Good Health

Able to Work Every Day Since Taking Hood's Sarsaparilla.

Hood's Sarsaparilla

Hoo 's Pills cure indigestion. 25 cents.

Westernization of the Japs. Kioto, Japan, formerly regarded as the sacred city of the Mikado, is being thoroughly westernized, having adopted the overhead trolley and arc and incandescent lighting. The power for the operation of the street railway is supplied by the waters of Lake Biwa. which are utilized through the agency of extensive canals, the plant being one of the largest engineering projects completed by native engineers.

A PHILIPPINE HEROINE.

One of the Philippine insurgent leaders is a beautiful woman whose life seems to be charmed. She has often rushed bravely into the very tech of death from guns and cannon, but has never been wounded. Frequently we see people in this country who live so long that their lives seem charmed also, but the only charm about it is that they keep up their strength and vitalize their blood with that celebrated remedy, Hostetter's Stomach Bitters.

The word "hairbreadth," now used for an infinitesimal space, was once a regular measure. It was the width of 16 hairs laid side by side.

DEAR MADAM:

Your bread needn't smell of soda or alum or lime.

Schilling's Best baking powder has no lime or alum or excess of soda.

It is stated that vast uncovered unbouched beds of sheet mica lie within 50 miles of Kiao-Chou bay, China.

try Schilling's Best tea and baking powder.

We offer One Hundred Dollars Reward for any use of Catarrh that can not be cured by Hali's case of Catarrh that can not be cured by Hall's Catarrh Cure.

Catarrh Cure.

J. CHENEY & CO., Props., Toledo, O. We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX.

by their firm.

WEST & TRUAX,

Wholesale Druggists, Toledo, O.

WALDING, KINNAN & MARVIN.

Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free.

Hall's Family Fills -re the best.

In Egypt fans were used in religious eremonies; made of parchment or

CONSULTING A WOMAN.

Mrs. Pinkham's Advice Inspires Confidence and Hope.

Examination by a male physician is a hard trial to a delicately organized She puts it off as long as she dare.

and is only driven to it by fear of cancer, polypus, or some dreadful ill. Most frequently such a woman leaves

a physician's office where she has unexamination with agement.

an impression, more or less, of discour-This condition of the minddestroys the effect of

advice; and she grows worse rather than better. In consulting Mrs. Pinkham no hesitation need be felt, the story is told to a woman and is wholly confidential. Mrs. Pinkham's address is Lynn, Mass., she offers sick women

her advice without charge. Her intimate knowledge of women's troubles makes her letter of advice a wellspring of hope, and her wide experience and skill point the way to health. "I suffered with ovarian trouble for teven years, and no doctor knew what

was the matter with me. I had spells which would last for two days or more. I thought I would try Lydia E. Pinkham's Vegetable Compound. I have taken seven bottles of it, and am entirely cured "- Mus Joun FOREMAN, 26 N Woodberry Ave., Baltimore, Md. The above letter from Mrs. Foreman

is only one of thousands.

WANTED EMPLOYMENT.

lutgepaßt! in folde Kreife einzuführen, in benen es bis-ber noch nicht genugend befannt mar, fenben wit es von jest an bis jum 1. Januar 1899 frei an alle biejenigen, welche für bas nächfte Jahr unfere Abonnenten werben und ben Betrag bafür, \$2.00, jest einfenben. Dan

laffe fich Brobe-Rummern ichiden. German Publishing Co., Portland, Or.



CURE YOURSELF!

Sold by Druggists, r sent in plain wrapper, y express, prepaid, for 1.00, or 5 bottles, \$2.75, licular sent on request.

WHEAT Make money by successful speculation in Chicago. We buy and sell wheat on margins. Fortunes have been tures. Write for full particulars. Best of rater been given. Several years' experience on the Chicago Board of Trade, and a thorough knowledge of the business. Send for our free reference book. DOWNING, HOPKINS & Co., Chicago Board of Trade Brokers. Offices in Portland, Oregon and Seattle, Wash.

WILL E HILL DE'S SPRING EYE CRAIN Plain or with Cutter. The hest needle in the market. Used by all sack newers. For sale by all get trail merchandine stores, or by

WILL & FINCK CO.,

920 Market Street, San Francisco, Cal. YOUR LIVER Set it Wrong?
Get it Right.
Keep it Right. Moore's Revealed Remedy willdolf. Three doses will make you feel better. Get it from

your druggist or any wholesale drug house, or from Stewart & Holmes Drug Co., Scattle.

MULLIGAN'S BRIGADE.

The Gallant Chicago Regiment Com-

posed of Irishmen. "Rally! All Irishmen in favor of forming a regiment of Irish volunteers the defense of the new!"

This notice appeared in all the Chi cago newspapers on April 20, 1861. Five days before Gov. Yates had issued a call for troops, and the patriotic fer- Toi'ers at the Furnaces Twenty Feet vor of the people was at a white heat. Enlistment had already commenced. Capt. Joseph Kellogg having begun the that he will not forget soon let him go work of recruiting a company on April

Those whose knowledge of war and war times is limited to the present con- and, to an extent, what it means to be flict with Spain have small conception buried alive. If he can face the roaring severe at night. Doctors were tried in

memoirs, heard him solitoquizing thus on the hopelessness of the situation and the emptiness of glory:

"I was a great sufferer from stomach trouble and was not able to retain food. After taking a few bottles of Hood's Sarasparilla I was able to eat almost anything I wished, and I have been well enough to work every day. I am now enjoying good health."—L. J. Ferguson, Monroe, Or.

"Diable! I have done well certainly. At my time of life—barely twenty years of age—with my name, rank and fortune, and after having married Mademone of the old land, rally! Rally for the defense of the new!" fish!"-Youth's Companion.

HOT TIMES IN THE STOKEHOLE.

Below the surface of the Sea. If a landsman wants an experience down into the stokehole of a warship. Then he will realize, indeed, what it of the excitement that swept over the furnaces without shrinking and stand



COLONEL MULLIGAN AND STAFF.

land, rising nowhere to a higher pitch in the steel walled pit without feeling than at Chicago when Fort Sumter was dread, he will be a man of rare nerve. call for 75,000 troops.

Hall being thronged to the doors, James are raging to kill the men who master A. Mulligan, an eloquent young Irish- them only by desperate labor. There is required, men presenting themselves to and fre before them. So near them an hour and a half 325 names had been | until their skins are hardened to it they

This meeting was but the beginning chance visitor can bear it only a few of the patrotic enthusiasm which minutes. speedfly seized upon the people, and apone body of Detroit Irishmen offering names were signed and the regiment was complete.

fired upon and the President issued a Sunk in a shaft twenty feet below the sea, men toll amid flerce fires whose The call for a meeting of the loyal flames in that confined space lick out at Irishmen of the city, which was signed them with every movement of the long by James A. Mulligan, M. C. McDonald steel slice bars that are used to feed the royally responded to. North Market are fed, and, like the beasts, the fires speech, as did several others, and the Therefore the mighty furnaces are so work of recruiting-the real business of crowded together that the men who the evening-was begun. No urging was serve them have barely space to move faster than they could sign the roll In are the stokers and the firemen that blister and crack with the heat. The

That is a stokehole when the ship is plications for admission to the Irish going at ordinary speed and there are brigade, as the prospective regiment no especial demands on the stokers and had been already named, continued to the firemen. When there comes the pour in, not from Chicago only, but time that a ship must fight for her life, from all portions of northern Illinois, chase or run, the stokehole becomes a place of torment. When the warship their services. Within a week 1,200 goes into action she calls on every one of her hundred and more firemen to be in readiness, and the botlers must fur-The Confederates were bent on tak- nish every pound of steam that they ing Lexington, and Gen. Sterling Price can give her. The more they give her soon appeared with 28,000 men. Out- the louder are the demands of the en-



IN THE STOKEHOLE OF A WARSHIP.

ed and suffering from lack of water, at the fires till they fall. Forced draught Col. Mulligan made determined de- is the order then, and the stokehole is fense. Called upon by Price to surren- practically sealed up that no air may der and agree to fight no more on Mis- escape from it except through the fursouri soil, brave Mulligan replied: "The Irish brigade makes no compro- er, and soon there is no spot in the steel

ly electrified all Northern hearts and more steam. The limp heaps are dragcalled forth expressions of praise from ged away to die or to go mad. Relief the Confederates, Col. Mulligan was is called to the burning hole, and still forced to surrender, the devoted Irish- the open throttles of the ship's engines men destroying their green flag in pref- take the steam faster than the furnaces erence to yielding it to the enemy. The total Union loss in killed and wounded man down there knows. Sometimes a was 107. Col. Mulligan was retained dull echoing shock may tell them that as a prisoner of war, but was soon ex- the ship has been hit hard. changed. He was treated with great consideration by Gen, Price, who, in ap-

preciation of his bravery, refused to ac-Va., July 24, 1864, is known to all who are familiar with the stirring events of the war of the rebellion.

mortally wounded from the field.

honor which no American disputes. A Sensick Hero.

No man is a hero while sensick. Lafayette was sent by Washington and plies of men and money for the Amerlean colonies. He sailed from Beston had to be cut for the ship through the -Hurper's Weekly.

Off the Newfoundland banks the ship was assailed by a terrible tempest. The population of Antwerp includewhich threatened destruction, and La 20,000 Germans, who, it is said, but fayette was very seasick. His aid- their goods of German merchants only

numbered ten to one, poorly provision- gines for more, and the men must work naces. The fires grow fiercer and fiercpit that is not unbearably hot. Men At length after a resistance that fair- watch the indicators and shout for can make it. What is going on above no

The First Polar Explorer.

The hardy mariners who were the pioneers in polar discovery achieved The heroic death of Col. Mulligan wonders, considering that they had while fighting the main body of Gen. everything to learn about methods of Jubal A. Early's army at Kernstown, aretic work, and their vessels and equipment were very inadequate. One of the greatest of all arctic voyagers was the man who commanded the first "Lay me down and save the flag," he true polar expedition. William Basaid to those who were bearing him rentz. He sailed from Holland in 1504 on the little fishing-smack Mercurius The "Irish brigade fought nobly for and the object of his voyage shows ho their country; they did more-they ignorant the merchants and seamen of raised an enthusiasm that recruited those days were as to the navigability many thousands of troops and impart- of arctic seas. Barentz pushed into the ed boldness to timid hearts. Their glory unknown for the purpose of sailing has not yet faded-will never fade. To around the north end of Nova Zembla have been a follower of Mulligan is an and finding a northeast passage to China; and so for a month he skirted the wall of ice that barred bis way, seeking in every direction for a lane by which he might travel through the pack, putting his vessel about eighty Congress to France to ask further sup one times, and traveling back and forth along the ice edge for 1 760 miles The lighest ice edge was 614 statute in the frigate Alliance, on Jan. 11, 1779. miles south of the 'l be t point reache. The harbor was frozen, and a passage by Nansen, or 874 mil a from the pole

Te ding with Their Own Lac

de-camp, the Chevaller de Pontgiband, Bad Digestion, Bad Heart.

Poor digestion often causes irregularity of the heart's action. This irregularity may be mistaken for real, organio heart disease. The symptoms are much the same. There is however a vast difference between the two: organic heart disease is often incurable; apparent heart disease is curable if good

digestion be restored. A case in point is quoted from the New Era, of Greensburg, Ind. Mrs. Ellen Colsom, Newpoint, Ind., a woman 43 years old, had suffered for four years with distressing stomach trouble. The gases generated by the indigestion pressed on the heart, and caused an irregularity of its action. She had much pain in her stomach and means to be in the bowels of a vessel, heart, and was subject to frequent and severe choking spells which were most vain; the patient became worse, decondent, and feared impending death.



She was much frightened, but noticed that in intervals in which her stomach did not annoy her, her heart's action became normal. Reasoning corfault she procured the proper medicine the choking spells became less frequent had been greatly reduced was restored and she now weight more than for years. Her blood soon became pure and her cheeks rosy.

The case is of general interest because the disease is a very common one. and eleven other Irish citizens, was gaping furnaces as savage caged beasts. That others may know the means of oure we give the name of the medicine used-Dr. Williams' Pink Pills for Pale People. These pills contain all American lawyer, delivered a ringing no room to spare on a modern ship. the elements necessary to give new life and richness to the blood and restore thattered nerves.

> The tomb of Mohammed is covered with diamonds, sapphires and rubies, valued at \$12,500,000.

TEY ALLEN'S FOOT-EASE.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous, and hot, and get tired easily. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It cools the feet and makes walking easy. Cures swollen and sweating feet, blisters and callous spots, Relieves corns and bunions of all pain and gives rest and comfort. Ten thousand testimonials of cures. Try it today. Sold by all druggists and shoe stores for 25c. Sent by mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, New York.

Twenty words per minute is the aver-

Twenty words per minute is the aver age at which long hand is written.

FITS Permanently Cured. No fits of nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE 52.00 trial bottle and treatise. Dr. R. H. KLINE, Ltd., see Arch. reet, Philadelphia, Pa.

The Massachusetts militia will dispense with the bayonet.

CIGAR RIBBONS. A fine collection of cigar ribbons will be

sent by enclosing 25 cts. to Globe Cigar Co., 118% Fulton St., San Francisco, Cal. WAGONS IMPROVED.

The new improved Stoughton wagons stand the racket. Three more car loads are on the way. It pays to have the best. Write for free catalogue. JOHN POOLE, sole agent, foot of Morrison street, Portland, Or.

I believe my prompt use of Piso's Cure prevented quick consumption.—Mrs. Lucy Wallace, Marquette, Kansas, Dec. 12, 1886.

Dr. T. H. White, No. 2713 Morrison street, cor. Fourth, Portland, Or., has the most complete modern dental appliances to be found in the Northwest. Electricity is used in all cases where indicated, and the result is pleasing, and a surprise to patients who have suffered under the old regime. Teeth without plates, bridge work and gold crowns are welcome indeed to the patient who has had the opportunity to avail themselves of such as are made by Dr. White. Painless dental operations are performed daily. Teeth filled, cleaned, and where extraction is necessary, which is rare, without pain.

If a disinfectant smells good, it isn't



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CALIFORNIA FIG SYRUP CO. BAN PRANCISCO, Cal. NEW YORK, N. W. LOUISVILLE, RJ.

FLIGHT OF THE ARMADA

In the Century there is an article on

The Spanish Armada," by William

Experiences of Philip's Fleet in the torms of the German Ocean.

Frederic Tilton. After describing the defeat of the Armada, Mr. Tilton says: Meanwhile the Spantards were speeding, crestfallen, over the German Ocean, under all the canvas that their torn rigging and splintered spars would bear. For Sidonia's men were thinking only of getting home to the warm sun and sparkling water of their cara Espana-dear old Spain, Soldiers and sailors lounged in sullen, silent groups about the decks. The flag-ship would not respond to the salutes of her consorts. The wind blew northerly at times, but the duke forgot his promise to sail back into the Channel. He thought only of flight, and offered his French pilot two thousand ducats if he should bring him safe to Spain. Soon the autumn storms burst, and the Spaniards had to house everything but a rag of sail to steer by. Thick, black fogs often settled down upon them, so that they could not one another's lights at night. One day, however, they had the melancholy satisfaction of capturing a few English pinnaces returning from their fishing-ground laden with cod and ling. This-one almost regrets to say itwas the greatest achievement of the fleet that was to give Philip the sovereignty over western Europe. The men had been supplied with clothes only for a short summer campaign, and these North Sea gales froze them to the bone. "We all expected to come home rich from this expedition," wrote a gentleman on board the flag-ship. as she was floundering past Scotland; "but now we are coming home in our shirts, for our clothes got so ragged that we had to throw them overboard." rectly that her digestion was alone at To increase the wretchedness, it became necessary to reduce the rations to treat that trouble and with immedi- to starving-point. The artillery mules ate good results. Her appetite came back, and noblemen's horses, which a wise commander would have kept for food. and finally ceased. Her weight, which were cast overboard to save water. It was heartrending to see the wild white eyes of the poor brutes as, plunging and snorting, they tried to swim back to the ship's side,

It seemed imperative to punish some body for all this disgrace and misery. A number of officers were accused of disobedience or cowardice. Some of these the duke deprived of their commands; and one captain was hanged in a pinnace, which was sent through the fleet with its gruesome freight dangling from the yard-arm as a warning to the rest. The weather got ever wilder. The

clumsy ships beaved and rolled, and plunged their yards deep into the waves. Hulls got so badly strained that they had to be stiffened with ropes. Strong men flocked to the chaplains, begging for their prayers. Many a poor fellow, losing hope of seeing land again, made his will and intrusted it to the ship's priest. Men sickened and died by hundreds, sons of Spain's noblest houses with the rest. Many ships got so short-handed that they dropped behind the main body, and and to struggle northward in isolated groups. Now and then a rotten lacing would give way, and the sallors, weakened by hunger and sickness, had to go aloft in the gale to house the tugging and bellying sail, lucky if shrouds and spars were not slippery and dangerous with the driving sleet. Though midsummer, it was as cold as Christmas, Everybody except the pilots stayed below as much as possible to keep warm. They were all perishing with hunger and thirst, and the little food they got was moldy. They might have tried catching rain-water in casks, but the spray would have turned it salt. Calderon, one of the paymasters, had a store of delicacies aboard his bulk, and distributed them, as well as the heavy sea allowed, among the sick and wounded of the fleet. The negroes and mulattoes, it was observed, nearly all perished with the cold. The men were now kept continuously at the pumps. Wee to the ship when pumps got clogged with ballast pebbles! It was hard and dangerous work shifting the crews of disking vessels in the tempestuous weather.

Wages of Soldiers.

The regular rates of pay apply to the volunteer service, both to officers and to men, as stated in the army register, although there is an increase enjoyed by the regulars who have been in the army more than five years. The following is the monthly stipend of officers and soldiers of the United States army:

Н	lirigadier general	458	
H	Colonel	201	
H	Lieutenant colonel	250	
1	Major	208	
Н	Captala, mounted	100	
П	Captain, not mounted	150	
Н			
	Regimental adjutant	150	
1	Regimental quartermaster	133	
	Pirst licutement, mounted		
ı	First Bestenant, not mounted	125	Čć.
	Second Beutenant, mounted Second Beutenant, not mounted	116	
Н	Second Reutenant, not mounted	20.71	97
	Company:		
ı	Private	13	00
Н	Musician		00
П	Trampeter		00
	Wagoner	14	90
	Artificer	15	00
	Corporal (artillery, cavalry and in-		
н	fautry)	15	00
	Bincksmith and farrier	15	00
	Suddler	15	00
	Sergeant		00.
	Private (engineers and ordnance)	17	00
	Corporal tengineers and ordnance)	- 20	00
	First Sergeant	25	00
	Sergeant tengineers, ordnance and		
	signal corps)	34	00
	Sergeants (signal corps)	45	00
	Regiment:	1313	60
	Chief trumpeter		00
	Principal musician		00
	Saddler sergeant		
	Chief musician	99	00
	Sergeant umfor		00
	Quartermaster sergeant	-	101
	Sergeant major and quartermaster	36	60
	nergeant		w
	Ordnance sergeant	34	
	Commissire sergeant	29.9	00
	Post quartermaster sergeant		90
	Hospital steward	45	.00
	Acting hospital steward	417	
	Private	.18	
I	Veterinary aurgeon (senior)	100	
1	Veterinary surgeon (juntar)	75	
ı	Hospital matron	10	00
i			
Ø	Killing the Habit.		
ij	"I see by the papers that the	cign	T.
ш			

ette habit is dying out." "What's the cause? People smoking

cigars?" "No; the eigarette fiends are dying out."-New York World.

"Do you know that an ordinary plane contains about a mile of wire?" "No. I should rather believe that an ordinary piano contains about a wagonload of tinware."

CONSUMPTION CAN BE CURED

The Doctor Slocum System Has Proven Beyond Any Doubt Its Positive Power Over the Dread Disease.

EXTERMINATING THE CURSE OF AGES

By Special Arrangement with the Doctor, Three Free Bottles Will be Sent to All Readers of This Paper.



EDITORIAL NOTE .- The Doctor Slocum System is Medicine reduced to an Exact Science by the World's most Famous Physician. All readers of this paper, anxious regarding the health of themselves, children, relatives or friends, may have three free bottles as represented in the above illustration, with complete directions, pamphlets, testimonials, advice, etc., by sending their full address to Dr. T. A. Slocum, the Slocum Building, New York City. This is a plain, honest, straightforward offer, and is made to introduce the merits of The New System of Treatment that Cures, and we advise all sufferent to accept this philanthropic offer at once. When writing the Doctor please mention this paper. All letters receive immediate and careful attention.



If You Suffer

From Epilepsy, Epileptic Spells, Fits, St. Vitus' Dance, Falling Sickness, Vertigo, etc., have children or relatives that do so, or know people that are afflicted My New Discovery,

Will cure them, and all you are asked to do is to send for a Free Bottle and try it. I am quite prepared to abide by the result. It has cured thousands where everything else has failed. Please give full name, AGE, and postoffice and express address

WM. H. MAY, M.D., May Laboratory,

"Not to take a cure for an otherwise fatal 94 Pine St., New York City. disease is to practically commit suicide."

EDITOR'S NOTE.—All sufferers are advised to send for Gratuitous Expert Advice and a Free Bottle of this New Discovery, which is an Unfailing Cure for any and all of the frightful forms of Epilepsy and allied nervous diseases. When writing Doctor May, please mention this paper.

A Beautiful Present

In order to further introduce ELASTIC STARCH (Flat Iron Brand), the manufacturers, J. C. Hubinger Bros. Co., of Keckuk, Iowa, have decided to GIVE AWAY a beautiful present with each package of starch sold. These presents are in the form of

Beautiful Pastel Pictures



Wild American Poppies.

Lilacs and Iris.

These rare pictures, four in number, by the renowned pastel artist, R. LeRoy, of New York, have been chosen from the very choicest subjects in his studio and are now offered for the first time to the public.

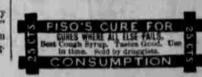
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The pictures are accurately reproduced in all the colors used in the originals, and are pronounced by competent critics, works of art.

Pastel pictures are the correct thing for the home, nothing surpassing them in beauty, richness of color and artistic merit.

One of these pictures Elastic Starch will be given away with each package of purchased of your grocer. It is the best laundry starch on the market, and is sold for to cents a package. Ask your grocer for this starch and get a beautiful picture.

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Lilacs and

Pansies.

Pansies

and

Marguerites.