

# Argus Recipe Feature Proving Popular With the Housewives of Washington County

## Many Favorite and Tested Recipes Turned into Paper

Considerable interest is being shown in the new Argus feature—the publication of favorite and tested recipes of Washington county housewives. This is very evident from the number sent into the office so far and is indicative of a natural interest on the part of the good homemaker.

Recipes may be mailed in, left at the office or given to Mrs. Mabel Grass, news and business representative of the Argus, who is visiting homes in the county. Number to be published each week will depend upon the space available. A housewife sending in a favorite recipe should not be disappointed if it is not printed in the next issue as the recipes will be published in the order in which they come in and as space is available.

### Almond Refrigerator Cookies

One cup shortening, 1/2 cup butter and 1/2 margarine, 1/2 cup white sugar, 1/2 cup brown sugar, 2 eggs, 2 1/2 cups flour, 1 tablespoon cinnamon, 1/2 teaspoon soda, 1/2 teaspoon salt, 1/2 cup blanched whole almonds.

Cream shortening and sugar together, add well beaten eggs. Sift flour once before measuring, reserving 1/2 cup to sprinkle over almonds.

Sift together the flour, cinnamon, soda and salt, and add gradually to the creamed mixture. Dough will have to be worked with fingers in order to blend all the flour into the other ingredients.

Add the whole almonds which have been sprinkled with flour. Work into long roll 3 inches in diameter and chill over night or for several hours.

Slice as thin as possible, using sharp knife, and bake on ungreased cookie sheet at 350 degrees. Dough may be kept in refrigerator and used as desired.

Time—Bake 8 to 12 minutes, depending on thickness of cookies. Temperature, 350 degrees. Bake on sheet in moderately hot oven. Makes 6 dozen thin cookies.—Mrs. Ernest Lyda, Centerville.

### Nut Drops

Two eggs, pinch of salt, 1/4 cup thin cream or condensed milk, 2 cups confectioner's sugar, 3 cups finely ground walnuts.

Beat yolks until thick; add salt and milk; add sugar gradually; stir in the ground nuts and lastly fold in the stiffly beaten egg whites. The mixture should be very stiff. Drop from a teaspoon onto a cookie sheet and bake about 15 minutes.—Mrs. Pearl Allen, 411 E. Washington, Hillsboro.

### Ice Box Cookies

Two cups brown sugar, 1/2 cup shortening, 2 eggs, 1 teaspoon soda dissolved in 3 tablespoons water, 3 cups flour sifted with 1 teaspoon cream tartar, 2 teaspoons vanilla, 1/2 cup chopped walnuts or coconut may be added.

This will make two convenient rolls, wrap in wax paper slice off and bake as needed.—Mrs. J. M. Vanderzanden, Roy.

### Filled Cookies

Half cup shortening, 1 cup sugar, 2 eggs, 1/2 cup white sugar, 1/2 cup brown sugar, 2 eggs, 2 1/2 cups flour, 1/2 teaspoon soda, 1/2 cup melted butter, 1/2 cup molasses, 1/2 cup hot raisin water, 1 egg, 1 tablespoon vinegar, 1 teaspoon soda dissolved in hot water, 2 teaspoons cinnamon, 1/2 teaspoon cloves, 2 cups flour. Steam one hour.

Caramel Sauce—Caramelize 1 cup sugar, add 1 cup water, and boil slowly until sugar is melted; add a little water and a heaping teaspoon of butter; mix a dessert spoon of flour with a little water and add to the syrup. Let the sauce stand on the back of the stove in a double boiler for an hour or two. Flavour with vanilla. Serve generously over the pudding and top with finely ground walnuts.—Mrs. Pearl Allen, 411 E. Washington, Hillsboro.

### Tomato Catsup

One gallon ripe tomatoes, 1 quart vinegar, 1 cup light brown sugar, 1 large onion sliced, 3 tablespoons salt, 2 teaspoons white pepper, 1/2 cup mixed pickling spices tied in cheesecloth.

Wash and peel the tomatoes, let drain, pour off liquid. Cut in small pieces. Add onion and vinegar and cook until the vegetables are soft. Put through a strainer, add sugar and spices and cook, uncovered, until thick. Rapid cooking gives better color. Do not let scorch. Remove spices and seal.—Mrs. R. J. Schweitzer, Rt. 1, Cornelius, Schefflin.

### Angel Cake

One and a half cups egg whites, 1 1/2 cups sugar, 1 cup flour, 1/2 teaspoon salt, 1 teaspoon cream of tartar, 1 teaspoon vanilla, 1 tablespoon lemon juice, 1 tablespoon hot water.

Partly beat egg whites and cream of tartar then continue to beat until stiff. Fold in flour, salt and sugar which has been sifted together 8 times. Add hot water. Put in pan and bake in moderate oven 1 hour.—Mrs. D. C. Whiting, Cornelius.

### Apple Sauce Cake

Two and one-half cups flour, 1 cup sugar, spices to taste, 2 teaspoons soda, 1 teaspoon salt. Sift all together. Add 1 1/2 cups apple sauce, 1/2 cup shortening, 1 cup raisins, 1 cup chopped nuts. Bake in loaf in slow oven.

For a richer cake add—2 cups cut gumdrop candies; 2 cups preserves or rich fruit; 2 cups chopped dates.—Mrs. D. C. Whiting, Cornelius.

### Tomato Juice Cocktail

Two quarts tomato juice, several and rind of two large oranges, several stalks of crushed celery, tablespoon minced onions, clove of garlic, teaspoon Worcestershire sauce, salt and pepper.

Mix all together and let stand for several hours; then strain through fine sieve. (Celery may be ground, using both juice and pulp).—Emma McKinney, Hillsboro.

### Bread Crumb Cookies

One cup bread crumbs, 1 cup sugar, 2 large eggs, dash of nutmeg, 1/4 teaspoon salt, 1 teaspoon vanilla. Mix very dry, fine bread crumbs, sugar, eggs, nutmeg, salt and vanilla. Set over night. In morning add just enough water to make dough into balls. Bake in slow oven about 10 minutes. Remove from cookie sheet immediately.—Mrs. J. H. Power, Mountaineer.

### Riverside Pickles

One dozen cucumbers, not too large; wash and slice without paring them; add 1/2 that amount of sliced white onions. Let stand over night in salt water.

Rinse well, cover with 1 quart vinegar, 1 pint sugar, 2 scant tablespoons mixed pickling spices. Let come to a boil and seal. This makes 3 quarts.—Blanche Brude, 417 W. Main, Hillsboro.

### Uncooked Tomato Relish

Two quarts green tomatoes, 2 heads of celery, 2 onions, 2 red peppers, 2-3 cup horse radish, 1 quart vinegar, 3/4 cup salt, 1/2 cup mustard seeds, 1/2 teaspoon each of ground cloves, cinnamon, mace and ginger, 1 cup sugar.

Grind tomatoes, making 2 quarts when ground. Let stand over night with the 2-3 cup of salt. Drain. Grind celery, onions, and peppers. Add in together and mix well. Let stand in a cool place for a

## Washington Pair Escape Death as Car Hits Garage

Floyd Farmer and wife of Ellensburg, Wash., miraculously escaped death or serious injury about 5:30 a. m. Saturday when their car, traveling north at a high rate of speed, crashed head-on into the Anderson garage in Gaston. The Farmers suffered slight injury for which they were treated at Forest Grove. The car was wrecked almost beyond repair and the southwest corner of the building was knocked out of plumb two inches.

Bert Fleischer, owner of the damaged building, that was just recently built said that he heard the car traveling at great speed before the crash and believed that the driver fell asleep at the wheel failing to make the curve, fronting the garage.

The radiator of Farmer's sedan was telescoped almost to the windshield when it struck the building with part of wall being cracked and one of the doors being badly damaged.

### TO YOUR HAPPINESS

(By Mrs. R. A. Roll) You have to believe in happiness—it isn't an outward thing. The spring never makes the song, I guess.

As much as the song the spring, Aye, many a heart could find content if it saw the joy on the road it went.

The joy ahead when it had to grieve—For the joy is there—but you have to believe.

Take from "You Have to Believe," by Douglas Malloch. Many of us are like the old gentleman searching for the glasses that he had absent-mindedly pushed out into his forehead. We are searching wildly for the happiness that can be found in our own hearts if we stop long enough to discover it.

We make ourselves wretched worrying about our financial condition, when very often those conditions would be improved if we would forsake our worries for a little gentleness and become pleasant and more efficient worker or business man.

We allow a minor ailment to fret us into ill-health, when perhaps mother nature and a happy frame of mind could relieve our ailment entirely.

We think we would be happy if we could have wider social contacts, finer surroundings, lovely children, beauty, romance or any one of a hundred other things when in reality all the material requirements in the world can not bring happiness unless the spark is kindled within ourselves.

Happiness is the glory of a rising sun on a day that we may fill with accomplishment. It is the serenity of a setting sun on a day that we have filled with work well done, and kindness cheerfully given. It is the affection and gratitude shining in the faces of those we love and serve.

### District Fire Warden Reports No Restrictions

That there are no restrictions on burning any sort of material on one's own property in the county, just so it isn't within an eighth of a mile from government land, was announced this week by Cecil B. Kyle, district fire warden. He added that this does not release persons from being responsible for any damage their fire does to other peoples property.

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## Public Works for Oregon Listed

Federal activity in Oregon during the period from March, 1933 through June, 1938, has recently been tabulated in order to show the results obtained from loans and expenditures made on the welfare, relief and public works programs, according to a statement released by Edgar Freed, state director for the National Emergency Council for Oregon.

In listing the major government agencies participating, together with a brief summarization of their activities, the statement points out that these federal programs have been carried out with the co-operation of state, county, municipal and local bodies.

The Public Works administration (PWA), through loans and grants, has completed 142 projects covering the following: 47 schools, 27 waterworks systems, 9 disposal plants, and other projects including university buildings, hospitals, dormitories, libraries, auditoriums, sewers, recreational centers, street paving, bridges, fire departments and school gymnasiums.

Works Progress administration (WPA) has constructed, through its works program, more than 108 miles of new highways, roads and streets improved 1430 miles of other roads, and constructed 193 highway bridges. A total of 193 new public buildings was erected, and 181 additional buildings were improved; more than 57 of the 181 buildings improved were school buildings and 41 were recreational buildings. The remainder included 9 court houses, offices and other administrative buildings.

Other WPA projects completed included 6 athletic fields, 72 miles of new water lines, 12 miles of sewer lines and the reconditioning of an additional 10 miles of water mains and 13 miles of sewers.

WPA non-construction projects include the production of approximately 537,161 garments, the serving of 420,491 hot lunches to school children and the repair of 192,739 public school and library books.

### WHAT FOOD BELOW THE CREAM LINE?

(By Oregon Dairy Council) When one so frequently sees the homemaker deliberately pouring off the cream of a bottle of milk then pouring the remaining milk into glasses for the meal of the pre-school and school youngsters, one wonders just a little. Does she have a knowledge of the food value, not only above, but also below the cream line?

To most every homemaker the cream line signifies richness—that is, the flavorful and fattening qualities of milk. She may realize that in the cream, because it is also found in butter, is Vitamin A, and to a small extent Vitamin D. She is not, however, conscious of the significance of each toward the growth of the child when she separates cream from milk for use in the breakfast coffee.

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and the milk below the cream line to drink.

If the cream contains the energy of butterfat, and the Vitamins A and D, we reason that it cannot contain more than a trace of the additional food values which make milk so important for good growth and protection. It may be recalled that one quart of milk supplies 100 per cent of the calcium and 85 per cent of the phosphorus of the total day's home and teeth requirements. These minerals are below the cream line. Milk contains material for building the finest type of muscle; it is likewise below the cream line. The sweetness of milk below the cream line is the result of lactose, the mildest and most kindly sugar on the digestive system. Additionally, it contains Vitamin G, a skin protective vitamin, in appreciable amount.

Therefore, when the cream is separated from milk, we may remove much of the energy value, the heat producing factor, but we do not begin to remove nutritional value. Each portion serves its own purpose toward the building of the strength and endurance in the body, and, for the growing child, the combined food values are inseparable.

The food value below the cream line is combined in a most popular preservative sandwich spread as cottage cheese, for the school box lunches. But only with the merits of above the cream line creamy softened butter spread generally used into the corners of sandwiches avoid becoming soggy to remain the king of foods for the lunch traveler.

Cheese Spreads Blend 1 cup cream cheese with 1 cup drained grated pineapple and moisten with mayonnaise to a consistency to spread. Mix 1 cup cottage cheese with 1/2 cup chopped green or red pepper or with 2 tablespoons minced chives.

One cup cottage cheese mixed with 1/2 cup tuna fish or salmon, and moistened with mayonnaise and lemon juice to spread.

One cup cream cheese or cottage cheese mixed with 1/2 cup tart jam or jelly.

TRANSACTIONS TAX Sponsors of the transactions tax disclaimer intend to have to be determined by litigation. Meantime the entire business, finance, production and transport in Oregon would be upset. Uncertainty as to a tax that might mean ruin is uncertainty of ruin, for it intimidates the transactions which it is feared may be taxed.

As to bank checks: The measure specifically exempts deposits in and withdrawals from banks, but it does not exempt transfers of bank deposits, which are transactions involving transfers of property. The courts would have to decide whether the word "withdrawals" would include "transfers" as well as withdrawals of deposits. Also, the involved definitions as to pyramiding would have to be interpreted.

Sponsors allege that the tax will yield \$24,000,000 annually. By this claim in its behalf they substantiate the interpretation that the

bill will tax transfers by check as transactions and also will pyramid the tax on all transfers as well as on itself. Without this pyramiding it would be impossible to raise any major part of \$24,000,000 a year by a 1/2 per cent tax. To disclaim the effects of pyramiding under such circumstances and in spite of a \$24,000,000 revenue claim is to reveal the confused type of thinking which produces such monstrosities in the form of pension measures. The enthusiast is to be feared more than the schemer in legislation affecting economic life; the schemer may be a villain but he is too smart to kill the goose that lays the golden egg. The enthusiast leads his followers blithely into destruction.

That the tax pyramids until one bushel of wheat pays 3 1/4 cents as bread is revealed by Elbert Eastman, sponsor of the measure; this admission is in the table published as part of his article in the Sunday Oregonian last Sunday. Even the sponsor is so sure of the pyramiding that he accepts it as undisputed in fact though disputed in argument.—Oregon Voter.

### MARRIAGE LICENCES

Louis C. Lumax Jr., Hillsboro, and Betty Ann Horlicher, Forest Grove.

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## Budget Meet Delayed

Meeting of the city budget committee and council was postponed from Monday night at the city hall until tonight (Thursday).

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