

# Homemaking...

## Health for All

**Patience Important in TB**  
Acute diseases have a relatively brief onset, are accompanied by pronounced symptoms and cause almost immediate indisposition. These diseases usually run their course in a short time, resulting in recovery or death, depending upon the severity of the disease and the promptness and adequacy of treatment.

In contrast are chronic diseases which frequently have a slow onset, without readily identifiable symptoms and without causing immediate indisposition. Pulmonary tuberculosis is a disease of the latter type. Its symptoms may not become apparent until weeks or even months after the lung has become diseased and the individual may not be aware of his illness until the disease has progressed—unless he has formed the excellent habit of having his chest X-rayed at regular intervals. Since the X-ray can "see" tuberculosis before a person knows he is ill, even apparently healthy people should have chest X-rays at least once a year.

Just as the onset of this chronic disease is slow, so is recovery. One of the first lessons the tuberculosis patient must learn is patience. He will in all probability be advised to enter a sanatorium or tuberculosis hospital because there he can best obtain the rest, under medical supervision, which is so essential in the treatment of tuberculosis.

As the patient responds to treatment and feels better, he may think he can go home. However, he should not consider leaving the sanatorium

until the doctor tells him it is perfectly safe for him to do so. The patient must remember that the doctor is better informed of his progress than the patient himself and will advise him as soon as he can leave the hospital without jeopardizing his health.

TB patients who leave the sanatorium against medical advice are running a two-fold danger. Their disease is apt to grow worse and another period of hospitalization will be required which may be longer than the original period. Furthermore, the disease may still be in a communicable stage and the patient, in returning home, may endanger the health of his family and friends.

Regardless of how well a TB patient may seem, both he and his family should realize that the safest course for all concerned is for him to remain in the hospital until he receives his medical discharge.

This column is sponsored, in the interest of better health, by Washington County T. B. & Health Association, Inc., Room 3, Petersen Building, Hillsboro, Oregon.

**HOUSEHOLD HINT**  
White cottons and linens may need to be bleached occasionally. Use a bottled chlorine bleach and follow directions carefully as to the quantity to use. Mix bleach thoroughly with the first rinse water and rinse at least twice at regular intervals. Since the X-ray can "see" tuberculosis before a person knows he is ill, even apparently healthy people should have chest X-rays at least once a year.

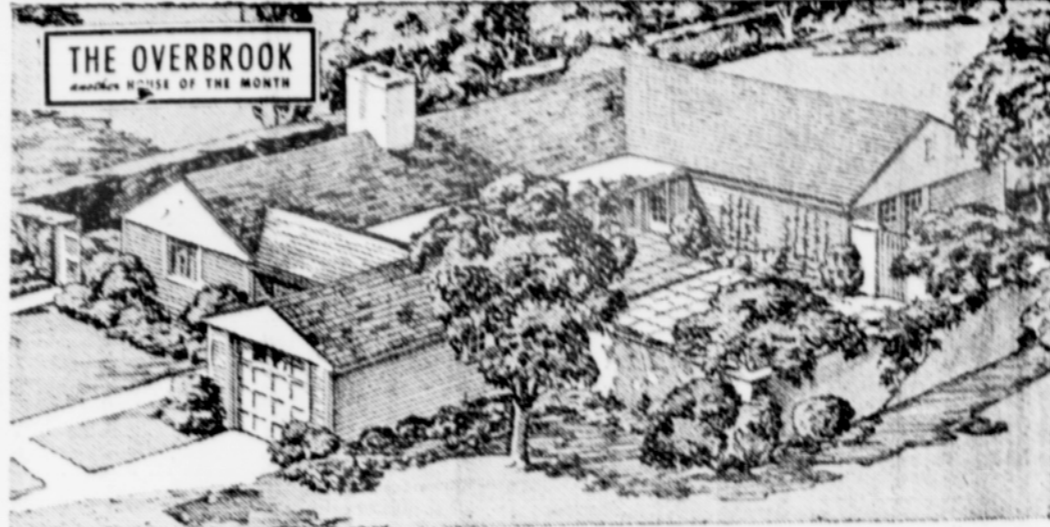
Read the Argus Classified Ads now—then act quickly before someone beats you to it.

## Autumn Ensemble



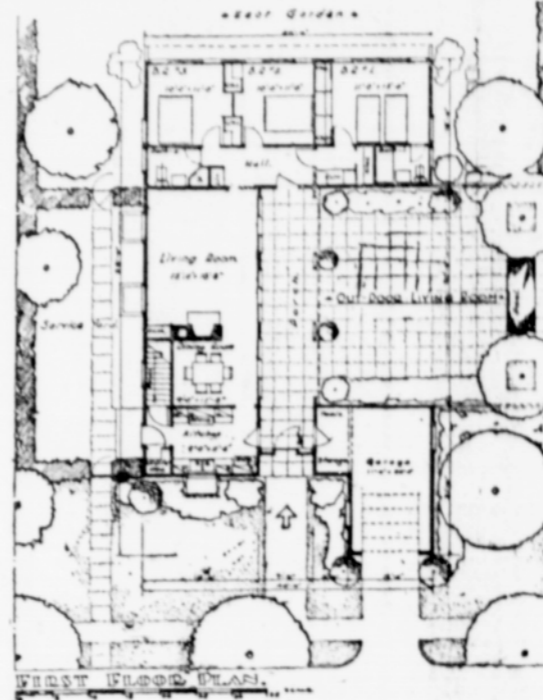
A handsome tweed outfit.

Beautiful color tones distinguish the autumn dress parade. Linton tweeds in a lavender shade is combined with purple wool jersey to make this charming coat and dress ensemble. It is wearable, young, and good for travel, college and general wear. The one-piece dress has a two-piece look and uses set-in bands of the tweed to outline the deep armhole. The coat is simple, loose-swinging, and is lined in the purple jersey of the dress top.



Exclusive Design of Monthly Small House Club, Inc.

Picturesqueness is outstanding in this low, rambling ranch style structure from the new post war series of All-American Homes. The three structures efficiently separate three living units: kitchen, storage and garage—living and dining room, porch and outdoor living room—sleeping quarters. Six rooms in all with two baths, seven closets and a utility closet. The kitchen has one porch entrance and one side service entry leading to the basement stairs. All have bedroom picture windows; the garage has overhead doors; and a recreation room is provided under the living room. Electrical wiring approved by the National Adequate Wiring Bureau; FHA-standard design; \$7.50 obtains blueprints and specifications from the Monthly Small House Club.—Write in care of the Argus.



## PUBLIC NOTICES

(Continued from Page 3)  
Building, Portland, Oregon, at 6600 SW Vermont Street, Portland 19, within six months from October 7, 1948.  
DAVID S. THOMAS, Administrator.  
HICKS, DAVIS & TONGUE, Attorneys for the Administrator.  
Sept. 23, 30, Oct. 7, 14, 21, 1948.

Estate: Louise P. Mosher  
**NOTICE OF FINAL ACCOUNT**  
Notice is hereby given that the undersigned, Executor of the Estate of LOUISE P. MOSHER, deceased, No. 6614 has filed his final account in the County Court of the State of Oregon for Washington County and that Monday, the 15th day of November, 1948, at the hour of 10:00 o'clock A. M. and the courtroom of said court has been appointed as the time and place for the hearing of objections thereto and the settlement thereof.  
Dated and first published, October 14, 1948.  
Date of last publication, November 11, 1948.  
L. W. HOBBS, Attorney for Executor, 127 Pines, B. S., Portland, Oregon.  
(Oct. 14, 21, 28, Nov. 4, 11, 1948)

Estate: Don Cummings  
**NOTICE** The County Court of Washington County, Oregon, has appointed me administrator of the estate of DON CUMMINGS, deceased. All persons having claims against said estate are required to present them with proper vouchers to me at the office of P. L. PATTERSON, Commercial Bank Building, Hillsboro, Oregon, within six months from September 23, 1948.  
P. L. PATTERSON, Attorney for the Administrator.  
Sept. 23, 30, Oct. 7, 14, 21, 1948.

Estate: Paul Heuschkel  
**NOTICE** The County Court of the State of Oregon for Washington County has appointed the undersigned Executor of the will and Testament of PAUL HEUSCHEL, deceased. All persons having claims against said estate are required to present them, with proper vouchers, to be undersigned at 542 East Main Street, Hillsboro, Oregon, within six months from September 23, 1948.  
E. J. McALEER, Attorney.  
Sept. 23, 30, Oct. 7, 14, 21, 1948.

Estate: John H. McFae  
**NOTICE** The undersigned has filed his final account in the estate of JOHN H. McFae, deceased, in the County Court of Washington County, Oregon, and said Court has appointed Saturday, the 13th day of November, 1948, at the hour of ten o'clock a.m. of said day as the time, and the Court room of said Court as the place for hearing objections thereto and the settlement thereof.  
Dated October 14, 1948.  
AMOS WATKINS, Executor.  
W. G. HARE & F. E. STURGIS, Attorneys.  
(Oct. 14, 21, 28, Nov. 4, 11, 1948)

Estate: E. D. Bentzen  
**NOTICE TO CREDITORS**  
In the County Court of the State of Oregon for the County of Washington, In the Matter of the Estate of E. D. Bentzen, Deceased.  
Notice is hereby given that the undersigned has been appointed administrator of the estate of E. D. BENTZEN, deceased, by the County Court of the State of Oregon for Washington County, and has qualified. All persons having claims against said estate are hereby notified to present the same, duly verified by law required, to the undersigned, at the County Clerk of Washington County, Hillsboro, Oregon, or at 1212 Failing Building, Portland, Oregon, within six months from September 23, 1948.  
(Continued on Page 5)

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## peg's corner

—By Peg Oslund

With Halloween just around the corner, Mrs. Lewis Wence thought you might like to have a recipe to make "Trick or Treat" candy for hand-outs.

**Peanut Brittle**  
2 cups white sugar  
1/2 cup light syrup  
1/4 cup water

Combine these three ingredients and let come to a boil, boiling until mixture turns a light brown.

1 teaspoon and 1 tablespoon butter or margarine. Let boil up then add peanuts. (If you don't use salted nuts, add salt to taste.) Stir well and let come to a boil again. Now add 1 heaping teaspoon soda, stir well, and pour immediately into a well buttered pan spreading thin.

Thank you Mrs. Wence.

Mrs. Frank W. Peterson sent in her favorite recipe for Italian Spaghetti for this week. She says that if commercially canned tomatoes are used the ones with puree and trimmings are more desirable due to the large amount of juice. Here's how:

2 tablespoons olive oil  
2 tablespoons butter  
2 chopped medium onions  
2 cloves garlic, cut small  
1 small green pepper, chopped  
2 tablespoons chopped parsley  
1 large can tomatoes  
2 cans tomato sauce  
2 teaspoons Worcestershire sauce  
3 tablespoons Parmesan cheese, salt and pepper to taste  
1 Bay leaf, if desired  
1 package long spaghetti  
1 pound hamburger

Cook first five ingredients together until tender, add meat and brown. Add all of the remaining ingredients except the spaghetti. Simmer for three hours. Drop spaghetti in salted boiling water and cook until tender. Drain spaghetti and place in large bowl or platter.

Pour over the sauce and sprinkle generously with grated Parmesan cheese. The Bay leaf should be removed before serving.

Thank you Mrs. Peterson. It sure sounds good!

## Scholarships Go To Local Students

Three men from Cornelius are among the 14 freshmen who will receive the Sears Roebuck scholarships at Oregon State college. They are Richard L. Moeller, Charles F. Krueger and Norman Goetze. All students are in the school of agriculture.

Each scholarship is for \$100 to be used during the freshman year in college. One \$200 scholarship will be given to the most outstanding man of the group for use during his sophomore year.

The awards were made on the basis of scholarship in high school and leadership in high school activities, especially in 4-H and Future Farmers of America work.

## Norma Kroeger Gets OSC Honor

Norma Lou Kroeger of Hillsboro, a senior in education at O. S. C., was recently elected to the Associated Women Students' board of reference. The board is a new organization on the campus this year. It was formed to counsel the women of Oregon State college on individual problems.

The counselors were chosen for the respect they hold among their fellow students, for being known among the women of the campus and for their counseling and guidance abilities.

Miss Kroeger is president of her sorority, Sigma Kappa, president of the House Presidents council and a member of Mortar Board, senior women's honor society.

## Chess Meeting Set

Persons interested in forming a chess club are invited to attend an informal get-together Tuesday at 7 p.m. at the home of Mr. and Mrs. C. T. Richardson, 4341 N. Third avenue, Hillsboro.

## Words of the Wise

Persons educated in intellect and not educated in morals and religion, will become a menace to our nation.—Theodore Roosevelt



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