

Friday National Public Health Nursing Day; Open House Saturday

First annual National Public Health Nursing Day Friday, January 26, will be observed throughout the nation. The theme for this day will be "Know Your Public Health Nurse, Who She Is, What She Does." The event will be observed here with an "open house" Saturday morning at the county health office.

Dr. Hollister M. Stolte, a medical doctor with a year of special preparation in the direction of public health services, directs the health departments at the present time in both Yamhill and Washington counties. Public health nurses who make up his local staff are Miss Corinne Pennington, Miss Elizabeth Panck, and Miss Ruth E. Mulkey.

According to national standards a nursing staff should be maintained on a basis of one nurse to every population area of 5000 people. With Washington county's population nearing the 50,000 mark it is expected that in the postwar period the service may be enlarged.

AAUW Study Club Hears Two Reviews

A A U W International Relations study club will meet tonight (Thursday) at 8 o'clock with Miss Evelyn Rimel, in the Ireland apartments Mrs. H. W. Curran will review two books, "Basis of Peace in the Far East," by Nathaniel Peffer, and "The American Role in Asia," by Harry Howard. Mrs. Georgia Smith will also give a report on the books in the library on the Far East.

Hostesses for the meeting are Miss Evelyn Rimel and Miss Margaret Ruecker.

FREE AIR

By Mick

Howdy Folks! The housing shortage reminds me of the army wife I heard the other day say that they had finally gotten a house—three rooms and a path.

A speedometer may tell you how far the car had gone, but not how far the people in it have gone.

But no matter how far your car has gone, it will run smoother with a MAR-FAK LUBRICATION at CHAPMAN'S.



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SERVICE STORE
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to approach the nation's minimum standard, which would be 20. Saturday morning, between the hours of 9 and 12, "open house" will be held in the county health department at the court house in observance of National Health Nursing Day, and to give people of the county an opportunity to meet Dr. Stolte and his new acquaintance with the staff of nurses.

Beckers Honored On Anniversary

Mr. and Mrs. Herman Becker of 222 East Mainline celebrated their 30th wedding anniversary Sunday at the home of their daughter, Mrs. Delbert Van Aken, in Forest Grove. A dinner party was given and other guests were Mr. and Mrs. Harry Becker and family of Woodburn, Mr. and Mrs. John Becker, Mr. and Mrs. Max Kilian, and Mrs. Minnie Meyers, all of Portland.

Scholls Junior Club Plans Valentine Party

Scholls Junior Women's club met Tuesday, January 16, at the home of Mrs. Frances Jackson, with Mrs. Vera Lettich as assistant hostess. Eleven members and four visitors were present. Mrs. Lettich gave a talk in the interest of the "March of Dimes" drive. The club voted \$5 for this fund. Three new members, Mildred Bellamy, Delores Shipley, and Blanche Lewis, were voted into the club. Plans were discussed for holding a fund sale in Hillsboro in February, with the ways and means committee in charge. The next meeting will be at the home of Charlotte Hosenman and all members are urged to be present.

Members and their friends will have a Valentine party at the home of Mrs. Vera Jack Saturday, February 10.

Beneficiaries Club To Meet on Friday

The Old Age Beneficiaries club will meet Friday night at 7:30 in the Legion hall. Speakers from Portland will be present with a social hour to follow the business session. Members are requested to bring cake for the birthday anniversary.

Social Circle Meets Today— Social Circle of the Congregational church will meet this afternoon at 2:15 at the church. The program will feature poems of Robert Burns, who was born January 25, 1739. Devotions will be led by Mrs. Arthur J. Sullivan, and the hostess committee includes Mrs. J. M. Person, Mrs. Fred Sewell and Mrs. W. J. Enschede.

Needlecraft Club Meets— Needlecraft club will meet Thursday, February 1, at 2 p. m. at the home of Mrs. A. K. Picken, 233 South Fourth avenue.

WHY BE FAT?
Get slimmer without exercise
You may lose pounds and have a more slender, graceful figure. No strenuous exercises. No dieting. With this AYDS plan you don't cut out any meats, starches, potatoes, meats or butter, you simply eat them less. It's easier when you enjoy delicious (vitamin fortified) AYDS before meals. Absolutely harmless.

In clinical tests conducted by medical doctors, women have lost 14 to 18 lbs. average in 8 weeks with AYDS. Write for a free booklet with AYDS before meals. Absolutely harmless.

Try a three-day box of AYDS. 30-day supply only \$2.25. Money back, if not satisfied. Phone 5-1234. Palm Drug Store.

5 Reasons Why You Had Better SAVE This Dollar

This is a wartime dollar. It looks just the same as it did before the war. But it is not the same.

Here are 5 things it can not do:

1. It can't help you buy a new car now.
2. It can't help you buy a new radio now.
3. It can't help you build a new home now.
4. It can't buy the quantity it could before.
5. It can't buy the quality it will later.

But you can make this wartime dollar do these things later just by saving it. Plan your spending, plan your saving. Work it out in black and white, to assure better spending control, greater saving. Saving means helping to keep the dollar sound, to maintain its buying power. And saving means buying War Bonds regularly and putting money in the bank for emergencies.

PLAN YOUR SPENDING FOR YOUR COUNTRY YOUR FAMILY YOURSELF
Help the nation's efforts to keep your living costs DOWN, the buying power of your dollar UP.

This advertisement is approved by the Office of Economic Stabilization

The COMMERCIAL NATIONAL BANK of Hillsboro
MEMBER FEDERAL DEPOSIT INSURANCE CORP.

Racial Question Theme of Speech At B. P. Meeting

The best white people are friends of the negro, they are too big for prejudice," said Dr. J. James Glaw of the Mt. Olivet church, Portland, in an address before the Business and Professional Women's club Friday night at the chamber of commerce. His talk dealt with the racial question. The American Creed will come out on top, according to the speaker, as there is a determination to hold to the creed. "Curse of the south is its racial attitude," said Dr. Glaw. "Maintaining the rigid caste system by law holds it back in many ways. In the south the best negro can rise no higher than the lowest white man." He said Dr. George Washington Carver had done more for the south than most citizens but could rise no higher than the least educated white. The expense of maintaining this system was very expensive, he said, as two schools, stations, etc., had to be built. He cited an incident where a negro was determined to enter law school in Madison, but was denied the privilege of attending any university in the state, so a special school had to be built for him. This was according to the law as interpreted by the courts. Only negroes acting as servants are given any consideration whatever. All negroes are treated as inferior and segregated and private hospitals will not admit them. Negro doctors are not allowed to practice in hospitals.

Negroes get the little end of education in the south, five times as much being spent for a white child as for a negro. In Portland, he said, he was working for better housing facilities for negroes in order to prevent race riots such as the east has experienced. The negro race is like ours, some good and some bad. "It is folly to hate people and folly for them to hate us. Search for the truth and what you find it stay with it," he admonished. His wife accompanied him. Club songs led by Mrs. Maude Stannard with Mrs. Jessie Sowell at the piano were other program numbers.

A report of bonds purchased since last meeting totaled \$2275. Miss Corinne Pennington, guardian of the Apalach Camp Fire group, sponsored by the club, introduced Mrs. Ernest Zimmerman, the new leader, and also asked if the club would be willing to start a traveling basket to raise money for the group. It was voted to do so.

The international relations committee had charge of the meeting. Southern states was the travelogue theme, and the menu was carried out in Southern dishes, with clever table decorations of cotton bouquets and "Shower Box" characters with a miniature show boat on the head table.

Couple Charivariad

A group of friends and neighbors surprised Mr. and Mrs. Ronald Smith with a charivari and shower at their home near Banks Sunday evening. The evening was spent in playing cards. Refreshments were served. The couple received many beautiful gifts. Mrs. Smith is the former Cora Phelps of Hillsboro.

Eslingers Visit Daughter— Mr. and Mrs. Clem Eslinger left Wednesday for San Francisco to visit their daughter, Cpl. Alma Eslinger, who is stationed there with the marine supply depot. They expect to be gone a week or ten days. Their son, Cpl. Raymond (Bud) Eslinger, is at the army air base, Millville, New Jersey, where he has been the past year.

Here From California— Mrs. C. D. Hudson of Portland and her mother, Mrs. Grace Norton of Stockton, Cal., visited last week with their relatives, Mrs. R. Hoberg and Mrs. Dave Kent, and families. The Hudson family formerly resided in this community before moving to Portland.

Card Party Tuesday— St. Matthews Altar society will sponsor a "500" party Tuesday night at the school hall, beginning at 8:15.

Hazel Crossman Weds Kenneth Bell

KINTON—The wedding of Hazel Crossman of Newberg and Kenneth Bell, son of Mr. and Mrs. Roy Bell, formerly of this community but now residing at Dayton, was an event of last Tuesday, January 16. The ceremony was performed at 7:30 in the evening at the Catholic church in Newberg.

The bride wore a gray suit with white accessories and an orchid corsage. Attendants were Miss Kitty O'Connell and Sgt. Robert Skokan.

A wedding supper was served after the ceremony at the home of Mr. and Mrs. Roy Bell, with relatives of the bride and groom as guests. Mr. and Mrs. Earl Bell and family and Mrs. Minerva Bell of this community, attended the wedding and supper.

The couple will make their home in Portland.

Pythian Sisters Have Valentine Party

A costume Valentine party will follow the regular session of the Phenicia Temple, Pythian Sisters, at the K. P. hall Friday night. The party will be in observance of closing the attendance contest captained by Mrs. Adah Moore and Mrs. Maude Stannard. All are requested to dress in costume.

"Cleaning Bee" Scheduled— O. E. S. Social club will hold a "Cleaning Bee" in the Masonic temple today (Thursday) at 2 p. m.

All Eastern Star and Masonic members are invited and their help will be greatly appreciated. Refreshments will be served afterwards.

Past Chiefs Meet— Past Chiefs' club of Phenicia Temple will meet Friday night, February 2, at the home of Mrs. Emma Perland, with Mrs. Agnes Brown and Mrs. Ella Wohler as assisting hostesses.

Annual Clinic for Crippled Children Held Here Jan. 10

On January 10, the eighth annual Crippled Children's clinic was held in the county health department offices, with Dr. Lawrence Noell, orthopedic surgeon in attendance. He was assisted by the regular county health staff of nurses, Misses Corinne Pennington and Elizabeth Panck and Mrs. Ruth Mulkey.

Twenty-four children attended, 13 boys and 11 girls, representing 13 communities in the county. Ages ranged from 2½ to 20 years.

Eleven different orthopedic conditions were found—eight or one-third of the cases past polio.

During the clinic year a total of 151 have been served.

Of the 52 cases seen at the first clinic in 1938, only four or one-thirteenth were past polio.

Mrs. Frank Montgomery of Eugene was a guest the last of the week of her parents, Mr. and Mrs. Edward W. Moore.

Warning! Head Colds

Head colds can cause much suffering. Don't suffer needlessly. Just put a little Vapo-rol up each nostril. Relieves every stuffy condition. Also helps prevent many colds from developing if used in advance. Try it. Follow directions in bottle. Works fine!

VICKS VAPOROL

Mrs. Morgan Attends Secretaries' Meeting

Mrs. Zola Morgan, newly elected executive secretary of the Washington County Health association, is in Portland to attend the quarterly conference of executive secretaries of Oregon counties today (Thursday) and Friday. The meeting will be held in the Woodlark building, and the principal subject for discussion will be the chest x-ray and survey mobile unit for tuberculosis which is in use in Oregon now. It will visit this county in the spring.

FRANK L. PEARSON

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as featured in "Glamour" . . .

A sweetheart from the heart—Embroidered Blouse to the smoothly gathered Skirt! Main subject in FUN-damental BOY-cology, shadow box rayon crepe in white, sand, beige, Florida sky blue, day mist grey . . . Sizes 9 to 13.

\$8.95

\$12.95

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. . . and save you money, too!

To stretch those precious points, try buying more items that are ration-free—there's a wide variety of them at Safeway! And, too, Safeway's low every-day shelf prices really stretch food dollars! Come see for yourself!

Suzanna Pancake Flour	3-lb. pkg.	19c
Gingerbread Mix	14-oz. pkg.	18c
Dromedary		
Duff's Muffin Mix	14-oz. pkg.	22c
Albers Oats	2½-lb. pkg.	31c
With Oven-glass Premiums		
Morning Glory Oats	20-oz. pkg.	12c
Regular and Quick		
Peanut Butter, Real Roast	2-lb. jar	39c
Red Hen Molasses	18-oz. jar	5c
Sleepy Hollow Syrup	pt. bottle	21c
Snow Flake Crackers	2-lb. box	33c
Hi-Ho Crackers, Butter Wafers	1b. box	21c
Heinz Soups	11-oz. can	14c
Vegetarian, Vegetable, Pea, Bean, and Scotch Broth		
Rancho Soups	22-oz. can	11c
Tomato and Vegetable		
Noodle Soup Mix	2¼-oz. pkg.	9c
Betty Crocker		
Mushroom Soup Mix	4-oz. pkg.	5c
Deluxe		

LIMA BEANS	BABY	2-lb. pkg.	21c
RICE	CHOICE BLUE ROSE	2-lb. pkg.	19c
BABY FOODS	GERBER'S, Strained Juice	Per Can	7c
FLOUR	KITCHEN CRAFT	50-lb. Sack	\$1.99
	Enriched (25-lb. \$1.02)		

Sno White Salt	pkg.	7c
Iodized or Plain		
Pop Corn	2-lb cello bag	28c
Dry Beans	8-oz. pkg.	5c
Copeland Pre-Cooked		
Diced Beets	303 jar	11c
Blue Tag—Fancy		
Diced Carrots	303 can	10c
Blue Tag		
Oxydol	24-oz. pkg.	23c
Washing Powder		
Su-Purb Soap	24-oz pkg	19c
Granulated		
Lifebuoy Soap	3 bars	20c
Health Soap		
Ivory Soap	3 bars	29c
Large Bars		
Egg Noodles	1-lb. pkg.	24c
Prillits, Porter's		

SAFEWAY GUARANTEED MEATS			
Sirloin Steak	33c	Polish	39c
Lb.		(2 pts.) Lb.	
Grade B (11 pts.)			
Round Steak	36c	SAUERKRAUT	15c
Boneless, Lb.		LONG SHRED.	
Grade B (13 pts.)		Quart	
Standing Rib Roast		CHICKEN TAMALES	2 for 35c
7-lb. Cut.	30c	SMELT FRESH.	2 lbs. for 29c
Lb.		Columbia River.	
Grade B (7 pts.)		FRESH OYSTERS	MEDIUM. 63c
Ground Beef	28c	SALT CODFISH	1-lb. pkg. 44c
(4 pts.) Lb.			

WORKING GIRLS DISCOVER WHAT HOUSEWIVES KNOW!

IF SO GLAD YOU CAN COME, JIM. DON'T YOU DARE ARRIVE WITHOUT THAT CHARMING LIT. BAKING!

OH, JANE! HOW COULD YOU! TWO DAYS BEFORE PAY DAY AND HARDLY ENOUGH IN THE WALK TO FIND A CANARY!

LET'S LOOK IN HERE A MINUTE. ONE OF THE GIRLS AT THE OFFICE SAYS SHE SAVES A LOT OF MONEY AT SAFEWAY!

BUT ALICE! YOU KNOW HOW EXCITED YOU WERE ABOUT THIS FRIEND. I'VE A FEW COUSINS LEFT-LET'S SEE WHAT WE CAN DO!

THEY'D ALMOST HAVE TO GIVE THINGS AWAY IF WE WERE GOING TO HAVE A SPECIAL DINNER FOR THE NAVY.

LOOKS LIKE WE'LL DO ALL OUR SHOPPING AT SAFEWAY FROM NOW ON—WHY, YOU REALLY SAVE ON EVERYTHING!

Serve More Fresh PRODUCE

Carrots	Spinach	Cabbage
No tops to pay for!	Clean, broad leaves.	Arizona, solid, crisp heads.
Lb. 6c	Lb. 11c	Lb. 6½c

CELERY	UTAH TYPE, BEST GRADE.	13c
Pound		
RUTABAGAS	SWEET, NOT WOODY.	8c
Pound		
SWEET POTATOES, smooth		1b. 10c
YELLOW ONIONS, No. 1's		3 lbs. 14c
CLIP-TOP TURNIPS		1b. 10c
YAMS, good bakers		1b. 11c
EMPEROR GRAPES		1b. 25c
APPLES, Rome Beauty or Spitzenburg		1b. 9½c
LEMONS		1b. 11c
ORANGES, Navels, Sweet		5 lbs. 48c

"POP"
Washing Powder
24-oz. Pkg. 10c

Julia Lee Wright's Raisin Bread
Pound Loaf 12c

Mrs. Wright's Fresh Bread
White or Wheat 1½-lb. loaf 12c

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GROUND FRESH
Exactly right for your coffee maker!
For coffee fresh—the way you want it—select a whole-bean, roaster fresh blend!

Nob Hill Airway
Rich, wney—none finer at any price. Lb. 23¢ 2-lb. Bag 45¢
Mellow, mild blend—a real money-saver! Lb. 20¢ 3-lb. Bag 58¢

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