

## U. S. Gov't Baking Powder Tests.

THE report of the analyses of Baking Powders, made by the U. S. Government (Chemical Division, Ag'l Dept.), shows the Royal superior to all other powders, and gives its leavening strength and the strength of each of the other cream of tartar powders tested as follows:

| LEAVENING GAS.          |           |
|-------------------------|-----------|
| Royal, Absolutely Pure, | Per cent. |
| 13.06                   | 160.6     |
| 12.58                   | 151.1     |
| 11.13                   | 133.6     |
| 10.26                   | 123.2     |
| 9.53                    | 114.      |
| 9.29                    | 111.6     |
| 8.03                    | 96.5      |
| 7.28                    | 87.4      |

These tests, made in the Gov't Laboratory, by impartial and unprejudiced official chemists, furnish the highest evidence that the "Royal" is the best baking powder.

ROYAL BAKING POWDER CO., 106 WALL ST., NEW-YORK.

## THE FUTURE OF JAPAN.

Concern Is Manifested as to the Use Japan Will Make of Her Victory.

Now that the treaty of peace between China and Japan has been formally ratified, some concern is manifested in certain quarters as to the use Japan will make of her victory. Will she, encouraged by her military success, become aggressive and a disturber of the peace, seeking other Asiatic conquests? The answer to these questions is given by Count Okuma, one of the ablest, most experienced and enlightened statesmen in Japan, in an interview with the special representative of the New York Herald. This gentleman declares that Japan has no military aspirations. "We seek only material advancement and home prosperity, and Japan can never play the bully." He adds that the people of Japan are in full sympathy with the spirit of modern progress; that they are concerned in education and the development of industry, and that their supreme desire is to live at peace with all the world. At the same time they will not submit to any aggression on the part of other nations. Count Okuma expresses a particular solicitude for the enlargement of trade relations between his country and the United States, "our nearest amicable neighbors," and he suggests that if our counsels were as active and zealous in promoting business intercourse as the representatives of England, Germany and France, the volume of trade might be greatly increased.

These general statements as to the future policy of Japan are in strict accordance with the avowals of the Mikado and all the influential leaders in affairs. Their sincerity, in view of the moderation before displayed under circumstances peculiarly calculated to inflame the national temper, cannot be questioned. Japan not only has displayed remarkable prowess in arms, but a prudence in and equanimity of statesmanship, a self-control in dealing with her prostrate foe, which, it may with truth be said, few if any European governments would have exhibited under like conditions.—Leslies Weekly.

## FACIAL EXPRESSION.

The Observer Can Learn Much by Perusing Linear Inscriptions.

We naturally look at a young face for a prophecy and at an old one for record. But the materials from which we attempt to inform ourselves are of a very different character in the two classes. In the one case we see a general arrangement of features, which, according to some utterly inscrutable law, accompanies certain traits of mental and moral character. No satisfactory theory has ever been put forward to account for such facts as that human beings with a certain inherited squareness of jaw are always of a tenacious disposition.

But when we scrutinize an older face we peruse the linear inscriptions upon its surface as we read a book on which we know the author. Not only do such and such confirmations of its lines have a definite meaning, but we can form an opinion as to why and when, if not how, they were written.

The calligraphy, of course, is not uniform in all cases, and there are various complexities about it which may render an exact interpretation a matter of difficulty. Trouble or passion, which in one instance is recorded in bold characters, in another may leave scarcely a visible mark, and it is obvious that a lean face will betray the story of emotional experience more readily than one covered with a mass of fat and smooth skin.

## Origin of Spring Cleaning.

Housewives who make a point of renovating their homes at this season of year may be interested to know the origin of the custom. According to good authority the Hebrew women led the way by the freshening up of every article about their house to prepare for Passover. At any rate, in the absence of any records to show that northern nations clean out their houses of all the past year's food before the 1st of May, when they celebrated an ancient pagan survival in the dance around the Maypole—if even they swept out all old rushes, then, from the floors—it is worthy of notice that the Mosaic injunction about the removal of everything that would taint the house has taken strong root among the Gentiles of America. The birds are no more anxious about the building of their nests than are house-keeping women, from this time forward, about thorough scouring out of pans and kettles, closets and attics, cellars and storerooms.—Philadelphia Times.

## An Educational Scrap Book.

One mother has introduced a new occupation for her children. This is the construction of a scrap book of noted people of the day. Each has a page on which a newspaper picture is pasted at the top. Beneath this photograph the child writes when the person was born, the briefest account of his or her life, up to date and possibly the time of death. Among the fast-growing list is the Russian royalties, the little king of Spain, the queen of Holland, Dr. Holmes, Robert Louis Stevenson, ex-president Carnot, the emperor of Germany and his children, etc. Another mother has varied this idea for her own family of bright little ones. She has set them at work collecting for a scrap book all the pictures they can find of royalty. The result is very interesting. There are, of course those from Russia, the cunning pictures of the German princes, the youthful rulers of Spain and Holland and several among the English family.

## Fashionable Stationery.

The paper most used in social correspondence is white parchment finish, and the preferred sizes are the well-known octavo and hille; the envelopes are square with pointed flaps. Square note sheets with oblong envelopes in tints or colors are simply fads for the moment. Good taste dictates plain white paper and envelopes for feminine notes.—May Ladies' Home Journal.

The capacity for work of the horse depends in no small degree upon the condition of his shoulders, hence by preventing galls and sores he is able to do his field work faster.

## CONAN DOYLE'S FAMILY.

Both the Doctor and His Wife Enjoy Bicycling and Other Sports.

Of her husband's work, Mrs. Conan Doyle finds her favorite in "The White Company," for not only does she consider that it is into this book that she has put his best work, but because, as she laughingly admits, she was allowed a share in the disposal of the heroine, writes Ethel Mackenzie McKenna in a sketch, with portrait, of Mrs. Conan Doyle and her children in the May Ladies' Home Journal. I think, too, Mrs. Doyle must have a special affection for "Mischance," for to my mind one of the best things he has done, for in speaking of the troubles of the Great Rebellion the author has much to say of the country around Mrs. Doyle's former home in Gloucestershire. Her father was a landed proprietor at Minsterworth in that county, and it was in the quaint old town of Monmouth that Mrs. Doyle was born.

Dr. Doyle is a great athlete. No exercise comes amiss to him; Alpine climbing, football, tennis, cricket, skating, tobogganing, are all dear to him, and Mrs. Doyle shares his enthusiasm. Before she became ill she and her husband were untiring bicyclists—indeed, Mrs. Doyle speaks of bicycling as her favorite amusement—and they used often to do from thirty to forty miles on their tandem bicycle. It was when crossing the channel on their return from Switzerland one year, where they had done some really hard climbing, that Mrs. Doyle caught the chill, from the effects of which she has suffered so much. To an active, energetic woman the enforced inaction, the long, tedious spell of invalidism, has been a great strain, but she has borne it bravely and uncomplainingly, making as good a patient as she did a nurse. Her children have been a great comfort and delight to her. Mary, the eldest, a bright little girl, full of pretty ways and quaint sayings, and the baby, a bonny boy, who rejoices in the name Arthur Ayleyne Kingsley, have both been of constant interest and delight to their mother.

## WORKING FOR UNCLE SAM.

Government Service Is Not the Best Thing for Any Young Fellow.

There are government positions which hold out excellent possibilities in the way of developing a young man's qualities, writes Edward W. Bok in reply to the question, "Is a government position on general principles a good thing for a young man who is desirous of a future?" in the May Ladies' Home Journal. But these are rare. For the most part, and on general principles, I would not advise any young man to enter the employ of the government, that is, if he has any ambition. A government position holds out attraction to the average young man because he feels it is safe, that is, so far as the payment of his salary is concerned. Then, too, he is apt to believe that government salaries are somewhat higher than the salaries attached to civil pursuits. But, to my mind, he buys these "sure" elements at a very dear cost to himself. The average government clerkship is a very poor affair. Not only is it poor itself, but, in ninety cases out of a hundred, it means pure clerical routine. It has about it a peculiar stifling monotony and restraint which are apt to quench the fire of ambition. Promotion is impossible upon the same lines as in a business house. The chances for development are meagre. While there are exceptions to the general rule, government service is not the best thing for any young fellow. He will be wiser if he enters into the more fearless freedom of civil pursuits, and leaves the average government position alone. In the first, he can be what he likes; in the latter, it is doubtful.

## Pineapples for Dyspepsia.

According to a correspondent with the coming of the pineapple season, the word is renewed that the fruit is of especial value to the dyspeptic. In countries where the fruit is indigenous its hygienic qualities are well known, but the broad statement that the pineapple everywhere and all conditions of pineapple are wholesome must be taken with a little judgment. Ripe, luscious fruit, not over-ripe nor under-ripe, but tender, sweet and succulent, is probably one of the most wholesome foods that comes to our table. It is easy, however, to have these conditions infringed upon. Tough, stringy, hard pines, as so often offered, are not wholesome, and are hard to digest. If the fruit is found to be not in perfect condition, cutting it twelve hours beforehand and pouring a wine glass of rum over it will add to its wholesomeness. Sugar freely an hour before serving, with good powdered sugar. Emphasis is laid upon the good quality of the sugar, as in powdered sugar it is possible to buy abominably adulterated sorts.—N. Y. Times.

## Rules for Sunbathing Girls.

When she was quite a little girl she wrote them out one New Year's Day on a clear white slate, and hung it on her dressing-case where it could always be seen, writes Ruth Ashmore in a very delightful description of "A Sunbathing Girl" in the May Ladies' Home Journal. She had found them in an old book. John Wesley had laid these rules out for his life, and though she felt she might never keep them all, she tried to live up to them as far as possible. And when she made that resolve half the battle was fought. Written out in rather a shaky hand were these rules: "Do all the good you can; by all means you can; in all ways you can; at all the places you can; at all the times you can; to all the people you can; as long as ever you can."

## The Various Uses of Glycerine.

Equal parts of bay rum and glycerine applied to the face after shaving makes a man rise up and call the woman who provided it blessed. Applied to the shoes, glycerine is a great preservative of the leather and effectually keeps out water and prevents wet feet. A few drops of glycerine put in the fruit jars the last thing before sealing them help to keep the preserves from moulding on top. For flatulency there is no better remedy than a teaspoonful of glycerine after each meal. It will prevent and cure chapped hands. Two or three drops will often stop the baby's stomach ache. It will allay the thirst of a fever patient and soothe an irritable cough by moistening the dryness of the throat.

## EXTRAORDINARY!

AN OCCURRENCE THAT WAS MARVELOUS INDEED.

Not Merely a Relief From an Insignificant Ailment, But a Human Life Involved.

The newsgatherer on his daily search for items of interest often comes across happenings of more than passing note. It was during a recent conversation with Mr. A. H. Cransby, the well-known commercial traveler, with the Cochran Lumber Company, that a reporter of the Commercial learned of a wonderful case. Mr. Cransby is well known in Memphis and surrounding country, and now resides at 168 Kerr street.

"Just ten years ago," said he, "my wife noticed a small lump in her breast. She thought nothing of it, but it increased in size rapidly, and soon broke through the skin, and commenced to discharge. She was put under treatment of the best physicians, but they very soon found that they could do her no good, and simply prescribed antiseptics to keep the place clean. Both her grandmother and aunt, by the way, had died with cancer, and when apprised of this fact, the doctors told me that they would not attempt to save her; that she was incurable. Although the cancer had by this time become deep seated, and her health very low, I had one of the most noted specialists of New York to treat her. After treating her awhile, this doctor admitted that the case was hopeless and further treatment useless. It is difficult to imagine how despondent we all became, knowing that she must die, and unable to give her any relief. I had spent over five hundred dollars with the best medical skill to be had, and felt that there was no further hope.

"One day I happened to read an advertisement of S. S. S., recommending that remedy for cancer, and in view of the failure of the most eminent physicians in the country, I confess I had little faith left in any human agency. However, I purchased a bottle of S. S. S., and to my delight, it seemed to benefit her; after she had taken a couple of bottles, the cancer began to heal, and astonishing as it may seem, a few bottles more cured her entirely. You can probably better understand how remarkable this cure was, when I explain that the cancer had eaten two holes in the breast two inches deep. These healed up entirely, and although ten years have elapsed, not a sign of the disease has ever returned, and we are assured of the permanence of the cure, which we at first doubted.

"I certainly regard S. S. S. as the most wonderful remedy in the world, and it is truly a God-send to those afflicted with this terrible disease. Yes sir," he concluded, "you may be sure that I shall always be grateful to that remedy, for without it my home would now be desolate and my children motherless"—Memphis, Tenn., Commercial.

## The Age of Invention.

Mrs. Binns: My husband is fast broken. Mr. B.—What have you been doing? Mrs. B.—Trying to fix some of our labor saving machinery so it will work.—New York Weekly.



## KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs.

Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance.

Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.

DIRECTIONS for using ELY'S CREAM BALM.—Apply a particle of the Balm well up into the nostril. After a moment draw strong breath through the nose. Use three or four times a day, after meals preferred, and before retiring.

## CATARRH

ELY'S CREAM BALM Opens and cleanses the Nasal Passages, Allays Pain and Inflammation, Heals the Sore, Protects the Membrane from colds, Restores the Senses of Taste and Smell. The Balm is quickly absorbed and gives relief at once.

A particle is applied into each nostril, and is agreeable. Price, 50 cents at Druggists or by mail. ELY BROTHERS, 56 Warren Street, New York.

**MEN** DR. LIEBIG & CO., Special Doctors for Chronic Private and Venereal Diseases.

Dr. Liebig's Investigator the greatest remedy for Venereal Weakness, Loss of Manhood and Private Diseases. Overcomes Prematureness and prepares all for marriage life's duties, pleasures and responsibilities. \$1 trial bottle given or sent free to any one desiring symptoms; call or address 400 Geary St., private entrance 406 Mason St., San Francisco.

## LIKE A SIEVE.

The chief function of the kidneys is to separate from the blood, in its passage through them, or certain impurities and watery particles which make their final exit through the bladder. The retention of these in consequence of inactivity of the kidneys is productive of Bright's disease, dropsy, diabetes, albuminuria and other maladies with a fatal tendency. Hostetter's Stomach Bitters, a highly estimable and reliable blood purifier, impels the kidneys when inactive to renew their sifting function, and strain from the vital current impurities which infect it and threaten their own existence as organs of the body. Catarrh of the bladder, gravel and retention of the urine are also maladies arrested or averted by this benign promoter and restorative of organic action. Malaria, rheumatism, constipation, biliousness and dyspepsia also yield to the Bitters, which is also specially beneficial to the weak and nervous.

"He will be heard from in this world," He was. He mowed the lawn each morning Ere folks were out of bed.

## HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure!

F. J. CHENEY & CO., Props., Toledo, Ohio. We, the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. Wholesale Druggists, Toledo, O. W. L. BALDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Price, 75c per bottle. Sold by all Druggists. Testimonials free.

A man who has never had the toothache does not know the real pleasure there is in not having it.

## NEW WAY EAST—NO DUST.

Go East from Portland, Pendleton, Walla Walla via O. R. & N. to Spokane and Great Northern Railway to Montana, Dakotas, St. Paul, Minneapolis, Chicago, Omaha, St. Louis, East and South. Road built for fine scenery; new equipment. Great Northern Palace Sleepers and Dining; Family Tourist Cars; Buffet-Library Cars. Write C. C. Donovan, General Agent, Portland, Oregon, or F. I. Whitney, G. P. & T. A., St. Paul, Minn., for printed matter and information about rates, routes, etc.

I could not get along without Piso's Cure for Consumption. It always cures.—Mrs. E. C. Moulton, Needham, Mass., Oct. 22, 1894.

MUSIC STORE—Wiley B. Allen Co., the oldest, the largest, 211 First St., Portland, Ore., Chickering, Hartman, Fischer Pianos, Eskey Organs. Low prices, easy terms. 10-CENT MUSIC—Send for catalogue.

Guard yourself for summer malaria, tired feeling, by using New Oregon Blood Purifier.

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SICK HEADACHE, BILIOUSNESS, CONSTIPATION, INDIGESTION, DYSPEPSIA, POOR APPETITE, and all derangements of the Stomach, Liver and Bowels. Of all druggists.

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Sarsaparilla more than any remedy I have ever taken. I have never been robust and was subject to severe headaches, and had no appetite. Since taking Hood's Pills I am a well woman, have a good appetite and sleep well. I cordially recommend Hood's Sarsaparilla.—Mrs. S. M. GOREMAN, Fillmore House, Fillmore, California.

Hood's Pills cure all liver ills, biliousness, headache, 25c.

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