

OUT-DOOR SPORTS

strong, athletic man, after out-door life and sports, feels although he may have suffered, from serious sprains and reports were stopped on that would have no more of the ball games, sports of field and gun, of foot and racket, and athletes take sprains and as an accompaniment with because they know how easy it is to be hit. Jacobs, Oid and permanent the worst forms of accidents. There may be some not quite up to date in being for the season's enjoyment, and undoubtedly have a supply of remedy for pain.

BOITT'S SCHOOL

school, located at Burlington, Sac state in the front ranks among schools for boys on this coast. Under the direction of Ira G. Boitt has been established by the state and national and there is no school where more thorough training and care is given.—San Francisco Chronicle.

That

tired feeling afflicts nearly every this season. The hustlers cease to be tireless grow weary, the energetic enervated. You know just mean. Some men and women temporarily to overcome that

Tired

by great force of will. But this as it pulls powerfully upon the system, which will not long stand. Too many people "work on nerves," and the result is seen in uncounted wrecks marked "nervous prostration" in every direction. That tired

Feel-

positive proof of thin, weak, im blood; for, if the blood is rich, red and vigorous, it imparts life and to every nerve, organ and tissue of the body. The necessity of taking Sarsaparilla for that tired feeling before, apparent to every one, and it will do you equally beyond. Remember that

Hood's Sarsaparilla

One True Blood Purifier. All druggists. Sold only by C. I. Hood & Co., Lowell, Mass. Hood's Pills are easy to take, easy to operate. 25 cents.

BEFORE

I could get relief from a most horrible blood disorder. I had spent hundreds of dollars on various remedies and physicians, none of which did me any good. My finger nails came off and my hair came out, leaving me nearly bald. I then went to

NOT SPRINGS

to be cured by this celebrated agent, but very soon became disgusted and decided to try S.S.S. The effect was wonderful. I commenced to recover and, after I had taken twelve bottles, I was entirely cured—cured by S.S.S.

S.S.S.

FOR PEOPLE THAT ARE SICK OF "DON'T FEEL WELL," "LIVER PILLS" are the one thing to use. Only One for a Dose. Sold by druggists at 25c, a box Sample Free. Dr. J. C. Ayer & Co., Lowell, Mass.

Is this what ails you?

Have you a feeling of weight in the chest, indigestion, belching, flatulence, loss of appetite, headache, nervousness, palpitation of the heart, dizziness, constipation, or diarrhoea? Then you have

DYSPEPSIA

in one of its many forms. The one positive cure for this distressing complaint is

Hicker's Dyspepsia Tablets

by mail, prepaid, on receipt of 25 cents. Acker's Dyspepsia Tablets, sold by druggists, are not the same. Acker's Tablets, taken after meals, have cured many. Acker's Tablets, 25c, postage paid. ACKER MEDICINE CO., 14 & 15 Chambers St., N. Y. City.

Findings

"The best, of course," you tell your dressmaker, and trust to her using the

S.H. & M.

BIAS VELVETEEN SKIRT BINDING. Why don't you tell her to use it, better still, buy it yourself? If your dealer will not supply you we will.

Sample showing labels and materials mailed free. Home Dressmaking, a new book by Miss Emma M. Hooper, of the Ladies' Home Journal, telling how to put on Bias Velveteen Skirt Bindings, sent for 25c, postage paid. S. H. & M. Co., P. O. B. 699, N. Y. City.

MRS. WINSLOW'S SOOTHING SYRUP FOR CHILDREN'S COLIC, SOOTHING SYRUP. For sale by all druggists. 25 Cents a bottle.

PISO'S CURE FOR COUGHS WHERE ALL ELSE FAILS. In 10 min. Cured by druggists. CONSUMPTION.

EVERY ONE CAN SING

INGENUOUS THEORY ABOUT THE TRAINING OF VOICES.

Singing is just as natural as talking, but the voice must be cultivated according to inflexible rules—practice should begin at the top of the voice.

In fairy days when the fox wished to make his voice sweet he went to the miller and asked for chalk. This he ate with such satisfactory results that his next call was made without any of the unlucky effects generally produced by his naturally harsh voice. It is very evident from all that one hears and reads nowadays that this end of the century is expecting to be told of some royal road to voice improvement. Why should not such a road be found? In these days of Roentgen rays and consumption cures why should not the art of music advance tremendously?

The human voice is used for two purposes—by every one to speak with, by many to sing with. That many wish to sing but find themselves unable to do so is unhappily true. That all these could learn to sing is also true, though this is not without question in many minds. Much has been written lately in criticism of the disagreeable qualities of the speaking voice, especially the harshness of the voices of American women. Little has been suggested, however, to remedy the defects. As for the singing voice, it has lately been stated that "of all branches of musical study the most discouraging perhaps is the cultivation of the voice."

Here is something which interests thousands of persons, and when we include in our subject the improvement of the speaking voice it is one which should interest millions. People are scarce who really care nothing about music. They are scarce still who do not carry a musical instrument about with them wherever they go. The singer is at no trouble or expense to procure an instrument upon which to perform. All he needs to do is to open his mouth and it is ready. Moreover, this instrument, rightly treated, needs far less practice than any piano or violin, and there is a method of right training which can be described to "out of the way students." This method consists of just two things—relax the throat, begin all practice at the top of the voice.

In order to gain a relaxed throat simply try to stretch the throat open, as in yawning, and to sing as low down in the throat as possible. Never imagine that any tones proceed from or go to the top of the head, but think that they all start from a point low in the throat, and must come directly out of the mouth, toward the front teeth. A contracted throat produces a rough, rasping or nasal voice. An open, relaxed throat produces a round, smooth, clear voice.

The second injunction—begin all practice at the top of the voice—is most important. More harm has been done by the training of voices upward than the world has yet any idea, and it is marvelous that we have not learned this fact before the end of the nineteenth century. Scales should never be sung upward by beginners, because this tends to emphasize instead of to bridge over. By always training the voice downward, difficulties with regard to breaks and registers are overcome without any theorizing and experimenting on the part of the student. An exercise which can be practiced is to begin at the highest note that the singer can take easily and sing each successive tone downward to the syllable "na" low down in the throat as possible, using a great deal of breath for each syllable and taking fresh breath for each one.

Besides the question how best to improve the singing voice, persons are seeking answers to two other questions—how can we improve our speaking voices and can we all learn to sing?

The speaking voice can be made pleasant and agreeable in the same way that the singing voice is improved. It is most emphatically true that many persons speak habitually in tones that are unnecessarily shrill and rasping. This is caused by throat contraction, which squeezes the tone and renders it rough. To relax the throat by stretching it open, as in yawning and to sing as low in the throat allows the tone to be smooth, round and clear. A very unwise injunction is often given in such a high key, "Do not speak in such a high key." The very opposite of this should be inculcated. Voices are never shrill but they are high; they only sound shrill because the throat is apt to be contracted more on high tones. This weakens the high tones and the effort to speak loudly causes forcing of the voice. If people would relax the throat and then strengthen the high tones by their free and proper use, they would soon notice a vast improvement in tone quality.

"Can every one learn to sing?" Unquestionably, yes. Every one who can speak can also learn to sing, if he will take a little trouble, for the very same instrument, the larynx, furnishes the voice for both speech and song. The only difference between the speaking voice and the singing voice is that the former uses the lower and medium tones and the latter uses chiefly the higher and medium tones. If a person thinks he cannot sing, let him, in the first place, be satisfied to begin at the beginning, instead of at the end. Let him not be discouraged because he cannot at once sing a whole tune correctly, but let him believe that, if, as must be the case, he can form any single tone or two tones correctly, just as any one who can add three, just as any one who can add two and two can also add three and three, and then four and four. The main thing to understand is that inability to sing is not generally caused, as is so often supposed, by want of voice or want of ear, but simply by lack of flexibility of voice—that is, weakness of the muscles which tighten and relax the vocal cords.—New York Herald.

It is said that the sale of Macaulay's history of England in the first year of its publication has not since been surpassed by that of any historical work, and the check for £20,000 paid to Macaulay by his publishers was the largest single check paid to an author for literary work until the payment made for "Gen. Grant's Memorials."

A 4-year-old child aptly described imagination as looking at things you cannot see.

It is worth remembering that there is always a big profit in schemes.

CALLING THE STATIONS.

Little Mistakes That Sometimes Occur In Their Frequent Repetition.

"Occasionally," said a man, "one hears a guard on the elevated road call the next station back instead of the one ahead. Coming down on the Sixth avenue road, for instance, he might, on leaving Grand street, look in and say, 'The next station is Bleeker street,' when he meant Franklin. Still, this is rarely done, not nearly so often as one might think it would be, by men calling the stations over and over again all day long. To be sure 'it might seem that the names would be by frequent repetition so deeply graven on their memory that there would be the least danger of calling them wrong, but what I suppose happens is this—that sometimes the mind unconsciously switches over, and the guard calls from the list instead of the down, or vice versa.

"Sometimes when a guard miscalls a station he lets it go—perhaps he doesn't think of it himself. Sometimes he corrects in a mild tone of voice, as though the least said about it is the best. Sometimes he sets it straight clearly and unmistakably. I rode up town the other day on a Sixth avenue Harlem train with a guard who, as the train left Forty-second street, looked in and said, 'Fiftieth next, Fifty-eighth street train, change there for Harlem.' But the next minute he looked in again and said, with equal if not greater distinction and deliberation, 'Fiftieth next, Harlem train, change there for Fifty-eighth street.'

"Here was a case that was a little different: A newsman who got off a Sixth avenue train with a bundle of papers at Fifty-third street handed a paper to the guard and asked him to give it to the ticket chopper at One Hundred and Thirty-fifth street. The guard looked into the car as the train started and said, 'Hundred and Thirty-fifth street next,' but this was so far off that it really needed no correction, and very reasonably the guard let it go at that, but he smiled as he closed the door."—New York Sun.

THE OLD MAN.

Its Significance as Applied to the Head of the Business House.

Were I the head of a large concern or the responsible executive officer of a great corporation, whether my age were 27 or 72, I should want all of my employees or subordinates to call me "The Old Man." Not, of course, my face or when they were addressing me, but among themselves or when they spoke of me to their friends.

"His Majesty," "His Royal Highness," "His Excellency" and the like all indicate that persons to whom they are applied possess power, but in this commercially democratic age and country the one appellation of undisputed authority is "The Old Man."

Applied to the head of a concern it frequently indicates love, generally respect and always complete submission to authority. It is as free from any suggestion of age as is "reverend." It is never given when there is a question of authority or a smoldering rebellion against it.

When "The Old Man" says a thing, that settles it; there are no questions to be asked; there is no comment to be made. When "The Old Man" does something, or fails to do something, there is no criticism to be indulged in.

"The Old Man" is the one person about the establishment who is absolutely in his own master, whose coming in and going out are unhampered, whose encouraging word carries real weight, and whose reprimand indicates real danger, to whom "sir" is a right and not a courtesy.

Long live "The Old Man!" And when, through his half closed private office door, he hears the boys term him thus kindly, let him congratulate himself that loyalty is in his service and that he has attained the acme of dignity.—Truth.

Novel Safety Lamp.

The new safety lamp for mines, operating upon a peculiar principle, is reported as being in successful use in Germany. A peculiarity of this lamp is noted—namely, that it is not closed in any special way, like other lamps, and it matters very little whether or not the workman, disregarding the regulations of the mine, succeeds in opening the lamp, for there is a special arrangement by means of which the flame is extinguishable at the same instant. This is explained by there being in the interior of the lamp glass a spring which is compressed when the upper piece is screwed down, which enables a cap to operate upon the wick in such a manner as to shift it aside, facilitating the lighting of the lamp and afterward the combustion. When the spring is worked in the contrary direction, the cap again operates upon the wick, and the flame ceases the moment the cap comes in contact with the air. The lamp can be lighted without being opened.

A Bowery Walter's Amendment.

A slim young man with a high standing collar and straw colored mackintosh hurried into a Bowery restaurant the other evening. As the waiter with furled shirt sleeves threw his towel down on the table and gave it a wipe the slim young man jumped.

"What 'lyer have?" asked the waiter. "A piece of apple pie and a cup of coffee, and hurry up," said the young man firmly. "Say, look a here, young feller," said the waiter, shaking his finger at the guest, "I'll git yer de pie and I'll git yer de coffee, but I'll be banged if I'll hurry up." And the big fellow slouched off toward the kitchen, leaving the young man transfixed.

"One in de dark and Eve's gift to Adam on a limited freight for a Cholera," was the order he yelled into the kitchen.—New York Sun.

Expiring Senatorial Terms.

Senators whose terms will expire March 4, 1897, are Hugh of Alabama, Jones of Arkansas, Perkins of California, Teller of Colorado, Platt of Columbia, Teller of Florida, Gordon of Georgia, Debois of Idaho, Palmer of Illinois, Voorhes of Indiana, Allison of Iowa, Peffer of Kansas, Blackburn of Kentucky, Blanchard of Louisiana, Gilson of Maryland, Vest of Missouri, Jones of Nevada, Hill of New York, Hansbrough of North Dakota, Bristow of Ohio, Mitchell of Oregon, Cameron of Pennsylvania, Ivey of South Carolina, Kyle of South Dakota, Merrill of Vermont, Squire of Washington, Gallinger of New Hampshire, Pritchard of North Carolina and Vilas of Wisconsin.

A FRANK STATEMENT.

Mrs. R. C. Peterson, of Fairhaven, Tells a Reporter of Her Recent Illness and Cure.

From the World-Herald, Fairhaven, Wash. Mrs. R. C. Peterson, of Fairhaven, Wash., who has been for a number of years a sufferer from nervous prostration, rheumatism and female weakness, and who has lately entirely recovered therefrom, was called upon a few days ago by a Herald representative whose attention had been called to her case. In answer to an inquiry, Mrs. Peterson said:

"Yes, I was a sufferer for many years from nervous attacks, rheumatism and other complaints. My husband and I, expended a large sum of money in visiting the celebrated doctors of Denver, Salt Lake City and San Francisco, but my relief in all cases was only temporary, and we had nearly despaired of my ever recovering my health, when, one day a friend advised Dr. Williams' Pink Pills, saying they had permitted a case very similar to mine, where a wonderful cure had been effected by their use.

"Acting upon this advice, as a last remedy, my husband purchased a box of the Pink Pills more to please my friend than any belief in the medicine. However, before the box was half gone I felt a decided change for the better and after using three boxes was entirely recovered, and felt as well and strong as I ever did.

"Dr. Williams' Pink Pills have certainly been a wonderfully effective remedy for me, and I have no hesitancy in recommending them to any one who was affected as I was."

Dr. Williams' Pink Pills are not looked upon as a patent medicine, but rather as a prescripion. An analysis of their properties shows that they contain, in condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of the grippe, palpitation of the heart, pale and sallow complexion, and the tired feeling resulting from nervous prostration, all diseases resulting from vitiated humors in the blood, such as scrofula, chronic erysipelas, etc. They are also a specific for troubles peculiar to females, such as suppressions, irregularities, and all forms of weakness. They build up the blood and restore the glow of health to pale and sallow cheeks. They are for sale by all druggists, or may be had by mail from Dr. Williams' Medicine Company, Schenectady, N. Y., for 50c. per box, or six boxes for \$3.50.

In a recent magazine article John Morley says: "There are probably not 35 Englishmen over 50 whose lives need to be written or should be written."

In London no fewer than 188,000 people live four and more to the room, and these 3,000 are packed to the extent of eight or more to the room.

WHEN THE SUMMER BREEZE

Blows through the trees, most of us who can set up for a country jaunt, flower cross the Atlantic and it is business or pleasure calls one from home, Hostetter's Stomach Bitters is the best accompaniment of a voyage or sailing. Yachting, sea captains, commercial travelers and emigrants concur in this opinion. The Bitters is invigorating or bilious, indigestion or liver disorder.

He—If we were not in a canoe, I would kiss you. She—Take me ashore instantly, sir.

First Actor—Remember when we were on the road in that war—scene laid in the South in '67 Second Actor—Yes; eggs laid in the West '68.

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. J. C. KENNEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions, and financially able to carry out any obligation made by their firm.

Warrant of Arrest. Wholesale Druggists, Toledo, O. WALKING, KINMAN & MERRICK, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surface of the system. Price 75c per bottle. Sold by all Druggists. Testimonials free. Hall's family pills are the best.

Mrs. Twynn—They say Mrs. Van Huffer, the woman who's right in the swim, Mr. Twynn—It is, she dresses for it.

I know that my life was saved by Piso's Cure for consumption.—John A. Miller, Au Sable, Michigan, April 21, 1885.

She—If I don't accept you this time, you won't get discouraged, will you? He—Oh, no. There are others.

FEES.—All ill's stopped free by Dr. Kline's Great Nerve Restorer. No blistering or other painful remedies. Syrup of Figs, 25c. Sold by all druggists. Philadelphia, Pa.

TRY GEMMA for breakfast.

Syrup of Figs

Gladness Comes With a better understanding of the transient nature of the many physical ills, which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge, that so many forms of sickness are not due to any actual disease, but simply to a constipated condition of the system, which the pleasant family laxative, Syrup of Figs, promptly removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the only remedy which promotes internal cleanliness without debilitating the organs on which it acts. It is therefore all important, in order to get its beneficial effects, to note when you purchase, that you have the genuine article, which is manufactured by the California Fig Syrup Co. only and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, laxatives or other remedies are then not needed. If afflicted with any actual disease, one should be commended to the most skillful physicians, but if in need of a laxative, one should have the best, and with the well-informed everywhere, Syrup of Figs stands highest as a most largely used and gives most general satisfaction.

CONTESTS FOR GLORY

THE OLYMPIC GAMES AMONG THE ANCIENT GREEKS.

Foot Races, Boxing and Wrestling Were the Main Features in the Earlier Festivals—Races For Boys and Girls—How They Were Conducted.

In the April number of Century there is an article by Professor Allan Marquand on "The Old Olympic Games," apprais of the attempt, to revive the festival at Athens. Professor Marquand says in part:

"The foot races were three in number, called respectively the dromos or stadion, the diaulos, and the dolichos, according as the course was traversed once, twice or a number of times. The dromos was a straightaway dash of about 200 yards, or exactly 192.27 meters. A long line of flagstones, grooved so as to be firmly gripped by the feet, was laid at each end of the course. This permitted the finish for both long and short races to take place at the same end of the stadium. Along these flagstones poets were erected, dividing the line so that 20 runners might start at once, for there seems to have been an all comers' race, from which the victors were selected to contend on the following day in groups of four.

"The diaulos was not a straightaway race, but involved a quick turn at the farther end of the course and a return to the starting point. The dolichos was a long race, the length of which is variously stated as 6, 7, 8, 12, 20 and 24 stadia. At the longest this race did not reach three miles, but the quick turns and heavy sand made it a contest in endurance of quite different character from running the same distance on a modern circuit track. Such physical endurance proved most useful at times, as when Philipides, went to notify the Spartans of the approach of the Persians, ran from Athens to Sparta and back (185 miles) in two days. But all the feats recorded of long distance runners in Greece have been eclipsed by the six days' running and walking marches of modern times. The military value of speed was recognized in the Olympic festival by the hoplitodromos, or race for armed soldiers, who ran the length of the course and back in heavy armor. At first they shield and grooved, but later the vase paintings indicate that only helmets and shields were preserved in the temple of Zeus for this purpose.

"The races for boys were not a revival of ancient usage, but were instituted by the people of Elis 'because the idea pleased them.' These races were over a shorter course than that for the men, and were also the races for young girls. The races for girls were not a portion of the great Zeus festival, but took place under the auspices of the goddess Hera on another occasion. Pausanias thus describes them: 'Every fourth year 16 matrons weave a shawl for Hera, and the same number preside over the games. And the contest is a race for maidens of various ages. In the first race are the youngest, and next those slightly older, and last of all the eldest. And they all run through their hair down their back, a short tunic below the knee, and their right shoulder bare to the breast. They use in this contest the regular race-course in Olympia, but make it a sixth part of a stadia shorter. And the victors receive crowns of olive and part of the heifer sacrificed to Hera, and paintings of them are made for Hera. And the 16 matrons who preside over the games have as many handmaids.

Severer and more dangerous, but more popular, were the contests in wrestling, boxing and the pancratium. Wrestling, however, since the days of mythical Theseus, had ceased to be a contest of brute force, and had become a trial of skill. Pindar praised the victor Epharmostus as being 'deft handed, nimble limbed, with the light of valor in his eyes,' and Plutarch regarded wrestling as the most scientific of all the games. Quickness of eye to detect a weakness in the stand of the opponent, activity in the use of arms and body and legs, and the timely application of muscular strength brought into play a harmony of athletic qualities which made the contest an object of beauty to the plastic mind of the Greeks. Few were the restrictions, such as the rules against striking and biting. Many were the stratagems which were permitted, such as choking, squeezing, tripping, clambering upon an opponent's back, or breaking up his adversary so that both shoulders touched the ground before he could be declared victor, and if we may judge from the figured representations the final overthrow was by no means a gentle act.

CLEVELAND NOT IN IT.

Congressman Berry Says He Will Not Be a Presidential Candidate.

Congressman A. S. Berry of Kentucky, who is a member of the congressional delegation which is inspecting Boston harbor, said the other day positively that President Cleveland is not in the race at all. I have good reason to know that when the time comes he will announce that fact to the public.

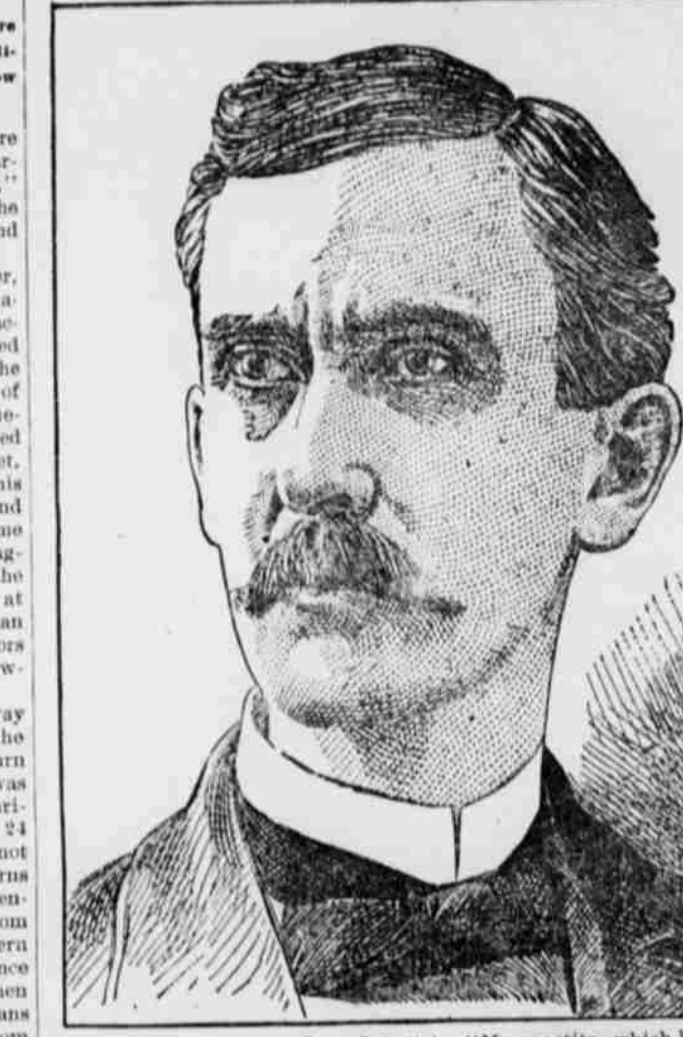
"In fact, a paper of such nature was prepared by him some time ago, but at the request of the national committee, who felt that that was not the most opportune time for it to be given out, he consented to withhold it for a time."—New York World.

A Brand New Case.

Some of the men who spend half a dozen hours or more a day in rooms on the top floors of skyscraper office buildings are talking about a new ailment that they allege is the result of doing business so far from the ground. "I never was troubled with headaches or dizziness," said one of these men, "until I moved into my present offices. Then I noticed that about an hour after I had settled down to business my head would feel heavy, and at times I would be slightly dizzy. These feelings on certain days increased the longer I remained in my office, and half an hour after I had descended to the street they would disappear. Several other men who are on the top floors of big office buildings have complained of similar symptoms, and on comparison we have come to the conclusion that they were produced by the same cause. Possibly the fact that the air is slightly more rarefied at the altitude at which we work may account for this feeling of uneasiness."—New York Sun.

MAJOR W. W. ROBBINS.

Framer of the Indiana Military Bill Made Well by Paine's Celery Compound.



Major Robbins, of the Second Indiana State guards, aide on Gen. Gray, Kee's staff and president of camp Gray, has been for two years one of the most influential members of the Indiana legislature and the author of the famous Indiana Military Law of 1889. Major Robbins was a very sick man up to the time of taking Paine's celery compound.

"My appetite, which had failed me, returned, my constipation ceased, and very soon my liver became normal in its action. Following this my sleeplessness and headaches ceased, and I began to gain flesh. The insidious hold on me that the grip had hitherto had was relaxed, and I felt invigorated and strengthened, so I could resume my vocation, and feel free from the languid, enervated feeling that had so long possessed me.

"My friends were pleasantly surprised with the change in my condition, and I was only too happy to recommend Paine's celery compound to such of my acquaintances as were suffering from any of the complaints which so complicated my case. Therefore, I again say I feel impelled by a sense of gratitude to express how much I have been helped, for I now feel and look like a new man."

Physicians who rely on Paine's celery compound—as thousands of the most wide awake members of the profession are doing, especially now that nearly every one feels the need of a genuine spring remedy—physicians know very well what that languor and that tired feeling mean. They know that debility today often results in nervous prostration tomorrow, unless the tired system is quickly invigorated.

That is why all over the country today Paine's celery compound is being taken by the advice of skilled physicians. It is the one remedy that physicians can conscientiously call a genuine spring remedy. Try it.

WOMAN FOR YOU

The very remarkable and certain relief given by MOORE'S REVEALED REMEDY has given it the name of Woman's Friend. It is uniformly successful in relieving the backaches, headaches, and weakness which burden and shorten a woman's life. Thousands of women testify for it. It will give health and strength, and make life a pleasure. For sale by all druggists. ELUMAUER-FRANK DRUG CO., PORTLAND, OREGON.

FRAZER AXLE GREASE

The very remarkable and certain relief given by MOORE'S REVEALED REMEDY has given it the name of Woman's Friend. It is uniformly successful in relieving the backaches, headaches, and weakness which burden and shorten a woman's life. Thousands of women testify for it. It will give health and strength, and make life a pleasure. For sale by all druggists. ELUMAUER-FRANK DRUG CO., PORTLAND, OREGON.

WHO CARRIES THE LARGEST

Line of Cutlery, Sporting Goods, Barber Supplies and Razor Goods? Why, don't you know? THE WILL & FINCK COMPANY! They will supply you with anything you want at lowest market prices. Send for General Catalogue or Catalogue of Sporting Goods or Barber Supplies. 520 Market Street, San Francisco, Cal.

SURE CURE FOR PILES

Having and tried, hundreds of Protruding Piles cured at once by Dr. BOWMAN'S PILE REMEDY. Send for particulars. A positive cure guaranteed. Price 50c. Druggists or send, DR. BOWMAN, Philadelphia, Pa.

I WANT YOU TO UNDERSTAND THAT I'LL HAVE



BLACKWELL'S DURHAM!

Nothing BUT THE GENUINE. You will find one coupon inside each two ounce bag and two coupons inside each four ounce bag of Blackwell's Durham. Buy a bag of this celebrated tobacco and read the coupon—it gives a list of valuable presents and how to get them.