

Homemaking...

Three Nicaraguan Recipes Submitted by Mrs. Hooker

Mrs. Carmen Hooker of Hillsboro has sent in three recipes she brought with her from Nicaragua. Of the recipe for Nicaraguan Rice she says, "It can serve as a good substitute for meat, and rice is an excellent food which can take the place of potatoes as a starch."

Arroz Nicaraguense

(Nicaraguan Rice)

- 1/2 pound ham
- 1 pound rice
- 1 large onion
- 2 olive
- 2 large pickles sliced
- 1/2 bell pepper
- 1/2 T shortening
- 1/2 T hot water
- 1 T salt

Mix ham in shortening with onion and pepper. Then add rice and fry for one minute. Add water, salt, olive, and pickles. Stir well and cook over low fire for about 20 minutes.

About the Rice and Red Bean recipe, Mrs. Hooker comments, "Here again is an excellent dish as a meat substitute and is a very tasty dish. Rice and beans go well if this recipe is followed to the letter."

Gallo Pinto or Casamiento

(Rice and Red Beans)

- 1/2 pound red beans
- 1 1/2 pounds rice
- 1/2 pound ham or bacon
- 1 T salt
- 1 large onion
- 2 T shortening
- 1 T black pepper

Boil beans with ham until soft. Add onion, black pepper, fat, salt. Then put in rice and sufficient water to cover rice and cook over a low fire for 30 minutes. Stir mixing everything together.

Bananas en Gloria can be served as a dessert. But Mrs. Hooker reports that in Latin America we use it as a part of the main meal and a dessert comes after. This really made from another large banana called "plátano." It is not on sale in this part of the United States, so we can use the ordinary banana found in the stores.

Bananas en Gloria

(Bananas in Gloria)

- 1 dozen ripe bananas
- 2 eggs
- 1 T cinnamon
- 1/2 cup yellow cheese
- 1/2 cup sugar

Peel bananas and slice and fry them in shortening. Beat eggs and add sugar, milk, cinnamon and grated cheese. Then mix in fried bananas and bake in moderate oven for about 20 minutes.

Women's Hair To Stay Short

Women's hair styles will definitely stay short at least until next spring. This is the news Don Johnston brought back from a California trade show and style show in San Francisco last week sponsored by the California Association of Hairstylists.

Johnston explained that millinery and gown styles are being made to go with short hair, and that no change in trend is expected in the hair future.

Hair will be styled to go away from the face and off the ears instead of sweeping down toward the face, he said. He told of one style that was shown in which the hair was very short in back looking much like a single Johnston said he felt the style was not feminine enough, and predicted that the most favored length would be about two inches.

New techniques in color treatments were also demonstrated at the show. Among them were silver dollar gray, smoke gray, and a new method of making the hair transparent to look like spun glass. This latter treatment, he said, looks best on women with dark complexion.

The Oregon Beauticians association, of which he is a member, planned to nearly every division of hairstyling competition. Johnston is associated with Doris Beauty Shop.

Say you saw it in the Argus

Academic Attraction



Colorful plaid slacks.

By VERA WINSTON

SLACKS CERTAINLY should stack up plenty of college credits far, with a sweater they add up to the most popular workaday costume for collegiate wear. Red, green, blue and yellow in big bold plaid blocks is the color scheme of this pair of lounging slacks made with classic trouser-pleated waist and a black velvet belt. A sweater type jersey blouse in yellowish beige with a black velvet collar completes the outfit.

Fire Accidents Lead in Causing Child Fatalities

Fire continues to lead causes of accidental deaths in youngsters. In five, fire authorities warn, and accidents are still the leading cause of death in young children. One-third of all home accidents of small children are caused by burns.

More than 2,000 children in the one to five age-group are killed by fires, burns or scalds annually, the National Board of Fire Underwriters has announced.

The safest year for children from all accidents and disease, according to life insurance statistics, is age 11. Children that age are better able to take care of themselves, are not so susceptible to children's diseases, and yet are still young enough not to wander too far from home.

Great strides have been made in fighting the children's disease, but fire continues to take its yearly toll. The national board urged parents to use Fire Prevention Week this year to establish these few home rules for their children's safety.

1. Keep children in sight at home. If possible, keep them out of the kitchen.
2. Keep matches out of their reach at all times.
3. Turn pot handles inward on stoves so that children's hands can't reach them.
4. Place a metal screen in front of the fireplace where children are likely to play.
5. Don't dress children in flimsy cottons or net fabrics. Many manufacturers flameproof their masquerade costumes. Look for this information on the label.
6. Don't permit exposed electric cords to go unrepaired. Buy only those electric toys and household appliances that bear the Underwriters' Laboratories Inc. "U. L." label.
7. Instruct your baby-sitter on what to do in an emergency. Give her a telephone number where you can be reached during the evening. Show her how to call the fire department. Explain that in case of fire she should get the child out of the house first and then call the fire department.

Say you saw it in the Argus.

Round Our Town...

By June Goetze

Now that Halloween is but a couple of weeks off, stores are getting in lots of wigs, masks, and party materials. Long-haired wigs vary according to taste. One is for a witch in an eerie shade somewhere between black and gray. Another is braided for Indian-style puppets. Then there's a bright orange one that's practically guaranteed to frighten the beholder.

Masks are in all styles and degrees of frightfulness. There are the old faithful half-masks in black, colorful, or even white. Related to be luminous in the Halloween darkness. Then there are owls, monkey heads, and all manner of imaginary beasts. One rainbow-colored face has oversized ears in bright aqua pink, and yellow.

Then there are the usual pumpkin-style jack-o'-lanterns. One type has a metal holder inside to keep the candle where it belongs. A flat piece of metal fits over the flame to hold it in bounds.

There's all the usual party stuff—paper plates, napkins, cut cups, and everything. There are bright black and orange candles for the table, too.

Candies sure to buy off threatening "trick-treaters" are corn candy, jellybeans, and mixed candies. There are the special Halloween mixtures with miniature pumpkins and all.

Just last week a shipment of Hummel figurines arrived. They show the typical Hummel boys and girls in their naturalistic poses. One has a boy with horns in hand teaching a tiny bird to fly. The right notes. Another is a skier with knees bent and scarf flying. There's a great variety of designs, although not many of each. During the war, these figurines were not made, because their designer is a Franciscan nun in Germany. They are reaching the public today through the office of the military government for Germany. Royalties from their manufacture fairly support the members of Sister Hummel's order and their charitable work.

Pottery fanciers have doubtless spotted the square hand-mold sets with frosty looking edges. It's made in California by Mel and comes in rich shades of turquoise, burgundy, and chardonnay.

Greeting cards have little kittens with fuzzy tails, they're really made of feathers, but they look like angora fur. Then there's a kitten with glittery green eyes to delight anyone on a birthday.

It's not too early now to look around for Christmas, and one of the little tots' T-shirts that proclaim their owners are from Hillsboro is sure to please. But for right now, while the World Series is still fresh in memories there are the Big

League T-shirts. They're approved by Good Housekeeping, too.

The wonders of nylon are still hitting the field of men's clothing. Now it's nylon for men. They're brushed for softness and have the usual nylon qualities of holding their shape and drying quickly.

Basket-weave nylon sweaters for girls are selling at a new low price. They're in pastel shades, and naturally, are washable.

Another idea for a Christmas present is one of the Walt Disney pictures that glow in the dark. They have the familiar Disney characters—Bambi, Thumper, and other animals. They really glow, too. We tested them.

These are just a few of the interesting things we found while shopping Round Our Town. For details on where they may be purchased, we'll let you know at the Argus office.

Hillsboro Woman Sews Giant Sizes

Large casts worn by veterans at Barnes hospital in Vancouver make standard-sized pajamas about as useful as a piggy's rainbow in a thunderstorm. After the social director at the hospital mentioned the problem Mrs. Arline Eslinger, chairman of Red Cross production in Hillsboro, settled down to her sewing machine and turned out two pairs of brightly-striped pajamas—size 56.

Red Cross workers in Clackamas county heard about Mrs. Eslinger's work, and said they would like to buy some of the extra-large pajamas if she will make some more. And as the word gets around, it looks as if Mrs. Eslinger will receive many orders for her original project.

Directs Wildlife Study
Gladys J. Murie, 1932 graduate, will receive the degree of Doctor of Science. The honor is given in recognition of her study of the elk or wapiti, and for her directorship of the Wilderness Society, national organization making scientific studies of wilderness areas.

Read and use Argus Classified Ads.

Aloha Man Among Those Honored at Pacific Gathering

Three Pacific university alumni, a poet, a naturalist, and educator, will receive honorary doctorates at 2 p.m. Saturday at the Centennial Convention for distinctive work in their respective fields. They are Verne Bright of Aloha, who recently completed a book-length poem entitled "Mountain Men"; Gladys J. Murie, director of The Wilderness Society in Washington, D. C.; and Robert T. Oliver, chairman of department of speech at Pennsylvania State college.

Verne Bright of Aloha, who graduated magna cum laude in 1923, will be granted the honorary degree of Doctor of Letters for his creative work in poetry, particularly for his book-length poem, "Mountain Men," 1944, described as "the best book-length poem written west of the Mississippi."

His narrative poem, the imagined adventures of a grandson of Daniel Boone renamed Jefferson Boone, was based on a study of over 300 books. Most of the incidents in the book actually took place. Bright, who came west at the age of 11 to work in the woods and mills of Washington, was part-owner of the Beaverfoot Review for one year, spent some time working as state editor of Oregon Writers Project and Historical Records Survey, and has engaged in teaching and free-lance writing.

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Home Cleaning Risky

Cleaning clothes at home with gasoline has caused many fires, the National Board of Fire Underwriters reports. Gasoline should never be used for any purpose around the home, the fire experts say. They suggest that cleaning fluids bearing the label of Underwriters' Laboratories be used if home cleaning is absolutely necessary.

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