ROM actual analysis made by me, I pronounce the Royal Baking Powder to be the Strongest and Purest Baking Powder before the public.

W. J. Flenseel Prof. Chemistry, College of Pharma

IN THE REPORT OF T

The Mission of Motherhood. sthing pertaining to woman is

ag on higher conditions. Even the stare pictures, in which needy carists cater to their own necessities by using on paper for the public prints never incid ideas of the woman tion, have advanced beyond the old gres of the hideous, angular virago her broomstick or the irate woman. hen and half monstrosity, both of were vigorously belaboring the m were vigorously belaboring the ged tyrant man, and are now sketchandsome, happy looking women in and impossible garments, making to silly, conceited little swains on the new woman wants to marry. he old woman produced such specis of masculinity under the old order re portrayed therein, it is quite time applant her by the "free woman," will make better success of the

WHAT NEGLECT MAY DO.

here are some infirmities that only on's knife will relieve, and mostly tly because of neglect. A neglected pain may become so chronic as to ple, and this is often the case with tics. If taken in time, it is easily subtica. If taken in time, it is easily sub-dilke other nerve pains, and vigor and thare restored. Thousands of cases a been treated by the use of St. Jacobs with the result of a prompt and per-nent oure and restoration to health of affected nerve. People cannot be too affected nerve. People cannot be too ful with their nerves. There is too the suffer to admit of foolish neglect, the simple thing of getting a bottle of Jscobs Oil and applying promptly may evens of misery and perhaps years of ppled condition. Let this warning serve now what can be and what ought to be without delay in an attack of this

tren to Bay: A.-I knew your father, the cap boller, very well. Parvenu-Ah, yes; bolling was one of his hobbies.

TOLEDO, CITT OF TOLEDO,

TH OF OHTO, CITT OF TOLEDO, LICAN COUNTY. ANK J. CHRENT Makes oath that he is the tor partner of the firm of F. J. CHRENT & Co., the business in the City of Toledo, County Etate storesaid, and that said firm will pay sum of ONE HUNDRED DOLLARS for each every case of Catarn that eannot be cured the use of HALL'S CATARNE CURE. THE STAR STAR STAR worn to before me and subscribed in my sence, this isth day of December, A. D. 1556. A. W. GLEASON, MALL Notary Public.

REAL Notary Public. all's Catarrh Cure is taken internally and directly on the blood and mucous surfaces he system. Bend for testimonials, free. F. J. CHENEY & CO., Toledo, O. id by Druggists, 75c.

T GERMEA for breakfast.



AN ENGLISH JAIL CRIAPEL

View of Morning Service. After breakfast nothing much happens until the chapel hour. Now those prisoners who have "gone sick" are visited by the surgeon or his assistant, and if the cases are urgent are sent across to the infirmary at once. There is no regular cell inspection; the governor or his deputy makes no round; there is no "taking of reports," no adjudication of pains and penalties for misconduct. All this will stand over until Monday; even those awaiting punishment, unless it is for outrageous acts of violence or defiance, turn out to go with their fellows to chapel. About 9:30 the chapel bell rings for the first service, that of the Roman Catholics, who in large prisons are usually "located" or lodged in one on of motherhood.-Mrs. Julia H. part of the prison, near their own chapel.

The bell for the Church of England service follows at about 10 a. m.

Both on marching to chapel and when seated within it the various classes and categories of prisoners are kept strictly separate from each other. Males and females approach the chapel by different roads, enter by different doors and occupy different divisions, pews or places apart. Among the males, too, the convicted are kept from the unconvicted and the debtors from both. The women are generally seated first, behind a screen or within a curtained off, railed in inclosure. They are, of course, visible to the chaplain, but to no one else but their own officers. Except for their treble voices heard in responses and hymns, their presence at the service would be unknown. Now and again, however, an attempt to signal or communicate has been tried by individuals of opposite sexes; when a dry cough, persistently repeated, in the female pew finds an answer in another part of the

chapel, it affords a shrewd suspicion that friends are trying to use some code made up outside before imprisonment. One other class is unhappily to be found at times in the jail chapel-a very distinct class, but seldom containing more than 'one representative. This is sometimes a "condemned" man in prison-one on whom the extreme penalty has been passed, and who, by the usual custom, is allowed "three clear Sundays" before the awful sentence is accomplished. A condemned convict, al-

though he is never left alone, being associated day and night with two wardon Quiver.

Not the Place For the Soup.

LINCOLN IN WAR TIMES. AN IDLE SCAVENGER.

The President's Army of Critics and How He Handled Them. The president of the United States being the servant of the people, the people consider it their privilege to call upon him. During-the civil war they im-

proved this privilege to the full. Scarcely a day passed, Mr. Lamon says, that several delegations of citisens, especially of clergymen, did not call

to advise Mr. Lincoln about the conduct FITS.-All Fits stopped free by Dr. Kilne's Great Nerve Restorer. No Fits after the first day's use. Marrelous curve. Treatuse and \$2.00 trial bottle free to Fit cases. Send to Dr. Kline, wit arch St. Philadelphia. Pa of affairs. Some wanted this, others wanted that, and all of them, as a rule, had plenty of advice and criticism to

offer. Mr. Lincoln was accustomed to receive them with respectful courtesy, but sometimes it was not easy for him to retain his good temper. the Prisoners at the Sunday

"How many men have the Confederates in the field?"' inquired one trespasser upon the hardworking president's time and patience.

"Twelve hundred thousand, according to the best authority." The inquirer and his companions looked aghast. "Good heavens!" they ex-

claimed. "Yes, sir," reiterated Lincoln, "there is no doubt of it. You see, all our generals, when they get whipped, say that the enemy outnumbers them from three to five to one, and I must believe them. We have 400,000 men in the field, and three times 4 make 12-don't you see it:

Once Mr. Lamon saw the president really turn upon his critics, a committee of western clergymen. Their spokesman delivered a long lecture, charged with fault finding from beginning to end, and containing many sharp thrusts at the administration, which thrusts the members of the delegation had the poor taste to applaud. When the tirade was over, Mr. Lincoln replied, as Mr. Lamon

says, "with unusual animation." 'Gentlemen," he began, "suppose all the property you possess were in gold and you had placed it in the hands of Blondin to carry across the Niagara river on a rope. With slow, cautious, steady step he walks the rope, bearing your all.

"Would you shake the cable, and keep shonting to him: 'Blondin, stand up a little straighter! Blondin, stoop a little more. Go a little faster. Lean more to the south; now a little to the north?' "No. You would hold your breath,

every one of you, as well as your tongues. You would keep your hands of? till he was safe on the other side.

"This government, gentlemen, is carrying an immense weight; untold treasures are in its hands. The persons managing the ship of state in this storm are doing the best they can. Don't worry them with needless warnings and complaints. Keep silence, be patient, and we will get you safely across. Good pressing upon me."-Youth's Compan-

Stoves and Coal In Paris.

at his conception of what a fire is for,

but we piled that stove to its limit, and

Their Turn to Run.

A bear hunt which terminated in a

manner at once disappointing and sur-

prising, is described by the Portland

Oregonian. It occurred in the mountains

of Oregon, whither two gentlemen had

betaken themselves for a vacation trip.

Several days were spent in trout fish

ing. Then one of the men expressed a strong desire for a day's shooting, for

large game. They set out the next

morning bright and early, and after

hours of fruitless tramping were about

returning to camp, when suddenly they

saw straight before them a brown bear

sitting on his haunches under a blue-

berry bush and gorging himself with

Both hunters fired, and the bear, with

an ugly growl, disappeared. The men

hastened after him, but were unable to

overtake him. For half an hour or

more they followed the trail. Then all

at once they came to a clearing. In the

clearing was a cabin, and on the porch

Melan I.

one of his forelegs in a sling !

French rates every 24 hours.

York Times.

the berries.

"Coal in Paris is brie-a-brae," laughsuch a car costs about \$500. The wear ed a woman who is just home from a and tear which has to be repaired costs year's residence in the French capital, on an average about \$20 a year. The av-'and a stove, oh, a stove is a large ar- erage life is 13 years, and at the end of dens as guardians, is never permitted to ticle of virtu. When we began to freeze this time the car will be worth about see or be seen by other prisoners. -Lon- last winter, which we did at the first \$80 for scrap, so the annual cost for recold weather, over the tiny grates set in newal, or the annual sinking fund, will a corner of the room where they will be about \$25. The railway owning the throw out the least heat, even when at car has to maintain shops to repair its their best, I announced that we must rolling stock and that of other roads, A famous French prima donna when have a stove. There were three women and it is probably about correct to estiacting delights in a big basin of soup. of us doing Paris in lodgings, and the mate the wear and tear of tools while smoking hot and well flavored with others agreed, commissioning me to act repairing the car at \$4. It has general smoking hot and wen navored whas grated cheese. On one occasion she was engaged for a few nights at Marseilles, and her first thought on arriving there was to inquire where she could order her favorite dish. She was recommended to favorite dish. She was recommended to

How Nature Makes Silver.

The bowels act the part of a seavenger, inas-much as they remove much of the debris, the waste effete matter of the system. When they srow idle, neclectiul of duy, it is of the armost importance that they should be impelled to ac-tivity. Hostster's stomach Bitters effects this drastic purgative. The Bitters is she efficacious for malaris, billious, dyspeptic and kidney The process by which nature forms particles of precious metal which they Mamma-You know, Johnny, when mamma whips her little boy, she does it for his own good. Johnny-Mamma, I wish you didu't think quite so much of me.

find here and there. Sometimes the solutions in question are hot, the water having got so far down as to be set boiling by the internal heat of the globe. Then they rush opward, picking up the bits of metal as hey go. Naturally heat assists the per ormance of this operation.

Now and then the streams thus form ed, perpetually flowing hither and thith er below the ground, pass through racks or cavities in the rocks, where they deposit their lodes of silver. This is kept up for a great length of timeperhaps thousands of years-until the pocket is filled up.

Crannics permeating the stony mass in every direction may become filled with the precious metal, or occasionally chamber may be stored full of it as if 1,000,000 hands were fetching the treaspres from all sides and hiding away a mine for some lucky prospector to discover in another age, -London Standard.

He Scored Journalism.

A successful physician, who began life as a reporter, spoke very scornfully of the newspaper man who had not sense enough to discover that the talents needed to earn him a bare living in 'journalism'' would bring him substantial rewards in any other business or profession. I suppose it must have been some such idea that was at the root of Horace Greeley's fixed objection to paying any man a salary of more than \$25 a week, it being his opinion that if an employee of a newspaper could earn more than that he ought to strike out for himself. Considering the number of second and third rate newspaper men who have made first class reputations in politics, have adorned presidential cabinets, and made their mark generally in the public life of the country, there does seem to be something wrong with the old hands at the bellows who can find nothing better to do.-Forum.

YOUNG AT FIFTY.

HOW A METHODIST MINISTER burg, Ky., where his home is, as fol-CARRIES HIS YEARS.

lows

neuralgia.

ten million nerve fibres in the body.

Rev. William Young, of Oswego, Tells a Reporter His Secret of Good Health -Will Surely Benefit Everyone Who Follows His Advice.

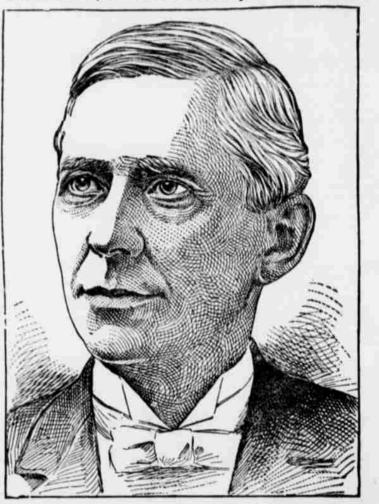
rom the Times, Oswego, N. Y.

Probably no man is better known or more highly respected in Oswego, N. Y., than Rev. William Young, of the Methodist church. Mr. Young has not a reserve of nerve force to draw from, a conference appointment, but holds a responsible position with the Oswego and their nerves cease to tremble with City Savings bank, where he has been a trusty employe for the past twenty

In the spring of 1894 Mr. Young looked as if his time was limited and kept fully nourished, one lives in blissthat he would be laid at rest with the ful ignorance of any such thing as neugreat majority before the snow covered ralgis, headaches, or even a nervous worked professional men in this city in the ground. But, instead of failing as system, but let one become "runpredicted, he soon gained a more down" and the nutrition of the body healthy look and appeared stronger. get low, and every one of these myriad down" and debilitated at this trying As the months went by this improve-ment continued, until now he is as rug-the flesh, Headaches, neuralgia, rheu-straightforward and convincing state-

REV. ZEPHANIAH MEEK, D. D.

Eminent Methodist Divine Cured of Nerve Trouble by Paine's Celery Compound.



Rev. Zephaniah Meek, D. D., is a are thousands of men and nousehold name all over the South. today who have been enabled to keep Since 1867 he has owned and edited the vigorously at work, who must have 'Central Methodist," the leading pa- given up but for Paine's celery comper of the Methodist Episcopal church pound. Nervous affections are a warnin the South. He represented his state at the General Conference. At the earliest sign of reduced nerve at the General Conference.

He was one of the Kentucky com-missioners at the Chicago Columbian a gloomy habit of mind, everyone Exposition. During his ministry in should look immediately to the nutrithe South he has built and dedicated tion of their nervous system and to the purity of their blood. Paine's celery five chapels. He writes from Catlettscompound will attend to both of these urgent needs more thoroughly and

more speedily than anything else in the world. Paine's celery compound is "I have used several bottles of Paine's celery compound for nervous trouble, not to be confounded with the common resulting from overwork, and with impreparations, the sarsaparilla and the mediate effect, as well as permanent benefit. It is the best nerve tonic that nervines. Being the discovery of a I have ever tried. It has also been man of science, Prof. Edward E. Phelps, M. D., LL. D., of Dartmouth used in my family with great benefit." Tired out, half-sick men and College, it has the support of the best women need something more than a physicians; they prescribe it universally; and the many sick persons made mere rest. They need a positive unmistakable nerve food; they must have well by its use proves that that support is merited.

To the great majority of business before their heads will cease to sche men a vacation, to say nothing of three months of complete inactivity, is out It is estimated that there are over of the question at this season, even when their brains demand a complete So long as these minute tissues are rest and their nerves ache and threaten them with prostration. Now, there are hundreds of business men and hardjust this condition. What are they to do? Those who are tired out, ''run

stated my case in as strong words as I would have done. Hood's Sarsaparilla has truly cured meand I am now well." CORA PECK, Amsterdam, N. Y. Be sure to get Hood's, because Hood's Sarsaparilla

Is the One True Blood Purifier. All druggists. \$1. Prepared only by C. I. Hood & Co., Lowell, Mass.

Hood's Pills liable and beneficial sta

Mothers

Anxiously watch declining health of

their daughters. So many are cut off

by consumption in early years that

there is real cause for anxiety. In

the early stages, when not beyond

the reach of medicine, Hood's Sarsa-

parilla will restore the quality and quantity of the blood and thus give

good health. Read the following letter:

daughter Cora, aged 19. She was com-

pletely run down, declining, had that tired

feeling, and friends said she would not

live over three months. She had a bad

Cough

and nothing seemed to do her any good.

I happened to read about Hood's Sarsapa-

rills and had her give it a trial. From the

very first dose she began to get better.

After taking a few bottles she was cora-

pletely cured and her health has been the

best ever since." MRS. ADDIE PECK,

"I will say that my mother has not

12 Railroad Place, Amsterdam, N. Y.

"It is but just to write about my

A Bor Car.

It is probable that in spite of the fact that one-twentieth of the population of this country is dependent to a large extent upon railways for the money it has to spend but very few people know much day, gentlemen. I have other duties about the cost of railway transportation. For instance, there are few business

men who can say what the cost of an ordinary box car is or how much it costs its owner a year. As a matter of fact

Very remarkable remedy, both for IN-RNAL and EXTERNAL use, and won-ful in its guick action to relieve distress. Ain-Killer is a sure cure for Sore Illa, Diarrhora, Drantery, Crampa, slera, and all Bours Complaints.

Ain-Killer IS THE BEST rem-ckness, Sick Headache, Pain in the ckness, Sick Headache, Pain in the ckness, Sick, Rheumatism and Neuralgia. Pain-Killer Best LINIMENT ADE, It brings encedy and permanent relief all cases of Bruises, Cuts, Sprains, overe Burns, dc.

Pain-Killer is the well tried and scheme, Farmer, Planter, Saller, and fact all classes waiting a medicine siway at and, and sofe to use internally or externally its cortainary of relief.

IS RECOMMENDED ns, by Missionaries, by Minist anics, by Nurses in Hospitals. iscers, by

BY EVERYBODY. Pain-Killer is a Medicine Cheet in we port without a supply of it. We have been been aburd to be without this within the reach of all, and it will annually to many times its cost in doctore' bills. Te many times its cost in doctors' bills. Beware of imitations. Take none but the muine "PERRY DAVIS"

WA

order in person.

At 9 o'clock, as arranged, mine host called his serving maid, and placing a gigantic tureen in her hands told her to take it to Mme. C --- on the stage. He added that orders had been given to let her pass with her bowl, and on the girl's assurance that she would recognize the cantatrice sent her off with the soup. Everybody gave way before the servant carrying the sacred meal of the star, when suddenly between the wings she caught sight of the prima donna, who was singing the finale of the first act of "Lucia.

Ravenswood and his betrothed were just about to begin the passionate scene | Paris is a cheap place of residence for which brings down the curtain when the maid entered and placed the tureen on the mossy bank in front of the fountain. Then lifting up the cover and plunging in a spoon she exclaimed to the stupefaction of actors and audience alike :

"Begging your pardon for interrupting you, sir, and the lady, but here's the soup."--London Tit-Bits.

patronize a humble restaurant just by of a stove, and when finally I did find another \$4 to the A Times reporter determined to find celery compound is able to correct

stove. Sixty dollars! "Of course we couldn't pay that for a assumed to be in the shop 30 days, it and put the question direct and received couple of months' use of a stove. I ask- will be in service 335 days, and its cost ed the dealer if he would rent it. After per day of service is nearly 25 cents. A a parley he consented, but wanted \$5 a flat or goudola car costs about \$450 origmonth. I reported the proceeding to my inally, and a similar series of estimates friends, and we decided to rent the will show that its annual cost is about stove. The Frenchman assured me the \$75, and its daily cost about 22.4 cents stove consumed 10 cents' worth of coal for the time it is out of the shops.-St. a day. Perhaps it did, with the fire kept Louis Globe-Democrat.

Eastern Africa.

it ate up a dollar's worth of coal at Professor Angelo Heilprin, the distinguished physicist, indorses the state-'Those who treasure notions that ment made by Dr. Gregory of the British museum that there exists in eastern Americans should keep out of it in win-Africa, occupying a very considerable ter. They will find themselves bankrupt portion of its extent, a narrow and in before spring, and there will not have places a very deep trough, in which the great lakes and many of their tributaries been one cold day that their apartments will be filled with a genial warmth such are located, and which, with a more or as pervades all our American rooms outless open and depressed lowland, comside the most squalid homes."-New municates with the basin of the Red sea,

and yet further with the Dead sea and to the valley of the Jordan-that is, according to Dr. Gregory, there runs from Lebanon, and then almost to the cape. a deep and comparatively narrow valley. margined by almost vertical sides, and occupied either by the sea, by salt steppes and old lake basins, and by a series of over 20 lakes, of which only one has an outlet to the sea-a condition of things of the pills, making up my mind that absolutely unlike anything on the sur- if they did not help me I certainly face of the earth ; indeed, the presence of such a rift, for this it appears to be, can only be compared with the long lunar rifts which have so long puzzled astronomers. To Professor Suess, the eminent geologist of Vienna, is attributed the first demonstration that over large areas of the earth's surface the crust has been steadily breaking through in the direction of the earth's center. and that the crust has been torn and rifted throughout all time by the subsidences of earth blocks, and he, many years ago, pointed out the probable existence of this vast Afro Asiatic trough.

What He Needs.

of the cabin sat the brown bear with "What I need," said the statesman in speaking of his work in Washington, The hunters were greatly taken aback, 'is a good private secretary to look aftas may well be supposed, but were still er my correspondence, so that I can give more surprised when they saw a man more time to affairs in the house.' hastening toward them with a gun.

"What you need," returned his con-They turned and ran, the man after stituent earnestly, "is a real good man them. They got away in safety, and to edit your speeches while you attend learned afterward that the bear was a to your correspondence. It would be family pet, the owner of which was foolish to have your letters more conunturally anory at finding it ill treated. cise and better written than your pub-From U.A. Journal of Medicine Prof. W. H. Peeke, who lic addresses."-Chicago Post.

Furning to Wheelmen.

re cases than any Take a bicycle, balance it with one hand, having one pedal at its highest point, the other at its lowest. To the lower one tie a string and pull it toward the rear of the machine.

Which way will the bicycle go? It will go backward.

Most people think it will go forward, because the string tends to move the all druggists, or may be had by mail pedals in the direction they move when from Dr. Williams' Medicine Comthe machine is going forward .- Phila pany, Schenectady, N. Y., for 50 cents their P. O. and Express address ferers delphia Record. who may send their P. O. and Express address. We advise any one wishing a cure to address Frot. W. H. PEERE, F. D., & Cedar St., New York

to the owner is about \$83. If the car is called upon Mr. Young at the bank

the following reply: 'In truth I am a changed man, and I owe my present good health to Dr. Williams' Pink Pills. In the spring of 1894 I was all run down and had commenced to think that my time had come. I had to be prescribed for by physicians, and although I received temporary relief, the same old trouble came back again and I was worse than before. I had no strength or appetite, and physically I was in a miserable condition. After my work I would go home, but the general lassitude which hung over me left me without any am bition, and when I would go to the table to eat, my appetite failed me and I would have to leave without taking hardly any nourishment. My kidneys were also badly affected, and I was in utter despair. One day, here at the bank, I happened to pick up one of the local papers, and my eye fell on an advertisement of Dr. Williams' Pink Pills. The advertisement gave a description of a man who, afflicted as I then was, had been cured by using Dr. Williams' Pink Pills. I was not a believer in that kind of doctoring, but concluded as a last resort to try a box would not be injured any. Going to a drugstore, I purchased a box of Dr. Williams' Pink Pills and commenced taking them according to directions. Very soon after I began to feel better and I saw I had made no mistake in trying the pills, and before the first box was emptied I felt so much improved that I immediately purchased another. I had taken seven boxes of the pills, and at the end of last sum

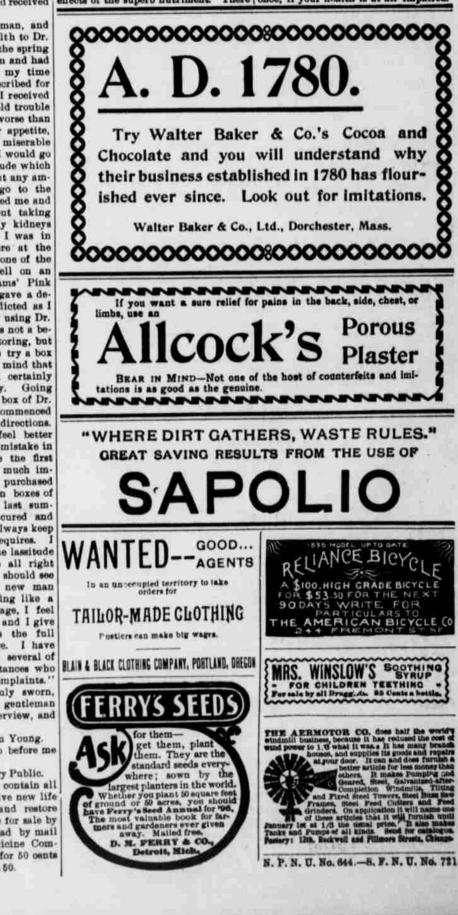
mer I felt I was entirely cured and discontinued their use, but always keep a box handy if occasion requires. am now entirely cured. The lassitude has left me, my kidneys are all right and my appetite-well, you should see me *at the table. I am a new man again, and instead of feeling like a man of fifty, which is my age, I feel like a youngster of twenty, and I give Dr. Williams' Pink Pills the full credit for this great change. I have recommended these pills to several of my neighbors and acquaintances who have been relieved of their complaints." William Young, being duly sworn, deposes and says he is the gentleman referred to in the above interview, and it is true in every respect.

William Young. Subscribed and sworn to before me this 25th day of May, 1895.

Bernard Gallagher, Notary Public. Dr. Williams' Pink Pills contain all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are for sale by

per box, or six boxes for \$2.50.

the theater, and going there gave her an approach to my standard I found its per cent adds \$30 more. Hence it will out what had made this great, and it this faulty condition. It builds up the Paine's celery compound as mist before price too. That was larger than the be seen than the annual cost of a box car might be said phenomenal change, nervous system and sustains it. The the strong, health-giving rays of the effects of the superb nutriment. There once, if your health is at all impaired.



Send 6 Coupons, or Send 1 Coupon and 6 cents, or Ways to Get These | Send 10 Cents without any coupon, to Fashions. 1 Blackwell's Durham Tobacco Co., Durham, N. C., and the Fashion Dolls will be sent you postpaid. You will find one coupon inside each 2 oz. bag, and two coupons inside each 4 oz. bag of BLACKWELL'S GENUINE DURHAM TOBACCO. Buy a bag of this Celebrated Smoking Tobacco, and read the coupon, which gives a list of other premiums and how to get them. 2 CENT STAMPS ACCEPTED. R MACHINERY AT FIRST LOUR MINING THE WILLAMETTE IRON WORKS MARINE WARE-HOUSE + + PORTLAND, ORECON

WOMAN The very remarkable and certain relief given woman by MOORE's REVEALED REMEDY has given

the name of Woman's Friend. It is al inrelieving the backaches, headaches bich burden and shorten a woman's omen testify for it. It will give health and strength ind make life a pleasure. For sale by all druggists. LUMAUER-FRANK DRUG CO., PORTLAND, Agents.

FRENCH -----

FREE

Illustrated by 6 dolls with 21 dresses, 6 suits, 28 hats, and 35 other articles, furnishing the ladies with the latest French fashions as well as the children with an amusing toy.