

### Heart Disease.

There is so much eroneous belief on this subject, that we deem it a fitting one to expatiate upon. And perhaps, at the outset, we shall startle most persons by the assertion that many men with heart disease early it forty and fifty years, and then die from some other cause entirely. That a man has this affection, does not imply, as many suppose, that he is "or few days, and full of trouble." Often-times it is of no trouble at all, even when seriously diseased and it may this subject, that we deem it a fitting when seriously diseased, and it may

when seriously diseased, and it may be carried for many a year, with the the same lack of symptoms, if care is taken in the general habits of life. Heart diseases are incurable as a general rule. They are beyond the reach of medicine, just the same as an anaputated limb is beyond the reach of medicine to make it grow out again. Most affections of this organ are due to some accident or disease of the valves. It is a pump-in matter of fact-and pumps blood to different parts of the body, as any other pump-would do if arranged properly, and placed in the same position-and its valves are just as liable to get out of order as any metal pump would be. If it could be gotten af, and these im-pertections and accidents attended to, it could all be made speedily well again; but it cannot, and it is thereagain; but it cannot, and it is there-fore just as useless to attempt to care by the use of medicine, as it would be A Pennsylvania paper tells of a cu-riously fital widow, a native of Wash-ington, in that State. Engaged for marriage in 1864 to a young unu named Roberts, a clerk in her mercau-tile buher's warehouse, she was so ef-fectually discouraged from the alliance by paternal threats and pride as to discard the clerk at last and give her hand to a confluence heating his own

> Rie day by day, therefore, of an indi-vidual with discree of the heart, should be the model of solerness and propriety. He should live cution-live low, live temperate. He should take only the most nutritious and di-gestive food, and that in quantities only sufficient for his sustemance. He only sufficient for its sufferences. The should avoid late hours, and over ex-ercise, and, in fact, should do nothing, mentally or physically, that would in any way interfere with his cardiac ap-paratus. This is indispensible, all of it, to his continued existence. The more relief out when attends to it the more religiously he attends to it the longer he may live; the less he attends to it, the shorter is his earthly career.

> enses are not always of so little con-sequence, and are often attended with serious dropsy, and general discomfort and misery. These are just the craces where improper us do of Uving is bringing things to a finale, and so one need ever attain that stage if he "knows himself," and takes a stirch in time.

WAT'S ZE NAME?-A Frenchman, a stranger in New York, stopped a lad in the street, and politely asked :

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The Perils of the Whale Fishery.

The Perils of the Whale Fishery. A correspondent writes: We are now within a cable's length of the nearest whales, a score of boats close in on our wake and another ship's boat lapping upon us. Grim old John Dagge, our first nate, seemed going mad, his eyes starting from their sock-ets, teeth clenched, and harebeaded. I could see the veins in his forebead and great brawny arms swell almost to bursting, as the fever heat of the chase came on. I pulled the after our, and as he guided the boat with one hand, his other, at every stroke, caught my our, throwing it against my breast, while its long blade quiver-ed like a piece of springing steel. Still the other hoat gained—creeping slowly abreast of us. "Pull, men—oh, if you love money, pull." Don't let that boat pass us

"Pull, men-oh, if you love money, pull! Don't let that boat pass us! Oh, spring, every mother's son of you -boys, if you love me, pull. A keg of terbacker among ye, if we get up to this whale! Ah, he blows? Oh, God, what a block-broader'n the old woman's parlor. Steady now, men-not a whisper if ye waint to live? One more strike-stand no, harpooner. Don't ye miss him, boy! look out when he rounds up-cool, my boy, cool-give it to him." Down under my oar-blade I saw a

cool-give it to him?" Down under my oar-blade I saw a luge black body, and the boat struck something harder than a wave. "Starn all' starn? I tell ye." thun-dered grin old Vickings; and I knew that we were fast. Heavens? how the line flew out, as, maddened with pain, the moster plunged downward. One-two-three hundred fathons of line out, not a sound in the boat, ave One-two-three hundred fathons of line cut, not a sound in the boat, save the cracking of the line as it runs smoking around the loggerhead, the mate fightening it every pound it would bear-every man braced firm in his seat, grasping his our and wait-ing. It mow the stender cord stack-enes for, tired and broathless, our ney ens, for, fired and breathless, our prey

is coming up. As 1 icm over the gunwale, the waters were clear as crystal, and I fan-cied I could see to immense depths in the caim and tranquil element. Is it possible a more than fabled giant is coming thence to battle with us? And in a few moments will it be his blood or ours that shall turn this pellucid blue to turbid crimson? A shout the role of the set of fifteen feet long, eievated in the air and bristling with sharp, gleaning white teeth. Ills rouring was fearful. Down to our oars, and in a moment our mate had his hance at work.

the city. In these "mountains of brick rubbish" lie whelmed the walls, the palaces, and the hanging gardens which once reared themselves so splen-"hundred barrel feller." At noon we had them alongside the ship, secures them with massive chains, made sail to gain an offing before beginning the work of cutting in. didly on the banks of the Tigris and

Much interest has lately been excit-Much interest has lately been excli-ed by the discoveries of Mr. Layari, the enterprising explorer of Assyrian antiquities. The most remarkable re-sults have rewarded his sagacious and persevering researches. Along the 'Ii-gris, for muny miles, lle a succession of vast mounds, which have long been considered as the remains of the mighty of vast mounds, which have long been considered as the remains of the mighty city of Nineveh. So great is the ex-tent of these mins that it renders in-telligible the account of the prophet Jonah, who proceeded "into, the city a day's journey" before commencing his fearful mission. At Kouvenjik and at Nimrod, (whose very mme seems to recall the

At Konvenjik and at Nimrod, (whose very name seems to recall the founder of the Assyrian empire), the most interesting discoveries reputid the zcal of the antiquarian. At the latter place, the remains of a heavy dam, built of heavy masoury, still obstructs the river, and the tradition of the ma-tives still ascribes its construction to Nimrod. Having commenced his ex-Nimrod. Having commenced his ex-cavations, the labors of Mr. Layard were soon rewarded by the discovery and eximmation of an enormous wing-edition, with a human head, sculptur-

ed in alabaster. "It was in admirable preservation. The expression was calm, yet majestic, and the ontline of the features showed a freedom and knowledge of art scarcely to be kooked have belonged to one of those fearful beings which are pictured in the tradi-

tions of the country as appearing to mortals, slowly ascending from the regions below."

regions below." As the work was steadily pursued, twenty-eight halls and galleries, filled with the wonderful remains of this strange species of civilization, were gradually brought to light. The dis-coverer was soon able "to behold chamber after chamber, hall after hall, unfold themselves, as it were, from the beaut of the earth, and assume unfold themselves, as it were, from the bosom of the earth, and assume shape, diagnsions, height; to watch the reliefs which line the walls gradu-ally disclosing their forms. As the rubbish cleared away, the slege and the battle and the hunting piece be-coming more and more distinct; and the king wearing more manifestly his lofty tiara, and displaying his undoubl-ed symbol of royalty; the attitude of the priest proclaiming his office, some-times his form and features, his imper-fect and effeminate manhood; the walls of the besieged citles rearing their battlements, the combatants grappling in mortal struggle; the horse curvi-ing; the long procession stretching out, slab after slab, with the troplics of victory or the offering of devotion;

of victory or the offering of devotion; above all, the huge symbolic animals, the buils or lions, sometimes slowly struggling into light in their natural forms, sometimes developing in their natural forms, sometimes developing in their human heads, their outspread wings; their downward parts—in their gigan-tic but just proportions—heaving off, as it might seem the encumbering earth." grappling the greatest living animal in a life and death struggle. No place in that boat for weak nerves. These Many of the walls were painted in dazzling colors, and everywhere stat-ues, reliefs and symbolic ornaments met the eye. The entire construction be earnest men, snatching subsistence for their families from out of the sea, and arrangement of an ancient Assy-rian palace were disclosed. "Three and conquering its king. He strives to escape, but the iron is galling, and spouting ten gallons of blood at every breath, he is growing weak. The great edifices of different periods, adorned by sculptures of different characters—one at the northwestern blood has covered us; and our old mate looks like the butcher he is. Oh! old felcorner, one is the center and one to the southeast-revealed to the light of low-your enemies have closed upon day the Nineveh perhaps of Ninus and Semiramis, of Shalmaaser and Senache-rib, of E-arbaddon and Sardanapalus." you, and know no fear. It is your life or theirs, and man triumphs over Many curious and elaborately carved But now the coup de grace is given, and he is dring. On his side, swim-ming blindly, he sweeps grandly around in a narrow circle, until at ornaments of ivory were found in a tolerable state of preservation, and, by a peculiar process, were restored to their former condition. Long inscriplast, heading toward the sun as vision tions, explanatory of the various events recorded in stone, have been carefully copied and engage the attention of an-riquarians. The list of a succession of kings has been detected by Mr. Lay-ard; and in his more recent excava-tion a chambar has been discovered grows more and more dark, a mighty three shakes the large form, a convulsive shudder as in a last vain struggle for life-and a huge, unwieldy mass, heaving upon the long swells, attests tion, a chamber has been discovered, in which tablets of terra cotta, covered man's supremacy upon water as well While we had been at work, the with inscriptions, were plled in great numbers. It is confidently hoped that the history of a large portion of manother boats had not been idle. When our whale reappeared from his first. mad plunge, the whole school had surkind, which for many ages had appar-ently perished, may thus be recovered. rounded him, or, in whater's parlance, "brought to," for there is a deal of and especially that the great chasm in Assyrian events, which has so long puzzled historians, may be filled up. houest sympathy in a school of sperm whales. A fleet of boats dashed in, and each quickly selecting its prey, commenced the work of death. A most remarkable correspondence has been discovered between these The scene was a perfect pandemoni-um: the whales entangled in many sculptured representations and those on the monuments of Egypt, so long the only rival capable of competing lines striving to escape; here one on his back, his great bristling jaw elevat-ed, and lines attached to other whales with Assyria. In each, the battles, spoils and trophies from foreign na-tions, are minutely represented. In each may be found sculptured the presentation of heads to the victorious wound round and round it; there another, trying to fight his way clear of the mass, dealing tremendous blows with "fukes" and fins. The sur-rounding beats press upon them, the lances flashing in the sunlight, the shouting crews covered in blood, wild monarch, and a scribe carefully enrol-

Enphrates. The present inhabitants of this once Modern Discoveries. renowned region, are mostly ignorant Arabs, governed by their almost equally ignorant and bigoted masters, the Turks. Every obstacle (probably with view to extortion) was at first placed in the way of the enterprising discov-erer. At one time he was stopped, by erer. At one time he was stopped, by order of the pasha, under pretext that he was disturbing, by his excavations, the tombs of the "true believers," The appearance of a cemetery was certainly found, but, as it proved, con-structed by the orders of the wily gov-ernor bimself. "Dated Agha," says Wr. Unward wordfassed to me on our

# A Pennsylvania paper tells of a cu-

to another oace more. The second marriage took place, and in a year and a half thereafter the happy pair and a half thereafter the happy pair removed to Syracuse, where epidemic cholera promptly made the haly a widow again. Roberts, still in his Washington clerkship, heard the news and experiences a revival of knightly courage. For a third time would be seek the bewitching prize; with more speed, but not less circumspectly than before. His plan was to let just one year of the small mourning clapse, and then write the fair mourner a and then write the fair mourner a terse but ardent offer of his hand and heart. At the end of a twelvemonth be did write thus, and his answer was an invitation to attend the wedding of an invitation to attend the wedding of the widow with her late Insband's business partner. The lady, not long after the ceremony, departed with her flege lord for Detroit, Michigan. Two or three years passed away, and husband and wife were on a steamer which went down in a terrible winter storm near Buffalo. A mongst the many lives lost was that of the hus-band; but by the gallantry and good swimming of a rich young merchant from Pittsburg, the wilow had her sorely imperiled life preserved to her, and in a very few months afterward

and in a very few months afterward be evinced her gratitude to her gallant preserver by marrying him. It was a foregone conclusion, of course, that the deadly lady should survive this gentleman, too. One day a tierce of rice falling through a hoistway in his store killed the merchant of Pittsburg like a rat. Among those attracted from the street by the catastrophe was Roberts, who had come fron Washington on business and chanced to be passing at the time. Simultaneously the off-baffled wooer realized his new hope, and that a fleet clerk had already started to apprize the bereaved wife of her fourth widowhood. Re-solved not to be beaten again, and by a clerk, he tore frantically away toward the home of his old love, at breakneck speed, and reached the fatal presence in advance of all other messengers. He was recognized, told the lady of her loss, and begged to be considered her true-t and most constant friend on earth. So he won her at last, and they were married within a year, the frightful warning of the deaths of his ill-fated predecessors having had no more effect upon him than it he and they were "very different people." GOOD RULES FOR ALL .- Profane swearing is abominable. Vulgar lan-guage disgusting. Inquisitiveness is offensive. Tattling is mean. Telling intensive, rathing is mean. Teiling lies is contemptible. Slandering is devilish. Ignorance is disgraceful. Avoid all vices and aim at morfulness. This is the road in which to become respectable. Walk in it. Never be ashamed of honest labor. Pride is a curse—a hateful vice. Never act the burgering. Kan mod hypocrite. Keep good company. Speak the truth at all times. Never be discouraged, but persevere, and mountains will become molehills.

Mr. L'ayard, "confessed to me on our way that he had received orders to make graves on the mound, and that

his troops had been employed for two nights in bringing stones from distant villages for that purpose. We have destroyed more real tombs of the true everys,' sold he, 'in making sham ones, than you could have defiled be-tween the Zab and Sclamiyah. We have killed our horses and ourselves in carrying those accursed stones.""

# A Killing Widow.

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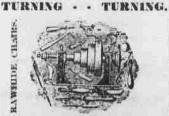
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Apparently the most ancient monu-Apparently the most ancient mond-ment yet discovered in Nineveh is an obelisk of black marble, on which are sculptured figures of the elepiant, the rhinoceros, and a tribe of monkeys; thus forcibly carrying back the mind to the time of Sculiramis, and to her Eastern trophies, or perhaps those of her successors.

A Kansas lady on retiring to her room one night, found it literally filled with martins, which had flown in during her absence. Instead of harshly turning them out into the cold, the kind-hearted lady captured nearly all

floating in a sea of blood. But, one after another, breaking away from the entangled mass, went into his "flurry." and, dragging after him the boat, its officers still plying the lance—the monster, forsaken by the school, yielded and turned "flu-np." Our ship secured three of the prizes, among which our boat captured the king, being what is termed a

"Mon friend, wat's ze name of zistreet?"

"Well, who said it wasn't?" replied the boy.

"Wat's you call zis street?"

"Of course we do." Pardoanez! I have not ze name; what you call him?" in te r

"Yes. Waits, we call it." "Zis street?"

"Zis street?" "Watt's street, old fellow; and don't you try to make game of me." "Norre nom de Dien? I ask you one, two, tree several time, often, will you tell me ze name of ze street, ch?"

"Watts, street, I tell you. You're drunk, ain't you?'

"Mon little fren, vere you live, ch" "In Vandam street." "Eh biend. You live in von dam

street, and you is you d-d fool?"

And they parted, entertaining a high opinion of each other's politeness.

A Pourtsmouth (N. H.) paper says that there is a dog in this city, only six months old, that chews tobacco and will take an intoxicating drink whenever invited. In fact, he will whenever invited. In fact, he will get "as drunk as a lord" as often as he has an opportuality. We can hard-ly Telieve it! That "a ford" or any other human being should get drunk and dissipate in the most instate man-ner is not at all to be wandered. ner, is not at all to be wondered at: but that a dog or may other respecta-ble beast should degrade himself in this way, is truly deplorable, and it is very hard, for us to have our good opinion of the canine race brought down by a depraved pup like this of Portsmouth. - Ere, Mill

Guest—"How comes this dead fly in my soup?" Walter: "In fact, sir, I have no positive idea how the poor thing came to its death. Perhaps it had not taken any food for a long time, dashed upon the soup, ate to? much of it, and contracted an inflam-netion of the soup, but here it. ---mation of the stomach that brought on death. The fly must have a very weak constitution, for when I served the soup it was dancing merrily on the surface. Perhaps-and the idea prosents itself only at this moment-it endeavored to swallow too large a

piece of vegetable; this remaining fast in his throat, caused a choking in the windpipe. This is the only rea-son I could give for the death of this insect,"



with excitement and joy. The waves caught a bright red that; we were floating in a sea of blood.