

Terms of Subscription (cash rates.)
Single copy per year \$2.50
Single copy six months 1.50
Single number .10

On the Shore.

Homeward the gull is flying,
And twilight darkens fast
Across the wet sea-margin,
Where sunlight fingers last.
The shadowy wings flit over,
And skim along the deep,
And veiled in cloud and silence,
Like dreams the islands sleep.
I hear from plashy marshes
A strange, mysterious cry:
A lonesome bird is calling—
How like to that an I!

And now the rain falls softly,
And now the wind is still;
But words which ocean whispers
Are open to my will!

—Chevalier Lander.

Irish Peasant Customs.

The almost universal diffusion of at least a measure of education throughout the kingdom should, by this time, as we should think, have worked a revolution in the minds and manners of the Irish peasantry, but such is not the case. The children of the present generation attend school regularly; their immediate predecessors have shared similar advantages; yet still each household clings to its superstitions, and adheres to its ancient code of customs.

I can, however, at this moment, recall to mind one way in which these "clods" are now beginning to depart from their old habits; and, unfortunately, in this, the lovers of the picturesque and weirdly wild have cause to regret the change. The graceful long cloak, made of the finest black cloth, and having the hood lined with rich satin, which formerly was becoming a national female costume, and the possession of which was formerly the principal object of ambition of every growing girl, is now seldom worn by the young, who have discarded its use in favor of flimsy finery. They have no idea of how much they lose by so doing, but if they had they would not care. Gaudy artificial flowers and streaming ribbons are "the rage," at present, among their kind. Beautiful faces—and there are many of these in Ireland—looked doubly attractive peeping out from under their sombre, handsome coverings, and the artistic folds in which these cloaks hung, always gave an air of modesty, dignity and respectability to the wearers.

With the long black cloaks of the Irish women, the habit of "seeing" at Celtic funerals is also going out of fashion. This fashion was so much in vogue that persons who had a talent in that way learned the art of lamenting quite as a matter of business. It was a sort of female profession, and good "keepers" were continually hired to attend and give effect at funerals.

Now the sad procession very often approaches the graveyard in silence; the next of kin driving in the cart which bears the coffin; the rest arriving, some on foot, many on horseback, the women riding on pillows behind the men, in primitive fashion.

The elderly couples make a picturesque appearance. The old men wear knee breeches, swallow tailed coats and high hats; while their wives are enveloped in the cloaks, upon the disuse of which, by the young, I have been lamenting. The jogging motion of the heavy steeds causes the large hoods to slip down on the wearers' shoulders. Thus the fresh-colored, cheery, weather-worn faces are exposed to view. A white flannel cap is always worn on the head by the old ladies, and over this a gray-colored, small square shawl of woolen stuff is invariably put on, and tied down in a large loose knot under the chin.

The pedestrians are remarkable for one peculiarity. The women walk well and gracefully, while the men slouch along with a gay, awkward gait. I have often considered as to what can occasion this difference, and can only conclude that the superior bearing of the female portion of the community results from the necessity which exists that they should hold themselves erect when carrying burdens upon their heads, as it is their custom to do. A growing lass will take a considerable walk with a jaunty, dainty air, perhaps singing as she goes, while she supports and balances in this position a large pail of milk or water, which she could not lift unaided, in her arms; and I have known a girl under twenty habitually carry on her head, when engaged in laundry work, an enormous basket containing a weight of folded linen, which few men would relish being constrained to bear upon their shoulders for a dozen yards.

The Irish nature is so excitable that where grief is felt at all it is generally exhibited with vehemence. When death has occurred in a family it is often, as one poor woman said, "every morning a sartin' up, an' clappin' and a screeching," but as a rule there is more *bonhomie* and sleepiness than sorrow displayed at funerals. The indifferent laugh and talk; the real mourners are either stupefied with weeping or have drowned their troubles for a time in hard drink. All are more or less worn out by keeping the festival of the recent wake. I call the long sustained vigil by its right name. I honestly believe that a death affords far more enjoyment to the neighbors of the deceased than a wedding could give; partly, of course, because the pleasurable is so much more prolonged in the former than in the latter case.

Romanists and Protestants throng alike to the houses of mourning. They eat and drink, smoke and talk, to their heart's content, at the expense of the friends of the departed, who frequently lavish their all in giving what they call "a decent burying," and who would far rather consent to turn out of doors as beggars when the entertainment is over than to stint the company while it lasts. The peasant speaks with horror of the inhumanity of the manner in which the upper classes, as they consider, treat their dead. They would one and all break their hearts with weeping and lamenting if they had reason to imagine that they themselves should be shut up alone in a dark room so soon as the breath had left them. They think the churchyard is a natural, and by no means

a solitary place to be laid and left in; but, until the resting place is found, they trust to the kindness of their friends that their bodies shall never, for an instant be permitted to remain in gloomy loneliness; and, in the meantime, they honestly and honorably do to others as they would be done by.

They think much of how they and all belonging to them will look when dead. A beautiful and well-dressed "corp" is, by them, considered the most interesting of all spectacles. They very often save up money for years in order to it to purchase a new suit of clothes, which they lay aside carefully for use at the last scene of earthly display in which they are to take part. I have known a woman to fall into enthusiastic admiration over a piece of stuff suitable for a gown or apron, because, as she said, "it would look so handsome on the table."

It is also considered a matter of the utmost importance that the dead should lie with their limbs extended in an attitude of calm repose. To secure this, treatment which we should call brutal is sometimes resorted to by the dying person's friends. I remember, for instance, to have seen a peasant woman found by turning out the corpse, could boast of having sat upon a patient's legs, to hinder them from becoming distorted, for days before the poor soul left the suffering body; and yet this is, nevertheless, a fact. Protestants share this weak regard for appearances equally with the Romanists. The ignorance as well as the obstinate prejudice displayed by the lower class of Irish, even where better things in the way of some small enlightenment, might be had, is looked for, is often surprising, and even ludicrous.

A respectable girl, a member of the Church of Ireland, was dying of decline. When the end was thought to be drawing near, a messenger was sent with a request for the loan of a volume of "comfortable hymns," by the reading of which the patient's last days might be soothed. I called at the house and saw at once that death was fast approaching. The poor sufferer was evidently much distressed about something. It was explained to me that she would insist on keeping her knees up in the bed. She was continually urging her attendants to put a pillow up; telling her and me that if they did not, she would die. She would not let her knees down, she would keep them up as she wished, she would keep "a most terrible figure when dead." In fact she plainly declared that she would be ashamed of her, as her limbs after the other. In matters indifferent to the world, she was very much concerned to destroy her appearance "on the table."

I tried in vain to convince these cruel, and yet really loving sick-nurses that the present comfort and relief of their patient was the great and important point. But the Irish are peculiarly unimpressionable; they are not easily moved, and they are not easily moved by anything but the most powerful motives. They are, in fact, very much like the old Irish, who, by word of mouth, with such proposition as it is stated by a superior; their minds the while remaining unshaken. They are even quite ready to echo and appear convinced of the truth of two exactly opposite remarks, made one after the other. In matters indifferent to the world, however, this can hardly be called insincerity; it is rather the result of the virtue of politeness carried to excess. Paddy is the most civil and good-natured fellow in the world, and he cannot bear to offend anyone.

Any interference with the dead by careless or indifferent hands is held in horror by the Irish. For this reason most of them have a great objection to hospitals, infirmaries, and workhouses. Due necessity, indeed, alone drives the poor to these places, and the inmates of these places sometimes using these establishments as hotels, sheltering them in wet and stormy weather, and coming out during fine seasons to beg about the country. Sick persons often prefer to endure their sufferings at home, without medication, and their relations like to keep them near, rather than run the risk of giving the doctors and surgeons opportunity of holding post mortem examinations where death rests. When sudden deaths occur, necessitating inquiry into their cause, the dead is buried, without autopsy, and their relations like to keep them near, rather than run the risk of giving the doctors and surgeons opportunity of holding post mortem examinations where death rests. When sudden deaths occur, necessitating inquiry into their cause, the dead is buried, without autopsy, and their relations like to keep them near, rather than run the risk of giving the doctors and surgeons opportunity of holding post mortem examinations where death rests.

This "planting of the corp" is almost always effected without the aid of a "so-garth," or priest. Unless the relations of the deceased are wealthy, and can afford to pay large sums of money to secure clerical attendance, they dispense with any religious ceremonies at their funerals. The greater number of mourners disperse as soon as the graveyard is reached, and seek out their separate family burial-places, where they kneel down and offer up prayers for the souls of their dead friends. If two melancholy processions are so unlucky as to reach their destination at one and the same moment, a quarrel is likely to be the result, for each party becomes immediately intent upon being the first to enter the coffin under their charge. The result of this is, that according to popular superstition, the soul of the "corp" planted last will be obliged, for a long time, to employ itself in drawing water, in purgatory, for the benefit of its more fortunate neighbor who was buried first. Another source of dispute at funerals is the difficulty there is about opening one grave in the overcrowded churchyards without infringing upon the rights of another. There is nothing an Irishman is inclined to guard more jealously than his last home.

When the mourners return home, it is believed to be of great benefit to the deceased if one of the next of kin put on and wears a suit of clothes in memory of him or her. Articles of attire are often bought new for this purpose. The wearer, while thus commemorating the dead, is bound to be circumspect in his conduct,

and must endeavor to keep sober. I have known a young man, so circumstanced, make a long circuit when going a journey in order to avoid passing a public house, lest he should be overcome by temptation.

It might be supposed that their belief in purgatory would have the effect of making the ignorant Romanists look forward with much dread and anxiety to death, but they seldom display such feelings. It was *apropos* to some remark of this kind that a shrewd observer coolly said that Protestants have more cause to await the hereafter with alarm. "They go farther and fare worse." The Irish peasant is, in fact, quite philosophic when discussing his own departure, or that of a relative.

There are very many strange superstitions about the last and most important act of life; namely, the yielding up of it. If any feathers plucked from a wild bird make a part of the bed upon which the sufferer lies, some of the Irish peasants believe that the soul cannot escape from the body. I was gravely informed myself of this fact. Then there are lucky and unlucky days on which to die. For instance, we had a man-servant who held that any person departing this life within twelve days of Christmas, either way, was sure of eternal salvation. An old female retainer put her chief trust, it would seem, in being made, at the last moment, to lay her hand on some dress belonging to some order of which she was a member. Another kindly Romanist was so fortunate as to possess a small piece of wax candle which had been blessed by the Pope. He believed that if this were burning by her while she was in the act of expiring, her salvation was secure, and yet, with noble generosity, she lessened her own chance by cutting off a piece of the precious taper for the benefit of her Protestant mistress, whom she loved, and for whose future she was in dread.

The old theory of transmigration of souls has also a little hold, it would appear, in Ireland, as I have heard a woman assert that it was very sinful and impious to kill crickets, the spirit of the dead being in them. The advent to any house of these troublesome insects, immortalized by Dickens, is considered a very important affair, as the peasants believe they bring with them, to the inhabitants, either good fortune or terrible ill luck.

The Irish poor are very poor, and endure many hardships, even though they keep a merry heart through all; but they do not seem to see any advantage in their condition. A life spent in luxurious idleness is sometimes called, "having Christmas every day," and those who are continually stunted can scarcely comprehend how any grief can touch persons so situated. "It is a wonder now that the great people die at all, at all, only I suppose 'tis the way they has the death in 'em." I heard a girl say once, in a meditative manner. The truth is, however, that the weather-beaten peasant is far more tenacious of life than the wealthy gentleman. Cases of extraordinary longevity, coupled with hearty health, and a sturdy enjoyment of existence, continually come before one's notice in the country districts. Old men and women rarely know their own age. It is often a matter of offence to suppose that anything but youth, "Up to forty," is the answer sometimes given by an ancient individual who is asked the number of his years, although at the same time, he may be very near his allotted threescore and ten.

It is very probable that the use of the Celtic tongue will eventually die out. It is by no means so much in vogue with the rising generation as it was with the former. There are but few persons now, even among the old, who really "have no English," as the phrase goes, although many will pretend that that is the case, for purposes of their own. I believe also that the peasants would by no means wish their superiors to learn their speech. Nevertheless, they will express approval and admiration of any efforts made by this disinclined class, and the Romanists mutilate and distort the Saxon language in the most wonderful manner. They are as fond of long and difficult sounding words as the negroes are said to be. They are even ingenious enough to mount polysyllabic terms, on the neck of the moment, when memory fails to bring forth any compound sufficiently startling. "Oh, sir, you gave us a very fine allegation to-day," a respectable man said to his clergyman once. Now, if the time had not been immediately after morning service, there might have been some difficulty in discovering that the subject of commendation was a sermon.

A maid-servant on one occasion angrily called a troublesome child "the most ecclesiastical boy she had ever seen in her life," the greatest term of reproach she could think of, and the same woman described a Fenian gathering as "a wonderful triangle of people." Then, when one of the gentry was ill in a country neighborhood, there were many inquiries made as to whether he would be likely "to intercede," meaning were there hopes for his recovery. A disappointed man said to his clergyman once, "The army was spread over the country, it became a by-word, 'We must consult Brother Jonathan.' The term Yankee is still applied to a portion, but 'Brother Jonathan' has now become a designation for the whole country, as John Bull has for England."

FIRE AND WARMER CLOTHING.—The glorious autumn weather has come again—how delightful, how invigorating! And yet the cool, beautiful days will carry to many a door a hearse which might be kept away. And why? Merely for the want of a little fire mornings and evenings, and an increased warmth of clothing. Do not postpone undergarments for yourselves, and especially do not postpone putting them on the children. Otherwise dysentery, or typhoid fever, that terrible disease—or illness in some other form, may enter your dwellings and bear off some loved inmate. Warm clothing; timely fires; warm hearts; cheerfulness; health and happiness; these all belong together in our autumn.—*Ex.*

Iron deposited by electricity has hitherto been too brittle to be useful. Klien, of St. Petersburg, now claims that with the aid of electricity, iron which is perfectly malleable, eminently flexible and elastic, and like sheet steel may be welded; in a word it possesses all the characteristics of an excellent forged iron. This process is deemed likely to be of value.

The consumption of butter in the United States is 1,040,000,000 pounds per annum, for the table alone, and it is estimated that one-third more may be added for culinary purposes, making a total of about 45 pounds for each person yearly.

around it. Presently an old market-woman came down the street. Her eye was caught at once, and she remained riveted to the spot upon which she stood. Tears rolled down her cheeks. She swayed her body backward and forward, as a person in great grief is wont to do, and she unconsciously set up a low wail or kean of sorrow for the sufferings of her Master, whom she thus saw represented. Her genuine feelings were most touching and instructive to behold.—*Home Journal.*

Night Sessions of the English Parliament.

In England the legislature has reversed the current. That body does not begin its sessions till after eight o'clock in the evening. It has realized Addison's satire on the customs of his time, when the daughters were busy at crimp and basset while the grandmothers were asleep, whereas it used to be, he says, that the latter were wont to sit up late in the family. Some one, speaking of this custom of nocturnal deliberation in Parliament, thinks that the Parliamentarians are the worst rulers for it, as their heads are muddled with wine. It is regarded as another line of separation from the people, who generally use light for sleep, and the spirit of dissipation and fashion conspire thus to render such members sorry guardians of liberty. They are called a parcel of drinking, gambling, nervous, giddy men, unfit to wage war with corruption, at two o'clock in the morning. The Parliament House, it is confessed, has a dingy daylight, and the aspiration to speak by gas is too great to be lost. Disraeli last June threatened the Home Rulers with day sessions on the Irish bill, so as to hurry the debate to a conclusion. It is a harsh judgment on Parliament to say that nocturnal sessions hurt it for business! But it is Leigh Hunt's judgement, and to be taken *cum grano salis*. We pit against him Douglas Jerrold, who says that the owl, "the very wisest thing in feathers," is silent all the day. Like the scolding wife, she hoots only at night. Since the hours of ovals and legislators in England are alike, we leave the reader to settle the question between Hunt and Jerrold—night and day.

It was in the carnival night sessions, in 1797, that Pitt and Dundas labored under the scandal of sometimes appearing in drinking drunk in the House of Commons. Out of it grew the famous epigram:

Pitt. "I cannot see the Speaker, Hal, can you?"
Dundas. "Not see the Speaker! d—n me, see two!"

But it is a significant commentary on the time of the old Parliamentarianism that at 8 A. M. in the time of the Stuarts the sessions ran till "candles were brought in." Late hours and luxury go together. The industries are at their dreams, and legislators are cheating the scale of labor to help the scale of wealth. Such is the condition in England, and we are not approaching the British fashion all too fast! By A. D. 1900 Congress will meet after dinner; and then look out for the menagerie!—Hon. S. S. Cox, in *Harper's Magazine* for November.

"Brother Jonathan."

The story of the origin of the above title, as related many years ago, to the editor of the *Norwich Courier*, by a gentleman over eighty years of age, who was an active participant in the scenes of the Revolution, is as follows:

"When General Washington, after being appointed commander of the army of the Revolutionary War, came to Massachusetts to organize it and make preparations for the defense of the country, he found a great want of ammunition, and other means necessary to meet the power of the British. He had to contend with, and great difficulty to obtain them. If attacked in this condition, what a black day it would be! On one occasion, at that anxious period, a consultation of the officers and others were held, when it seemed no way could be devised to make such preparation as was necessary. His Excellency, Jonathan Trumbull, was then Governor of the State of Connecticut, on whose judgment and aid the General placed the greatest reliance, and he remarked, 'We must consult Brother Jonathan on the subject.' The General did so, and the Governor was successful in supplying many of the wants of the army. From that time, the name of Brother Jonathan became a by-word, and the term Yankee is still applied to a portion, but 'Brother Jonathan' has now become a designation for the whole country, as John Bull has for England."

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THE FIRESIDE.

Requisite Amount of Food.

The absolute amount of food required for the support of the human body in health varies with the age, sex, constitution and habits of the individual, and with the circumstances in which he may be placed. No fixed standard can be made applicable to every particular case. The appetite is the chief guide for the supply of the wants of the system, but its indications are so often misunderstood, or rather, imposed upon by many. We are naturally disposed to eat when we are hungry, but it would be very unwise to eat as long as we are hungry at times, for this would be going beyond healthful indulgence. Too often persons eat as if their hunger depended upon the state of fullness or emptiness of the stomach alone, whereas it depends chiefly on the condition of the general system, the wants of which are often fully supplied ere hunger ceases. Thus the food taken into the stomach will not satisfy the system, but its indications are so often misunderstood, or rather, imposed upon by many. 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