

# Facts for Women

Any article, whatever its merit, must be made known to the public by means of advertising. Advertising, however, cannot do everything. It may secure a sale for a time, but in order to insure a lasting demand the thing advertised must have solid worth. This is the case with Lydia E. Pinkham's Vegetable Compound. It has solid worth. Women everywhere have learned this fact and the result is that there is a lasting and absolutely unequalled demand for it. It has the largest sale of any remedy for female ills in the world, and this has been the case for years. The reason for this is that Mrs. Pinkham claims nothing that she is not entitled to claim. She can do all that she says she can do, and her twenty years of experience make her advice invaluable. Her experience has been not only long but world-wide, and she has helped more women back to health than any one else in the world. These facts should be read and the woman immune weight with all sensible women. Remember these are not wild statements but solid facts.

## Facts About the Good Being Done by Lydia E. Pinkham's Vegetable Compound in Cases of Change of Life, Bearing-Down Pains, Etc.

I had falling, inflammation and operation of the womb; backache, bearing-down pains; was so weak and nervous that I could not do my work; had sick headache, loss of appetite, numb spots, hands and feet cold all the time. I had good doctors, but none of them did me any good. Through the advice of a lady friend I began the use of Lydia E. Pinkham's Vegetable Compound, and after taking one bottle I felt greatly relieved, and by the time I had used several bottles was completely cured, so that I could do my work again. I am now passing through the change of life and using your Compound. It helps me wonderfully. I want every suffering woman to know what your medicine has done for me. Mrs. W. M. Smith, New Palestine, Mo.

Lydia E. Pinkham's Vegetable Compound saved my life and gave me a loving mother to eleven children, which was more than any doctor could have done or any other medicine in the world. My trouble was child-bearing fever. The third day after my baby was born I took a chill, which was followed by a high fever. I would not get up until my clothes were as wet as though dipped in a tub of water. The chills and fever kept up for three days. My daughter got me a bottle of your Compound. The fourth dose stopped the chills, and the fever also disappeared. My life was saved. My doctor at this critical time was forty years old. Lydia E. Pinkham, Etna, Pa.

## Facts About Two Cases of Falling of the Uterus Recovered by Lydia E. Pinkham's Vegetable Compound.

I suffered for fifteen years without finding any relief. I tried doctors, but nothing seemed to do me any good. I had falling of the womb, leucorrhoea, pain in the back and head, and those excruciating pains. One bottle of Lydia E. Pinkham's Vegetable Compound did me so much good that I sent four more, also two boxes of Liver Pills and one package of Sanative Balm. After using these I felt like a new woman. Mrs. G. A. Winter, Eldon, Ia., Box 220.

I was suffering with falling of the womb, painful menstruation, headache, backache, pain in groins, extending into the limbs; also a terrible chill at left of womb. The pain in my back was dreadful during menstruation, and my head would ache until I was nearly crazy. Lydia E. Pinkham's Vegetable Compound has done me great relief. I suffer no more now, and I give your medicine the praise. Mrs. J. P. McSpadden, Seaberg, Tex.

## Grateful Woman Recommends Lydia E. Pinkham's Vegetable Compound to Every Wife and Mother.

I have taken eight bottles of Lydia E. Pinkham's Vegetable Compound with most gratifying results. I had been married four years and had two children. I was all run down, and had falling of womb with all its distressing symptoms. I had doctored with a good physician, but I derived very little good from his treatment. After taking a bottle of your medicine, I was able to do my work and nurse my two-month-old babe. I recommend your medicine to every wife and mother. Had I time, I could write much more in its praise. I bid you speed in your good work. Mrs. A. M. Morris, Welaka, Putnam Co., Fla.

Dear Mrs. Pinkham—When I commenced the use of your remedies I was troubled with flowing specks which were very weak. I had two of the best doctors, but they did not seem to do me any good. They said my trouble was due to weakness and was nothing to worry about. I felt tired all the time, and had no ambition. I was growing weaker all the time until I began the use of Lydia E. Pinkham's Vegetable Compound. I am now able to help with the house, and am much improved in health. Mrs. A. Walker, Bloom Depot, N. Y.

America sells nearly three times as many as she buys; Germany buys over 100,000 worth more every year than she sells; while Great Britain last year actually bought twice as much as she sold.

Now in East, No. Mild, So. Effective. This medicine is a pleasure, when the time is taken to use it. It is the best laxative to be used. All drug stores sell it.

It is known sometimes to have been carried by diphtheria and other of the ordinary infectious diseases, and indirectly, is more than

### PACIFIC COAST NEWS

Commercial and Financial Happenings of Interest in the Growing Western States.

Letter From Nome.

E. W. Beachwood, of Tacoma, Wash., received a letter from R. J. Becker, at Nome, Alaska, in which he says: "At present all lines of supplies, except dogs, are sufficiently plentiful. Lumber is \$250 per 1,000 feet, and hard to get. Milk and cream low, and rice and ham 50 cents per pound. Fuel will be short. Dog teams have cleaned the river and beach already. One hundred pounds, or a single sack, of coal, when you can get it, costs \$50. "For profit, canned meats is a good staple, but not flour or sugar. Sever in history has there been such stampeding. Bonanza district has been lit on as by grasshoppers, and now there is a grand rush for Koksadapaga. "The big excitement is at Milk creek, 15 miles above Prince of Wales. York is attracting a big lot of attention, and good results are shown. Above Cape Rodney is the latest, called New Eldorado district, and it is surely good, along with a three mile free gold bearing ledge of quartz. The trail is hot with people for this district. There will no doubt be a big stampede for Norton creek, as \$14 a pan is secured. Other creeks yield 10 and 15 cents at the surface. "The beach is being worked with good results, and coarse gold at times shows up. Several \$5 and \$15 nuggets, and one worth \$37, were found about one and a half miles up, and on top of the ground."

Bonded for \$200,000.

What promises to be one of the richest mines in the whole Eastern Oregon district, and which heretofore has been practically unknown, was bonded today to Captain J. W. Heisner, of Baker City, for \$200,000. The property is situated on Dixie mountain, near Quartzburg, at the head of John Day valley. It is named the Yankee Boy, and consists of a group of six claims. Several veins run through the property of high grade ore. The formation of the ledges is porphyry, slate, syenite, granite and phonolite. The property is well developed by tunnels and shafts, and the ore is found in hematite and quartz. There is plenty of water and timber, water right and mill site.

To Be Street Car Track.

The Lebonon, Or., paper mill company has purchased a mile of street car rails, that were obtained years ago for extensions of the street car system in Eugene. The extensions were never made. The rails will now be put to use in the yards of the paper mill at Lebonon. In addition to this, negotiations are pending between the same parties for the purchase of the street car system now in operation at Eugene.

Trout From Lake Michigan.

Tom Brown, superintendent of the Salmon River steelhead hatchery, and E. R. Greenman, deputy fish commissioner, laid today for the hatchery site to begin work on the spring run. Mr. Greenman will remain there only a short time. Superintendent S. W. Downing, of the Clackamas hatchery, has received 100,000 trout from Lake Michigan, which he is feeding. These trout will be transplanted in Washington and Oregon waters. When full grown these trout weigh as much as 85 pounds.

Northwest Notes.

The \$15,000 necessary to establish a fruit cannery in Walla Walla has been subscribed.

A Umatilla county, Or., breeder has a Poland China sow whose offspring last year brought him \$100. Her latest effort was a litter of 14 pigs.

The most unique wedding ever solemnized in Spokane occurred when Justice Leonard performed the ceremony uniting Tom Wing, a native of China, and Wennie, a native of Japan. It is the opinion of many of our ranchers with whom we have spoken on the subject, says the Vale, Malheur county, Gazette, that will be considerable water during the coming season, in spite of the lack of snow in the mountains. They say that as the ground has not been frozen the rain and snow water has sunk, and this will feed the springs until late in the season.

L. Patnaud, who arrived the other day from Alaska, it is said, made a stake large enough to pay dividends to the several Everett citizens who joined in advancing him \$50 each as a grub stake, at the rate of \$1,350 for every \$50.

While excavating at Fort Stevens recently for the new barracks, an old burying ground was discovered and several coffins unearthed. No one seems to now anything about this ancient burial place, and no mention can be found of it in the records at the fort.

W. W. Fish, a millionaire of Elmira, N. Y., and Professor B. F. Barge have leased 1,200 acres of choice lands on the Yakima Indian reservation at Simco station, and have a large force of men engaged in plowing and seeding. They propose making a great stock farm, in which alfalfa will form the basis of feeding several thousand cattle, sheep and hogs every winter for the early spring market.

A hole 600 feet deep has been drilled on the ranch of Alex Still, near Westport, Or. Some water has been obtained and it is expected that a good supply of water will be found at a little greater depth.

The sheepmen who have been using the forest reserve have been notified of the decision of the secretary of the interior that sheep and cattle will not be permitted to graze on the reserve this season.

The Southern Pacific Company has distributed 23 carloads of ties between Astoria and North Santiam, and is putting its road-bed in first-class shape.

The Pacific Sheet Metal Works, the Puget Sound Mill Company and the Fairhaven Canning Company are suing County Treasurer Roeder, of Whatcom county, Wash., to have set aside taxes assessed against their properties as assessed city taxes, alleging that they are located on the tide lands in front of, but wholly outside of the city limits of Fairhaven. The total amount involved is \$1,368.82.

### ADVICES ARE CHEERFUL.

Trade Review Makes a Favorable Showing.

Bradstreet's says: Trade advices are, as a whole, cheerful, and the stretch of values is apparently unabated, though some soft spots still present themselves. A permanent feature this week has been the increase in strength of values of farm products, nearly all the cereals, pork products and cotton advancing, while materials for manufacture, and the products thereof, have generally remained steady or unchanged.

Manufacturers of shoes are busy and weather conditions have rather favored the retailer by enabling him to dispose of some carried-over stock. Wool is fairly steady, but manufacturers are out of the market and concessions can be obtained, though London advices are better.

Southern iron advices are of steady prices, and of rather more inquiry on export account. Except immediately in Chicago, where idleness of many thousands of men has caused dullness in the machinery and kindred trades, the Western iron situation seems a strong one.

Structural material is in better request and some very large contracts will shortly be placed.

Wheat, including flour, shipments of the week aggregate 2,277,450 bushels, against 2,380,578 bushels last week, 4,114,046 bushels in the corresponding week of 1899.

Business failures in the United States for the week number 190, as compared with 189 last week, 205 in this week a year ago, 233 in 1898, 233 in 1897, and 300 in 1896.

Business failures in Canada for the week number 28, as compared with 33 last week, 21 in this week a year ago, 23 in 1898, 36 in 1897 and 40 in 1896.

### PACIFIC COAST TRADE.

Seattle Markets.

Oilons, new, \$2.25@2.50 per sack; Lettuce, hot house, 45c per doz.; Potatoes, new, \$1.15@1.18; Beets, per sack, 75c@85c; Turnips, per sack, 60c; Carrots, per sack, 50c; Parsnips, per sack, 75c@85c; Cauliflower, 75c@1 per dozen; Cabbage, native and California, \$1.00@1.25 per 100 pounds; Apples, \$1.25@1.50 per box; Prunes, 60c per box; Butter—Creamery, 28c per pound; dairy, 17c@22c; ranch, 17c per pound; Eggs—15@16c; Cheese—Native, 15c; Poultry—13@14c; dressed, 14@15c; spring, \$5.

Hay—Puguet Sound timothy, \$12.00; choice Eastern Washington timothy, \$18.00@19.00; Corn—Whole, \$23.00; cracked, \$23; feed meal, \$23; Barley—Rolled or ground, per ton, \$30; Flour—Patent, per barrel, \$3.25; blended straight, \$3.00; California, \$3.25; buckwheat flour, \$6.00; Graham, per barrel, \$3.00; whole wheat flour, \$3.00; rye flour, \$3.80@4.00; Millstuffs—Bran, per ton, \$13.00; shorts, per ton, \$15.00; Hay—Chopped feed, \$19.00 per ton; middlings, per ton, \$20; oil cake meal, per ton, \$30.00; Fresh Meats—Choice dressed beef steers, 7 1/2@8c; cows, 7c; mutton 8c; pork, 7 1/2c; trimmed, 9c; veal, 8 1/2c@10c; Hams—Large, 13c; small, 13 1/2c; breakfast bacon, 12 1/2c; dry salt sides, 8c.

### GOOD EFFECTS OF SINGING.

Valuable Form of Exercise for Persons with Weak Lungs.

Many medical men are now recommending their patients to study singing, which is a most salutary exercise, both by virtue of its influence on the emotions, on the respiratory movements, and on the development of the lungs, says the St. Louis Globe-Democrat. Nothing better shows the beneficial influence of singing in developing the chest and warding off lung disease than the freedom from pulmonary affections among professional singers. Moreover, their general health is exceptionally good, and this is probably in a large measure attributable, not only to their necessarily careful plan of living, but also to the exercise of their calling. Some physicians maintain that for defective chest development and in chronic heart trouble singing is an unequalled exercise. The singer should be clad so as to allow absolute freedom of the chest movements; there should be no constriction of the neck or waist; the collar should be low and ample, and if corsets are worn they should be roomy and loose. One error into which singers, and especially amateurs, fall, is to practice too much. The length of time to be given to the exercise depends much upon the character and condition of the voice. Specific rules cannot be given. Melba, when asked how many hours of practice a day she would advise for a pupil, said: "No hours for a beginner, but minutes, I myself, never practice more than one hour a day, and usually much less." Dr. H. Holbrook Curtis considers forty minutes or an hour of actual voice practice daily is quite sufficient to develop most voices. This time should be divided into periods of ten or fifteen minutes each. Regularity, and not long practice hours, which only fatigue the voice and wear it out, is the greatest aid to advancement. The voice develops very gradually, and any attempt to force its growth is a fatal mistake.

### Home of the Largest Man.

Yunnan-sen in Persia owns the largest man in the world. His name is Chang-Yan Mion, and he is just the sort of creature Frankenstein would have modeled. He is 7 feet 3 inches in his bare feet and is proportionately broad, besides which he is a man of weight, for he turns the scale at 27 stones 4 pounds. He was formerly a coolie, and as he carried double loads of corn and bananas, it is the greatest comfort discovery of the age. Allen's Foot-Ease makes tight or new shoes feel easy. It is a certain cure for ingrowing nails, sweating, callous and hot, tired, aching feet. We have over 30,000 testimonials. Try it today. Sold by all druggists and shoe stores. By mail for 25c, in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

### SHAKE INTO YOUR SHOES

The great department store in Paris, the "Bon Marche," has the biggest kitchen in the world. In this kitchen is daily prepared the food for the 4,000 employees of the great store.

Another Fast Train.

The Rio Grande Western Railway's "The Great Salt Lake Route," has resumed its fast train services to the East, making the run from Portland to Chicago in three days and a half. No layover is necessary, and only one change of cars is made. Those who desire it have the privilege, however, of a day-lit sleeper either at Salt Lake City or Denver. Three daily express trains are run, leaving Ogden, Utah, at 7:15 a. m., and 1:15 and 7 p. m. The morning train carries a through standard sleeper to Chicago, via the Burlington Route, and the night train via the Chicago, Rock Island & Pacific Railway. The tourist sleepers and chair cars run daily as formerly through Portland from Portland to Boston. All trains carry dining cars, making the trip across the continent, via "The Great Salt Lake Route," most desirable. The Rio Grande Western Railway is the only road running through Salt Lake City, and with its connections—the Denver & Rio Grande and the Colorado Midland—takes the passenger through the famous Rocky mountain scenery of Colorado.

### Made by Monks.

In La Grand Chartreuse, the famous monastery of France, a liqueur noted all over the world has been made by the monks since the year 1084. An ingenious system of adulteration has been discovered. A hole is bored in the flat bottoms of the sealed bottles and some of the genuine Chartreuse is withdrawn. After an inferior stimulant has been substituted, the hole is filled by the introduction of a glass plug, which is then melted by means of a blow pipe.

### No One Nigh.

Mother—I'm surprised at you! Couldn't you tell he was going to kiss you?

Daughter—Yes, ma, but there was no one for me to tell except him, and he knew it already.—Philadelphia Press.

### Historic Impediments.

"Have you any relics that your son brought home from the Cuban war?" "No; but I've got several trunks full of stuff he would have taken if I had let him."—Indianapolis Journal.

### A GRUESOME STORY.

An Incident of the Irish Rebellion of the Year 1798.

In "Macmillan's Magazine," C. Litton Faulkner tells the story of the "French Invasion of Ireland." Here is one terrible incident of a terrible crime: One pathetic picture remains of this last and terrible chapter in the abortive insurrection in Mayo in the record of the fate of one of the wildest and poorest of the poor and wild villages of the Laggan. Here where Downpatrick Head stands out against the ocean, is a striking natural curiosity called the Poolnashanathana, a chasm nearly half a mile in length, which cuts clean through the headland, and from the top of which the clear green water can be seen 80 feet below. Near the bottom of the chasm and along its whole length runs a ledge of rock, bare when the tide is out, but covered by many feet of water when it rises. The peasantry, returned from the rebellion, were busy one October day endeavoring to save the remnant of their neglected harvest, when suddenly the alarm was spread that the troops from Killalea were at hand.

Well knowing what they had to expect from the terrible Fraser Fenclies, the rebel harvesters, surprised and unable to escape to the mountains, made for the adjacent cliffs, whose rough faces they were used to climbing, and with whose caves they were familiar. It was with many of them a constant diversion to descend to the ledge of rock at the Poolnashanathana in pursuit of seals or seabirds' nests, to which they could gain access by means of a rope let down from the top of the cliff. It chanced that at the moment of the soldiers' raid the tide was out, and quickly bethinking themselves that there was a place of safety in which they might find a temporary refuge, they descended to the ledge, the rope being held for them by a young woman, who was to return and release them as soon as the soldiers had withdrawn.

Many hours they waited there, expecting every moment that the rope would be lowered by their friend. But though the soldiers had retired long ere the tide rose, the woman came not. Terrified by the presence of the military she had fled to the hills without remembering her charge, or apprising others of the hiding place of these five-and-twenty stalwart peasants. Night came on, and with it the remorseless tide running high above the level of the ledge; and when morning dawned the villagers, looking down into the chasm, saw the lifeless corpses of their sons, brothers and husbands washing to and fro with the idle splash of the waves in the abyss of the Poolnashanathana.

### Teeth Made From Paper

Are the latest in dentistry. By a peculiar process they are rendered better than any other material. They may be fine, but most people would prefer their own, and this may be best accomplished by keeping the stomach healthy with Hostetter's Stomach Bitters, as the condition of it affects the teeth. The Bitters will cure constipation, dyspepsia and indigestion.

### A Significant Fact.

It is a significant fact that one of the first steps taken by General Wood on his return to Santiago, toward stamping out yellow fever, was to order the closing of all American bars and saloons in the city, and prohibiting the sale of strong drink to Americans.

### Probably the top is the oldest toy in the world.

It has been in use for thousands of years in all parts of the globe, and some savage tribes use it in the performance of religious rites.

### Mothers will find Mrs. Winslow's

Soothing Syrup the best remedy to use for their children during the teething period.

### Venice can never have a trolley car,

but she is about to take up a substitute through the abandonment of the picturesque gondolas which have come down from the times of the Doges and the adoption of electric launches.

### My doctor said I would die, but

Piso's Cure for Consumption cured me.—Amos Kehler, Cherry Valley, Ill., Nov. 23, '96.

### The popular notion that the blind

possesses a more acute sensibility for tactile impressions is not supported by the numerous and careful made observations by Professor Griesbach, of Basle.

### Self-fertile plants or varieties are

those which do not require pollen from other plants or varieties in order to produce seeds or fruit. Self-fertile plants or varieties are those which do require pollen from other plants.

### HOW'S THIS:

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

E. J. CHEENEY & CO., Props., Toledo, O. We have the undersigned, have known E. J. Cheeny for the past 15 years, and believe him perfectly honorable in all his transactions, and financially able to carry out any obligations incurred by him.

### Went & Trux,

Wholesale Druggists, Toledo, O. Walsburg, KINMAN & MARVIN, Wholesale Drugists, Toledo, O. Hall's Catarrh Cure is an entirely new, acting directly on the blood and in mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free. Hall's Family Pills is the best.

### The popularity of golf in England is

proving a go-slow to the farmers and landholders in the near vicinity of the larger towns. In many cases fabulous prices have been paid for club grounds.

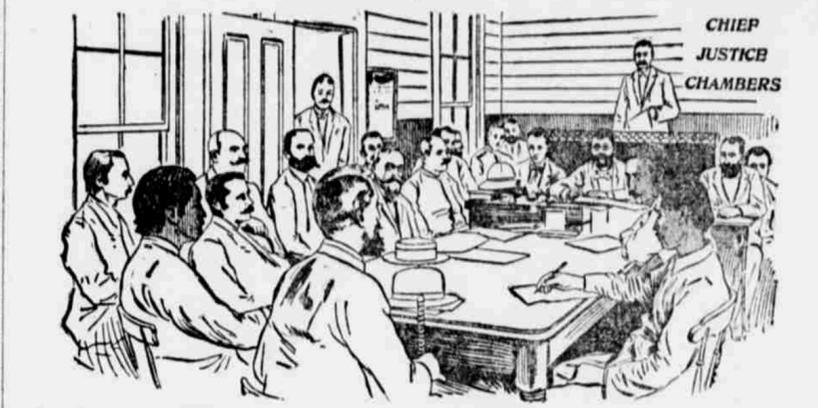
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# The Chief Justice of Samoa Says Peruna is The Very Best Catarrh Cure.



Court Room Scene Where Judge Chambers Maintained the Supremacy of the United States in Samoa. In a recent letter to The Peruna Medicine Co., Chief Justice Chambers says the following of Peruna:

"I have tried one bottle of Peruna, and I can truthfully say it is one of the best tonics I ever used, and I take pleasure in recommending it to all sufferers who are in need of a good medicine. I can recommend it as one of the very best remedies for catarrh. W. L. Chambers."

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## DOCTORS INSIST that their patients use "5 DROPS" for RHEUMATISM, KIDNEY DISEASE etc. Read the following letters:

SWANSON RHEUMATIC CURE CO.: When I wrote you for a sample bottle of "5 DROPS" my wife was suffering terribly from Rheumatism and was very discouraged, as I had tried everything the doctors prescribed, even sending her to Richfield Springs, etc. My doctor is very much surprised at the progress my wife is making, and she is so well that she refused to keep her husband and I now doing her own sewing. The doctors insist on her taking "5 DROPS" and assure her that it is now only a matter of a few days and she will be entirely cured, and as we are very well known here, the "5 DROPS" is receiving considerable attention and praise. F. E. PRICE, Jersey City, N. J., Oct. 13, 1899.

SWANSON RHEUMATIC CURE CO.: I suffered terribly with Kidney Trouble for years, and after using less than two bottles of "5 DROPS" I am now entirely well and I give "5 DROPS" the praise for my cure. I can now do my work, and I feel the slightest relief until I tried this remedy, and I recommend it to everybody who has a permanent cure for Kidney Disease. MARY A. CARRIUGH, Black Gap, Pa., Aug. 22, '99.

"5 DROPS" is the most powerful specific known. Free from opiates and perfectly harmless. It is a positive cure for Rheumatism, Sciatica, Neuralgia, Dyspepsia, Backache, Asthma, Hay Fever, Catarrh, La Grippe, Croup, Nephritis, Nerve-racks, Nervous and Neuritic Headaches, Earache, Toothache, Heart Weakness, Bronchitis, Whooping Cough, etc., etc.

To enable sufferers to give "5 DROPS" at least a trial, we will send a 25c sample bottle, prepaid by mail, for 10c. A sample bottle will convince you. Also, large bottles (30c) sent by mail for 25c. Agents wanted in New Territory. Write for particulars.

SWANSON RHEUMATIC CURE CO., 100 to 104 Lake St., CHICAGO, ILL.

### ALABASTINE

Is a durable and natural coating for walls and ceilings, made ready for use by mixing with cold water. It is a cement that goes through a process of setting, hardens with age, and can be coated and recoated without washing off its old coat before new work is applied. It is made in white and four-ton beautiful tints. It is put up in five-pound packages in dry form, and any one can mix it up with water.

ALABASTINE COMPANY, GRAND RAPIDS, MICHIGAN, from whom all special information can be obtained. Write for instructive and interesting booklet, mailed free to all applicants.

### ALABASTINE

Prevents much sickness, particularly throat and lung difficulties, attributable to unsanitary water. It has been recommended in a paper published by the Michigan State Board of Health on account of its sanitary features, which papers strongly condemned plastered walls, wood ceilings, brick or canvas, and any one can mix it up with water.

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### A Beautiful Creed.

"The most beautiful creed of the heart is love of home." "In the purity of the home is the hope of the nation." So says the Champion of Fair Play, "a journal devoted to the interests of the retail liquor trade." It was this same beautiful creed which drove the early crusaders out into the streets and into the saloons to do battle against home's greatest foe. It is this same creed which urges the home-keepers of the W. C. T. U. to "do everything" that organized motherhood can do to aid in destroying the destroyer. Does the retail liquor trade conduce to the purity of the home? With a saloon on every corner and the liquor power controlling our laws, where is safety for our homes, what the hope of the nation?—Union Signal.

### A Michigan paper tells of the explosion

of a hot water bag. A doctor says: "I have often wondered that there have been so few accidents of this kind. People sometimes fill them with water hot enough to scald a person to death. More care should be taken and many accidents would be averted."

### According to the annual report of

the New York state board of charities there is a greater demand for girl babies for adoption than can be supplied. Nearly 400 families applied for homeless children in the past twelve months.

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