidence I assure the unfortunate victims of self-abuse that a permanent and speedy cure can be effected, and with the abandonment of ruinous practices, my patients can be restored to robust, vigorous health. Irregularities and all diseases of males

and females treated on principles estab-lished by fifteen years of practice and sanctioned by thousands of the most re-markable cures. Medicines with full directions, sent to any part of the State, Ore-gon and Washington Territories, by pa-tients communicating their symptoms by letter. Business correspondence strictly confidential.

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I, the undersigned, Governo, of Hungary, do testify hereby, that Dr. L. J. Czapkay has served during the contest to Hungarian liberty, as Chief Surgeon in the Hungarian army, with faithful pursever, ance—whereof I have given him this certificate, and do recommend him to the sympathy, attention and protection of all those who are capeble of appreciating patriotic self sacrifice and undeserved misfortune.

KOSSUTH LAJOS,

Governor of Hungary. CERTIFICATE

Governor of Hungary Washington City, Jan. 6, 1852.

S PERMATORRHEA, or Local Weak-

situde, weakness of the limbs and back, situde, weakness of the limbs and back, indisposition and incapability for labor and study, dullness of appreliension, loss of memory, aversion to society, love of solitude, timidity, self-distrust, dizziness, head acho, involuntary discharges, pains in the side, affections of the eyes, pimples on the face, sexual and other infirmittes in man, are cured without fail, by the justly celebrated Physician and Surgaon, Dr. L. J. CZAPKAY. His method of curing discusses is naw, (unknown to others.) and hence his great success. All consultation, by letter or otherwise, free. Address L. J. CZAPKAY, M. D., San Francisco. nent Cure of all Private and Chronic Diseases, and the Suppression of

THE GREATEST DISCOVERY OF 1 THE AGE !- Great Blessing to Man-Czapkay's Prophilacticum, (self-disinfect-ing agent,)—a sure preventive against gon-orthoal and syphilitic diseases, and an unsurpassed remedy for veneral, scrofulous, gangrenous and cancerous ulcers, fætid discharges from the vagina, uterus and orethra, and all cutaneous eruptions and diseases. As innoculation is a preventive against small pox, so is Dr. Czapkay's Prophilacticum a preventive against syphilitic and genorrheal diseases. Although harmless in itself, it possesses the power of chemically destroying the syphilitic virus, and thereby saving thousands from being infected by the most loathsome of all diseases. Let no young man who appreciates health be without Dr. Czap-yonient packages, una Ji. Jr. Jr. xerr conrement packages, and with ... O. Mary convenient to use, being used as a somp.— Price, \$5. For sale at Dr. Czapksy's Private Medical and Surgical Institute, Sacramento street, belew Montgomery, opposite P. M. S. Co.'s office, San Francisco.



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PURELY VEGETABLE EXTRACTS. And contains no mineral poteon to injure the CONSTITUTION.

The approval of this preparation by Physicians and Men of Science, and the great success which has marked its use, furnishes proof sufficient to convince every candid and discerning mind of its great sup-riority and value. It is now administered in general practice as a sure and

UNIFORM REMEDY

in cases of Scrofula, Leprony, Tumors, Swelling of the Joints, Rheumatians, Ecysipeias, King's Evil, and every complaint symptomatic of Impure Blood; an all the diseases of the Muscles and Theres, together with general debility of the system, yield to this un-failing Purifier of the Blood—for the blood is the chan-nel through which disease finds its way to the various

Read the following.

This certificate was sent us by our agents at Patterson, N. Y., which is also certified to by several of the eighbors of Mr. Ballard.

son, N. 1., which is also cruined to by several or the neighbors of Mr. Ballard.

Messra A. B. A. D. Sarna: Gentlemen.—It gives me pleasure to send you the following statement in regard to my son. He took a severe end, and after eight weeks of severe suffering the disease setting it his left tog and floot, which some awelled to the utmost. The awailing was lanced by his physician, and discharged most profitsely; after that no less than eleven where fermed on the leg and floot at one time. We had five different physicians, but none relieved him much; and the last seinter feuted him on emericated and low that he was unable to leave its leed, suffering the most accruciating poin. During this time the bone had become so much affected, that piece after piece came out, of which he has now more than twenty. He preserved in a bottle, varying from one-half so one and a half lacken in levelth. We had given up all loopes of his recovery; but at this time we were indicated to try your barresparilla, and with its use the insulin and appetite began immediately to improve, and so rapid was the change that less than a dozen bettle effected a perfect eiro.

With gratituse, I remain truly yours.

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TO THE AFFLICTED -Read thefol-I lowing RECORMENDATORY LETTERS and then judge between Dr. Young and those vampires that malign his motives Avoid such men as you would a pes-tilence, for THERE IS DEATH in their treatment. All afflicted with Diseases of a Private or any other nature should call upon Dr. J. C. Young, and they would then evoid imposition and assist the Doctor in his herculean labor of suppressing quackery and empyricism. Dr. Young's charges are moderate and within the reach of the most humble.

MPORTANT .- Dr. J. C. Young wishes to call the attention of invalids to his course of practice. The Dr. has long since abandoned the mercurial treatment, and has strictly followed the Vegetable Prac-tice. Patients under trestment with him are not confined to the house, nor taken from their business, but can go about and eat as usual. The Dr.'s mode of treatment of cases of debility, both general and exual, is not surprassed by any nhysicism and troubles. Dr. Y. has discovered a new mode of treating affections of the Liver, which after a fair trial has been submitted to the Perference of several of the medical to the Professors of several of the medical institutions of the States, and pronounced by them, as parfectly successful, and has been adopted by them in their practice. In the treatment of incipient consumption, and disease of the blood, the Dr. stands pre-eminent in his profession, and will warrant a cure in all cases. The following testimonial speaks for itself:

Da. J. C. Young,-Sir: Your mede of treating affections of the Liver and discasee of the Blood, has proved by repeated trials, to be the best yet offered to the feculty, and has been adopted by the board. Continue to study the human system as you have done, and you will yet stand at the head of your profession. W. R. HORNER,

Prof. of Anatomy, University, Penn

HAVE CONFIDENCE.—Dr. YOUNG will guarantee a perfect and perma-nent cure in the following cases, or charge nothing for his services : Syphilis, Gon-orrhes, Stricture of the Urethra, Affection the Rostrate Gland Weakness of the Genital Organs, Impotency, Sterility, both in male and female, Spermatara, or Sem-inal Weskness, Nocturnal Emissions, Rheumatism, Dyspepsia, Indigestion, Fever and Ague, Incipient Consumption, and all ir regularities in Females, together with all diseases of Women and Children; also Nervousness, Palpitation of the Heart, &c.

Persons afflicted with symptoms after being treated, should consult D. Young at once, as no disease is cured unless the pa-tient lesis perfectly well. If there is a particle of disease left in the system, it will break out at some future time, when least expected, or be handed to an innocent offspring. Persons who have been treated with mercury should be very cautious in believing that they are well, for it is a scientific fact that the mercury will mingle with the veneral, and form disease a great deal worse than the original. All those who have reason to think, but facilities that they have been treat. by bad feelings, that they have been treated thus, should consult Dr. Young, and he should examine their cases and tell them at once how they stand.

VOLUNTARY CERTIFICATE.-TO ALL WHOM IT HAY CONCERN,—This is to certify that I, B. F. Luning, applied to Dr. J. C. Young, to be treated for a general debility, brought on by hard work at mining in the water, and a pneumatic affective to the second of the fection in my limbs, which almost deprived me of their use, that the above complaints had troubled me for a long time—one of them for several years, and the other about eighteen months. Overcome by the pain and anxiety occasioned by them, I had given up all hopes of ever again enjoying good health. In this condition, I called upon Dr. J. C. Young, and after the lapse of five months, I am perfectly well and feel nearly as strong as I ever did. I can recommend every one affected to his care. for he cured me, and has cured several of my friends that I recommended to his care, afflicted with different diseases, some of them bad cases, of a very bad and danger.

ous nature.

Given this my voluntery testimony in favor of Dr. J. C. Young, in hopes that it may induce all those afflicted, to call on him, and avoid the impostors who have robbed fme, not only of money, but to a certain extent of my health.

B. F. LUNING.

GREEN HORS GULCE, Kern River,

GREEN HORS GULCH, Kern River,
September 2, 1856. . 3

DEAR SIR: It is with pleasure that I hasten to answer your letter, enquiring how I get along. I have entirely recovered from the complaints for which your medical skill was required, and I assure you I feel grateful to you for the health I now enjoy. Snatched as I was from the very jaws of death, and saved from an untold amount of suffering. Were I in the city where I could do it, this would have the solemnity of an oath, but I am in a mining camp, there is no Justice of the mining camp, there is no Justice of the Peace within several miles of me, and so you must publish without it. I do not like to name my disease, and I suppose it is not requisite, as you treat all kinds of disease. G. LANGDON

To Dn. J. C. Young,

Manirosa, Sept. 27th, 1856.

DR. J. C. YOUNG.—Sir: In answer to your request, as to how my case is getting along, I would state that I am perfectly well, and have been so for about one month. I should have written before, but have been waiting to see if it would return. I am now satisfied that I have seen the last of it. My case was said to be a very bad one by all the physicans that examined me. They all called it a mercurial disease, and said there "was no help for it." You called it acrofulous, mixed with a mer-CICARS& TOBACCO You called it acrofulous, mixed with a mer-curial affection, and said you could cure me, and you have done so I can only thank you for it and recommend all per-sons afflicted to give you a fair trial. Yours till death, C. L. RAILS, Ja.

CONSTITUTIONAL DEBILITY, OR Seminal Weakness — Dr. Young addresses those having injured themselves Very Ches, for Cash.

AT Call. P you want a Good Cigar

Jacksonville, Nov. 21.

45tf

To KEGS EXTRA BOSTON SYRUP

For sale by J. W. STEARNS.

To the sad and melancholy effects produced by early habits of youth, viz. week. noss of the back and limbs, pain in the

ness of the back and limbs, paint in the head, dimness of sight, loss of miscealing power, palpitation of the heart, dyrpepen, nervousness, irritability, derangement of the digestive functions, general debility, symptoms of consumption, &c.

MENTALLY, the teerful effects on the mind are more to be dreaded. Loss of memory, confusion of ideas, depression of spirits, evil forebodings, aversion to society, self distrust love of solitude, timidity, &c., are some of the ovils produced. &c., are some of the evils produced.

All persons who are afflicted with any of the above symptoms should not fail to

call on Dr. Young, and he stonce restored to perfect health. Let no false sulcacy prevent you, but apply immediately, and save yourself from the dreadful and awful consequences of this terrible malady. WEARNESS OF THE ORGANS Office corner of Montgomery and Cali-fornia streets, over Posific Express, Son-Francisco, where all letters must be di-

rected to insure intention.

J. C. YOUNG, M. D.

BEWARE OF IMPOSITION .- IN B consequence of the wide spread ce-tebrity of Dr. YOUNG, numerous impostors have sprung into existence, pretending to be confact masters of the healing art; and have succeeded in imposing upon a few of the unway sufferers. Persons wishing to consult a physicain, should be very careful how they put confidence in the ments as in their pure of such charlatans. ments as in their prices. They will life deceive you by false certificates, procured from "drunken loafers," who perjure themselves to get money to satisfy the cravings of a diseased appetite. When such quack gains your confidence, he will then dose you with mercury and you with mercury and other drugs, and after they have robbed you of your money and injured your constitution, they will cast you off, with the charge, that you have not followed their directions.

The only way to avoid such impostors, is to consult Dr. J. C. Young, the Pioneer Advertising Physician of California. At a meeting of the Nedical Faculty of this State, caned to investigate the source of malpractice that has caused so much suffering in this country, it was unanimously recommended that all the afflicted should recommended that all the ameter consult Dr. Young, as he was the only regularly educated Physician now adverting in California, all others in his line being quacks and and impostors, and are not to be trusted. The ufflicted will please take notice, that there was not a physician at the meeting who had ever seen or heard of a single case of malpractice from Pr Young, while not one of them but had seen a number of cases from the foreign quacks, who so vanntingly set forth their pre-tended virtues in the public prints. The above facts should be borne in mind

by all seeking medical assistance. Thank heaven, they are getting thoroughly expresed, and it will not be long before they will have to fly the country, to avoid the just indignation of an outraged public. Then will good people thank lir. Young for his continued efforts to bunish quarkery from our midst.

I R. YOUNG can be consulted from \$

to 8 r. M., at his office, corner California and Montgomery streets, over the Pacific Express Office, San Francisco. All letters containing the usual fee of \$10 will meet with prompt attention.

2 2m3

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Candies, Crackers, Cakes, All kinds of Syrups, and everything in in his line of business, usually found in the Confectionarys in the cities.

CARES For Weddings, Balls or Parties, got up in good style, and at the shortest notice WM. HESSE & CO.

Jacksonville, Dec. 1. 2tl. Bounty Lands

And PENSIONS For SOLDIERS. THE undersigned will attend to the pro-curing of Bounty Lands, under the Act of March 3d, 1858, for persons who have been regularly mustered into the United States service for the term of fourtren days, or more. Persons who were engagcountry, and all widows and orphans of such persons, are entitled to 150 acres of land, and by forwarding the necessary proof of their service to the undersigned, the of-ficial forms will be made out and forwarded

to the proper Department at Washington which will ensure the return of a LAND WARRANT For the applicant.

Having a competent agent at Washington, it enables me to transact this kind enables with great efficiency and dispatch Charges moderate.

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