

# At Chicago Royal Leads All.

As the result of my tests, I find the ROYAL BAKING POWDER superior to all the others in every respect. It is entirely free from all adulteration and unwholesome impurity, and in baking it gives off a greater volume of leavening gas than any other powder. It is therefore not only the purest, but also the strongest powder with which I am acquainted.

WALTER S. HAINES, M. D.,  
Prof. of Chemistry, Rush Medical College,  
Consulting Chemist, Chicago Board of Health.

All other baking powders are shown by analysis to contain alum, lime or ammonia.

ROYAL BAKING POWDER CO., 106 WALL ST., NEW-YORK.

## YES, I HAVE A GOODLY HERITAGE.

My heritage that I value to keep.  
My treasure that I prize to keep.  
I treasure the fruit the peasant brings  
And I treasure the fruit the peasant brings  
To find the richest one far than shall  
In any ripened sheaves.  
If I have an orchard, graft and prop  
Food bearing trees, each watered in its place.  
Or if a garden, set it yield for crop  
Sweet herbs and flowers at a garden gate.

But if I have to stand, where nothing grows  
Nay, who shall send me a thankful  
For though the desert bloom not as the rose,  
It yet can flourish in the plain.

—Walter S. Haines, in *Alta*.

## A WHITE ONE.

The air was thick with steam and impregnated with the smell of soap, and the temperature was by no means low, more especially as the heat was coming in through the uncurtained windows, but the laundry girls were used to those inconveniences and thought nothing of them. They chatted continuously over their work, not because they were happy or because they had anything particular to say, but because they had no conception of the dignity of silence. The conversation was perhaps not of the most edifying description, and the language employed was forcible, garnished by slang, and not free from superfluous epithets, for these girls were not of the highest type.

There was a curious fatness, or rather gaudiness, about their, for the most part, ragged dresses; they had big, heavy fringes, which the steam had taken out of curl, so that in nearly every instance they straggled into the hot air, blowing them, their faces, too, were in striking contrast to their hands in the matter of cleanliness, for it was not compulsory to put them in the water to earn a livelihood, but they were better in this respect than they would be nearer the end of the week, for today was only Tuesday.

The only exception to the universal uncleanliness was manifested in the person of one of the girls called "Liza" (the "L" being pronounced as if it was the diphthong "li"). This "Liza" the preliminary "of" of whose name was invariably dropped by her acquaintances, was a broadback, and her face, though it possessed the merit of cleanliness, was almost repulsively ugly.

The complexion was sallow, the mouth badly shaped, the eyebrows outrageously dark and heavy; very red were the eyes beneath their hooded lids, and the nose, though not very prominent, was of an encouraging severity, and indeed the brown eyes were not remarkable in themselves, and were moreover half hidden by the drooping lids, from which she glanced in a sideways, half sinister manner. "Liza" was not very popular among her companions, partly because she chose to be exclusive and partly because she could on occasion say unappreciated sharp things. But there was one person whom she loved, and that was Miss Callender.

By and by the ringing of a bell created a diversion among the workers. Almost simultaneously eight pairs of red, soapy arms were drawn out of the washtubs, eight pairs of red, crinkled hands were wiped on some portion of convenient apparel, and eight pairs of ill shod feet trod upon the floor.

At a table in this room stood a young lady, very sweet in appearance and prettily dressed. She nodded in a friendly way to the girls, and shook hands with each one as they passed. She had their interest at heart, and made it her duty to come two or three times a week, and to bring with her a dinner. This dinner consisted usually, as on this occasion, of a plate of soup and a large slice of pudding, for which they paid a penny, a second helping of either could be had for a farthing, so the payment was merely nominal, but the girls were exempt from the feeling that they were the recipients of charity.

The copper was "dished" down on the table in a little pile, and Miss Callender laid out the soup, which was quickly and modestly consumed. The young lady watched the other women, smiling, and perfectly dainty herself, their roughness did not seem to repel her.

## THE FOUNTAIN HEAD OF STRENGTH

When we recollect that the stomach is the great laboratory in which food is transformed into the nutrients which furnish vigor to the system after entering and leaving the blood, it is essential to keep this important supplying machine in order and to restore it to activity when it becomes inactive. This is done by the use of Shiloh's Cure, which is a powerful stimulant, and restores the action of the liver and bowels, and gives the system the strength and vigor which are necessary to the health and happiness of the individual.

Behold the porter (read the sign)  
This is the sign of a  
In one hand is a whisk broom light—  
The other holds a trowel.

Some most excruciating pain comes from derangement of the kidneys. This is the testimony Senator Henry C. Nelson of New York as to the value of Allcock's Pore Plasters in such cases:

On the 25th of February, 1883, I was taken with a violent pain in the region of the kidneys. I suffered such agony that I could hardly stand up. As soon as possible I applied two Allcock's Pore Plasters, one over each kidney, and lay down. In an hour, to my surprise and delight, the pain had vanished and I was well. I wore the plasters for a day or two as a precaution, and then removed them. I have been using Allcock's Pore Plasters in my family for the last ten years, and have always found them the quickest and best remedy for kidney troubles, and rheumatic affections. From my experience I believe they are the best plasters in the world.

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the eustachian tube. When this tube is inflamed, it swells and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and the tube restored to its normal condition, hearing will be destroyed forever. Cases of this kind have been cured by the use of Shiloh's Catarrh Remedy.

It is a positive cure for all those painful, delicate complaints and complicated troubles, and weaknesses common among our wives, mothers and daughters.

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## ON THE OUTSIDE—

that is the best place to keep the large, old-fashioned pills. Just as soon as you get it inside, it begins to trouble you. What is the use of suffering with it, when you can get more help from Doctor Parrot's Pleasant Pills?

These tiny, sugar-coated granules do you out for a good good. They act mildly and naturally, and do not produce any of the usual effects of cathartics. Constipation, bilious attacks, and all derangements of the liver, stomach, and bowels are prevented, relieved, and permanently cured.

They're the smallest, the easiest to take, and the cheapest—for they're guaranteed to give satisfaction or your money is returned.

You pay only for the good you get. Nothing else urged by the dealer, though he may be sure to tell you, can be "just as good" for you to buy.

THE GREAT COUGH CURE THAT CURE COUGH WITH SHILOH'S CURE

SHILOH'S CATARRH REMEDY

TOWER'S FISH BRAND WATERPROOF COAT

21 Years of Pain

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## Brooklyn Hotel

208-212 Bush St., San Francisco.  
This favorite hotel is under the management of CHARLES MONTGOMERY, and is as good as the best Family and Business Men's Hotel in San Francisco.

Home Comforts! Cuisine Unexcelled!  
First-class service and the highest standard of respectability guaranteed. Rooms cannot be enjoyed for comfort and comfort. Board and room per day, \$1.50, \$2.00, \$2.50 and \$3.00; board and room per week, \$7 to \$12; single rooms \$10 to \$15. Free coach to and from hotel.

DOCTOR Pardee's Remedy, THE GREAT CURE FOR INDIGESTION AND CONSTIPATION.

Regulator of the Liver and Kidneys  
A SPECIFIC FOR Scrofula, Rheumatism, Salt Rheum, Neuralgia, And All Other Blood and Skin Diseases.

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No Accident.  
There had been a row in Bum Fuller, and Mr. William Smith had been delivered in person to the undertaker. Big Pete had been arrested on general principles, and an attorney volunteered to defend him. He took the ground that the shooting had been an accident and was arguing away at the jury at a great rate when Peter rose to his feet.

FUGACES ANNI.  
Oh, my love, my queen of May,  
The light of youth is gone,  
Thy hair is now a silver gray,  
Thy eyes are dim and old,  
Will thy true eyes alter yet  
And their pupils smile forget?

Hinnings of Freedom.  
Birkins—My! My! What an unspcakable blessing it is to live in a free country!

THE MOST FERTILE SOIL IN AMERICA.  
What is there in this Alberta, through which the Canadian Pacific Railway runs, that it should draw trainloads of settlers and settlers' effects from Idaho, Washington and Oregon? The most fertile soil in America, wood, water, coal and climate; that is what they say.

They All Try.  
Night Editor of New England paper—Has the editorial correspondence from Chicago got in yet?

HE FIXED IT.  
Clara—Dick, fix my mallet.  
Dick—What's the matter with it?  
Clara—The handle comes out every time that I play with Ella.

Golden West Baking Powder  
When in Portland be sure to take in the greatest novelty at the Exposition. We shall take biscuits and cake every afternoon and evening on our pretty Jewel Gas Stove. Everybody cordially invited to have a biscuit with us and see the wonderful merits of Golden West Baking Powder proved by actual work.

THE POLITICAL CHAMELEON.  
When the chameleon had to explain his changes of color, it is recorded that "Then forth the creature found a tongue."

CLOSET & DEVERS, PORTLAND, OR.  
HAVE YOU GOT PILES?  
MRS. WINSLOW'S SOOTHING PUP FOR CHILDREN TEETHING.

Times Have Changed.  
Mrs. Smythe—Before we were married you didn't use to groan the moment I sat on your knee.

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