Knights and Sisters Hold Installation

At the joint installation of Pythian orders Monday night at the K. P. hall, G. E. Montgomery was installed as chancellor commander of Phoenix lodge and Mrs. Myrtle Cornell as most excellent chief of Phoenicia temple. Judge R. Frank Peters, district deputy grand chancellor, installed the Knights, assisted by Fred Sewell as grand master at arms and A. W. Havens as grand prelate. Mrs. Agnes Brown as district deputy grand chief installed the officers of Phoenicia temple, assisted by Adah Moore, as grand senior and Dora Nelson as grand manager.

Mr. Montgomery's official assistants include A. W. Havens, vice-chancellor; E. Ray Miller, prelate; G. R. Chapman, master of work; L. E. Cornell, keeper of records and seal; Harry Seabold, master of finance; L. A. Long, master of exchequer; H. R. Sigler, master at arms; A. H. Kimball, inner guard; Fred Ennis, outer guard. Mrs. Fred Sewell was pianist for both ceremonies.

Other Pythian Sister officers installed were Anna Weaver, excellent senior; Theresa Dillon, excellent junior; Janet Ready, manager; Etta Cook, mistress of records and correspondence; Maud Boscow, mistress of finance; Bertha Ennis, protector; Audra Chapman, guard, and Emma Ferland, past chief.

Mrs. Emma Ferland, outgoing most excellent chief, was presented with a past chief's pin, Mrs. Brown, the installing officer, making the presentation.

A short program followed installation ceremonies. Mrs. Sewell played a piano solo, and a short humorous skit, written by Mrs. Jaye D. McKalson, "All That and Heaven, Too," was presented by Emma McKinney, Eunice Kimmerle, Birdlyn Matteson and Maude Stannard. The skit portrayed four famous women, Martha Washington, Cleopatra, Mary Queen of Scots, and Eleanor Roosevelt.

Mr. and Mrs. J. J. Wismer and Mr. and Mrs. Fred Sewell headed a joint refreshment committee of the two orders.

Commander

G. E. Montgomery, who was installed Monday night as chancellor commander of Phoenix lodge, K. of P.—Picture by Tasker.

"Dad's Night" at PTA Postponed Till Next Monday

Hillsboro P.-T. A. "Dads" night, originally scheduled for last Monday night, was postponed until Monday, January 25, at 8 p. m. at the Peter Boscow school on account of the cold weather, the heating situation and other emergencies.

"Is Dad Concerned with the Efforts of War Propaganda on His Child?" will be the theme of the program with a panel discussion on "Propaganda." Don Woodman is chairman. Other panel members are Tom Bailey, J. M. Person, L. B. Hall, W. C. Christensen, John Kovaly and Verne McKinney. Dads will also serve refreshments.

Social Circle Meets

Social Circle of the Congregational church will meet with Mrs. Paul Patterson at 2:30 p. m., Thursday, January 28. On the program after the business meeting, Mrs. John Kovaly will review the book "The Ageless Indies" by Raymond Kennedy. Tea will be served at 4 o'clock.

WAVE Appointed

BANKS—Miss Patricia Jensen, daughter of Mr. and Mrs. H. L. Jensen, who recently joined the WAVES, has received her appointment and has been transferred to Lakehurst, N. J. Miss Jensen is an aerographer.

Promoted to Corporal—

William Hargrave who is stationed at Key Field, Meridian, Mississippi, has been promoted to corporal. He is the son of Mr. and Mrs. J. R. Hargrave.

Mrs. Clara B. Smith was a guest of Mrs. Harvey Batchelar last Thursday. Mrs. Smith, a former resident of Metzger, will be remembered as a past president of Washington County Federation of Women's clubs. Mrs. Smith is now an employe of the J. K. Gill Seed company in Portland.

Mr. and Mrs. Robert Coats of Seattle and Pvt. Louis Anderson of Geiger Field, Spokane, Wash., spent the week-end here with Mr. and Mrs. R. E. Coats.

Mrs. K. E. McDonald and son Bob of Tacoma are guests this week of Mrs. McDonald's sister-in-law, Mrs. Emma McKinney, and the Verne McKinney family.

Miss Eloise Johnson of Salem was a week-end guest of her sister, Miss Dorothy Johnson.

Red Cross Chapter Hears Reports of Various Chairmen

County Red Cross chapter met last Thursday night at headquarters in Hill theatre building, with R. W. Weil, vice-chairman, presiding in the absence of O. B. Gates, who was attending a regional meeting in Eugene.

J. M. Person, disaster chairman, reported that assistance had been given a family whose home had burned, and he planned to assist another family whose home had burned.

Mrs. F. Abendroth reported on the number of comforters in the store-room and reported that children's clothing was coming in from the production sewing room.

Miss Corinne Pennington reported that home nursing had been introduced in the Hillsboro and Sherwood high schools. She also stated that plans are being made to make two mattresses at headquarters room. Mrs. Abendroth had donated a bed for the home nursing department and materials are ready for making pillows.

Mrs. Rose Hurd stated that telegrams came on the averace of four a day to the home service department.

Mrs. R. W. Weil reported that during a recent test, the motor corps was ready with an ambulance which had been donated by Donelson & Sewell.

Mrs. J. Kovaly stated that another nutrition class would open Thursday night at headquarters at 7:30. Nutrition classes are continuing at Forest Grove.

Mrs. Erl Carver, who is taking the office of production chairman since the marriage of Mrs. Lena Holm, gave a report on a shipment made to Ogden, Utah. She said a lot of material had been received and they need cutters immediately, as spring sewing has been started.

Mrs. E. A. Griffith, chairman of Camp and Hospital Service council, reported that she had been successful so far in receiving donations of money and articles. She was given permission to have things delivered at the rooms there.

M. H. Stevenson was appointed to assist Mr. Gates and J. H. Garret on the Victory Book drive.

Mrs. A. M. Wetterberg and Mrs. H. E. DeWeese, who have been working with the Portland chapter, were present, and are interested in first aid. They stated they would like a night class.

Review Nursing Class To Be Organized

Plans are being made to organize a home nursing review class of all ladies holding a home nursing certificate, and a meeting will be held next Wednesday night, January 27, at the Red Cross rooms in the Hill theatre building. The reviewing will be independent of a teacher, but has received the endorsement of the county chairman, Miss Corinne Pennington, and the teacher, Mrs. H. L. Bickford.

Anyone interested is requested to notify Mrs. Ray Thomas, telephone 1823, or come to the meeting Wednesday night at 7:30.

Enlists in Army

Bill Yates, son of Mr. and Mrs. Bert Yates, has enlisted in the army and will report for duty February 17. He graduated from Hillsboro union high school and was a freshman at University of Oregon.

Home From O. S. C.—

Robert Peters, a student at O. S. C., spent the week-end at the home of his parents, Judge and Mrs. R. Frank Peters. He came to visit his sister Ann before she left Tuesday for Cedar Rapids, Iowa, for training in the WAVES.

Plan Valentine Party—

A valentine party for February 13 was planned by members of the Horizon club Tuesday night at their regular meeting. They also made plans for the auxiliary window, which they have been asked to prepare.

Service Club Meets—

Service club will meet with Mrs. George Selfridge Wednesday evening at 8 o'clock. Mrs. Ruby Estepp and Mrs. Arthur Reiling will be assisting hostesses.

Leave for Old Home—

Mr. and Mrs. F. R. DeBuse, Rt. 5, Hillsboro, have sold their ranch to Jim Miller of Hillsboro and are moving soon to their old home in Omaha, Nebraska.

Mr. Gates Attends Regional Institute Of Red Cross

O. B. Gates, chairman County Chapter Red Cross, attended a Red Cross regional institute at Eugene from January 11 to 15, inclusive. Instructors included chairmen of the various activities of Red Cross work from the area office at San Francisco, and Edwin D. Rounds of Portland, field director of Veterans' hospital claims department.

County representatives were present from Benton, Columbia, Deschutes, Lane, Lincoln, Linn, Tillamook, Washington and Yamhill. All attended the Lane county annual dinner meeting at the Osburn hotel at which the guest speaker was Major-General G. R. Cook of Camp Adair, who was "in" at Pearl Harbor and Midway. His address was along lines of duty and training of the army.

One afternoon representatives were taken in the station wagon of Red Cross over to the flood headquarters of Red Cross at Springfield and saw Red Cross disaster service in action. Also saw some of the results of the flood. It will cost the Red Cross some $15,000. They have evacuated between 700 and 1000 perons so far with no casualties, although there were two or three near ones from capsized boats, according to Mr. Gates.

Mrs. Gates accompanied her husband to the institute.

Variety Meats Supply Protein

Variety meats, such as heart, liver, tongue, brains, and others, are worthy of closer acquaintance in these days of restricted meat supplies, says Mrs. Mabel Mack, extension nutritionist at Oregon State college. The holiday season is a good time to try some of these, all of which are on the unrestricted list, she says.

Like other meats these are all good protein foods. Most of them offer good value, especially in iron and in several of the vitamins. Sweetbreads are even used to make digestive extracts for army and civilian use.

With proper cooking all of these variety meats make both nourishing and appetizing dishes, points out Mrs. Mack. Some are so tender they need very brief cooking. Brains and young liver and kidney, for example, need hardly more cooking than heating through in a frying pan with a little fat, or in a broiler. Heart, tongue, and beef kidney, on the other hand, need long, slow cooking with moisture to make them tender. Heart or kidney is good used in stew or in shepherd's pie, while tongue makes an excellent dish baked with sliced vegetables.

In purchasing variety meats, Mrs. Mack suggests selecting those that are full, plump, and free from blemishes. Young and fresh liver, heart, and kidney are bright in color. Fresh brains are pinkish grey. All of these meats are more perishable than regular cuts and hence need to be kept cool and cooked promptly.

Mrs. Macrum DUV Head; G.A.R. Guest

Mrs. Matilda Macrum was installed as president of Alma Bennett Olden tent, Daughters of Union Veterans, at a special meeting Sunday afternoon at the Legion hall. Mrs. Helen Dickover, department president, was installing officer, assisted by a team from Portland.

Other officers to serve during 1943 are Angie Harrington, senior vice-president; June Gifford, junior vice; Anna Sias, chaplain; Adah Moore, treasurer; Lottie Gifford, secretary; Grace Chantler, Linnie Thomas and Mayme Challacombe, council members. Delia Wick, patriotic instructor; Adah Moore, press correspondent; Grace Hughes, guide; Clara Tresham, guard; Ora Laws, assistant guard; Edith Stewart, Helen Walters, Flora Sundberg, and Grace Chantler, color bearers; Mayme Challacombe, musician.

Due to illness a number of the officers-elect were not present and will be installed at the next meeting.

Installing team assisting Mrs. Dickover included Pat Harris, Mary Hermasion, Elva Eldred, Anna Fedderson, Margaret Koontz, Caroline Shierer, Marie Bennett, Clarissa Deveraux.

After installation, the past president, Mrs. Grace Chantler, was called to the station and presented with a past tent president's pin, Mrs. Macrum making the presentation.

An honored guest at the meeting was Theodore Penland, commander of the department of Oregon and past national patriotic instructor, Grand Army of the Republic, who gave a short talk. Mr. Penland, who will celebrate his 99th birthday Saturday, has the appearance of a man 20 years his junior, and along with his many medals of honor he wore his shipyard picture. He belongs to 23 patriotic orders and auxiliaries and is faithful in attendance at all meetings. "Daddy," as he is affectionately called, made an airplane trip to Los Angeles, Cal., recently to attend the funeral of a son, and also flew to Florida to visit a son in the service of the U. S.

Short talks were given by members from Portland and guests, followed by refreshments.

Receives Promotion

Word has been received from California of the promotion of Lt. Hal N. Wineland from second lieutenant to the rank of first lieutenant. Mrs. Wineland (Margaret Batchelar), who is with her husband in California is living at "Carmel by the Sea."

Grand Conductress Visits O. E. S.

Mrs. Hazel Foster, of Prineville, grand conductress of the grand chapter of Oregon, made her official visit to Tualatin Chapter, Order of Eastern Star, Tuesday night, and conducted the annual school of instruction.

The refreshment committee for the evening consisted of Mesdames Thelma McIntyre, Fannie Haverstick, Fayetta Allen, Katherine Burkhalter, and Mr. and Mrs. Charles L. Walker.

Do your trading with Hillsboro merchants. Money spent at home remains to circulate locally and may eventually get back to you.

IF HEAD COLDS HANG ON

DO THIS! To relieve discomforts, one of the best things you can do is put a good spoonful of home-tested Vicks VapoRub in a bowl of boiling water.

Then feel the wonderful relief come as you breathe in the steaming medicated vapors that penetrate to the cold-congested upper breathing passages! See how this soothes irritation, quiets coughing, and helps clear the head—bringing grand comfort.

FOR ADDED RELIEF . . . rub throat, chest and back with VapoRub at bedtime. Vicks VapoRub works for hours—2 ways at once—to bring relief from distress. Remember—it's Vicks VapoRub you want.

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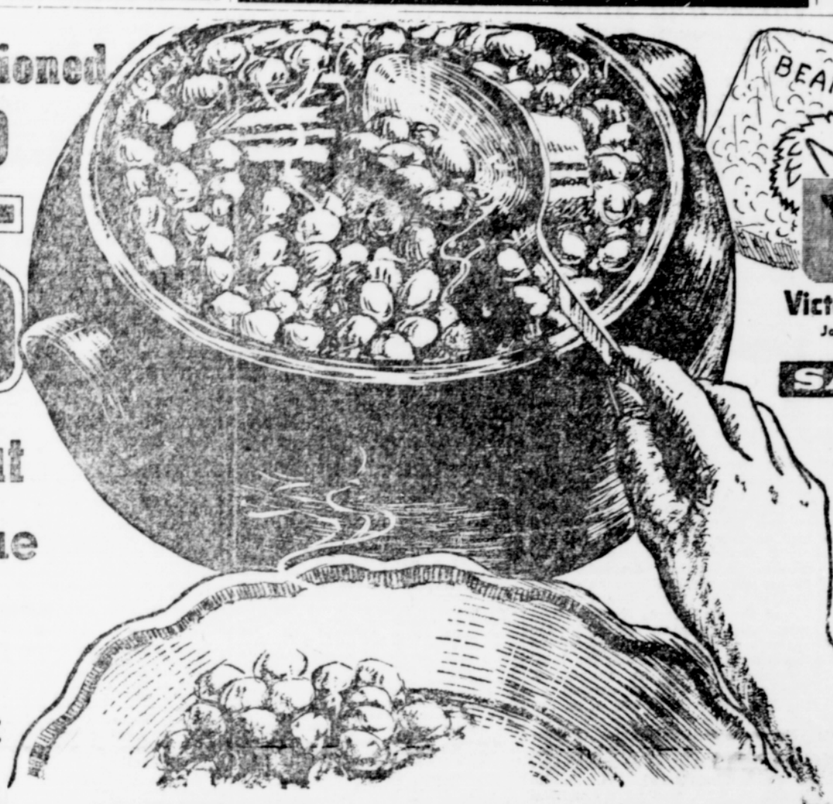

Victory food special January 18 to 23 Incl.

SAFEWAY

Look into your cupboard today—if you do not already have a good supply of beans and other staple dried foods, this is a grand opportunity to stock up. Beans are a Victory Food Special — another good reason for buying them—NOW!

Bonus meats in the menu

There's no need of too much worry about making your meat allowance stretch when there are all those delicious bonus meats that can be had (at least at this writing). I speak of sundry meats such as liver, heart, kidney, pigs' feet and all those extras that don't come in on the meat quota.

As far as nutritional value goes, they have everything that other meats have, and in most cases, more too. Liver, heart, and kidney are right on top of the list when it comes to contributing iron to the diet. They're vitamin foods, too, for they contain vitamins A, B, C, and some D.

If you've built up a psychological resistance toward them, it is most likely because you've probably never tried them. But if you like chicken giblets, then you're bound to like these bonus meats.

MOCK GIBLET NOODLES—Saute small pieces of liver or kidney or precooked heart in hot shortening. Make a sauce out of the pan drippings or use mushroom sauce and add meat and sauce to hot noodles. Don't pass judgment on sundries until you've tried this dish.

SPANISH KIDNEY—Remove white centers and tubes of kidneys, slice into thin slices, brown quickly in hot shortening along with chopped onion. Cover with tomato sauce or canned tomatoes and steam for about 15 minutes. Serve with rice or spaghetti.

LIVER BURGERS—Grind uncooked liver, using the coarse knife of the grinder, add about ½ as much bread crumbs, chopped onions and seasonings to taste. Add enough beaten egg or evaporated milk to bind mixture. Shape into patties and fry quickly. Grand with whole kernel corn.

Safeway Homemakers' Bureau
JULIA LEE WRIGHT, Director

BEANS

Baby Limas	2-lb. pkg. 21c
Baby Limas	5-lb. pkg. 49c
Sm. White Beans,	2-lb bag 18c
Sm. White Beans,	5-lb bag 42c
Idaho Red Beans,	2-lb. 17c
Idaho Red Beans,	5-lb. 39c
Lg. Lima Beans.	5-lb. bag 55c
California	
Lg. Lima Beans.	2-lb. bag 25c
California	
Pink Beans	3-lb. pkg. 21c

RICE AND MEALS

Fancy Rice	5-lb. bag 49c
Blue Rose	
Fancy Rice	2-lb. bag 21c
Blue Rose	
Brown Rice	2-lb. bag 19c
Natural	
Rice Screenings.	3-lb. bag 25c
Corn Meal	9-lb. bag 33c
Mammy Lou. White or Yellow	
Ceretana Oats	9-lb. bag 43c
Quick or Regular	
Cracked Wheat	3-lb pkg 19c
Fancy Lentils for Soups	
2-lb. pkg.	19c
Black Eye Peas	2-lb pkg 19c

MACARONI etc.

Cut Macaroni	5-lb. bag 29c
Cut Spaghetti	3-lb. pkg. 19c
Porter's Macaroni, Spaghetti	14-oz. 14c
Porter's Noodles, Sea Shells, etc.	14-oz. 14c
Egg Noodles	14-oz. pkg. 15c
Sunrise	
Frillets	16-oz. pkg. 23c
Fine or Wide	
Tenderoni	2 6-oz. pkgs. 19c
Van Camp's	
Dried Prunes	4-lb. pkg. 39c
Dried Black Figs.	2-lb pkg 21c

Sauerkraut adds variety

Sauerkraut and pork, like ham and eggs, have long been associated. Funny how foods become linked with one another and are never given a break along other lines. Sauerkraut, for instance, has that same smacking goodness when used with other meats, or as a vegetable combination or in salads. Just to prove our point, we'll pass along a few of our own ideas that have come in for their share of praise.

SAUERKRAUT WITH LIVER DUMPLINGS—Like something downright delicious in an old fashioned way? Then add chopped precooked liver to dumpling dough and drop on boiling sauerkraut. Cover tightly and steam 12 minutes without peeking. Serve immediately. Make a generous amount, because the family'll be asking for seconds.

LIMA BEAN-SAUERKRAUT CASSEROLE—Combine about 2 cups cooked lima beans, 1 cup of bread crumbs, 1 cup of sauerkraut in a greased casserole. Season to taste. Bake in a moderate oven (350°F.) for about 1 hour.

MOLDED SAUERKRAUT SALAD—When making molded vegetable salads, add a helping of drained sauerkraut. The zest and chewiness will win high favor. Shredded carrots and sauerkraut is a special favorite.

SAFEWAY MEATS!

Specials for FRI. and SAT. only

SAUERKRAUT	qt. 15c
Tasty, delicious	
SHOULDER PORK	lb. 32c
Arm cut roast	
LAMB BRAINS	lb. 21c
PORK LIVER	lb. 27c
PORK STEAK	lb. 35c
SMELT, just in	2 lbs. 37c
HALIBUT	lb. 35c
Colored FRYERS or ROASTERS	lb. 63c
Net, dressed weights	

FRESH PRODUCE

Use plenty of fresh vegetables and fruits . . . it's healthful and it's good patriotism, too! Select your needs from Safeway's wide variety.

Apples - Oranges - Grapefruit
Lettuce - Cauliflower

NEW STORE HOURS

Effective January 25
8 a. m. to 6 p. m.—Weekdays
8 a. m. to 7 p. m.—Saturdays

Flour, Kitchen C.	49-lb. $1.75
24½-lb.	89c
Flour, Gold Medal	49-lb. $2.09
24½-lb.	$1.05
Bak. Pwd., Calumet.	25-oz. 23c
Vanilla, Schilling's.	2-oz. 32c
Wheat Flakes.	2½-lb pkg 23c
Carnation	
Gerber's Baby Cereal and Oat Meal	8-oz. pkg. 15c
Toilet Paper, Zee	4 rolls 17c
Coffee, Edwards.	Lb. bag 24c
Whole Roast	
Airway Coffee	Lb. bag 20c
Whole Roast	
Tomato Juice	46-oz. can 21c
Sunny Dawn	
Soup Mix	3 pkgs. 25c
Continental Chicken-Noodle	
Peanut Butter	2-lb. jar 53c
Beverly	
Duchess Salad Dress.	Qt. 33c
Pint	21c
Su-Purb Soap	24-oz. box 19c
Granulated	
Ivory Soap	2 large bars 19c
Palmolive Soap	3 for 20c
Regular bars	

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VALENTINE HEART BOXED CHOCOLATES

25c to $7.50

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Family Package Stationery.	Pkg. 29c
Hytone Linen Stationery.	Box 39c and 49c
V-Mail Stationery.	Pkg. 10c - 25c - 50c
Hytone Lattice Weave.	Box 49c
Hytone Cheviot Stationery.	Box 49c
Air Mail Sky-Rite.	Box 69c

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